Bay Ridge Courier Nov. 7-13, 2014 Your Neighborhood – Your News®

SERVING BAY RIDGE & DYKER HEIGHTS

Recchia wrecked

BY MAX JAEGER

The congressman who famously threatened to break a reporter in half "like a boy" got the next best thing when his opponent conceded Tuesday's election.

Former Coney Island Councilman Domenic Recchia likened himself to a hurt



little boy as he threw in the towel, ending the race for New York's 11th Congressional District

to incumbent Rep. Michael Grimm (R-Bay Ridge).

"Tonight, I'm going to quote ... Abraham Lincoln, who before becoming president lost eight elections," Recchia said. "He said he felt like a little boy who stubbed his toe in the dark. 'You're too old to cry, but it hurts too much to laugh.'"

The phrasing was a misquote of Lincoln, apparently cribbed from the concession speech of presidential candidate Adlai Stevenson, who suffered a crushing loss to Dwight D. Eisenhower in 1952.

In January, Grimm threatened to throw an NY1 reporter off a balcony on live TV, and "break [him] in half like a boy" after the reporter in-Continued on page 3

CNG **RISKY RIDE**



Ghoulish gals

Regina Levy and Milmila Gurevich get spooky at the 19th-annual Haunted Walk at Owls Head Park in Bay Ridge on Oct. 31. For more on the fun, see page 2. Photo by Arthur De Gaeta

Sinkholes in Shore Road Promenade

FREE

BY MAX JAEGER

The city is finally going to shore up the Shore Road Promenade.

The parks department plans to fill in the minefield of sinkholes that keeps appearing on the promenade's bike path in Bay Ridge, and locals say the fix can't come soon enough.

"The promenade is collapsing. It's frightening," said Community Board 10 district Josephine Beckmanager mann.

One cyclist said the holes once sent him head over handlebars.

"I was rubbing my eyes for not even two seconds, I hit the pothole, and that was it: I tumbled into a gate." said Ridge cvclist Emanuel Giardina, who cut his hand during a spill on Oct. 19. "It's amazing that they don't do anything about it."

The city last filled the fissures in 2007 when the situation was deemed an Continued on page 15



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You might have noticed a few differences last week when you picked up your favorite weekly newspaper — the Bay Ridge Courier is bigger and more colorful than the weeks before.

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And more color slots mean more colorful spaces for our advertisers, filling the need most requested by the lifeblood of our organization.

We've also updated some headline fonts, and added additional features like this week's insert in honor of Veteran's Day. So enjoy your new newspaper, and let us know what you think!





Your entertainment guide Page 49

Police Blotter	8
Letters	. 32
It's Only My Opinion	. 33
A Britisher's View	. 33
Not For Nuthin'	. 33
Big Screecher	.34

HOW TO REACH US

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INSIDE HOWL'S HEAD PARK Ridge gets ghastly for 19th-annual Haunted Walk at Owl's Head

BY MAX JAEGER

Things got freaky at Owl's Head Park on Halloween.

Volunteers and local businesses transformed the Bay Ridge park into a house of horrors for the 19th-annual Haunted Walk on Oct. 31.

The massive outdoor haunted house had it all hatchet-wielding maniacs, disembodied limbs, and of course — lots of fake blood. One thrill-seeker said the walk wasn't too frightening, but he did get wrapped up in the atmosphere.

"I wasn't really scared — I was just being dramatic, because it was kind of creepy, and people were popping out of nowhere," said Tyler Roman after a few of his chums suggested the walk spooked him.

One actor in the walk said a lot more went into the performances than just yelling "Boo!"

"I planned out each little Scare Emergency Room."



MONSTER MASH: (Above) Angelica Jumave's and Christina Thompson's cute costumes balanced some of the scarier elements of the Haunted Walk at Owl's Head Park on Oct. 31. (Lower left) A creepy cook stirs up a scary stew. (Lower right) Things apparently got frighteningly political, with part of the walk featuring an "Obama Photos by Arthur De Gaeta





skit in my mind," said Regina Levy, a ninth-grader at Adelphi Academy who dressed as Little Red Riding Hood and offered a chalice of fake blood to walkers

The Shore Road Parks Conservancy, the Community Emergency Response Team, and a horde of volunteers put on the walk, which took days to set up. There was also a

Fairy Tale forest for younger kids, as well as costume contests, a pumpkin patch, and "Dracula's Food Court."

Levy, who is a budding actress, said the volunteer gig was fun practice for her theatrical craft.

"There was a costume tent and makeup artists — it was a nice hands-on experience," she said.



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OLD BLUE EYES: Anthony Neve won this year's Senior Idol contest with his rousing rendition of Frank Sinatra's "My Way."

Photo by Arthur De Gaeta **Trilled to bits**

BY MAX JAEGER

Talk about golden oldies! A cadre of silver-haired crooners showed youngsters that singing only improves with age at the eighth-annual Senior Idol at Xaverian High School on Oct. 25.

Performers from the 50plus set have been auditioning and practicing for the contest for months, but it all came to a head that Saturday, when 14 local seniors took the stage to see who had the best pipes. And the pre-show jitters didn't stop the winner from putting on a killer performance.

"Of course I was nervous I could have used a couple of drinks, but they didn't have any," joked winner and first-time contestant Anthony Neve who sang Frank Sinatra's "My Way." "I was quite shocked, because I didn't think I was gonna win - I never seem to win anything."

But Neve's rendition wowed the panel of judges, which included Xaverian music director Joseph Loposky, last year's winner Tommy Anderson, and Bobby Vallithe brother of Four Seasons frontman Frankie Valli.

The three-hour cavalcade

of talent raised nearly \$3,000 for Xaverian's music program and was the most seamless in the show's eight years, Loposky said.

"It was the best ones we've had in the sense of how smooth it ran, the talent that evening, and the judges," he said.

More than just singing, some performers accompanied themselves on instruments or worked in a whole dance routine.

Neve and Loposky said Gianvito Bottalico's rendition of "Singin' in the Rain" was a downpour of entertainment.

"He had the umbrella and the hat and fake rain he had the whole show," Loposky said.

And Neve may have won, but he said the bouquet ought to go to sponsor state Sen. Martin Golden (R-Bay Ridge) for finding ways to keep the neighborhood's older population engaged.

"To get seniors together to participate in an activity that you look forward to doing every year — it's nice," Neve said. "Instead of going to bingo, you're doing something exciting."

Golden still golden

BY MAX JAEGER

Voters from Bay Ridge to Marine Park threw their weight behind Martin Golden in the 22nd state Senate District on Election Day.

The six-term incumbent creamed upstart Democratic challenger James Kemmerer with 69 percent of the vote on Nov. 4.

The race had been framed as a referendum on change versus the status quo, with Kememrer running on a reform-minded platform and Golden reminding voters of the gifts he's bestowed on the district.

Golden maintained Kemmerer wouldn't be able to bring home the bacon for constituents. Kemmerer charged that Golden is too cozy with big-money campaign donors.



GOLDEN BOY: State Sen. Marty Golden and his wife Colleen celebrate his thumping reelection victory at Pippin's Pub in Bay Ridge Nov. 4. Photo by Steve Solomonson

Golden, a retired police officer, benefited from a district which includes conservative enclaves in Marine Park and Gerritsen Beach, as well as moderately Republican Bay Ridge.

During debates and other public appearances, Kemmerer blasted Golden for having an allegedly cozy relationship to several campaign donors. Whether or not that is the case, the incumbent appears to have the golden touch - he vastly out-raised and out-spent his opponent.

Since Jan. 1, 2013, Golden raked in \$504,375.85 and spent \$683,244.11, state campaign finance records show. In the same period, Kemmerer managed to raise \$14,517.00 and wrote checks for \$22,907.77.

Brook-Krasny beats Lilikakis

BY MAX JAEGER

The 46th Assembly District will stay blue — despite a strong showing from area Republicans.

Assemblyman Alec Brook-Krasny (D-Coney Island) squashed Republican challenger Stamatis "Steve" Lilikakis with 58 percent of the vote on Nov. 4.

The four-term incumbent was considered a shoo-in, but Republican turnout in the district, which includes Bay Ridge, Dyker Heights, and Conev Island, kept the race tight until nearly midnight.

Lilikakis, a clothing importer, made a powerful ally in state Sen. Marty Golden, who sailed to reelection on Tuesday. But a boost from Brooklyn's top Republican more than double his oppodidn't translate into quite nent, but the two spent nearly



BROOK NO CHALLENGE: (Left) Assemblyman Alec Brook-Krasny fended off an unexpectedly strong challenge from Republican Stamatis "Steve" Lilikakis. Photos by Steve Solomonson

enough votes to unseat Brook-Krasny, who has deep roots in heavily Democratic Coney Island.

Brook-Krasny also raised

the same amount, state records show. The victor raised \$91,960 to Lilikakis' \$37,545, and he spent \$70,466.63 to the challenger's \$61,610.86, according to campaign finance disclosures.

RECCHIA

Continued from cover

quired about a federal investigation into the congressman's campaign finances.

Voters in the district, which encompasses Staten Island and a sliver of Brooklyn including Bay Ridge, delivered Grimm more than 54 percent of the vote despite a 20-count federal tax fraud indictment hanging over his head.

The former Marine and Federal Bureau of Investigation agent's congressional seat seemed like low-hanging fruit for Democrats in April, when prosecutors slapped Grimm with charges of tax evasion, fraud, and perjury stemming from a health-food restaurant he owned before taking office.

But the embattled legislator won nonetheless, possibly due to a series of Recchia flubs on the campaign trail. Recchia cited a high school foreign exchange program he ran as a school board member as viable foreign policy experience, and later couldn't answer reporters' basic questions about the proposed Trans Pacific Partnership trade pact, which he had said he opposed.

During his concession, Recchia made light of the latter gaffe.

"My next project will be a book about TPP trade negotiations," he said.

Grimm faces a court battle in December over the fraud charges. His attorneys successfully pushed the trial back from October so the judge would render a verdict after the election.

At his victory party, Grimm was defiant in thanking his supporters.

"You stood by me against all the odds," he said. "And know this: I will never forget it. I will never stop fighting for you."

BR



LIKE A BOY: Domenic Recchia misquoted Lincoln when he conceded the race to Rep. Michael Grimm. Photo by Elizabeth Graham







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Boardwalk expire

Police found a dead man beneath the Coney Island Boardwalk on Oct. 25. Someone reported the body near W. 25th Street at 6:16 pm, police said. The man apeared to be Asian and in his 40s, but the police department had not identified the individual by Oct. 30. The death appeared to be natural, but the medical examiner is still determining the cause of death, police said. Photo by Paul Martinka

Kaiser's on a roll

Students volunteer to spruce up Coney park

BY MAX JAEGER

The recovery never stops. On the second anniversary of Hurricane Sandy, students from John Dewey High School volunteered to make the People's Playground a little brighter with a day of service.

Two dozen pupils from the Gravesend campus planted flowers and spruced up Kaiser Park in Coney Island on Oct. 29. And the day didn't just mark two years since the mega storm, an organizer said.

"We were also commemorating the work students have done in the park in the last six to seven years - especially since Sandy," said Dewey marine biology professor Lane Rosen, who brought kids from the school's marine biology and robotics clubs to the service day. "We've gone out there two to three times a year."

Students weeded and mulched sections of the 80-year-old park, and also planted 500 daffodil bulbs, he said.

The school did the work in conjunction with the city's Partnership for Parks Catalyst Program, which builds and cares for parks in under-served communities.

The Parks Department paid for tools and materials, and the students eared a couple hours of community service for their efforts, Rosen said.

One student said the community service hours and networking opportunities were a plus, but the main re-



DIGGING IN: John Dewey High School senior Huocheng Huang readies the soil in Kaiser Park for some new flowers.

Photo by Elizabeth Graham

ward is seeing your labor bear fruit.

"I did a bit of everything, but like digging and planting best — the next time you go back you get to see how it's grown," said Dewey senior Huocheng Huang.

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DOUBLE TROUBLE: Sisters Aliyah and Alexis Aleman enjoy a morning outside the classroom on Oct. 31 at PS 212. Photo by Arthur De Gaeta

What a treat! PS 212 students get a Halloween break

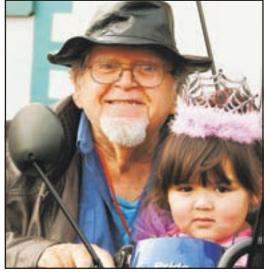
BY MAX JAEGER

About 350 PS 212 pupils put on a dance performance for parents on Halloween morning, Oct. 31. The annual fall fest shows off the institution's bona fides and helps get parents involved in school activities, the school's top administrator said.

"It's really fun to share the holiday and we also make it a learning experience, because it highlights our dance program and brings parents and teachers and children together — and that's what we always want," said principal Josephine Marsala.

Students in pre-Kindergarten through second grade showed their dance skills for about an hour Friday morning. Each grade practiced and performed its own routine — then the school's dance team gave spectators a special performance, Marsala said.

Kids got about an hour away from the classroom to show off their costumes and their dance moves, she said. At the end of the event, the Parent-Teacher Association gave pupils treats — then it was back to class.



BIG SCREECH, LITTLE SCREECH: (Above) Neighborhood legend Carmine Santa Maria celebrates with PS 212 student Haley Lam. (Below) Student Alan Veligursky brightens things up during the parade. Photos by Arthur De Gaeta



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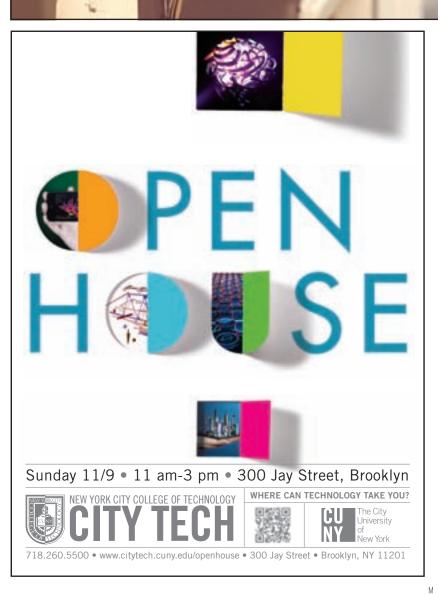
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62ND PRECINCT

BENSONHURST-BATH BEACH

Rain of bullets

Someone unleashed a volley of gunfire on McDonald Avenue on Oct. 29.

Bullets flew on the avenue between Avenue P and Quentin Road at 8:23 pm, when a guy wearing a hoodie walked up to a 34-year-old man and shot him several times in the left hand, left leg, and left foot, police said.

The victim was taken to Coney Island Hospital in stable condition, according to law enforcement sources. There are no suspects and the investigation is ongoing, police said.

Masquerade brawl

Masked bandits beat up and robbed a guy on Bay Ridge Avenue on Nov. 2.

A pair of punks demanded the victim's wallet between 14th and 15th avenues in Bensonhurst, and when the victim refused, the pair started punching him in the face and stomach, police said.

The man fell to the ground, and the punks took his wallet and fled, a police report states.



Six-on-two

Six scoundrels sliced up a pair of women and stole one lady's phone and wallet on 86th Street on Nov. 1.

Four men and two women descended upon two other women in the street between Bay 35th Street and 24th Avenue in Gravesend at 4:40 am, police said.

The gang sliced one woman and gave the other a bruise to the face, a police report states.

The attackers took a cellphone and \$300 from one of the women, according to law enforcement sources.

Door-buster

A burglar is kicking down front doors to break into homes and businesses in the 62nd Precinct, cops say. Here's where he has hit:

•A burglar made a cavity in a Kings Highway dentist office's front door when he pried it open to steal \$400 on Oct. 31.

The incident went down at 6:11 am at the office between W. Fourth and W. Fifth streets in Gravesend, a police report states.

•Someone broke the lock to a medical center just a few doors down on Kings Highway early on Nov. 1.

The burglar bashed his way into the urgent care center between W. Fourth and W. Fifth streets in Gravesend at 4 am, police said. It is not clear whether he stole anything, police reports state.

•Later that day, someone bashed in an Avenue U apartment door and stole \$2,000 in cash, plus electronics, and jewelry.

The resident returned to her home between W. Sixth and W. Seventh streets in Gravesend at 6:30 pm to find the damage, police said.

The door handle was locked but not the deadbolt — and the burglar cracked the door frame when forcing open the door, a police report stated. — Max Jaeger

63RD PRECINCT

MARINE PARK-MILL BASIN-FLATLANDS-BERGEN BEACH

Bar brawl

Cops cuffed a man who they said stabbed an innocent bar stool inside on Flatlands Avenue on Nov. 1, a report stated.

Police say the man damaged the stool at Ryder Street at 5:45 pm after he had a verbal dispute with the individual who owns it. The man caused \$200 in damages, according to authorities.

Money madness

Officers arrested an alleged credit card criminal who racked up thousands of dollars of debt under an alias on Schenectady Avenue on Nov. 3, police said.

Police say the suspect opened up an account under a false name near Avenue M at 5 pm. He charged \$2,231.94 to it, a police report stated.

Drug bust

A man was arrested for illegally selling prescription pills on Fillmore Avenue on Nov. 1, cops say.

The alleged dealer sold 44 pain reliever tablets near E. 27th Street at 9 pm, according to reports. Police also arrested the buyer, an officer stated. — *Vanessa Ogle*

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Lighting the shore in Sheepshead Bay

BY VANESSA OGLE

Sheepshead Bay residents came together last Wednesday to bring light to the memory of a devastating day.

More than 40 locals and elected officials gathered at "Light the Shore," the secondannual Sandy memorial, at Baron De Kalb Knights of Columbus in Sheepshead Bay on Oct. 29. Residents held candles and listened to traumatic testimonies of experiences during the superstorm.

One longtime local said he hopes the haunting memories of Sandy stops developers from building in flood-impacted zones.

"For us in the Sandy zone, we know the difference between some minor flooding and having the Atlantic Ocean over for dinner," said Steve Barrison, president of the Bay Improvement Group, who was one of several speakers. "Sandy was a game-changer — whether or not big real estate or our government wants to accept that reality."

Some elected officials used to evening to push policy. State Sen. Marty Golden (R–



Bay Ridge) said the construction of flood gates in the hardest hit areas should be a top priority — though he acknowledged swift construction is unrealistic.

"We need flood gates flood gates in Manhattan Beach, flood gates in Gerritsen Beach, flood gates in Coney Island Creek, flood gates in Howard Beach," said Golden. "If you think that they're going to build a flood gate in Brooklyn and Queens, your children's children will have children before that is built."

But for some residents, the night was about remembering the past rather than looking to the future. Several attendees nodded their heads or wiped eyes when officials said the government let down Sandy survivors after the storm.

After a handful of speeches, three religious leaders — a priest, a rabbi, and a minister — shared scripture and blessed a wreath that was tossed into the bay to symbolize a new beginning. One local said the religious representatives made community members of all faiths feel welcome and remember the day that changed everyone's lives forever.

"All three made sure to be very inclusive so that no one felt left out," said Bruce Rothman, a community activist. "It was very nice."

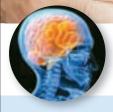


REMEMBERING TOGETHER: (Above) Rev. Brian Steadman holds his children, Georgia and Eben, at the second-annual "Light the Shore" Sandy memorial. (Left) Father Bob Mucci holds the wreath that was tossed into the waters that devastated the area two years ago.

Photos by Arthur De Gaeta



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COURIER LIFE, NOV. 7-13, 2014

Pain Vanilla rice Self-described 'first white rapper,' Rice Maniac poised for comeback

BY VANESSA OGLE

Rice Maniac is not your grandfather's rap artist — though he may look like somebody's grandpa.

Born Stuart Sagevick back when the Beatles were just catching on, Rice Maniac claims the distinction of being America's first white rapper, having started slinging rhymes way back in 1977.

The Marine Park native, who divides his time between rapping in Brighton Beach and coaching boxers at Gleason's gym in Dumbo, understands that a 50-ish white guy in a Sochi track suit busting rhymes on the boardwalk may raise evebrows, but he insists he's the real deal.

As he declares in a verse from his breakout track "The Misfits," "I'm no phoney — two slices of Wonder Bread and Boar's Head baloney."

Back in the day, Maniac even collaborated with Songwriters Hall of Famer Leon Huff, one of the architects of the Philly Soul sound, garnering a co-writing credit on a song — albeit under his government name — which is noted on the hall of fame's official website.

He credits the success to his authenticity.

"How'd a 15-year-old white boy from Marine Park Brooklyn end up cowriting a song with Leon Huff?" asks Maniac. "I just did my little part in writing the words and my experiences."

When he was just starting out, the venerable virtuoso of verse went by Emcee Blue, but he switched to his iconic handle after he had an epiphany while chowing down on one of his favorite foods in Chinatown. "I love rice. It's white.

I'm Rice Maniac – boom!" he said.

Maniac said that



RICE, RICE BABY: Rice Maniac, who claims to be America's first white rapper, dons a wizard's hat and holds oak leaves at the Russian Banya in Sheepshead Bay in celebration of his upcoming single. Photo by Steve Solomonson

when he first took up rapping, everyone criticized him — his mother and kids from the neighborhood, whites and blacks alike — but he said rhyming was an escape from his hellish home life.

He battled an addiction to pills as a 12-yearold, his mother kicked him out on the streets when he was a teenager. and he suffered longterm abuse from his family. But he said rapping lets him share that life story, which has become his masterpiece.

"I was in an alcoholic home. I was beaten by my brother and my father," he said. "The totality of this whole story is like a Mona Lisa.'

Since starting out in 1977, Maniac's career has been a slow burn. He dropped his first single "Life and Times" in 1985 and followed with "Joey Married My Redneck" soon thereafter, but it was another decade before Maniac released his first album "Honkies, Krackers & Whitebread Misfits" in 1996.

a video for one of those tracks — "The Misfits" - around his 'hood of Brighton Beach, and it eventually caught the attention of Peter Rosenberg — co-host of "Juan Epstein," Hot 97's selfdescribed "hip hop nerdcast" — who brought Maniac onto the show earlier this year.

The exposure gave Maniac's career a bump and helped lead to a second, highly stylized video for an allnew track "I'm Doing This" that smash-cuts between the performer spitting rhymes on the streets of Coney Island in a Ramones T-shirt, and a besuited Maniac rapping in a mood-lit Gargiulo's restaurant amid ballerinas dancing en pointe.

Maniac is currently working on a soon-todrop single, and he promises that his new rhymes will have the same timeless authenticity as the songs he wrote decades ago and have stood the test of time.

'I'm not a wannabe," said Maniac. "Every In late 2011, he shot lyric still applies today."

Mayor de Blasio, how much are safe streets worth?

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Kids craft at family arts day

Special-needs children perform, create for parents

BY VANESSA OGLE

These students add color to the world!

The Family Arts Day at the Connie Lekas School on Oct. 25 in Sheepshead Bay gave students with special needs and their families a chance to create colorful crafts — such as paintings, balloon animals, and sand art — at the semiannual event, a parent said.

"It was time for the kids to get along and kids to meet other kids with disabilities," said Rebecca Davila, whose 19-year-old daughter, Naomi Gomez, has special needs.

Family Arts Day began about five years ago as a chance for kids — and parents - to get out of their homes and participate in safe and structured activities, like painting, singing, and dancing, said a school administrator.

"A lot of times our The fall and spring students don't really go

anywhere," said Kathy Santana, the assistant principal at Connie Lekas School. "We try to get the parents to bring them out and socialize."

Santana said the day was also a time for the kids to show their parents their artistic endeavors, such as sing-

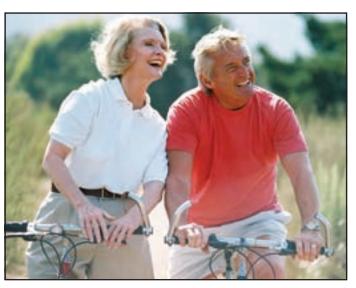
Don't Let Pain in Your Shoulder, Knee or Back Affect Your Quality of Life!

o you have knee pain from arthritis or a torn meniscus? Do you have shoulder pain from arthritis or a torn rotator cuff? Do you have back pain from arthritis, herniated discs or degenerative discs?

Here's good news. There is a revolutionary non-surgical treatment called prolotherapy that has been proven to be 80% successful with these types of chronic pain. When knee, shoulder or back pain does not respond to usual treatments, the most likely reason is because the real cause of pain is the weakened or torn ligaments and tendons. Ligaments and tendons are strong fibers that support and stabilize the shoulder, knee and back.

It is easy to find out if your knee or shoulder problem is due to weakened or torn ligaments or tendons. Press your knuckle on the inside of your knee beginning just above the knee going to below the knee. If it hurts a lot, then most likely, the tendons and ligaments are torn. You can do the same procedure in the front and back of the shoulder. If it really hurts when you press your knuckle on the knee and shoulder, then you are a good candidate for prolotherapy.

Prolotherapy is also used to treat chronic pain in the elbow, ankle and wrist (carpal tunnel). It is an excellent treatment for "whiplash" injuries and headaches following car accidents. Prolotherapy



has been used extensively for chronic back and neck pain.

Prolotherapy is a treatment that increases blood flow to the damaged tendons and ligaments and stimulates repair and healing. If done by a doctor well experienced in prolotherapy, it is a simple and safe treatment with a very high permanent success rate.

Dr. George Stuart Hackett, an orthopedic surgeon, started prolotherapy in 1939. Dr. Hackett, dubbed as the "Father of Prolotherapy", had treated about 1,600 patients in a period of 19 years. Eighty two percent of these patients obtained good permanent relief.

A scientific study done at the Samsun Medical Clinic and University of California at San Diego was published in the Journal of Spinal Disorders in 1993. It showed prolotherapy to have an amazing 87% success rate.

Before you, your family and friends undergo surgery for chronic knee or shoulder pain, you should check out prolotherapy. To learn more about prolotherapy, go on www.yourprolo.com, Facebook/Dr.Castillo's Pain Relief Center or call A.N.L. del Castillo, M.D. at 718-966-8120.

Dr. Castillo is the most experienced board certified pain management specialist in Brooklyn and Staten Island with 33 years experience in this field.

His office is located at 9731 4th Avenue, **Brooklyn** and 126 Wieland Avenue, Staten Island.



COLORFUL **CREATIONS:** (Above) Kathy Santana, assistant principal at the Connie Lekas School in Sheepshead Bay, makes sand art with Aurora Velez at the school's Family Arts Day on Oct. 25. (Right) Layla Martinez paints a picture to share.



Photos by Steve Solomonson

ing and dancing, that they practice during the school day.

"We have choir at the school — we also have a theatre arts program," she said. "That was a time to see what the kids are doing when they're at school.'

And if any parents missed the fall festivities, they'll have another chance to craft with their kids in the spring.

"We have one again towards Cinco de Mavo." said Santana. "We encourage all parents to come out."

Boro prez honors stab vic saviors

BY MATTHEW PERLMAN

Good Samaritans saved the life of a man stabbed on a busy Brooklyn Heights street in September, according to Borough President Adams, who commended the three at a Borough Hall ceremony on Monday.

The attack kicked off during an argument over pay between Hershi Pfieffer, an electrical contractor, and Adriy Komynar, his employee, at 1 pm on Sept. 22 outside of a Montague Street construction site. according to police. Komynar asked Pfeiffer for his pay and, when Pfeiffer said he'd get it Friday, Komynar whipped out a knife, Adams said, and stabbed him three times in the neck. officers stated.

That is when the dogooders sprang into action, helping to stop the



WORK CITED: Borough President Adams gives Jenelle Rivera a citation for helping save Hirshi Pfeiffer's life. Photo by Elizabeth Graham

bleeding and chase down the suspect, Adams recounted at the emotional gathering this week.

Marcell Alberti, manager of the construction site, heard the commotion, and upon leaving his office, found Pfeiffer on the ground and tried to staunch the flow of



ON THE MEND: Emanuel Giardina's hands are still healing after he hit a Shore Road Promenade pothole on his bicycle. Photo by Georgine Benvenuto

SINKHOLES

Continued from cover emergency, according to the parks department's website. The project cost \$9

million, Beckmann said. But the sinkholes, some as deep as a foot, have come back, 27 of them by Beckmann's count. The resurgence is likely due to the promenade's aging bulkhead, which took a serious hit during Hurricane Sandy, Beckmann

said. "There has to be a relationship between Sandy and these cave-ins," she said.

The potholes are so pervasive that fixing the promenade topped the community board's list of capital budget priorities and requests for the 2016 fiscal year.

Several city agencies are now coming together to fix the underlying issue, according to a parks spokeswoman.

"Parks engineers are working with the Department of Environmental Protection and the Department of Transportation to explore the necessary steps to resolve the issue of sinkholes on Shore Road," Meghan Lalor said.

Meanwhile, cyclists are missing



UNDERLYING CONDITION: (Above) A recently filled hole is already sinking again. The community board's district manager said the cave-ins are likely connected to broken sewer outfalls. (Below) Some of the holes on the Promenade are a foot deep.

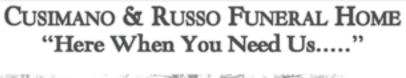
Photos by Georgine Benvenuto

the promenade's breathtaking views to stave off road rash, Giardina said.

"We've got the best scenery and you can't enjoy it, because the road is all potholed," he said.









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COURIER LIFE, NOV. 7-13, 2014

16



HELP IS HERE: Volunteers from Habitat for Humanity help fix the Sandy-damaged Coney Island home of Margurie Batts, front row in hard hat. Photo by Elizabeth Graham

Coney rising Habitat for Humanity repairs 100th home on Sandy anniversary

BY MAX JAEGER

When Habitat for Humanity finished fixing up a Coney Island woman's Sandy-damaged home on Oct. 29. it marked the group's 100th project in the city since the superstorm devastated the city exactly two years ago.

The Neptune Avenue homeowner said the project was like divine intervention.

"Habitat for Humanity has been a Godsend." said homeowner Margurie Batts. "The dedication of the staff and volunteers that come out rain or shine to help those of us still living with the destruction from Sandy has been truly remarkable."

Batts is a retired postal worker who bought her home in 1976 and rented out the ground-floor apartment to help make ends meet. But Sandy's storm surge inundated her first floor, so for the past two years she has had to live without that vital income, she said.

Over the last 60 days, Habitat volunteers renovated the apartment removing shoddy post-storm work, installing new sheetrock and floors, fixing the electrical system and plumbing, and landscaping the rear yard, according Habitat real estate director Mike Gilliard.

The superstorm's anniversary marks a new partnership between the city's Build It Back Sandy recovery program and non-profit and community groups.

Program applicants can now use

federal aid to hire groups like Habitat for Humanity to fix or rebuild their homes - something previously forbidden under the program. The new measure is the latest in a suite of program changes Mayor DeBlasio has instituted since taking office in Januarv.

So far this year, Build It Back contractors have started work on nearly 200 Brooklyn homes, with 36 projects already complete, according to city data.

The partnership with community groups will further expand the program's ability to help storm victims, the local councilman said.

"As we move forward, non-profit groups like Habitat for Humanity NYC will be crucial to ensuring that every New Yorker returns home again and that every impacted community is made whole again," said Councilman Mark Treyger (D-Coney Island), who chairs the Council's Committee on Recovery and Resiliency — and who also helped put the finishing touches on Batts's house on Oct. 29.

Work on Batts's home started two months ago and was funded through private donations, Gilliard said.

Since Sandy, more than Habitat for Humanity 3,000 volunteers and 10 Americorps staff cleaned out 61 damaged homes, rebuilt 33, and started construction on another six in the two years following the storm, Gilliard said.

BUSINESS, BROOKLYN STYLE - ADVERTISEMENT

Dr. Zhanna Tsukerman's tips to keep you flu-free this winter

BY SHAVANA ABRUZZO

It's a familiar scenario. Just when you think you escaped the seasonal flu, it bites you when you least expect it. The flu season is here, but a few wise precautions can help stop you from getting sick, says Brooklyn internist Dr. Zhanna Tsukerman, a boardcertified physician with a private practice in Kensington.

The flu virus is a menace that is tricky to conquer.

"Seasonal influenza viruses circulate worldwide and can affect anybody in any age group, spreading from person to person," says Tsukerman. "Antiviral drugs are available for treatment, but influenza viruses can develop resistance to the drugs."

Common flu symptoms include:

•Sudden high fever.

• A dry cough that can last several weeks.

•Headache, and muscle and joint pain.

•Severe malaise or feeling of ill health.



Dr. Zhanna Tsukerman

•Sore throat and runny nose.

The good news is that our immune system can be our best ally.

"Most people recover from fever and other symptoms within a week without requiring medical attention," says Tsukerman, who offers medical diagnoses and treatments — including ones tailored for the flu — at her clinic. She advises getting plenty of rest, avoiding cigarette smoke, drinking lots of fluids, and taking over-the-counter flu medication to manage symptoms. An annual flu shot can help reduce the risk of developing the sniffles or worse.

The flu vaccine contains four different vaccine virus strains, which have to be chosen well in advance of the flu season, making it likely to work better in years when there's a good match. In a typical season, at least one of those strains will change, and several medical studies have also shown that the antibody response to the vaccine tends to decline over time.

"That's why it's important to get a flu vaccine every year," says Tsukerman.

Consult with your physician before getting vaccinated, she adds, especially if you've previously had a severe reaction to the flu vaccine, have an allergy to eggs, have a moderate to severe ill-

She advises getting plenty rest, avoiding cigarette oke, drinking lots of fluids, d taking over-the-counter

> Prevention remains one of our best tools of defense, and the physician offers these common-sense tips for a flufree winter:

> • Pay a visit to your doctor, annually.

• Avoid close contact with people who are sick.

•Keep your distance from others when you are sick to protect them from getting sick, too.

•If possible, stay home from work, school, and running errands when you are sick. You will help prevent others from catching your illness.

•Cover your mouth and nose with a tissue when coughing or sneezing. It may prevent those around you from getting sick.

•Wash your hands often will help protect you from germs. If soap and water are not available, use an alcoholbased hand rub.

• Avoid touching your eyes, nose, or mouth because germs spread through contact.

•Clean and disinfect frequently touched surfaces at home, work, or school, especially when someone is ill.

•Get plenty of sleep, be physically active, drink lots of fluids, and eat nutritious food.

More sound medical advice and treatment is available at Tsukerman's clinic — a comprehensive network of healthcare professionals in a single facility, including a physiotherapist and a podiatrist, with a cardiologist and an endocrinologist on the way.

Dr. Zhanna Tsukerman [514 Ocean Pkwy. Between Ditmas Ave. and 18th Ave., (718) 484–7040, www.doctortsukerman.com]. Accepts major insurances, including Medicaid and Medicare, Work Compensation, and offers morning, evening, and weekend hours. Green Card Medical Exam.

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Kit Krugman

U.S. Department of Transportation

Fidelis Care Offers Tips for Seniors Choosing Medicare Coverage

Fidelis Care, a Statewide health plan with more than 1.1 million members, reminds seniors to carefully consider their healthcare needs when choosing their Medicare coverage for 2015. Medicare 2015 open enrollment is underway and ends December 7.

Seniors can choose traditional Medicare or a Medicare Advantage product. Commonly known as Part C, Medicare Advantage provides insurance for hospitalization and inpatient care (Part A) as well as doctors' services, outpatient care, and some preventive services (Part B). It may also include prescription coverage (Part D).

"Medicare Advantage and Dual Advantage products can be attractive because they offer extra benefits, ranging from vision and dental care to flexible spending benefits for healthrelated items," said Fidelis Care Chief Marketing Officer Pamela Hassen. "In designing Fidelis Care's Medicare Advantage products for 2015, our goal was to continue to offer affordable coverage and the key benefits that mean the most to members."

In comparing Medicare Advantage products, Hassen recommends seniors consider:

Price: Is it a good value? Is it more economical to pay a monthly premium and \$0 copay for primary care visits, or \$0 monthly premium and a copay?

Product: Which option has benefits that are most in line with your health care needs? Are your prescription drugs in the plan's formulary? Can flex spending help offset costs?

Providers: Are the participating doctors and hospitals convenient for you?

New this year, Fidelis Care has an online tool to help seniors who are interested in Medicare Advantage products. Found on Fidelis Care's website, fideliscare.org, the Fidelis Affordable Care Advisor compares available plans, benefits, and costs, along with the benefits and costs associated with Original Medicare. Seniors only need to enter basic information. The Fidelis Affordable Care Advisor also allows users to schedule an appointment with a representative who can assist with enrollment.

For more information, call

Fidelis Care at 1-888-FIDELIS (1-888-343-3547), visit fideliscare. org, or meet with a representative at a Fidelis Care Community Office location:

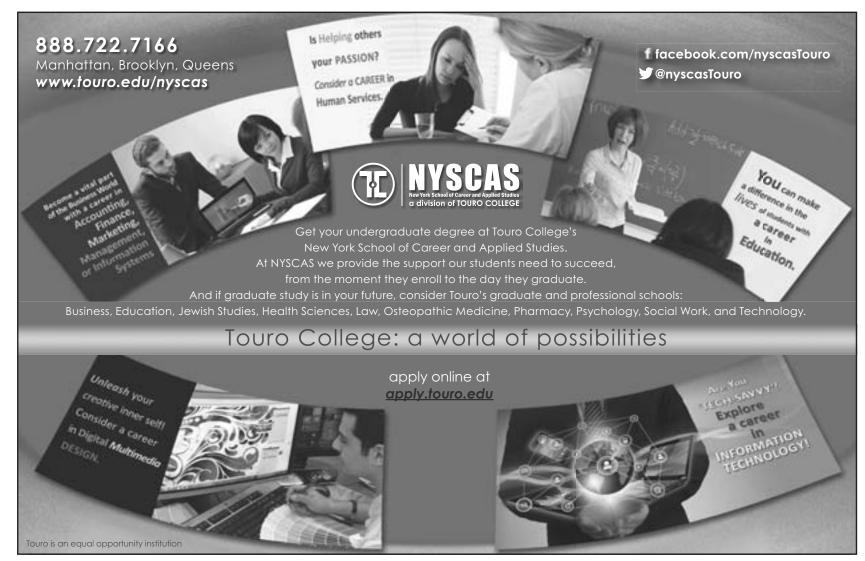
Bronx Community Office: 815 East Tremont Avenue, Bronx, NY 10460, phone: (718) 896-2531

Flushing Community Office: 36-36 Main Street, Suite 2SB, Flushing, NY 11354, phone: (718) 896-4511

Inwood Community Office: 100-02 Post Avenue, New York, NY 10034, phone: (212) 942-3111

Ridgewood Community Office: 1674 Putnam Avenue, *Ridgewood, NY 11385, phone:* (718) 896-2694

Sunset Park Community Office: 837 58th Street, 4th Floor, Brooklyn, NY 11220, phone: (718) 633-5308



Halloween Festivities at Owls Head Park





Hundreds of families visited the Haunted Halloween Walk this year in Bay Ridge and joined in on all the evenings scarey and fun events. Special thanks go out to Senator Marty Golden, Chip Cafera, Linda Allegretti, SWB Parks Taskforce and all the volunteers and sponsors that made Halloween 2014 a night to remember.

PUBLIC MEETING

On the CSO Long Term Control Plan for the Gowanus Canal

Wednesday, 19 November 2014

Public School 32 317 Hoyt St, Brooklyn, NY 11231 6:00pm to 8:00pm

DEP will provide a brief presentation at 6:30pm.

When there are heavy rains and the sewer system is at full capacity, a diluted mixture of rain water and sewage, also known as combined sewage, may overflow into local waterways as a combined sewer overflow (CSO). The New York City Department of Environmental Protection (DEP) is developing a CSO Long Term Control Plan (LTCP) that will identify and evaluate alternatives to improve the water quality of the Gowanus Canal. In addition to developing alternatives through the LTCP process, DEP is currently working with the US Environmental Protection Agency under the Superfund process to site and design CSO retention tanks.

Join us as we seek your input in developing this plan.

How to Get Involved?

To RSVP, please email ltcp@dep.nyc.gov or call (718) 595-3496. For more information on DEP's CSO program, please visit our LTCP Program website at ww.nyc.gov/dep/ltcp or follow us on Facebook: www.Facebook.com/NYCWater.



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Brooklyn Borough President Eric Adams (left) presents a battlescarred Brooklyn flag to Marine Sgt. Carlton Richardson, who will carry the flag in the New York City Veterans Day Parade up Fifth Avenue on Nov. 11. Photo by Kathryn Kirk



orough President Ad- Maintenance ams today presented a D group of local veterans, including members of the American Legion, the Veterans of Foreign Wars, Vietnam Veterans of America, the Marine Corps League and the Student Veterans from **Operation Enduring Freed** (OEF) and Operation Iraqi Freedom (OIF) with a battlescared Brooklyn flag carried into Operation Desert Storm, as part of a Borough Hall ceremony honoring veterans.

The veterans groups will carry the flag as they march up Fifth Avenue on Nov. 11 in America's Parade, the New York City Veterans Day Parade.

Then-Borough President Howard Golden presented the flag in 1990 to the 102nd

Company, 244th Army National Guard Division, when the unit was deployed to the Persian Gulf in Operation Desert Storm.

The flag was scorched by burning fragments from an enemy Scud missile, which was shot down by a U.S. Patriot missile during an attack near Riyadh, Saudi Arabia. It was returned to Brooklyn at homecoming ceremonies for the 102nd Maintenance Company on Sept. 15, 1991.

"The spirit of One Brooklyn, along with the support and solidarity of its residents, was carried into battle through the flag that now stands proudly in Brooklyn Borough Hall as a tribute to the bravery of those men and women who brought it safely See **BANNER** inside

AMERICA'S PARADE WELCOMES KELLY Vietnam War vet, former police chief grand marshal

ormer New York Police Commissioner Raymond W. Kelly, a U.S. Marine Corps veteran of the Vietnam War, has been named Grand Marshal of the 2014 America's Parade, the New York City Veterans Day Parade, United War Veterans Council President Vincent McGowan announced.

Kelly, the longest serving police commissioner in New York City history, was a Marine Corps lieutenant, commanding troops in combat in Vietnam in 1965. He went on to serve in the Marine Corps Reserves, retiring after 30 years with the rank of colonel.

"It is a great honor — and long overdue — that we honor Commissioner Ray Kelly for his service as a Marine in Vietnam and for his half a century of dedicated service to the people of New York," said McGowan, also a Marine Corps veteran of the Vietnam War.

"From his start as a beat cop to his service as Police Commissioner under Mayor David Dinkins and then under Mayor Michael Bloomberg, Ray Kelly became the most highly-regarded law enforcement official in the world and a global leader in the war on terrorism. At heart, he is a cop — a cop's cop - who never stopped working to keep us safe."

"I accept this honor on behalf of all my brother and sister veterans, those like me, who were able to come back to a rewarding life, those who came back sorely wounded, or those who never came back," Kelly said. "I especially want to honor those who combined service to our nation with service to our city, the veterans in the NYPD, the Finest of the Finest.

"It is fitting that we also honor the veterans of tomor-



Ray Kelly, a vet who saw action in Vietnam in 1965, will lead this year's parade.

row, the men and women serving today in defense of our principals of peace and freedom which we hold so dear."

Kelly will lead America's Parade, the largest celebration of service in the nation, when more than 25,000 thousand participants, including active military members, veterans of every U.S. war since World War II and marching bands from across the nation, march up Fifth Avenue on Nov. 11, the 95th anniversary of the first Veterans Day Parade.

Veterans Week, starting Nov. 1, includes several events honoring veterans, especially Marine Corps, and explores issues important to them. Events include the Marine Corps Birthday Dinner, marking the 239th anniversary of the founding of the Corps. Gen. Joseph F. Dunford, the incoming Commandant of the Marine Corps, also has been invited to attend the Veterans Day Parade.

America's Parade will be broadcast in New York and major cities across the country and on Armed Forces TV to every U.S. military installation and ship in the world.

The first person to rise from Police Cadet to Police Commissioner, Kelly spent 47 years in the New York Police Department, serving in 25 different commands and as Police Commissioner from 1992 to 1994 under Mayor Dinkins and from 2002 to 2013 under Mayor Bloomberg. He also served as Director of Police under the United Nations Mission in Haiti and as an Interpol Vice President. During the administration of President Bill Clinton, Kelly served as Treasury Department Under Secretary for Enforcement and as Customs Service Commissioner.

Commissioner Kelly holds a Bachelor of Business Administration from Manhattan College, a Juris Doctor from St. John's University School of Law, a Master of Laws from New York University Graduate School of Law and a Master of Public Administration from the Kennedy School of Government at Harvard University. He has been awarded honorary degrees from the Catholic University of America, Manhattan College, St. John's University, the State University of New York, the College of St. Rose, Iona College, Marist College, New York University, Pace University, Quinnipiac University and St. Thomas Aquinas College.

In September 2006, Commissioner Kelly was awarded France's highest decoration, the Legion D'Honneur, by then French Minister of the Interior Nicholas Sarkozy.

NSIDE: YOUR GUIDE TO THIS YEAR'S VETERANS DAY ACTIV

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Home Serving those who served America

Lincoln said it best: Honor our vets

S hortly after the invasion of Afghanistan in October of 2001, there was a surge of patriotism. More American flags were flown. Paper strips with the message "Support Our Troops" appeared on many cars.

Than came the Spring of 2003 and our invasion of Iraq in mid-March of that year. More flags. More paper strips.

On May 1, 2003, we were assured in words and banners "Mission Accomplished."

We bungled the first invasion. We didn't get Osama bin Laden, nor did the Taliban disappear. By coincidence, we got bin Laden — in his Pakistan hideout — eight years exactly to the day of "Mission Accomplished."

We are still finding out about the mess we found in Iraq, the mess we made worse and the mess we left worse



Kenneth

Kowald

than ever. So much for trillions of dollars and millions of scars in mind and body.

But let that go. What we are faced with are millions of veterans and their families who need help and are not getting it.

Any "Support Our Veterans" signs around? How many speakers will speak to this on Veterans Day and then do something about it?

I was drafted into the Army when there was no shooting war. My service was limited, thanks to Congress, to just over a year. I have no complaints.

My dealings with the Veteran's Administration were fine. For two weeks after honorable discharge, I was without a job and I got some money to help. The GI Bill paid for my graduate work at Columbia.

Today, everyone serving in our Armed Forces is someone who signed up to protect this country. We seem to keep forgetting that. The kids from around here, women and men, are in the services because they want to be there. Our gratitude should have no bounds.

But, then we come up against scandals in the Veterans Administration. Hearings are held. Heads roll. Maybe things are getting better. They should be, but it will take eternal vigilance. According to a Pew survey, 77 percent of the combined Congressional delegation were veterans in 1997–1998. As of September, 2013, that combined number was about 20 percent.

Maybe that's why it takes a scandal to get action on Capitol Hill and in the White House.

Yes, protect our troops. Make sure if we send them into battle we do so properly and make sure they have the gear they need. No more going into battle "with what you've got." One the prospects for the Ninth Circle of Hell said that.

Protect their families, too, from scams and frauds.

Abraham Lincoln's second inaugural address, delivered on March 4, 1865, is one of the noblest declamations of all time, in my opinion, and that of many others. Like the Gettysburg Address, it is quite short and it shares space with that speech on the Lincoln Memorial.

"To care for him who shall have borne the battle and for his widow and his orphans."

A noble purpose, stated nobly.

Yes, let us protect our troops and our veterans and their families. And keep up that protection after the Veterans Day parades and speeches have gone into oblivion.

Isn't that the least we can do?

Kenneth Kowald served during World War II from Feb. 1946 to Feb. 1947 as editor of The Flaming Bomb, a weekly newsletter in Aberdeen, Maryland.



A group of Navajos including Code Talkers from the World War II era, pose for a picture on Veterans Day in New York, Wednesday, Nov. 11, 2009. The young Navajo Marines, using secret Navajo language-encrypted military terms, helped the U.S. prevail at Iwo Jima and other World War II Pacific battles.

Associated Press / Seth Wenig

Veterans week activities

NOVEMBER 7, 2014

PATRIOTS TOUR: Tour of war monuments and memorials throughout the five boroughs conducted by seasoned historian and Vietnam veteran Cal Snyder, author of "Out of Fire & Valor." Family-oriented history lessons at each site in NYC, including Ft. Hamilton, Brooklyn. (212) 693–1476.

VETERANS IN SCHOOLS: Engage students with on-site visits assemblies at local schools by veterans who speak about their military experience. (212) 693–1476.

NOVEMBER 8, 2014

- TOUR: Brooklyn Navy Yard: Past, Present, and Future. 2 pm – 4 pm. Brooklyn Navy Yard Center at Building 92 63 Flushing Ave. at Carlton Avenue, Brooklyn, (718) 907–5924; Free
- FAMILY CRAFT TABLE: Families design flower tributes to veterans for display on Brooklyn Navy Yard's Tribute Wall. Noon-6 pm. Brooklyn Navy Yard Center at Building 92 63 Flushing Ave. at Carlton Avenue, Brooklyn, (718) 907–5924; Free.
- VETERANS ARTISTS PROGRAM: Workshops, service projects, and performances supporting and celebrating veterans seeking professional careers in the arts. Fashion Institute of Technology, 227 W 27th Street, Manhattan; brian@ veteranartistprogram.org; Daylong; Free.

NOVEMBER 9, 2014

- TOUR: Brooklyn Navy Yard: Past, Present, and Future. 2 pm-4 pm Brooklyn Navy Yard Center at Building 92 63 Flushing Ave. at Carlton Avenue, Brooklyn, (718) 907-5924; Free
- **TOUR:** Can-Do Yard: World War II at the Brooklyn Navy Yard. 11 am–1

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pm. Brooklyn Navy Yard Center at Building 92 63 Flushing Ave. at Carlton Avenue, Brooklyn, (718) 907–5924; Free.

- FAMILY CRAFT TABLE: See listing on Nov. 8. VETERANS ARTISTS PROGRAM:
- See listing on Nov. 8.

NOVEMBER 10, 2014

- STAR SPANGLED BANNER TRIB-UTE: Engaging exhibition open to the viewing public; strong artwork by veterans; military history of NYC's 5 boroughs, and other interesting and informative displays. 10 am–4 pm. General Society of Mechanics & Tradesmen of the City of New York 20 W. 44th St., NYC. (212) 693–5701; Free. FAMILY CRAFT TABLE: See listing
- on Nov. 8. VETERANS CHURCH SERVICE: Special Catholic Mass for veterans, military, and their family members; Medal of Honor recipients invited to attend. 10:15 am; Saint Patrick's Cathedral, Fifth Avenue at 50th Street, Manhattan (212) 693–5701; Free.
- **CONCERT:** Lively musical performances by 1,000 high-school students from patriotic national marching bands. Marine Corps Quantico Band also performs. Outdoor at Times Square; 9 am; Free.
- VETERANS RESOURCE FAIR: Daylong activities include guest speakers and panel discussion regarding benefits, counseling, mental health, traumatic brain injury), The U.S. Navy Band Pop Ensemble will perform.10 am-6 pm. Brooklyn Central Library at Grand Army Plaza; Contact Brenda Bentt-Peters (718) 230– 2792; Free.
- JOB FAIR: "Be a hero, hire a hero career expo." Job opportunities for veterans. 10 am-3 pm. U.S. Army Garrison Fort Hamilton, Brooklyn. Call Jeff Klare at (973)

234-5597 for info.

VETERANS DAY

- PARADE: 2014 Veterans Day Parade. Largest Veterans Day Parade in the country begins at Madison Square Park in Manhattan following opening ceremonies at 10 am. Parade proceeds up Fifth Avenue; www.americasparade.org; Free.
- STREET FAIR: Following Veterans Day Parade on 56th Street between Fifth and Sixth Avenues in Manhattanl; Free.
- PERFORMANCE: Basetrack. En Garde Arts theater company collaborates with corpsmen from First Battalion-Eight Marines reveals the complex truths of the modern military experience. 7:30 pm. Brooklyn Academy of Music. 30 Lafayatte Ave. at Ashland Place, Brooklyn; For tickets, call Anne Hamburger at (323) 528–6434.
- CONCERT AND FILM: St. George Theatre Orchestra celebrates veterans. "From Here to Eternity" screened. 6 pm. St. George Theatre, 35 Hyatt St., Staten Island. Call (718) 442–2900 for tickets. \$20.

NOVEMBER 12, 2014

PERFORMANCE: Basetrack. See listing on Nov. 11.

NOVEMBER 13, 2014

PERFORMANCE: Basetrack. See listing on Nov. 11.

NOVEMBER 14, 2014

PERFORMANCE: Basetrack. See listing on Nov. 11.

NOVEMBER 15, 2014

PERFORMANCE: Basetrack. See listing on Nov. 11.

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Home Fromt Serving those who served America

How to show your appreciation

C ivilians who join the military find their lives change forever upon entering the service. The armed forces shape a person, teaching discipline, humility, bravery, and many other life lessons. Joining the military often means making substantial personal sacrifices, as servicemen and women are typically called away from their families and the comforts of home.

Many grateful Americans want to show their appreciation to those who risk their lives to defend their country, but they may not always know how. The following are a number of ways you can show your appreciation to members of the military:

Thank a service member. If you see a person in uniform, thank him for his service to the country. Use the person's title if you can identify rank, or simply use the respectful terms of "sir" or "madam." Though a simple gesture, a verbal token of gratitude can go a long way toward brightening a soldier's day.

Volunteer with a veter-

an's association. Volunteering is another way to show veterans and active service members how much you appreciate the sacrifices they have made. Volunteer at a veteran's hospital or help to organize an event that's commemorating the efforts of local veterans and active service members.

Propose an event to honor local service members. Petition a town council for a special parade to honor your community's military personnel, including veterans and active-duty members.

Raise funds. Fund-raisers are another way to show military members how much you appreciate their service. Collect money for a military-based scholarship, asking a local high school or university to establish the scholarship in the name of a local veteran or active-duty service member.

Lend an ear. Provide a forum in which a serviceman or woman can share his or her story. Soldiers can offer unique insight on issues that affect civilians, and the community can benefit from servicemen



There are a number of ways to show your appreciation to the men and women who defend our country.

and women who share their stories. When hosting a community event, ask a soldier to be a keynote speaker.

Send gifts to active military. Make care packages or write cards and thank you notes to stationed troops. Organizations like the USO, Military-Missions.org or AnyS- oldier.com can ensure your packages make their way into the hands of soldiers.

Help an active-duty service member's family. Spouses of active-duty military personnel often must handle all of the chores that come with managing a household on their own. To show how much you appreciate a service member's efforts, offer to lend a hand around his house. This can make life easier on a service man or woman's spouse, and your companionship may provide a world of good. You can even go the extra mile by organizing a military spouse appreciation night at a nearby church or recreation hall. Offer free babysitting and provide refreshments and entertainment.

Publicly display your patriotism. Active-duty service members and veterans joined the military to defend our way of life, and you can show pride for your country and appreciation for their efforts by hanging a flag outside of your home.

Pick up the tab. Surprise a person in uniform by paying for his meal at a restaurant. It's a simple gesture, but it shows how much you appreciate that service member's sacrifice.

Gestures that show military personnel how much you appreciate them need not be lavish. Any and all expressions of gratitude can make a world of difference.

The origin of Veterans Day

How the celebration came to be

he origins of Veterans Day can be traced to the ending of World War I nearly a century ago.

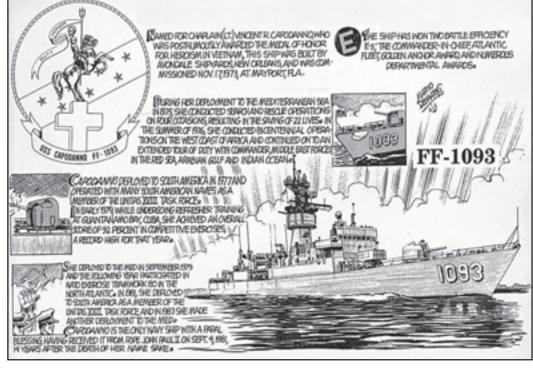
Known at the time as "The Great War," World War I officially ended on June 28, 1919 with the signing of the Treaty of Versailles in France.

But the fighting had actually ended seven months earlier when an armistice between the Allies and Germany went into effect on Nov. 11, 1918.

The following November United States President Woodrow Wilson declared Nov. 11 "Armistice Day" in honor of the cessation of the hostilities, and the day became a federal holiday in 1938.

That act was amended in 1954 after veterans service organizations, in recognition of the efforts of soldiers who fought in World War II, asked that the day be renamed "Veterans Day" so it honored all soldiers and not just those who fought in World War I.

Spotlight: USS Capodanno





Lost Purple Heart returning to soldier's family

BY CHRIS CAROLA

ALBANY, N.Y. (AP) Just a toddler when her father was killed in Vietnam, Robyn DeCuffa was devastated when his Purple Heart medal disappeared from her Syracuse-area home years ago

"The medal was really all that I did have from my father," said DeCuffa, a 51-year-old mother of eight from Cortland in central New York.

Tuesday, De-On Cuffa and her mother will be reunited with Pfc. Thomas McGraw's Purple Heart, awarded after his death in an ambush in Vietnam on Feb. 1, 1966, while serving in the Army's 1st Cavalry Division.

Sarah Dallas, McGraw's widow, gave

DeCuffa her father's Army medals and a photo album from his military service when she was 18. Years later, the Purple Heart disappeared while she was living outside Syracuse, where her father grew up. DeCuffa said someone likely stole the medal, but she wouldn't elaborate.

"It was a part of him I could physically hang on to," she said. "It was devastating when it was missing."

In the early 1990s, Jason Galloway found a Purple Heart on the playground at his suburban Syracuse elementary school.

He later handed it in to the front office. Although McGraw's name was engraved on the back, apparently no ef-



Pfc. Thomas McGraw was killed in Vietnam on Feb. 1, 1966 and the Purple Heart medal awarded posthumously disappeared from his daughter's Syracuse-area home years ago. On Veterans Day, his daughter Robyn DeCuffa and her mother will be reunited with his medal.

AP / Courtesy of Robyn DeCuffa

fort was made to return Christmas, the it to its owner. When 34-year-old Jason and schoolended for the year, his wife were visiting

given back to Jason, who brought it home.

Gal-Karen Jason's loway, mother, said the medal mostly sat in a drawer in the kitchen of her Liverpool. Every now and then, her husband would search the Internet in an effort to locate McGraw and return the medal, but had no luck finding any information. "We didn't put tons and tons of effort into it," she said.

Then, last now

the medal was from the Washington, Capital Region Off-D.C., area. Galloway's daughter-in-law saw the medal and asked why the family had it since Jason, an Air Force veteran, hadn't been wounded during his four-vear service.

Told the story of family's home in how it was found at the school, Jason's wife said it would be "cool" to find its owner. Weeks later, the daughter-inlaw called to say she had seen a local news story on Purple Hearts Reunited, a Vermont-based organization that returns lost or stolen military medals to veterans or their families.

Karen Galloway contacted the founder, Zachariah Fike, who traced the medal's origins and located De-Cuffa, a manager for Track Betting, and Dallas, who lives in Mexico. New York.

"It almost feels like a miracle that this is being returned," said DeCuffa, whose second-oldest son is an Army veteran and whose second-oldest daughter is in the Air Force.

Fike will return the medal to DeCuffa and Dallas during a ceremony being held at the Cavalry Club, a former National Guard campturned-golf club in Manlius, outside Syracuse. Galloway and her husband plan to be there.

"I'm so excited about it," she said.

"He lost his life and I think that it's really important that it gets back to his family."

Queens BP Katz honors those who served

orough dent Melinda Katz will accompany a group of Queens veterans, including members of the American Legion Queens County Post, the Rocco Moretto VFW Post in Astoria, Samaritan Village, Inc. Ed Thompson Veteran's Center, the United States Navy, and student vets from LaGuardia Community college, in the 95th annual Veterans Day pa-

Presi- rade up Fifth Avenue on Nov. 11.

The Borough President also is hosting a Veterans Day Observance Ceremony in the Veterans Memorial Garden at Borough Hall on Nov. 6. Borough President Katz will speak at the ceremony, which is followed by an indoor reception. The ceremony is open to the public, and RSVPs should be made by contacting Dan Brown at

dbrown@queensbpo.org.

"I look forward to our office's inaugural Veterans Day Observance Ceremony and to marching in the Veterans Day parade because these events will give us the opportunity to pay tribute to those who have served our country in uniform, including those who made the ultimate sacrifice," said Borough President Katz. "I commend the United War Veterans



President Melinda Katz. left. with Susan Stockmar of the United States Navy Veteran United War Veterans Council

Council for organizing the annual parade and for all the Council does to support and serve America's veterans, who have done so much to safeguard our nation at home and abroad."

Rocco Moretto, a local Queens veteran who landed on Omaha Beach on D-Day, will continue his tradition of participating in America's Parade.

"Borough President Katz has always been a solid supporter of veterans, and it is important for others to follow her example in recognizing the importance of a strong support system for our vets." Mr. Moretto said.

BANNER

Continued from cover

home. Now, it will once more be carried into service, this time by veterans who have bravely served our nation and are justly honored for their service and their sacrifice," Borough President Adams said.

"I am honored to take part in this small ges- ceived the flag, along ture of our borough's ev- with Marine Sgt. Shamar flag, our nations' veter- the Vietnam War," said War Veteran's Council ties.

erlasting appreciation for our veteran community, and I am committed to using my role as Borough President to advance their general welfare with the support and resources they deserve," Adams added.

Marine Sgt. Carlton Richardson, who served Operation Desert in Storm, was one of the representatives who reThomas, who served two tours in Iraq during Operation Iraqi Freedom.

"As a proud Marine, OIF veteran. and as someone who grew up in Brooklyn, I am truly honored to participate in the flag ceremony with the Borough President Adams and these distinguished veterans groups," Sgt. Thomas said upon receiving the Brooklyn flag. "Like this in the US Army during ceremony, the United

wear the scars of war. prompting us to never forget. As we walk up Fifth Avenue during the Veterans Day parade, we must never forget those who have come before us, who have made the ultimate sacrifice to ensure that freedom persists. Semper Fi."

"I was born and raised in Brooklyn and served

ans and their families Patrick Gualtieri, executive director of the United War Veterans Council, which produces the Veterans Dav Parade. "I am honored to be here today with Borough President Adams, and those proud veterans who represent the more than 52,000 Brooklyn veterans from all eras living in our great borough.

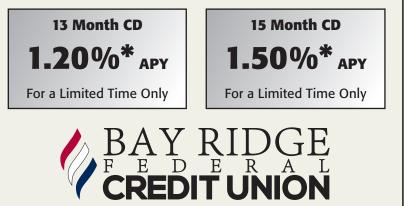
In addition to the flag

will be hosting the "Saluting Our Veterans" Veterans Resource Fair & U.S. Navy Band Concert in the Grand Army Plaza headquarters of the Brooklyn Public Library on Nov. 10 from 10 am to 6 pm.

The fair, which is open to the public, offers opportunities for veterans and their families to learn about resources ranging from healthcare benefits to business opportuni-

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BUSINESS, BROOKLYN STYLE - ADVERTISEMENT Helping others turn their lives around

BY CAMILLE SPERRAZZA

No one's life is problem-free, but Donna Mae De Palo, president and CEO of The Resource Training Center, has had far more than anyone should endure.

Yet, she has drawn upon that troubled past to help thousands of others turn their lives around, just as she did.

The Resource Training Center, which she established on Oct. 7, 1994, marked its 20-year anniversary with a celebration at the Bay Ridge Manor. There is a lot to commemorate. The not-for-profit organization trains those seeking jobs as counselors in the field of alcoholism and substance abuse.

"By encouraging these workers to pursue credentials, we seek to validate their dedicated efforts as helpers while insuring qualitative treatment for those struggling with the effects of chemical dependency," says De Palo.

Support services are offered to those who may have difficulty gaining employment because of their past use of alcohol and drugs, or because they may have been incarcerated, as a result of these additions.

"Our training and vocational counseling allows individuals who are ineligible to receive governmental employment assistance to complete a state-approved training program and gain the experience to take the examination to become Credentialed Alcohol and Substance Abuse Counselors," says De Palo.

The program is open to people who may be in recovery as well as health care professionals, social workers, psychologists, school counselors, human resource workers, prevention and intervention workers, clergy, faith-based counselors, and others interested in the field. Courses include "Personality and Addiction," "Stages of Recovery," "Anger Management," "Relapse Prevention," and other related topics.

The Resource Training Center is not a treatment program. The focus is to provide education and training. But the center does provide outpatient chemical dependency services to a large area of South Brooklyn in its outpatient clinic, The Resource Counseling Center.

"We understand the courage that it takes for an individual to address the issues that accompany this chronic fatal illness" says De Palo. "We believe that chemical dependency is a primary illness and that patients can recover."

Ambulatory detox is offered.

"Individuals go home after getting detoxed, and then return for follow-up," says De Palo. They are watched and helped during their stay. The center recognizes the special issues associated with this recovery, and addresses factors that contribute to the dependency. The objective is that those who seek help gain insight into their disease, and develop relationships to help sustain their recovery.

"We offer a safe, secure, and supportive environment for patients to share their experience, strength and hope with one another to solve their common problem," she says.

The center is involved with the Drug Consequence Awareness Panel, where those recovering from addiction may meet parents who have lost a child to drugs, hear from a recovering teen, and also meet the District Attorney, who will speak of the consequences of arrest. Buddies are provided to help get people through the experience.



The Resource Training Center, which now has a location in Bay Ridge, has been training those seeking jobs as counselors in the field of alcoholism and substance abuse for 20 years.

"This peer advocate program is much needed," says De Palo, and she is happy that the state started this program about three years ago

The organization is also involved with a Victims' Impact Panel. Members of Mothers Against Drunk Drivers will come in to the facility to speak of the heartbreak of losing a child.



Donna Mae De Palo is the president and CEO of The Resource Training Center. Photos by Elizabeth Graham

There are 35 employees at the center, and 29 of them are former students. Two were among the first graduating class, and have gone on to become a director and assistant director. Others train counselors and do administrative work.

De Palo seeks to inspire. She recently wrote a book, "Twelve Tins," that discusses being sexually abused by her father for years, beginning at age 4. After her father's death, the family found 12 old movie tins that chronicled this abuse. He had recorded it all. While the subject is horrifying, De Palo says the book is really about empowerment.

"You can make it through anything if you put your mind through it," she says.

As a result of this sexual abuse, De Palo developed a substance abuse problem that started at age 9, and continued until she was 35 years old.

"I didn't read a book until I was 35 years old," she says, so having written one is especially rewarding. It is hoped that the memoir will reach others who have suffered similar fates

"You are not alone in this world," she says. "I have experienced the same horror. If I can get through it, you can too."

The Resource Training Center [449 39th St. between Fourth and Fifth avenues in Sunset Park and 408 77th St. between Fourth and Fifth avenues in Bay Ridge, (718) 871-2400, www.ResourceTraining.org]. Clinic hours Mondays-Fridays, 8 am-8 pm, and Saturdays and evenings by appointment.

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HISTORIC HERO: First Lt. Alonzo Cushing, US Military Academy, West Point, N.Y. circa (1860). He will be awarded the Medal of Honor for giving his life at the Battle of Gettysburg. US Army

Civil War lieutenant awarded for valor

HARBOR WATCH

President Barack Obama announced that he will award First Lt. Alonzo H. Cushing the Medal of Honor.

The award is for conspicuous gallantry on the final day of the Battle of Gettysburg. Cushing will become the 64 soldier so honored for heroism at Gettysburg.

Cushing's next-of-kin will be present to accept the posthumous award.

On the afternoon of July 3, 1863, 22-year-old Cushing, commanding Battery A, 4th U.S. Artillery, gazed through his field glasses at massed ranks of Confederate infantry advancing across a smoke-shrouded field toward his position on Cemetery Hill, about a mile south of Gettysburg, Pa.

Although severely wounded by shrapnel in the shoulder, abdomen, and groin, the 5-foot-9 Cushing refused to leave his post. Bleeding profusely and in intense pain, the lieutenant could barely speak and had to relay his orders to Sgt. Frederick Fuger, his second in command.

Cushing and his comrades of the Union II Corps, Army of the Potomac, were on the receiving end of a 13,000-man infantry assault ordered by Gen. Robert E. Lee, the commander of the Confederate Army of Northern Virginia. Popularly known as "Pickett's Charge," the attack against the Union center involved not only Maj. Gen. George E. Pickett's division, but also the divisions commanded by Maj. Gen. Isaac R. Trimble and Brig. Gen. James J. Pettigrew. The assault occurred on the third and final day of the Battle of Gettysburg.

Alonzo Cushing was born on Jan. 19, 1839, in Delafield, Wis., and was raised in Fredonia, N.Y. He graduated from the U.S. Military Academy at West Point, N.Y., in the class of June 1861, and was immediately commissioned a first lieutenant in the U.S. Army.

Since his wounding, Cushing had remained on the ground for more than 90 minutes and had contributed mightily to the eventual repulse of the rebel assault, thereby securing a Union victory at Gettysburg. Cushing was later buried with full honors at West Point, his alma mater.

Soldier sleep studied

Military docs discover new sleep disorder

HARBOR WATCH

The study of a series of patients at Madigan Army Medical Center at Joint Base Lewis-McChord in Washington State, has led doctors to discover a new unique sleep-related condition impacting combat soldiers called Trauma-associated Sleep Disorder.

"Redeployed military personnel have reported for the last 13 years complex nighttime behaviors ranging from sleepwalking, tossing and turning, thrashing, screaming, and even hitting their bed partners," said Col. (Dr.) Vincent Mysliwiec, principal investigator and lead author, and U.S. Army Medicine sleep medicine specialist. "While these disruptive nocturnal behaviors are frequently reported, they are rarely documented in laboratory settings."

Although previous authors recognized some of the unique sleep disturbances seen in combat survivors, the constellation of findings of disruptive nocturnal behaviors, nightmares and rapid eve movement, or REM, sleep without atonia had never been linked together. There was no current diagnosis that encompassed all these trauma engendered sleep disturbances.

Atonia is also known as sleep paralysis, which occurs when a person suddenly finds himself unable to move for a few minutes, most often upon falling asleep or waking up. Sleep paralysis is due to an irregularity in passing between the stages of sleep and wakefulness.

"Up until this time, it was unknown what military personnel and trauma survivors had in terms of a clinical disorder," said Mysliwiec. "In many cases they were diagnosed with nightmare disorder, which does not have movements associated with and do not move, thus they this diagnosis, or REM Behav- are unable to act out their



READY TO REST: U.S. Army Sgt. 1st Class Bobby M. Scharton lies down as Christopher Taylor, a sleep technician, checks sensor connections during a sleep study at Joint Base Lewis-McChord, Wash.

Staff Sgt. Christopher Klutts

ior Disorder, which occurs in middle-aged to elderly males and has a characteristic clinical presentation. This case series highlights the unique findings of TSD (Trauma-associated Sleep Disorder)."

The case series included four soldiers who had been evaluated. diagnosed and treated at Madigan. Each soldier underwent a clinical evaluation in the hospital's sleep medicine clinic and was given an attended, overnight polysomnogram (sleep study). The polysomnogram recorded body functions, such as heart rate, brain waves, movements and any sounds they made during sleep.

According to published results, all of the young men developed disruptive nighttime behaviors and nightmares after suffering a traumatic experience. Some reported screaming and combative movements, while others experienced night sweats and crying episodes throughout the night.

"Normally individuals in REM sleep are paralyzed

dreams. Patients with TSD appear to have dream enactment, with purposeful movements that can occur in REM sleep," said Mysliwiec. "This case series is a major step forward in not only diagnosis and treatment of military personnel with sleep disturbances, but also sleep safety for families."

In addition to providing trauma survivors with the understanding that they have a clinical diagnosis, this case study also helps facilitate future research in the sleep disturbances that develop after trauma.

"Better characterization of the clinical findings is required, especially in regards to the onset of TSD and how much REM without atonia is present," said Mysliwiec. "Prospective studies are required to evaluate treatment regimens, as many service members and veterans have findings of TSD."

This case series appears online and in print this month in the Journal of Clinical Sleep Medicine, the official publication of the American Academy of Sleep Medicine.

COURIER LIFE, NOV. 7-13, 2014 27



BRAVE FIGHT: Chaplain Maj. Melissa Culbreth is pictured before and after she shaved her head. She is fighting breast cancer and wanted to take her hair on her own terms. Staff Sgt. Mary Junell

Fighting cancer again

HARBOR WATCH

On Oct. 12 in Franklinton, North Carolina, National Guard Chaplain Maj. Melissa Culbreth sat laughing and joking in a chair on the front porch of the farm where she works, while her signature red hair was braided into five braids.

The porch was full of friends, family, and fellow soldiers watching and waiting for the braids to be cut off and collected.

Sgt. 1st Class John Setera, who had deployed to Iraq with Culbreth in 2009, draped a black, plastic hairdresser's cape around her and grabbed the clippers.

Chunks of Culbreth's hair fell down the front of the cape and onto the floor at her feet.

"I wanted to take my hair on my own terms," Culbreth said. "Instead of letting the chemo take it."

This was the second party she has held to shave her head shortly after starting chemotherapy for breast cancer; the first was in March of 2010, when she was less then two months home from a deployment to Iraq with the 30th Heavy Brigade Combat Team.

"I'm not sure which is going to be harder," Culbreth said, "not knowing what is going to happen over the next 18 weeks, or knowing what is going to happen over the next 18 weeks."

Culbreth, who now serves as the brigade chaplain for North Carolina National Guard's 449th Theater Avia-

28 COURIER LIFE, NOV. 7-13, 2014

recent round of chemotherapy the week before her party. This is her third diagnosis, and third round of chemotherapy.

"I know what chemo is like because I've done it," Culbreth said. "To know I'm going to be doing that again, and going through all the side effects. Again. Right now that's probably the hardest part."

At the head-shaving party Culbreth had in 2010, about 17 people shaved their heads to show their support. At this party, four people shaved their heads and many had a strip of their hair dyed pink. Culbreth said she has lost track of the total number of people who were not able to make it to the party who have done the same.

"It's been cool," she said. "It's been people from a girl I went to middle school with and high school with, to soldiers I deployed with to Iraq, to present day folks that I served with in Charis Foundation and worked with as therapists."

About 30 people gathered at the farm to celebrate Culbreth and support her in her fight, including Sgt. Carrie MacCollum, with the 1132nd Military Police Company, another of the soldiers who deployed with Culbreth, in 2009.

"She's being the boss of the situation," MacCollum said. "She's not letting cancer beat her, she's beating cancer. She took it upon herself to shave her head and she's taking her really important to me."

tion Brigade, began her most hair, not cancer. So she's beating this and we're all here to support her with that. We're beating it with her.'

Culbreth spent the evening surrounded by her family of friends and soldiers who she draws on for support.

"The military is my family," Culbreth said. "That's who I have depended on since I got in, in 2006. They are my brothers and sisters. I wouldn't know what to do. Some of the first people I told were buddies that I deployed with. My unit, my brothers and sisters in the guard, my participation in the 30th Infantry Division Association, those are the people I depend on. The whole guard is family thing seems like a pithy saying, but I'm living proof that it's more than that, that its true and its honest or there wouldn't be so many people here tonight."

Culbreth has spent eight years in the North Carolina National Guard as a chaplain, being part of the support system for other soldiers. She said that sometimes being a chaplain it feels as if she is invisible, but at the party she realized how many people care.

"Sometimes you feel invisible," she said. "You're the fire extinguisher; break in case of emergency. When [life gets hard], everybody wants you there, but sometimes you wonder if people notice in the meantime, and the answer to that is yes, because tonight shows people care. And that's

Soldier serves up kindness in Kentucky

HARBOR WATCH

For many soldiers, fulfilling the call of duty is sometimes not enough. Sgt. 1st Class Christopher Roberts, a food service sergeant with 3rd Battalion, 5th Special Forces Group, uses his Army skills to make his community by volunteering for the Boys and Girls Club of Hopkinsville and Christian County, Kentucky.

For a little over a year, Roberts has devoted the majority of his off-duty time to the club.

"It started with my church, when I first got involved with the Boys and Girls Club," he said. "They said, 'We know you like to cook and like to take care of kids. Do you want to help out?' and I said, 'Sure,' and the first time I went, I fell in love."

Roberts said it was easy for him to enjoy helping, because he was using a tool the Army ingrained in him to better the lives of children in need.

"We have assisted the Boys and Girls Club to be able to feed children who might not get an evening meal," said Mary Curlin, ministry coordinator for All Nations House of Prayer and a volunteer with the Bovs and Girls Club of Hopkinsville and Christian County. "They were not able to provide as many meals as they wanted to, when they first started out."

To help the Boys and Girls Club provide enough meals. Roberts said, he uses his own funds to buy what cannot be provided, because it furthers his passion for both helping and cooking.

"Cooking is my passion," he said. "It's my job, and it's nice to use what the Army has taught me, especially

when using it at the Boys and Girls Club. There around 150 children who come here, and who can cook for that many people? Not too many, and with me having to cook in bulk all the time, [that] makes it that much easier."

It also makes it a lot easier to work with children when you have children of your own.

"He has young kids. He interacts well [with these children]. He is a positive role model for the young men who come here; they look up to him," Curlin said. "He has also taken on responsibilities of coaching in the Bud Hudson Football League, where a lot of the children on his team also come to the Boys and Girls Club."

Coaching a team takes a good amount of effort, so to help with that, Roberts turned to his fellow soldiers for help. Pvt. Adrian Cortez, a food service specialist with the 5th Special Forces Group, coaches with Roberts.

"I started coaching with him because I love football and I love teaching these kids football," Cortez said. "It helps make them better, and makes me better for teaching them.'

Roberts was nominated to accept his battalion's jersey, which will be presented during a military appreciation observance at Austin State University's football game on Nov. 8.

"Sgt. 1st Class Roberts has continually volunteered his time and energy, despite long work hours running the dining facility, and has never asked for anything in return," said 1st Sgt. Steven K. Toro, first sergeant with the Battalion Support Company, 3rd Battalion, 5th Special Forces Group.



MESS HALL: U.S. Army Sgt. 1st Class Christopher Roberts serves food to children at the Boys and Girls Club of America in Christian County, Ky. Sat. Justin Moeller







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Coney turning over a new fin Mermaid Ave. storefronts renovated

BY MAX JAEGER

Coney Island is open for business!

On the second anniversary of Hurricane Sandy, local business-owners and city leaders celebrated 13 stores on Mermaid Avenue that were renovated with grants from the city's Storefront Improvement Program. The initiative is a windfall, said one local politician, even as scores of Coney stores remain shuttered two years after the storm.

"This recovery won't be complete until our neighborhoods' small businesses reopen and our commercial areas are revitalized, and this program is essential to reaching that goal," said Councilman Mark Treyger (D-Coney Island), who chairs the Council's Committee on Recovery and Resiliency. "My thanks to Mayor Deblasio and [Small Business Services] Commissioner Torres-Springer for ensuring that the recovery reaches businesses in every impacted neighborhood."

The Storefront Improvement Program, launched in August 2013, provides grants of up to \$20,000 to cover the construction costs of storefront improvements for businesses located along commercial corridors that were impacted by Hurricane Sandy. To date, it has provided 72 small business owners with grants totalling more than \$1 million, according to the Administration for Small Business Services.

Once projects are approved, business owners meet with program architects to design storefronts that are functional and maintain the character of the neighborhood, according to the agency.



SMALL BIZ, BIG WIG: Small Business Services commissioner Maria Torres-Springer visited Coney Island businesses that are undergoing renovation as part of the city's Hurricane Sandy Storefront Improvement Program, which provides grants to business owners such as Wilton Cartagena, far left, to fix up hurricane-damaged shops.

Photo by Arthur De Gaeta

In Coney Island, 13 businesses along Mermaid Avenue have received storefront renovation grants. The new storefronts are a victory in the game of inches that is Coney Island's recovery, a local leader said.

"Their support has greatly helped Coney Island's small businesses recuperate, and it is a great accomplishment to have more than a dozen Coney Island businesses with new and improved storefronts," said Johanna Zaki, executive director of the Alliance for Coney Island. "We are all hopeful for better and brighter days for Coney Island's business corridor."

HONORS

Continued from page 14

blood cops say was pouring out of his jugular vein. Jenelle Rivera, an emergency medical technician, happened to be in the area and joined in the first aid effort, and surgeon Enrico Ascher finished the job at Lutheran Medical Center, where paramedics transported Pfeiffer, the Beep explained.

The specifics don't matter so much as the result, Pfeiffer said.

"They saved my life," he said, speaking softly due to a paralyzed vocal chord. "That's it."

The Beep gave the trio his coveted "Heroes of the Month" award, now in its third month, cheering them for keeping Pfieffer's family from losing a dad and husband.

Brooklynites coming together to en-

sure that we're standing here today with Mr. Pfieffer, his wife, and children." Adams said.

Pfeiffer's oldest daughter Gitty thanked the honorees after the presentation.

"My father would not be here today without you," she said. "You were all sent by god to save my father."

Following the stabbing, another bystander detained Komynar until police arrived, cops said. Prosecutors are charging the laborer with attempted murder. Komynar pleaded not guilty at his Oct. 20 arraignment, where a judge set his bail at \$250,000.

Komynar's attorney, Gary Conroy, asked that people not judge the man before his day in court.

"Like anyone else accused of a crime, he's presumed to be innocent by the law," Conroy said. "We shouldn't "It was a combination of good draw conclusions until all the facts are out."

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Reader: Obama horsing around with Ebola

To the editor,

Why does the Obama administration keep dragging its feet on mandatory 21-day quarantines for people suspected of being exposed to the Ebola virus? If I wanted to buy a horse from any African country, that horse would undergo a mandatory, 60-day quarantine at a federal facility before being allowed to mingle with other horses.

This policy is in effect in just about all other countries. It seems that there is a disease in Africa called African horse sickness. This disease cannot be transmitted to humans only horse to horse. Because of this highly effective quarantine policy, African horse sickness has not ever spread to horses inside the U.S. I could not even transport my horse from state to state without a health certificate! This is why the Obama's no-mandatory-quarantine policy is so bizarre. Does the U.S. government value horses more highly than humans?

Two agencies of our government have a mandatory quarantine policy: the Department of Agriculture for plants and animals, and now the Defense Department has implemented a mandatory, 21-day quarantine for all U.S. troops returning from western Africa. Yet, Obama still refuses to quarantine other suspected Ebola victims that come here. Thomas Eric Duncan, the first person to die of Ebola in the U.S. had a valid visa, he lied about Ebola exposure, and he was allowed to enter the U.S. That's quite a difference between official policy for horses and humans!

Knowing that our livestock is so well-protected makes me happy. It's just too bad that American citizens are not as well-protected. The president should remember that perception is truth. **David F. Podesta Marine Park**

To the editor,

"Mr. President, Fox News is urging that you sign an executive order temporarily banning flights from Ebola-endemic areas for the safety of the American people."

LET US HEAR FROM YOU

Submit letters to: Vince DiMiceli, Editor, Community Newspaper Group, 1 MetroTech Center North, Brooklyn, NY 11201, or e-mail to editorial@cnglocal. com. Please include your address and telephone number for so we can confirm you sent the letter. We reserve the right to edit all correspondence, which becomes the property of Courier Life Publications.

SOUND OFF TO THE EDITOR Letters and comments from our readers

"Fox! It figures. People have a right to travel and besides, they'd just come thru Canada or Mexico or the Duchy of Grand Fenwick. By the way, any country reporting any new outbreaks recently?"

"Yes, sir. Israel."

"Hmm, anyone see where I left my pen?"

On July 22, 2014, the Federal Aviation Association banned U.S. flights into or out of Tel Aviv's Ben Gurion airport for "the safety of the traveling public," when a single rocket exploded one mile from the airport.

Stephen Finger, M.D. Mill Basin

Palest-whine To the editor,

Here we go again! We have a nice, friendly basketball game between our Nets and Israel's Maccabi Tel Aviv teams, and a Palestinian has to come in with a flag which to the Israelis is like a red flag is to a bull in Spain ("Kings Bay Y head attacked at Barclays," online Oct. 9).

It is obvious she came to disrupt the game. Does she think anyone cares what she thinks? She knows better. She just came to make trouble. Did anyone check out a connection between Kiswani and the other trouble maker in Bay Ridge? You should.

People pay good money to go to these games, and they want to relax and enjoy the experience, not see selfish, me-me-me adults ruining their day. There are other ways to express anger than to ruin what might have been a lovely afternoon for families and singles because of a single-minded woman's political bend. There is a time and place for this lousy behavior. Why it is allowed period — is beyond me.

The people in that arena were a captive audience for that woman. They had nowhere to turn. We don't need this aggravation here, miss.

> Diane Hunt Bay Ridge

> > G

'Beirut' Bay Ridge To the editor:

Most Muslims hate our country. They force us to accept Islam, then destroy our way of life, and inculcate shariah law. They love only our benefits, which they accept willingly. How can America ever forgive what happened on 9-11 or the Boston Marathon bombing, or the killings of our soldiers on our military bases? Why didn't we deport Muslims who were happily dancing on 9-11?

Muslims occupy a lot of New Jersey, Bay Ridge is turning into Beirut, and soon all of America will be called the Muslim United States. America wake up. In spite of the threats we continue to accept Muslims from all over the world. **S. Dobrovol Coney Island**

NYPD blues To the editor,

I am a reader of your paper and I look forward to reading it every Friday morning. I have one comment to make about your police blotter. You don't cover any news from the 60th Precinct.

I have lived at my present address for 49 years. Prior to this I lived in Sea Gate, and in the 60th Precinct for about 70 years. I know there has been a lot going on. I would like to see the 60th Precinct mentioned in your column. **Robert Spector Coney Island**

'Flawed' system

To the editor,

The American system is extremely flawed. Virtually everything we, as school students, were taught academically is made up of bull. The school system does not teach us how to be independent thinkers, but instead it teaches us how to be dependent drones. The employment workforce is, and always will be, racist and sexist. Society is biased against gays, but too chicken to even attempt to investigate the massive corruption that takes place behind the walls of the federal government.

The Catholic Church is guilty of all of the above. Its members secretly molest young boys, then dictate to gays about how they should live. They don't say a word about the genital mutilation of young African girls. Pompous, holier-than-thou believers. See them, don't wanna be them.

Everyone is too busy and too content worrying about what someone else has or what someone is wearing. People should mind their own business. Sebastian Casalenova Bensonhurst

Bensonn

Landlording it To the editor,

How terrible to read how landlords in this town live the life of luxury while their tenants live in conditions that are beyond belief. This continues because under the rent stabilization laws, landlords get their automatic increases for expiring leases. Why not pass legislation stating that no landlord shall receive such increases until all violations in their respective buildings are removed? You would then see landlords rush to fix such violations.

This rule should be in effect for rent-stabilized and rent-controlled apartments, and it needs to apply to smaller units and cooperative buildings as well. In the latter, renegade co-op boards remain in power, as there isn't a quorum at meetings to vote them out, and therefore they can do as they please. Ed Greenspan Sheepshead Bay

MTArrrghhh

To the editor,

I travel from Brooklyn to Manhattan on the subway about four times a week and am inconvenienced by construction delays and the Metropolitan Transportation Authority's lack of notification. It should inform each station in advance and advertise the affected ones on major radio and TV networks.

I believe Mayor DeBlasio should take over the agency, as this is a city function more than the state's burden. After the 1965 and 1966 New York City transit strike, Gov. Rockefeller relieved Mayor Lindsay in controlling the agency after the state raised the transit workers' salaries. The president of the Transport Workers Union, Mike Quill, told Mayor Lindsay "There is going to be a transit strike and there is nothing you can do about it."

The mayor can take control of the Metropolitan Transportation Authority with just a phone call, once said former Manhattan Borough President and City Council Speaker Andy Stein. This may also give Mayor DeBlasio, who clearly admits he is not a good administrator, a chance to improve his administrative ability and give commuters a chance to express their problems and frustrations.

It is also a sad fact that IRT lines run express on Saturday and Sunday, whereas in Brighton Beach only the Q runs express and not the B train, and they are clearly the ones who suffer more than anything else. Elliot Abosh

Yes, you may have no bananas

e recently returned from another cruise. (another cruise, Gershbein?) Yup! We are definitely addicted to them.

There is no better vacation than a week on the high seas with stopovers on Caribbean Islands. Music. dancing, shows and 10 meals a day, 11 on Friday, all included. Can you beat that?

Upon returning to the United States, it is necessary to fill out a Customs Declaration — that is the blue four-by-nine form that reads: "Each arriving traveler or responsible family member must provide the following information."

Then it reads us many rules and asks a lot of questions. The big one that affects cruisers is the one that says, " ... fruits, veg-etables and plants are restricted. Failure to declare such items to a Customs and Border Protection Officer can result in penalties and the items may be subject to seizure."

Just before you enter the area where one stands on line to meet the customs agents, there is a government official standing alongside a large box. He is juggling a banana, an apple and an orange while announcing, "If you are caught with any of these in the next room you will be subject to a fine of \$200 for each."

As we passed by we noticed that the box was already half full — and this was early, with many more passengers still on the ship

There are people from all over the world coming to our nation with syphilis, gonorrhea, AIDS, leprosy, tuberculosis, hepatitis, and more. A lot more. Note that I said nothing about Ebola. We'll talk about that at another time.

In the meantime, we are a nation of porous borders, where approximately seventy thousand children were invited to walk across our border. Many of them arrive here with adults as well. According to reports on CNN, FOX, and the major networks, numerous il-



IT'S ONLY MY **OPINION**

Stanley P. Gershbein

legals reach our southern states with infections that go undetected. There have been reports of children with chicken pox, German measles, various viruses and scabies.

Do some Googling and you can find out the names of other diseases and in some cases you can even find out estimates of how many infected children and adults make it across the border.

Many of the undocumented — don't you just love that word? We're kosherizing the illegal immigrants by now referring to them as "undocumented" immigrants. Many of the undocumented youngsters were never vaccinated against the childhood illnesses that most here in the United States are. Even so, they cross our border and bring us the gifts of chicken pox, German measles, tuberculosis, viruses, and scabies. Even with the understaffed border agents attempting to isolate those whom they think are not healthy, a great number of these children make it into our cities and schools.

I am StanGershbein@ Bellsouth.net saying that many come in with viruses, scabies, and who knows what else, but I cannot bring in a banana. Those bananas must be really dangerous.

Bibi no Pres. Chicken

White he House official who called Israeli Prime Minister Benjamin Netanyahu "chickens---" must have been talking about

Freudian slip because President Droopy's political impotency is as iconic as Bibi's brave heart.

Fearful Bam-Bam hasn't seen a scandal or crisis he hasn't trembled at in front of his Teleprompter. High-level cabinet members are jumping ship and diehard supporters have muffled their ululations about the ex-boy wonder who dwindled into Eeyore from Winnie the Pooh.

President Droopy's incompetencies are more varied than the climates. He squandered \$800 billion in stimulus cash for supposedly shovel-ready jobs that never panned out. We owe more than \$7.7 trillion in new national debt. He said he would not force people to buy health insurance, but his lunkheaded Obamacare does just



his own lily-livered boss in a that. He routinely skips daily intelligence briefings on critical world events, including ones that could have stopped the Benghazi attacks that killed four Americans.

His frailties has shifted the course of civilization. Russian tyrant Vladimir Putin is birthing his dream to revive an oppressive empire. Terrorsponsoring Iran seeks nuclear weapons and boasts the largest ballistic missile force in the Middle East, endangering American bases and Israel. Nutty, nuke-happy North Korea can't wait for an "upcoming all-out action" against America. China has leapfrogged over us to become the world's largest economy without correcting its atrocious human rights record.

Benjamin Netanyahu in contrast is a world leader with gumption, grace, and ability. He will not be bullied into concessions with trouble-making Palestinians, but he will make sure they receive

treatment in Israeli hospitals because their own gang-of-agovernment is too busy digging tunnels to abduct and kill Jews instead of building medical facilities with the reconstruction materials Israel gives them. Netanyahu works to protect, avenge, and advance Israelis, while living — day after day, month after month, year after year — in a country where a siren gives you 30 seconds to find shelter before a Palestinian Kassam rocket falls from the sky and explodes, spraying its lethal shrapnel in all directions.

Compare that to Bam-Bam the chicken who thinks he is a superstar, but skulks into the Situation Room to catch up on a crisis in between rounds of golf.

Follow me on Twitter @ BritShavana

Why aren't my kitties celebricats?

here are times when my level of tolerance for fads, "OMG" moments and what constitutes fame in this country reaches a saturation point and then I just spew like Mount Vesuvius. This is one of those weeks.

Between the Instagram sensation Grumpy Cat and the resurrection of Morris the Cat (how old is he in cat years now?) I want to know three things: why is a cat with a sour puss making a six-figure salary; what will the cat do with all that money anyway; and where is the fame and fortune for my two feline friends?

Furthermore, why have we made so many celebricats in the first place? (Hey, did I just coin the term Celebricat? I guess that constitutes my 15 minutes of literary fame).

Onward to Grumpy Cat's cat-a-pult into fame. The miserable mugged feline (apparently, she has a grumpy looking face due to a genetic condition) reached cat-o-strophic proportions on Youtube (where else?). She appeared on the media scene Sept. 2012 and has since been featured on Friskies commercials, has attended mul-



NOT FOR NUTHIN'

Joanna DelBuono

tiple paw-printing events, and featured on the front page of the Wall Street Journal and the cover of New York Magazine. To top it all off, she has a thriving Facebook page and now, after achieving electronic, video, audio, and print fame is looking forward to movie stardom with a Lifetime Christmas movie: "Grumpy Cat's Worst Christmas Ever," which premiers on Nov. 29.

What, no crunchy treats?

I just have to SMH over this one.

Okay, back to why I'm letting out lava and sharpening my claws — I want to know why I haven't been able to cash in on the cat craze? My two puss 'n' boots have been in my column numerous times - in Christmas poems, sustainable happiness, zipping into the tree, you get the picture — giving them immortality in print. Paw-Paw has a Facebook page (no kidding) and he has figured prominently on Instagram with a lot of likes (at least three!). Meanwhile, Snowy is quite known in the neighborhood (he runs away a lot). Yet neither cat has garnered a six-figure salary or the attention of the paparazzi they so richly deserve.

What is wrong with this picture I ask?

Not for Nuthin'™, I'm just letting all you celebricat publicists and cat-casters out there know - Paw Paw is ready for his close-up and he works real cheap, he can be had for a can of Fancy Feast and a good belly rub. Just visit his Facebook page.

Follow me on Twitter @ JDelBuono.

COURIER LIFE, NOV. 7-13, 2014 33

This week, Carmine is fully loaded!

I'm madder than the celibate teetotaler whose car breaks down in front of a brothel in Vegas over the fact that I missed the best part of my daughter's surprise 40th birthday party for three reasons — I forgot to ride in on my trusty steed *Tornado*, and I had five or six too many margaritas!

Look, you all know the ol'Screecher can throw them back with the best of them thanks to the fact that instead of mother's milk, I was weened on a mixture of Sambuca and wine that my sainted mom knew would make me something much more than skin and bones.

So you wouldn't be surprised to learn that my gut has built up quite a tolerance for the hard stuff — pushing it through me like a fat guy down a water slide, and forcing me to make a few too many trips to the terlit whenever I choose to imbibe.

Well for some strange reason, all bets were off last Tuesday night at the party of the century when I was offered the option of sangria (which, as I



told you before, is just fruiteddown wine) and what can only be called the "Mexican Devil" because of the ways it always seems to repossess me (which is what happens whenever I drink tequila!).

F'rinstance, I remember the time I traveled with the wife to South Padre Island in Texas and swam up to a bar in the middle of the pool, which is great for me because it takes so much weight off my legs, which act like pile drivers on my feet every time I have enough energy to take a step! I saw this funny-looking Slurpy machine behind the bar and ask the lifeguard-bartender "Is that cherry-flavored, or 'Coke'-flavored?"

He said "Why don't you just have a glass or 12 and see for yourself." So I did — but I told him to skip the salt because I was watching my cholesterol. Folks, I don't know what they put in those Slurpies, but I'll tell you this: I got a heck of a lot more than a brain freeze!

Fact of the matter is I didn't know that you can't drink and swim, I sank to the bottom of the deep end the second I fell off my stool, and it took three bartender-lifeguards to get me out of the pool and back into my room without drowning! I tell ya, It's a good think I'm weightless underwater!

That night I had some of the worst dreams of my life starring my lovely wife Sharon screaming at me in languages no was has ever heard

thenceforward.

So you think I would have learned by lesson. But no. I chose the margarita — and once again paid the price.

The worst part about it was I chose to leave *Tornado* in the stable, forcing me to try to find my way home under my own power — and that of five other partygoers.

Lost in all this was my trusty steed, who was tied up at home after my latest mishap with Access-A-Ride, one in which my training with the Canadian Moose Mounties finally paid dividends. It was just after my latest successful tango class at Seth Low Intermediate School, and I was once again outside waiting for my ride to pick me up as it started to drizzle. Then, as oftentimes happens, it started to pour. So I was soaking wet when my van pulled up, loaded me in, and buckled me down as if I was sitting in the electric chair (or as I like to call it, the hot seat). Everything was going fine until I get to my destination, and we realized when she strapped me in, she really strapped me in.

You probably heard me screaming at the driver all for the 20 minutes she was trying to disconnect me.

About 19 minutes in I realized that the only way I was getting you if this predicament was to use the training I received during my proud service in the Great White North back in the 1950s.

It was there that I was taught the art of the use of a David Bowie knife, and I still carry the one I earned back then on my person at all times until this day — just to be safe.

Still, the driver didn't know this, and was completely scared to death the second I pulled it out! But I just said to her "You know what to do" as I handed her the knife, and she proceeded to cut me loose!

Free at last, I rolled upstairs just in time for Entenmann's and coffee with Sharon. What a night!

To my wonderful daughter, Happy 40th! Sorry I missed the party, and even sorrier I embarrassed myself and Sharon!

Screech at you next week!

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*New accounts and new money only. The APY is effective October 15, 2014. Annual percentage yield (APY) assumes principle and interest remain on deposit until maturity. A withdrawal of interest will reduce earnings. The interest rate will be fixed for the term of the account unless the one-time Bump-Up option is exercised. If exercised the interest rate will be adjusted accordingly and remain fixed for the remaining term of the account. When exercising the Bump-Up option, new money may not be added to the account. Please see account opening disclosure for full details. Minimum deposit balance of \$5,000 is required. IRAs are not eligible. Funds cannot be transferred from an existing Flushing Bank account. Premature withdrawals may be subject to bank and IRS penalties. Rate and offer are subject to change without notice.

LEGAL NOTICE

NOTICE OF SALE SUPREME COURT COUNTY OF KINGS DEUTSCHE BANK NA TIONAL TRUST COMPA-NY. AS TRUSTEE FOR FFMLT 2006-FF5, MORTGAGE PASS CERTIFI-THROUGH CATES, SERIES 2006-FF5, Plaintiff(s), Against 14128/2007 Index No: STEVEN THEOPHILE; et al., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly entered in the Kings County Clerk's office on 3/20/2014. I. the undersigned Referee will sell at public auction at Room 224 of Kings County Supreme Court, 360 Adams Street Brooklyn, NY 11201 on 12/4/2014 at side of Church Avenue, 2:30 pm premises known as 8514 Ave. J, Brooklvn. NY 11236-3824, and described as follows: ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York, designated on of Byron; THENCE Norththe tax maps of the Kings erly along the easterly County Treasurer Block 8037 and Lot 40. The approximate amount of the current Judgment THENCE Easterly along lien is \$735,524.37 plus said center line of block, interest and costs. The premises will be sold subject to provisions of the aforesaid Judgment of Foreclosure and Sale; Index # 14128/2007. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of The the deposit paid. Purchaser shall have no Curto, Deegan, Schwartz, further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. JEFFREY R MILLER, Esq., Referee. & Associates, Leopold PLLC, 80 Business Park Suite 110, Ar-Drive. monk, NY 10504 Dated: 9/25/14 GS

LEGAL NOTICE

NOTICE OF SALE

SUPREME COURT COUNTY OF KINGS NEW COMMUNITY YORK BANK. Interest to CFS BANK, Plaintiff against GUIDING PENTECOSTAL LIGHT ASSEMBLIES, INC., ET AL. Defendants (Index 35234/2007) Pursu-No. ant to a Judgment of Foreclosure and Sale dated January 27, 2014, and duly entered herein, I will sell at public auction

LEGAL NOTICE at KINGS COUNTY SU-PREME COURT, 360 AD-BROOK-AMS STREFT LYN, NEW YORK 11201, IN ROOM 224 on THURS-DECEMBER DAY, 11. 2014 at 2:30 p.m., the premises known as 2527 Church Avenue, Brooklyn, New York 11226 (Block 5090, Lots 70 and 71) and more particularly described as: ALL that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn. County of Kings, City and State of New York. bounded and described as follows: BEGINNING at a point on the northerly distant 327.16 feet Westerly from the corner formed by the intersection of the northerly side of Church Avenue and the westerly side of Rogers Avenue; RUNNING THENCE Westerly along (the northerly side of Church Avenue, 40.00 feel to the easterly side of Land now or formerly as Line of said Land of Byron, 119.82 feet to the center line of the block; 40.00 feet; THENCE in a southerly direction. 120. 11 feet to the northerly side of Church Avenue, the point or place of BE-GINNING. Amount of judgment: \$359,857.64 plus interest, fees and costs. Dated: October 31, 2014 Helene Blank, Referee Forchelli, Esq., Mineo & Tenana, LLP Attorneys for the Plaintiff The Omni 333 Earl Ovington Blvd., Suite 1010 Uniondale, New York 11553

LEGAL NOTICE

NOTICE OF SALE

SUPREME COURT 0F COUNTY KINGS, BANK DEUTSCHE NA-TIONAL TRUST COMPA-TRUSTEE FOR NY AS GSAA 2007-2, Plaintiff, vs. CAMENA ALMYR, ET as Successor in AL., Defendant(s). Pursuant to a Judgment of Foreclosure and Sale duly filed on October 14. 2014, I, the undersigned Referee will sell at public auction at the Kings County Supreme Court,



Room 224, 360 Adams Street, Brooklyn, NY on December 11, 2014 at 2:30 p.m., premises known as 4405 Avenue J, Brooklyn, NY. All that certain plot, piece or parcel of land, with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, to County of Kings, City and State of New York, Block 7770 and Lots 7 and 8. Premises will be sold subject to provisions of filed Judgment Index # 1019/10. Howard K. Pollack, Esq., Referee Berkman, Henoch, Peterson, Peddy & Fenchel, P.C., 100 Garden City Plaza, Garden City, NY 11530, Attorneys for Plaintiff

LEGAL NOTICE

LEGAL NOTICE **NOTICE OF SALE**

SUPREME COURT: KINGS COUNTY. ONE WEST BANK FSB, Pltf. vs. RONALD HENRY, et Defts. Index #11344/2009. Pursuant to judgment of foreclosure and sale dated Sept. 23, 2014, I will sell at public auction in Room 224 of the Kings County Courthouse, 360 Adams St., Brooklyn, NY on Dec. 11, 2014 at 2:30 p.m., prem. k/a 287 Franklin Ave., Brooklyn, NY a/k/a Block 1941, Lot 5. Approx. amt. of judgment is \$1,103,316.67 plus costs and interest. Sold subject to terms and conditions of filed judgment and terms of sale. ALAN LEVIN, Referee. FRENKEL LAMBERT WEISS WEISMAN & GOR-DON, Attys. for Pltf., 53 Gibson St., Bay Shore, NY. File No. 31446-#85092

LEGAL NOTICE

CITATION SURROGATE'S COURT, **KINGS COUNTY**

THE PEOPLE OF THE STATE OF NEW YORK, By the Grace of God Free and Independent T0: Moise Catul Jeffrey H. Schwartz The City of New York Barry Clarke Finkelstein & Virga P.C. Patricia Hinckson Adirondack Insurance Exchange Attorney General of the State of New York New York Department State Of Taxation and Finance New York City Human Resources Administration The spouse, if any and any and all unknown distributees and creditors of PRINCE

LEGAL NOTICE ceased whose whereabouts are unknown and if any of the aforesaid persons be dead, to their heirs at law, next of kin and distributees whose names and places of residence are unknown and if the persons died subsequent to the decedent herein, their executors, administrators, legatees, devisees. assignees and successors in interest whose names and places of residence are unknown and to all other heirs at law, next of kin and distributees of PRINCE POWELL, the decedent herein, whose names and places of residence are unknown and cannot after due dili-

gence be ascertained. A petition having been duly filed by the Public Ad-Kings ministrator of County, who has offices at 360 Adams Street. Room 144A, Brooklyn, New York 11201, United States. YOU ARE HEREBY CITED TO SHOW CAUSE Surrogate's before the Court, Kings County, at 2 Room Johnson Street. 319, Brooklyn, New York, on December 2, 2014, at 9:30 o'clock in the fore noon of that day, why: (a) The account of proceedings of the Public Administrator of Kings County as Administrator of the estate of PRINCE POW-ELL, a summary of which is being served herewith, should not be judicially settled; (b) The Public Administrator of Kings County should not be paid his commissions in the amount of \$5,958.08, as set forth in Schedule I of the Account; (c) The Public Administrator of Kings County should not be paid his administrative expenses in the amount

of \$1,239.52 as set forth in Schedule J of the Account; (d) The Court petitioner's attorney. should not fix, determine and approve the legal fees of Cullen and Dykman LLP, counsel to Petitioner, lathe amount of \$7,437.12 as shown in Schedule J of the Account; (e) The Court should not fix, determine and approve the disbursements of Cullen and Dykman LLP, counsel to Petitioner, in the amount of \$710.00 as shown in Schedule J of the Account; (f) The claims of the New York State Department of Taxation and POWELL, de- York City Human Re- tained, distributees, heirs es.

LEGAL NOTICE

sources Administration, if any, should not be fixed and determined; (g) The Petitioner be permitted to distribute the net estate the decedent's disto tributees, as now known or hereafter determined. as their interests may appear, and to deposit any amount not so distributed with the Commissioner of Finance of the City of New York to be held for the benefit of decedent's ADMINISTRATOR. A petiunknown distributees or for the benefit of any disfiled by Deborah Arzhertributees of the decedent ger, who are under disability for whom no guardian of the property has been appointed; (h) The Petitioner, upon fully complying with the Decree to be made in this proceeding, should not be released and discharged of and from any and all liability, responsibility and accountability with respect o'clock in the forenoon of to the Petitioner's acts and proceedings as Administrator as set forth and embraced in said account and the Court grant such other and further relief as it deems just and proper; Dated. Attested, and Sealed, October 17, 2014 HON. Margarita López Torres, Surrogate. Doreen A. Quinn Chief Clerk. Joseph J. Attorney Esq. Borges, Name Cullen and Dykman LLP Firm, 44 Wall Street, New York, NY 10005-2407 Address. 212-701-4175 Tele-212-742-2129 phone Facsimile NOTE: This citation s served upon you as required by law. You are not required to appear. if you fail to appear it will be assumed that you do not object to the relief requested. You have a right to have an attorney appear for you. and you, and you or your Attorney may request a copy of the full account from the petitioner object to the relief reor

LEGAL NOTICE

PROBATE CITATION File No. 2011-2644 SURRO-GATE'S COURT -KINGS COUNTY CITATION THF PEOPLE OF THE STATE OF NEW YORK, By the Grace of God Free and Independent TO any and all unknown persons whose names or parts of whose names. and whose place or places of residence are unknown, and cannot, after due Finance and the New diligent inquiry, be ascer- 11223.

LEGAL NOTICE LEGAL NOTICE

addresses are unknown.

- KINGS COUNTY PUBLIC

Eugenia

who is domiciled at 1988

East 22 Street, Brooklyn,

NY: 14 Dogwood Court,

Saverville, NJ. YOU ARE

HEREBY CITED TO SHOW

CAUSE before the Surro-

Court,

at 2

Street, Roorn 319 Brook-

lyn, New York, on De-

cember 2 2014, at 9:30

that day, why a decree

should not be made in

the estate of Patrick J.

Cardona, Jr. lately domi-

ciled at 2450 Haring

Street, Apt 1F, Brooklyn,

NY admitting to probate a

Will dated - January 19,

1976, as the Will of Pat-

rick J. Cardona, Jr. de-

ceased, relating to real

and personal property,

and directing that Letters

genia DeBiasel Dated,

Number

quested. You have a right

to have an attorney ap-

LEGAL NOTICE

L.L.C., a domestic LLC,

filed with the SSNY on

1/21/2000. Office loca-

tion: Kings County. SSNY

against the LLC may be

Brooklyn,

whom

designated as agent

SSNY shall mail

to c/o Danny

2317 McDonald

General Purpos-

MCDONALD

process

NY

pear for you.

2304

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process

Beyda,

Ave.,

Deborah Arzberger,

issue in:

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Testamentary

Surrogate

718-769-7200

for

phone

having been duly

DeBiase,

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Johnson

tion

gates

County

1810-1812 at law and next of kin of Voorhies said Patrick J. Cardona, Realty LLC. Arts. of Org. Jr. and if any of the said with SSNY on filed distributees, heirs at law 09/02/14. Off. Kings Co. SSNY desig. as or next of kin of deceased, be dead, their leagt. upon whom process gal representatives, their may be served. SSNY husbands or wives, if any shall mail process to: The LLC, 1870 Bath Ave., distributees and successors in interest whose Brooklyn, NY 11214. General Purposes. names and/or places of residence and post office

LEGAL NOTICE

Loc.:

224 **METROPOLITAN** AVE LLC, Arts. of Org. filed with the SSNY on 10/16/2014. Office loc: Kings County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Michal & Stefania Gut, 114 Java St., Brooklyn, NY 11222. Purpose: Any Lawful Purpose.

LEGAL NOTICE

228 **METROPOLITAN** LLC, Arts. of Org. filed SSNY the with on 10/16/2014. Office loc: Kings County. SSNY has been designated as agent upon whom process against the LLC may be served. SSNY shall mail process to: Michal & Stefania Gut, 114 Java St., Brooklyn, NY 11222. Purpose: Any Lawful Purpose.

LEGAL NOTICE

Attested and Sealed October 6, 2014 HON MAR-263 REALTY NY LLC, GARITA LOPEZ TORRES Arts of Org filed with Doreen A SSNY on 09/29/14. Of-Quinn Chief Clerk. Mi-Location: fice Kings chael F. Kanzer Attorney County, SSNY designated Petitioner as agent of LLC upon Telewhom process against it 2110 may be served. SSNY Avenue U, Brooklyn, NY shall mail a copy of pro-11220 Address of Attorcess to: C/O The LLC, ney (NOTE: This citation 341 E. 78th St., New is served upon you as re-York, NY 10075. Purquired by law. You are pose: to engage in any not required to appear. If lawful act. you fail to appear it will be assumed you do not

LEGAL NOTICE

Notice of Formation of COHEN FASHION OPTI-CAL STORE NO. 302, LLC Arts. of Org. filed with Secy. of State of NY (SSNY) on 10/22/14. Office location: Kings Princ. office of County. 56 Graham Ave., LLC: Brooklyn, NY 11206. designated SSNY as agent of LLC upon whom process against it may be served. SSNY shall mail process to Susan Goldberg, c/o Cohen's Fashion Optical, 100 Quentin Roosevelt Blvd, Ste. 400, Garden City, NY 11530. Purpose: Any lawful activity.

COURIER LIFE, NOV. 7-13, 2014 35

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Prices include all costs to be paid by the consumer except for license, registration & taxes. Used vehicles have normal wear, tear & mileage, some may have scratches & dents. ††All applications will be accepted. Severity of credit situation may affect down payment, APR & terms. Bankruptcies and liens must be discharged. *Voucher available on vehicle purchase of \$10,000 or more. **Vehicle must be in safe operating condition, dealer not responsible for excess wear and tear. ^Slight h2o damage. ^^Available with purchase, while supplies last. Some exclusions may apply, see dealer for details. Offers cannot be combined. NYC DCA#200342, DMV#711789.

LEGAL NOTICE

266 of Org filed with Arts SSNY on 09/29/14 Of-Location: Kings fice County, SSNY designated as agent of LLC upon whom process against it SSNY may be served. shall mail a copy of proto: C/O The LLC, cess 341 E. 78th St., New York. NY 10075. Purpose: to engage in any lawful act.

LEGAL NOTICE

4121 7TH AVENUE RE-ALTY LLC, a domestic LLC, filed with the SSNY on 9/29/14. Office location: Kings County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 124 Swinnerton St., Staten Island, NY 10307. General Purposes.

LEGAL NOTICE

909 LIVONIA AVENUE a domestic LLC, LLC, filed with the SSNY on 10/3/14. Office location: County. SSNY is Kings designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 677 Jerome St., Brooklyn, NY 11207. General Purposes.

LEGAL NOTICE

ALL NEW LLC Articles of Org. filed NY Sec. of (SSNY) 9/23/14. State Office in Kings Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to c/o Marcello De Peralta, Esq., 521 5th Ave., 24th FI, NY, NY 10175. Purpose: Any lawful purpose. Principal business location: c/o Stephen Donnarumma, 41 Eastern Parkway., 9E, Brooklyn, NY 11238.

LEGAL NOTICE

Bright Kids Early Childcare Center LLC, Arts of Org filed with SSNY on 10/06/14. Office Location: Kings County, SSNY designated as agent of SSNY shall mail a copy of process to: C/O The LLC, 2039 Bath Ave., Brooklyn, NY 11214. Purpose: to engage in any lawful act.

REALTY NY LLC, ESY REALTY LLC, Arts Name of Foreign LLC: fice of Org filed with SSNY on 08/11/14 Office Location: Kings County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail a copy of process to: C/O The LLC, 412 54th St., Brooklyn, NY 11220. Purpose: to and shall mail process to: engage in any lawful act.

NY

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lawful act.

lawful act.

9/16/14.

Dept.

Bassam

91st St.,

NY 11209. DE addr. of

LLC: 108 W. 13th St.,

Wilmington, DE 19801.

Cert. of Form. filed with

DE Sec. of State, 401

Federal St., Dover, DE

LEGAL NOTICE

Name of LLC: Focus

Org. filed with NY Dept.

of State designated agent

of LLC upon whom pro-

cess against it may be

served and shall mail

process to: Business Fil-

ings Inc., 187 Wolf Rd.,

12205, regd. agt. upon

whom process may be

LEGAL NOTICE

Notice of Formation of

1016 REALTY, LLC Arts.

of Org. filed with Secy. of

State of NY (SSNY) on

10/01/14. Office

Kings

Princ. office of LLC: 75

Utica Ave., Brooklyn, NY

11213. SSNY designated

as agent of LLC upon

whom process against it

may be served SSNY

shall mail process to Zo-

har Siri at the princ. of-

fice of the LLC. Purpose:

Any lawful activity.

Brooklyn, NY

Purpose: any lawful act.

LEGAL NOTICE

Notice of Formation of

Arts. of Org. filed with

1546 52 STREET LLC

Secv.

101, Albany, NY

Purpose: any

loca-

County.

of State: 10/17/14.

fice loc.: Kings Co.

Cosmetics LLC.

Purpose: any

Arts. of

Of-

Sec.

LEGAL NOTICE

LEGAL NOTICE

GoKids LLC Arts of Org filed with Secy. of State of NY (SSNY) on 9/8/14. Office in Kings Co. SSNY desig. agent of LLC upon whom process against it may be served & shall mail C/O Choa Park, 76 Roe-bling St., #4b, Brooklyn, NY 11211. Purpose: General.

LEGAL NOTICE Independent Reviews, LLC. Arts. of Org. filed with SSNY on 6/25/14. Off. Loc.: Kings Co. SSNY desia. as agt. upon whom process may be served. Regd. agent upon whom and at which SSNY shall mail process: United States Corporation Agents, Inc, 7014 13th Ave, Brooklyn, NY 11228

LEGAL NOTICE KONSTAN REALTY. LLC. Art. of Org. filed SSNY with the on 05/11/06. Office: Kings County. SSNY designated as agent of the LLC upon whom process against it may be served. SSNY mail copy of proshall cess to the LLC, 575

. General Purposes.

85th Street, Brooklyn, NY 11209. Purpose: Any lawful purpose. LEGAL NOTICE MOY BROS MANAGE-MENT LLC, a domestic LLC, filed with the SSNY on 9/16/14. Office location: Kings County, SSNY is designated as agent

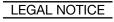
upon whom process against the LLC may be SSNY shall mail served. to The LLC. process Ovington 1360 Ave. Brooklyn, 11219. NY General Purposes.

LEGAL NOTICE

MOZNAIM LLC Art. Of Org. Filed Sec. of State of NY 10/1/2014. Off. Loc.: Kings Co. SSNY desig-LLC upon whom process nated as agent upon against it may be served, whom process against it may be served. SSNY to mail copy of process to The LLC, 1285 52 St., NY 11219. Brooklyn, Purpose: Any lawful act or activity.

LEGAL NOTICE LEGAL NOTICE

location: Middle East Connections County. Princ. office of NY 10011, regd. agent LLC: c/o Zev Weisberger, upon whom process may LLC. Authority filed with of State: 1232 42nd St., Brooklyn, Office loc .: NY 11219. SSNY desig-Kings Co. LLC formed in nated as agent of LLC DE: 2/12/14. NY Sec. of whom upon process State designated agent of against it may be served. SSNY shall mail process LLC upon whom process against it may be served to the LLC at the addr. of its princ, office, Purpose: Maalouf, Any lawful activity. Brooklyn,



Notice of Formation of 20 Lafayette Affordable LLC. Arts. of Org. filed with NY Dept. of State on 10/24/14. Office location: Kings County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail to: c/o Two process Trees Management Co. 45 Main St., Suite 602, NY Brooklyn. 11201 business principal address. Purpose: all lawful purposes.

LEGAL NOTICE

Notice of Formation of 245 Dean Street LLC. Arts. of Org. filed with NY Dept. of State on 8/14/14. Office location: Kings County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: c/oPatricia Stegman, 245 Dean St., Brooklyn, NY 11217, principal business address. Purpose: all lawful purposes.

LEGAL NOTICE

Notice of Formation of Brunette Editions, LLC. Arts. of Org. filed with NY Dept. of State on 9/30/14. Office location: Kings County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: John Grabiec, 75 Willoughby Ave., Apt. 1, Brooklyn, NY 11205, principal business address. Purpose: all lawful purposes.

LEGAL NOTICE

Notice of Formation of Core Care, LLC. Arts. of Org. filed with NY Dept. to: The LLC, 120 3rd St., of State on 9/19/14. Of-11231. location: Kings fice County. Princ. bus. addr.: 1650 Coney Island Ave. Brooklyn, NY Sec. of State 11230 designated agent of LLC whom process upon against it may be served of State of NY and shall mail process to: copy (SSNY) on 10/09/14. Of- c/o CT Corporation Sys-

LEGAL NOTICE

lawful purposes.

Kings tem, 111 8th Ave., NY, PLLC 33 NASSAU AVE-NUF. 2ND be served. Purpose: all pose.

LEGAL NOTICE

Notice of Formation of GUTTER DEVELOPMENT GROUP LLC Arts. of Org. filed with Secy. of State NY (SSNY) of on 10/08/14. loca-Office tion: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to Corporation Service Co., 80 State St., Albany, NY 12207-2543. Purpose: We will be opening a business with the funds collected with this LLC. The business is a bowling alley.

nv Notice of Formation of

HOUSE ON BERGEN LLC Arts. of Org. filed with of State of NY Secy. (SSNY) on 08/27/14. Oflocation: Kings fice County. Princ. office of LLC: 611 Degraw St. Brooklyn, NY 11217. SSNY designated as agent of LLC upon whom process against it may be served SSNY shall mail process to the LLC at the addr. of its princ. office. Purpose: Real estate.

LEGAL NOTICE

Notice of Formation of JOLIDIZ US LLC. Arts. of Org. filed with NY Dept. of State: 8/22/14. Office location: Kings County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: Corporate Creations Network Inc., 15 N. Mill St., Nyack, NY 10960, regd. agent upon whom process may be served. Purpose: all lawful purposes.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: NOWO-KUNSKI LAW FIRM PLLC. Organization Articles of filed with Secretary of State of New York (SSNY) on 09/25/2014. Office County. location: Kings SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail of process to: NOWOKUNSKI LAW FIRM

LEGAL NOTICE FLOOR BROOKLYN, NY 11222. Purpose: any lawful pur-

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-Name: FDP nv (LLC). DATA PROCESSING LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 06/16/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 461 EMPIRE BLVD BROOKLYN, NY 11225. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION LEGAL NOTICE

of limited liability compa-(LLC). Name: GOA-TACO LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 06/25/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of to:GOA-TACO process LLC 395 DOUGLASS STREET APT 2 BROOK-LYN, NY 11217. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: EMPIRE 4903 REALTY LLC. Articles of Organization filed with Secretary of State of (SSNY) New York on 10/17/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: EMPIRE 4903 REALTY LLC 4903 SIXTH AVENUE BROOKLYN, NY 11220. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability companv (LLC). Name: SQUARED AWAY CON-STRUCTION ENTERPRIS-ES. LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/23/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. Brooklyn, SSNY shall mail copy of General Purposes.

LEGAL NOTICE

process to: SHAWN JUS-TIN 686 EAST 46TH STREET BROOKLYN, NY 11203. Purpose: anv lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: KEY-TARRED AND FEATH-ERED LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 08/19/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: SHAUN HET-TINGER 145 NORMAN AVE #3R BROOKLYN, NY 11222. Purpose: anv lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-(LLC). Name: ROCK nv PRODUCTIONS, FL OUR LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 08/18/2014. Office location: Kinas County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 86 MACDONOUGH STREET BROOKLYN. #3 NY 11216. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION 0F LIMITED LIABILITY COMPANY NAME: BRIGHTON-GREEN LLC. Articles of Organization were filed with the Secretary of State of New York (SSNY) on 07/25/13. Of-Kings fice location: County. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail a copy of process to the LLC, 1944 East 1st Street, Brooklyn, New York 11223. Purpose: For any lawful purpose.

LEGAL NOTICE

PRICE ONE DRY CLEANERS LLC, a domestic LLC, filed with the SSNY on 7/28/14. Office location: Kings County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC. 1443 Flatbush Ave. 11210. NY

LEGAL NOTICE Notice of formation of 135 Beach 141st Street LLC Arts. of Org. filed with the Sect'y of State of (SSNY) on 9/25/2014. Office loca-County of Kings. tion SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process

Kennedy's Restaurant is back!

BY VANESSA OGLE

They're back in business! The iconic Kennedy's Restaurant in Breezy Point - destroyed by Hurricane Sandy - reopened on Oct. 29, exactly two years after the superstorm devastated the neighborhood.

One loyal customer said holding the grand reopening on the traumatic anniversary was a good way to help locals heal.

"It is sort of cathartic to get together and talk about our experiences and what we lost," said Moira Duffy. "Everyone was so happy to have Kennedy's back because it is an iconic place of the town."

Locals wined and dined at the waterfront eatery, which is now serving dishes from its dinner menu — such as seafood pasta and duck - and will begin serving brunch and lunch in December.

Duffy said since Kennedy's Restaurant closed after Sandy, she often longed to eat there, so the grand reopening was the perfect way to observe the anniversary.

"After Sandy, I don't know how many times I said to my sister, 'Let's go to Kennedy's for lunch," said Duffy. "Everyone was kind of saying, 'What are we going to do?' and this was perfect.'





READY FOR BUSINESS: (Above) The iconic Kennedy's Restaurant in Breezy Point - destroyed by Hurricane Sandy - finally reopened on Oct. 29, exactly two years after the superstorm devastated the neighborhood. (Left) Longtime regulars gathered to toast the reopening, and share memories of the storm.

Photos by Steve Solomonson

H

Xaverian's Co-ed Middle School (6-8) for the Academically Talented OPEN HOUSE Tuesday, November 18th, 6:30 pm



Application packets will be available at Open House! For more info, please contact: Mrs. Patricia McEvoy, Dean (718) 836-7100 x188 or pmcevoy@xaverian.org 7100 Shore Road, Brooklyn, NY 11209 www.xaverian.org/genesis

Xaverian's Genesis Program is dedicated to providing an engaging and challenging middle school program for academically talented girls and boys in grades 6-8. This co-educational program is designed to develop and nurture high-level critical thinking skills and is committed to the development of the middle school student through academic excellence, extracurricular involvement, and Christian service to neighbor and community. A Genesis education encompasses and surpasses the standard middle school curriculum by offering:

- A fully interactive, one-to-one learning environment complete with an iPad for each student and classrooms equipped with Apple TVs
- ÷ The Michael T. Strianese '74 STEM Program at Xaverian offers project and problem based learning through hands-on classroom experiences in the areas of Science, Technology, Engineering, and Math. The Gateway to Technology program engages students with modules in Design and Modeling, as well as Automation and Robotics. The growth of the highly acclaimed STEM program, which was implemented through a partnership with Project Lead the Way, has been bolstered by a recent \$1 million gift donated by Mr. and Mrs. Michael T. Strianese '74
- ÷ Enriched religious studies firmly rooted in the Church's teaching, with an emphasis on sacred scripture, the understanding of Jesus, and the Catholic social tradition
- Full-time guidance counselors
- Extracurricular activities and clubs, including Science Olympiad, Mock Trial, and LEGO Robotics



Brooklyn's Biggest Booster by Joanna DelBuono

He's the greatest Brooklyn hero!

BOROUGH WIDE

Hurray for borough son Juan Lopez, a steamfitter with local 638 who was honored by the New York Building Construction Trades for going above and beyond the call of duty.

With no regard of his own safety, our pal Juan rushed to the aid of four of New York's Finest on March 25,



when their cruiser was involved in an accident and the four sustained serious injuries. Juan traded his tool belt for his super-

hero util-

ity belt and pulled out one officer who was trapped in the burning vehicle and made sure the other three were safely away.

Like all superheroes, Juan was self-depreciating about his heroism, saying: "That night, I did what anyone else would have done. People were clearly in need of help, and I could give it to them. It was as simple as that."

Juan, a 2010 graduate of the preapprenticeship Construction Skills program and a fifth-year apprentice steamfitter, said all the reward he needs he's already gotten through the skills program, saying: "Without the Construction Skills program's help, I would have never been in touch with Steamfitters Local 638, which provided me with the teachers and support to really build a career and provide a better tomorrow for myself and my family. I'm very thankful."

Richard Roberts, the business agent at large for the Enterprise Association of Steamfitters Local 638 said. "The man being awarded tonight is a stellar apprentice and a hero. He is an extraordinary and humble young man."

Standing O thinks so too!

Turning on safety

Don't fall behind, check those carbon monoxide detectors, that's what our pals at National Grid remind us at the end of Daylight Saving Time, when clocks are set back and thermostats start being turned up. Ken Daily, president of the utility says, "The safety of the public is our priority. Taking proper safety precautions now can prevent senseless tragedies from occurring in the months ahead."

Carbon monoxide is an invisible, odorless gas that can be deadly if left ety's Prospect Park Zoo is now ac-



IN THE PINK !: The staff at Lutheran HealthCare donned pink in support of Breast Cancer Awareness Month, on Think Pink Day.

Think pink in support for the cure

SUNSET PARK

Techs, docs and all staff in between, the family of Lutheran HealthCare donned pink in support of Breast Cancer Awareness on Think Pink Day. The Radiation Oncology and Radiology departments led the annual event in the hospital lobby to raise awareness about this most common cancer among American women. Healthcare workers provided informational materials supplied by the American Cancer Society, taught self-breast examination techniques, handed out giveways and healthy snacks, and more. Many members that were off-site also showed their pink and participated in the day's event by coming to work in all the pinkadelic shades.

goes out to Girl Scout Troop 2717 of the Gravesend school-IS 228 for crafting breast cancer awareness pins and donating them to the hospital for patients. The pins will be distributed to survivors and their families. Party Fair and Pilo Arts Salon helped make the whoop-de-do a success with their generous donations. and Lutheran employees supplied the scrum-pink-tious baked goods. Cancer-care specialists shared some important tips with Standing O to maintain a healthy lifestyle: Exercise regularly, eat a well-balanced diet, and follow the American Cancer Society's guidelines for early detection through screenings and increased awareness, all of which can help lower the risk. Lutheran Health Care [150 55th St. between First and Second avenues in Sunset Park, (718) 630-7000].

A special two-for-one Standing O

undetected. Poisoning symptoms are similar to those of the flu, and include headaches, weakness, confusion, chest tightness, skin redness, dizziness, and sleepiness.

He suggests you install a government-approved home carbon monoxide detector on every floor of your home, arrange for an annual check of your heating system, check chimneys or flues for debris or other blockages, and be sure that space heaters and wood stoves are in good working condition, have adequate ventilation, and are used in compliance with the manufacturers' instructions.

If you suspect carbon monoxide in your home, leave immediately and call 911 first. You can also call Metro NY at (718) 643-4050.

PROSPECT LEFFERTS GARDENS

Looking for volunteers

The Wildlife Conservation Soci-

cepting applications for its adult docent program. The program is open to individuals 18 years and older who will work with the zoo's education department to give tours, interpret exhibits, interact with visitors and narrate the daily sea lion demonstrations. Those interested may call (718) 399-7339 X 325 or e-mail ppzvolunteer@wcsorg. Applications and additional information may be downloaded at www.prospectparkzoo.com/educators/volunteer.

BAY RIDGE

The art's the thing

Congratulations to local artist Erle Tompkins, whose painting of the Metaluna Mutant from the movie "This Island Earth" was featured in an art show held at the Irish Haven Bar. This was the first official art show for our pal Erle, and wouldn't you know it, his painting was purchased by none other than **Robert Melina**, a collector with impeccable taste, who just happened to



MILL BASIN

Tween with a sash

Let's hear it for beautiful, accomplished Emily Farrington, a sixth grader at Marine Park Junior High School selected to compete in the 2014 Miss Pre Teen New York Pageant on Nov. 16 at Bishop Loughlin High School.

Standing O is sending out positive vibes that our pal Emily — a black belt in karate — kicks the competition and wins the coveted sash.

Emily is already a star for proud mom Kim.

"She is very involved in singing and dancing and has appeared in dance recitals, vocal concerts and was the lead in a school production of 'Bye, Bye Birdie.'" she said.

Emily's goal is to have fun, gain experience. and make new friends.

"Of course I want to win, but if I don't I will try again next year," she told Standing O. That's the spirit.

As winner. Emily would represent New York in the national competition in Orlando, Fla.

No matter what the outcome, Emily has our vote, and can add a Standing O to her list of accolades.

have the costume from that movie in his personal collection.

Standing O wishes Erle many more successful showings.

Irish Haven Bar [5721 Fourth Ave. at 58th Street in Bay Ridge, (718) 439-98931

RED HOOK

Bada bing!

The goombah with the mostest Steve Schirripa is sharing his mother's recipe for the best tomato sauce this side of the boot and giving out his secret family recipe for Eggplant Parmigiana at the Fairway Market in Red Hook on Nov. 8, from noon to 2 pm.

Standing O is giving you an offer you can't refuse. Come on down and meet the man himself, pick up a jar of his sauce and get the lowdown on the goods.

Fairway Market [480-500 Van Brunt St. at Reed Street in Red Hook, (718) 254-0923].

Eldercdre



Keeping marriage strong into your golden years

he trend of long-married sons why divorce rates have skycouples calling it quits has been growing. However, there are some steps couples can take to keep their relationships going strong.

According to the AARP, divorces among people over the age of 50 have doubled since 1990. According to Susan Brown, co-director of the National Center for Family and Marriage Research at Bowling Green State University, one out of three baby boomers will face their golden years unmarried.

rocketed among the over-50 set. Understanding just why these divorces are taking place and taking proactive steps to alleviate some of the divorce triggers can be a recipe for a happy marriage that continues throughout a couple's golden years:

Increase accountability. Ours is a transient society where families no longer bat an eyelash over moving great distances away from other family members. As a result, boomers may feel like they are not con-There are a number of rea- nected to children or grand-

children. With this in mind, anything that might be boththey may feel less attached to their marriage or their responsibilities, or believe that no one will get hurt by a divorce. Keeping families close and remaining in frequent contact can increase accountability and reduce the propensity for divorce.

Get things out in the open. A major reason for a failed marriage is years of avoiding significant issues, rather than addressing problems. Couples should make time to talk to each other about

ering them, rather than letting too many things slide. If these conversations turn into shouting matches, there is always the option of bringing in a third party to serve as a mediator.

Spend time apart. After retirement, couples may find themselves spending hours upon hours in each other's company. While togetherness can be beneficial, too much time spent together may lead to feelings of suffocation and the perception that each member of the relationship is no longer his or her own person. Individuals can remedy this by doing more things on their own, whether spending time apart with friends or engaging in hobby time without your spouse. After all, absence makes the heart grow fonder. Brief periods of separation can make the time married couples do spend together feel more meaningful.

Recommit to your vows. After 30 or more years, the vows you shared on your wed-*Continued on page 46*

COURIER LIFE, NOV. 7-13, 2014 41

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Island Shores is a place you can call home at a price you can afford.

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Five reasons why seniors — and everyone else should get a flu shot

BY JOANNA R. LEEFER

Flu season is here — again! And with it all the usual rationales for getting or not getting a flu shot. They range from, "I'm so healthy, I never get sick;" "I got one last year, why should I get another?" "I'm allergic to the shot;" "I got the flu anyway." And on and on. These are just some of the excuses that people give to rationalize not getting a flu shot. To counter this, here are five reasons why you should get one:

Flu and pneumonia rank among the top 10 causes of death in the U.S.

The flu kills between 3,000 and 40,000 people per flu season. In New York the number is higher; the flu virus and pneumonia rank as the No. 3 cause of death. People worry about getting Ebola, yet Ebola is much more rare and difficult to contract than the flu. Ebola can only be contracted by personal interaction - primarily through intimate contact with another person. Flu, on the other hand, is air-borne. You can contract it from someone sitting in the same subway car, café, or even a doctor's office. The virus can live on surfaces for a short time also, so think about the shopping cart handles, door handles, and stair rails you touch daily.

It mutates every year

That's right, last year's vaccine is not effective for this year's strain. All flu viruses have an "H" and an "N" in the name, and each is followed by a number. An example of the swine flu is H1N1. The letters refer to two proteins, hemagglutinin and neuraminidase, on the surface of the virus. The numbers refer to slight variations in the form of each protein. The variations are important, because our immune system hones in on these proteins to attack the virus. As the flu travels around the world, it mutates so the vaccine that stopped it last year will not stop this year's version. The flu vaccine produced each year is developed to fight a particular type of virus. This season people are primarily being vaccinated against three flu viruses: Influenza A (H1N1) viruses, influenza A (H3N2) viruses, and influenza B viruses. All three of these viruses are being treated with one injection called a trivalent vaccine.

A shot will protect your loved ones too

В

Many people feel they are strong enough to fight any bug or they will

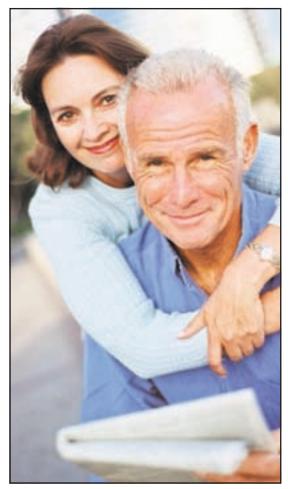


recover quickly if they do get it. With this line of thinking, they are not considering others whom they may infect. The Center for Disease Control states that most healthy adults can infect others from one day prior to becoming sick and up to five days after they first develop symptoms. Some people can be infected with the flu virus and have no symptoms but still be contagious. During the time you are contagious you might infect someone who is at a much greater risk than yourself. That can include older people, young children, or people with compromised immune systems such as those with diabetes, asthma, or heart disease. According to one study, 90 percent of seasonal flu-related deaths occur in people 65 years and older. These people might not have the same strong constitution as you and they are vulnerable to your germs.

You cannot get the flu from a flu shot

The flu vaccine is comprised of dead or inactivated flu so it cannot propagate. The only way you can get the flu is if you were exposed to the flu before receiving the shot. Flu vaccines cause antibodies to develop in the body but that can take up to about two weeks after receiving the vaccination. If you are exposed to the flu before you get your shot, or within the next couple of days, you could develop the flu, but not from the injection. Some people com-

Continued on page 48



Men and women must make a host of financial decisions as retirement draws closer.

Financial considerations for those nearing retirement

ously excite and distress men and women as they approach the day when they end their careers. Anticipating the freedom can be exciting, while concerns about maintaining financial independence can be stressful.

ELDERCARE TODAY

As men and women approach retirement age, certain steps with regard to preparing for retirement can put them in position to enjoy their golden years to the fullest:

Assess your resources. An honest assessment of your assets will help you determine a retirement lifestyle you can afford. Assets can include any property you own, investments, savings, and retirement accounts. Your property may be your biggest financial asset, but unless you plan to sell that property or take out a reverse mortgage, then you won't be able to rely on that property to fund your lifestyle. When assessing resources, keep in mind that

etirement can simultane- you might have to pay potentially steep taxes when attempting to access any retirement accounts, such as a 401(k). Factor in any such taxes when assessing your retirement resources:

Make a list of your monthly expenses. Once you have assessed your resources, make a list of your monthly bills. Mortgage payments, healthcare costs, taxes, and food are among the essentials, while additional expenses like travel and entertainment will need to be factored in as well. When considering monthly expenses, keep in mind that some of those expenses, including mortgage payments and commuting costs, will likely disappear, while others, including healthcare costs, are likely to increase significantly. Once you have assessed your resources and expenses, you can then begin to paint a picture of the retirement lifestyle you can afford to live.

Compare the lifestyle you want to live versus the one you can afford to live. Considering your finances several years before you retire affords you the opportunity to make changes if you determine the retirement you can afford does not exactly match up with the retirement you want to live

After you have figured out what you can afford, compare that lifestyle to the one you hope to live. If they are one and the same, then you did a great job planning for retirement. If they are slightly or significantly different, then look for ways to close that gap. If necessary, consult with a financial planner, who might be able to help turn your dream retirement into a reality. Closing the gap between your dream retirement and the one you can afford to live may require you to work an extra year or two, so be prepared to make that decision if need be.

"When I had my stroke, I was afraid life would never be the same."

New York Methodist is one of the only hospitals in Brooklyn with the latest technology to treat and reverse strokes.

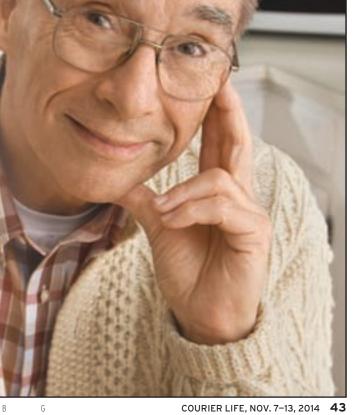
Speedy diagnosis and expert treatment are crucial when dealing with a stroke. Should you ever experience one, you'll get the fastest, most qualified care possible at New York Methodist Hospital. The latest drugs, and the most sophisticated technology are tools used by our highly trained neurosurgeons to remove blood clots and reverse stroke effects up to twelve hours from the onset of symptoms. Permanent damage can often be prevented and a full recovery is possible.

We fixed that. **Emergency Department**



NewYork-Presbyterian Healthcare System

506 Sixth Street, Brooklyn www.nym.org ER Pedestrian Entrance corner of Seventh Avenue and Sixth Street



ELDERCARE TODAY

Regular eye exams are important for seniors

any seniors will be glad to learn that there are steps they can take to protect against vision problems — starting with an eye exam. A regular exam is key for seniors because some eye conditions and diseases do not show warning signs.

While it is commonly known that eve troubles increase rapidly with age — particularly after age 65 — a lesserknown fact is that vision loss is also associated with a higher incidence of falls, injuries, depression and social isolation.

A regular examination

As part of an overall health-maintenance strategy, the American Academy of Ophthalmology urges seniors to have a comprehensive eye exam, especially if they have not had one in the past two years, whether or not there are symptoms.

The Academy also encourages seniors, their loved ones and caregivers to be aware of signs that indicate vision problems that require an eye exam.

These problems can include:

·Bumping into or knocking over objects.

• Stepping hesitantly.

• Squinting or tilting the head when



A regular eye exam is key for seniors because some eye conditions and diseases do not show warning signs.

trying to focus.

·Missing objects when reaching. •Discontinuing everyday activities such as reading and writing.

Simple, painless eye exams are crucial in detecting an eye disease or condition in its early stages, to help preserve your sight. During the exam, an healthy vision plays a critical role in

ophthalmologist - a medical doctor who specializes in eye care - will provide a diagnosis and treatment of all eye diseases and conditions.

Making eye care available

Despite medical evidence that

overall health and happiness, many older adults in the United States do not seek regular eye care or face difficulty accessing and paying for health care services.

To ensure that all seniors throughout the country have access to eye care services, nearly 7,000 volunteer ophthalmologists are available to provide eye care at no out-of-pocket cost to qualifying seniors 65 and older through EyeCare America, a public service program of the Foundation of the American Academy of Ophthalmology, which matches patients to volunteer ophthalmologists.

"Sight problems should not be ignored at any age, but particularly in seniors, as problems are more common in this group of patients," said Dr. Richard P. Mills, chairman for Eye-Care America. "The earlier a patient seeks medical diagnosis and treatment, the greater the chances for saving and recovering one's vision, which contributes to overall health and happiness."

The program is sponsored by the Knights Templar Eye Foundation with additional support from Alcon. To learn more and to see if you qualify, visit www.eyecareamerica.org.

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New York Methodist Helps Women Overcome Prolapse

There are several reasons why a woman in her senior years might experience prolapse of pelvic organs. This common condition results from the weakening of the pelvic floor muscles that support a woman's pelvic organs (such as the bladder, uterus and vagina), and can occur over time as a result of childbirth, surgery, hysterectomy or obesity. The resulting pain, discomfort, incontinence, and other manifestations of prolapse can have a dramatic impact on a woman's golden years.

Unfortunately, some women who experience prolapse think that it is a normal part of aging. Others are embarrassed and try to hide the problem, believing that they need to make lifestyle adjustments and manage it by themselves. Neither of these perceptions is accurate. There are many effective surgical and nonsurgical treatments currently available for women experiencing even the most severe cases of prolapse. One of these treatments, ro-



Ivan Colon, M.D., director of robotics and advanced laparoscopy in NYM's Division of Urology

bot-assisted sacrocolpopexy, which is performed at New York Methodist Hospital, allows women with advanced pelvic organ prolapse to regain a good quality of life without the need for major open surgery.

"Sacrocolpopexy could once only be performed through large incisions in a woman's abdomen, leading to a long recovery time, considerable pain, a higher risk of infection and significant scarring," said Ivan Colon, M.D., director of robotics and advanced laparoscopy in NYM's Division of Urology. "Minimally invasive techniques were a breakthrough, avoiding the unwanted side effects of sacrocolpopexy by enabling the procedure to be performed through very small incisions using tiny video cameras and miniscule surgical instruments. Robot-

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assisted sacrocolpopexy is now the latest refinement of the minimally invasive technique. There are instruments available to us through robot-assisted surgery that can mimic the precision of a surgeon's hands in ways that no other approach can, and may be the ideal option for women whose prolapse is particularly complex."

Robot-assisted sacrocolpopexy procedures at NYM are performed by robotic surgery experts in the Hospital's Division of Urology, including Dr. Colon, Edward Zoltan, M.D., director of voiding dysfunction, and Brent Yanke, M.D., attending urologic surgeon. During the procedure, four very small incisions (ports) made in the abdomen are used to access the pelvic floor area. Using specialized robotic instruments, the surgeon is able to precisely dissect any weakened tissue, and then insert a thin mesh implant through one of the ports. The mesh is then carefully installed to support the prolapsed organs,

and eliminates the symptoms of advanced prolapse. The procedure does not involve transvaginal mesh implantation, an approach which has sometimes been associated with significant complications.

"Treatments for prolapse are not "one-size-fits-all," Dr. Colon emphasized. "We're proud that robot-assisted sacrocolpopexy is now in our lineup-however, there are many other proven, surgical and non-surgical options that our Hospital offers to address prolapse. What matters is finding the right one for every patient we see. No woman should be forced to limit her lifestyle because of prolapse, and at NYM, we are committed to finding the treatment that is as 'one-of-a-kind' as she is."

Robot-assisted sacrocolpopexy is a service of New York Methodist Hospital's Institute of Women's Health. For referral to a physician affiliated with the Institute, patients may call 877.41. WOMAN.

COURIER LIFE, NOV. 7–13, 2014 **45**

ELDERCARE TODAY

Caring for an elderly relative in your home

Decisions about providing care for an aging loved one are seldom easy. Various options exist in terms of elder care, including assisted living facilities and nursing homes. Seniors who are selfsufficient may be able to stay in a retirement community or active living building. In other instances, the best course of action is to have an elderly relative move in with family members.

MetLife estimates that nearly 10 million adult children over age 50 now care for an aging parent. Care is defined as helping with feeding, bathing, dressing, and other personal care needs, going beyond driving a parent to appointments or helping them with financial matters.

Taking care of a senior requires a profound commitment and can completely disrupt a person's life, both at home and at work. Men and women faced with caring for an aging par-

46



ent at home may want to employ several strategies to make that transition go as smoothly as possible:

Talk to the senior about your options. Making decisions together will be best for everyone involved. It can be challenging to discuss mortality and whether or not elderly parents or relatives can properly care for themselves. Broach the subject well in advance of making any plans so you will have some understanding of how the senior feels about the situation and what would make him or her most comfortable.

Establish a caregiving budget. Caring for the elderly is expensive. MetLife says working Americans lose an estimated \$3 trillion in lifetime wages, with average losses of \$324,044 for women and \$283,716 for men, taking time to provide care. Before a senior can be welcomed into your home, you must first determine which financial changes must be made to accommodate this person.

Make physical modifications. Your home may not be equipped and safe for an elderly resident. You may need to add a private space for your parent or relative, and install night lights, secured railings, grab bars, ramps, a shower chair, and anti-slip surfaces. You may need to build an extension on the home or completely renovate what you have to make the space safe.

Marriage

Continued from page 41

ding day may be a distant memory. Some people may have different views on the permanence of vows, putting personal happiness ahead of the happiness of the couple. Take stock of what you promised one another on your wedding day and stick to those words.

Become a comedian. Laughter has a way of dissolving a tenuous situation. Focus energy on laughing at mistakes instead of pointing blame. Couples can make fun of themselves and resolve to not take things too seriously.

Act like you're dating. Couples often become complacent after many years of marriage. They may forget about the little details that made the relationship fun in the early years. The personal notes and cards and other surprises may fall by the wayside after being together for some time. Make an effort to go on dates, write love notes, and think of what was appreciated by your partners when you were in the dating stage.

Practice selflessness. Sometimes all that is needed to rekindle a relationship is a selfless act that shows how much you care for your partner.

Couples who are on the fence with regard to divorce can make an effort to improve the relationship rather than simply see divorce as the best option.

At Calvary, the family member is just as important as the patient.



Nobody knows more than Calvary Hospital that caring for a loved one who is in the end-of-life stage is challenging – both physically and mentally. The stress can feel unbearable. It puts the entire family at risk for depression, anxiety disorders, physical sickness and disruptions in life – both at home and at work. Our experts clearly understand that this feeling of abandonment is just as significant as the physical pain. *That's why 90% of what we do at Calvary is caring for the family*. In fact, we have an entire department specifically dedicated to caring for family members, with this year marking the 10th anniversary of our unique Family Care Center. It is all a part of our core value of "non-abandonment" – the commitment we make to our patients and their families *every* day. It's one more reason why Calvary is *Where Life Continues*.

For more information, call 718-518-2300 or visit www.calvaryhospital.org.



Where Life Continues



1740 Eastchester Road • Bronx, NY 10461 • (718) 518-2300 • Calvary Hospital Inpatient Service • Outpatient Services Calvary@Home (Home Care/Hospice) • Center for Curative and Palliative Wound Care • Satellite Services at Lutheran Medical Center, Brooklyn NY 11220 (Calvary@Home programs are Medicare-certified and contract with most major insurances.)

ELDERCARE TODAY



Hospice care offers palliative, not curative, care, aiming to keep the terminally ill comfortable in their final days.

Preparing for hospice care

S ometimes patients succumb to a disease, in spite of the best treatments and support. When the time comes for a family to confront a loved one's declining health, hospice care can be a dignified way to make that person's final days as comforting as possible.

Hospice is a type of care designed to make the final moments of a person's life as pain-free and manageable as possible. It can take place in a medical facility, but very often hospice care occurs at home or wherever the ill person feels most comfortable.

Hospice care is usually the last step when all other options have been exhausted. Making the decision to move a loved one to hospice care can be an emotionally wrenching time. Decisions such as these may be better made at a time in a person's life when he is not sick. That is why living wills that spell out details for end-of-life care can be quite valuable. Decisions are made with a level head and not wrought with emotions. Such living wills also can take the pressure off of family members who may not feel comfortable making such decisions on their own or in concert with relatives.

Hospice is a type of care and a philosophy that focuses on the palliative care of terminally ill patients. Rather than providing medication to try to treat the illness, medicine is offered to make a person more comfortable and remove any pain. Psychological therapy may also be offered to help the person come to terms with the end of life. Although hospice is a concept that has gradually evolved since the 11th century, the principles of modern hospice care can trace their roots to the 1950s and Dame Cicely Saunders, a nurse and social worker who is known as the creator of the hospice movement.

If hospice care is outlined in a dying person's living will or expressed wishes, there are some guidelines that

can be followed by the sick individual: Visit various medical care cen-

ters to see if away-from-home options provide the care and environment you desire. Be sure to establish what type of hospice care you prefer. This may include care within a nursing home or hospital, or in the comfort of your own home.

Sign a medical durable power of attorney. This signed document gives authority to an adult age 18 or older, who then has the right to make necessary medical and healthcare decisions for you in the event you become incapacitated.

Clearly indicate your wishes regarding resuscitation. A signed document may alert emergency healthcare personnel or others of your wishes not to be resuscitated. This document must be signed by you and a doctor and witnessed by others.

Decide on the duration of care. Hospice care generally lasts six months. This enables a long stretch of palliative care. Should you live beyond the time period, hospice care can continue. Studies have shown that patients who receive hospice care for at least 30 to 60 days gain greater benefit than those who are placed in hospice only in their final days.

Investigate financial options for hospice. Medicare and Medicaid provide hospice coverage in 44 states. Many private insurance plans have a hospice benefit as well. Understand how payment is made to figure out if private funding will be necessary.

Not all hospice programs are the same. Certain core models of care are followed by many hospice facilities, but options vary. Hospice can provide comfort in a person's final days and help sufferers better enjoy life and time spent with loved ones in these last days.



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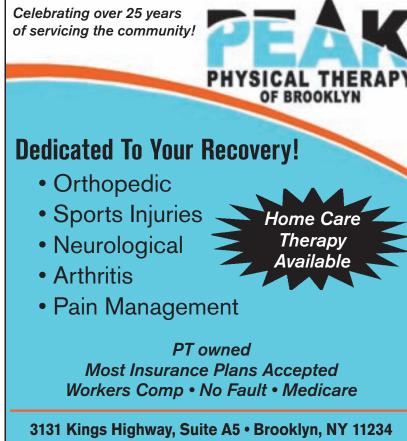


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Evening & Weekend Hours Available

Flu shot

Continued from page 42 plain of some stiffness and pain from the needle itself. That should subside within a couple of days. The only people who should abstain from getting a flu shot are people who are severely allergic to egg products or have had Guillain-Barre Syndrome. Most flu vaccines are made with chicken eggs. The vaccine viruses are grown in the eggs and are allowed to replicate before the virus is inactivated. So people who are extremely allergic to eggs or egg products should alert their doctor. There are other vaccines that have been developed that are just as effective.

The flu is much more dangerous than a shot

Flu symptoms include a fever of 100 degrees F or higher, a cough and sore throat, a running nose, headaches, body aches, chills, fatigue, nausea, and vomiting. These symptoms can continue for more than a week. An injection, on the other hand, feels like a pinprick and lasts no more than a second. The traditional flu shot is given intramuscularly, that is through the skin and into the muscle. In normal bodysized people, the needle is usually one inch long to insure it gets into the muscle. This injection is slightly stronger than the other alternatives and is usually recommended for people who are 65 years and older. The intradermal vaccine is a little less potent and is injected into the skin instead of the muscle. The needle is 90 percent smaller than the needle used for the intramuscular flu shots. It is recommended for people aged 18 through 64. Finally, there is a flu nasal spray. This vaccine is sprayed into the nose. However, the spray should not be used by everybody. The virus in the nasal spray is alive, although quite weak. Users may get some flu-like symptoms for a short period of time. The nasal spray is primarily used for children, adolescents, and adults aged 2 through 49.

Whatever vaccine you use, the time to get it is now. The flu season runs from October through May. It is recommended for all ages, from 6 months of age to the very old. There is no good reason not to get a flu shot. Many large pharmacies and walk-in clinics offer the vaccine for a small fee and there are many locations where you can get them for free — including many health fairs, churches, and health clinics.

Joanna R. Leefer is a senior care advisor, advocate, and founder of Elder-CareGiving, a service that helps families find and get the best care for their aging loved ones when family care is no longer enough. She has been working with seniors and their families for 10 years. Her book "Almost Like Home: A Family Guide to Navigating the Nursing Home Maze," is now available. To order, go to http://joannaleefer.com/ book-preview.

People with Medicare, Mark Your Calendars!



Open enrollment for 2014 is October 15th to December 7th.

During this period you can enroll for the first time, and sign up for or switch your Medicare Prescription Plan and/or Medicare Advantage Plan.

All changes are effective January 1st, 2015.

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Let it snow! 'Frozen' phenomenon skates into Barclays

By Vanessa Ogle

he ice woman cometh. Animation sensation "Frozen" is gliding into Barclays Center on Nov. 11 for this year's Disney on Ice show — and never has a film from the Mouse House translated to smoothly to the medium of ice dancing, said one of the performers.

"I don't think there is anything more fitting," said Jono Patridge, who hails from Kristoff. "We all love that movie story line it sticks to that pretty much exactly."

As anyone under the age of 12 can tell you, the two-hour show focuses on the tale of two royal sisters, Anna and Elsa. Anna is vying to connect with her sister but Elsa a princess with magical powers — stays secluded. Along the way, the sisters cross paths with Kristoff and his reindeer Sven,

London and stars as rugged mountain man sneaky prince Hans, and the adorkable talking snowman Olaf.

Patridge said the show — just like the movie - contains happy and heartbreaking scenes. He said the audience can expect to hear their favorite tunes, including "Let It Go," the Oscar-winning tune penned by a Park Slope couple during a walk in Prospect Park. The musical moments are even cooler than the ice-skating stunts, said Patridge - and audience members can expect to leave with the show with goose bumps.

"The music is so catchy," he said. "It is just unbelievable."

"Disney on Ice presents Frozen" at Barclays Center [620 Atlantic Ave. at Flatbush Avenue in Prospect Heights, www. disneyonice.com/frozen, (917) 618-6100]. Nov. 11-16. Tickets start at \$25.

24 SEVEN ASPHALT COWBOYS

These Brooklyn bands bring the country to Kings County

By Stephanie Thompson

ou can't take the country out of Brooklyn!

The borough may be best known as a hub of hip-hop and artsy indie rock, but Kings County is also home to a vibrant country music community, made up of both urban musicians with Southern roots and city-slickers who just have something to croon about. Here are just a few of the boot-scooters and shakers bringing a touch of twang to Brooklyn's live music scene.

The Lone Bellow

For Brian Elmquist, the Georgiaborn singer and guitarist for country band the Lone Bellow, Brooklyn's country music revival stems from a yearning for simpler times.

"I think people are really nostalgic right now, with dudes especially wishing they could live life like their grandfathers and kind of go back to basics instead of focusing so much on the Apple store," he said.

Elmquist and his bandmates fellow Georgian and lead vocalist Zach Williams and Virginia-born singer and mandolin player Kanene Pipkin — are happy to ride the wave of nostalgia that abounds in their new, slightly-north-of-Nashville home of Park Slope. The band's critically acclaimed 2013 self-titled debut album sparked a slew of tour dates around the world, with opening gigs for the Civil Wars and Belinda Carlyle. The group also managed to catch the eye of another big-name Brooklynite -Aaron Dessner from indie rock band the National, who produced the Lone Bellow's upcoming sophomore record, "Then Came The Morning."

And Elmquist said Park Slope is not all that different to his



small hometown of Sandersville, Georgia, anyway.

"The way I walk down the street, see my neighbors, see the guy who always fixes up my boots when I get back from the road," he said.

Jessie Kilguss

Longing is a major theme on Carroll Gardens Americana songwriter Jessie Kilguss's arresting new record "Devastate Me" notably her longing for the big starry skies above the farm she grew up on in Massachusetts.

Her home is Brooklyn now ---and has been since 2006, when she decided to trade acting for music after a role alongside Marianne Faithfull in the Tom Waits musical "The Black Rider" - but Kilguss said she still misses the country life. So she finds her escape in Americana music.

Kilguss said her influences for the new album, which she recorded at Bushwick studio Room 17 last December, include Lucinda Williams and the album "Trio," which features Linda Ronstadt, Dolly Parton, and Emmylou Harris. The simple chord structures and straightforward lyrics remind her of the quiet and simplicity of the country, she said - something she thinks others in Brooklyn might be looking for as well.

"New Yorkers seem to be constantly connected to the internet, so stripped-down music can be a really refreshing change," she said.

Terry Radigan

"I think country music is almost like a newspaper that says, 'here's what's happening in a time and a

place' and Brooklyn draws a lot of people who report what's happening around them," said singersongwriter Terry Radigan.

Born in Flatlands, Radigan headed off to Nashville in the '90s to record her own record and to sell songs to some of the great ladies of country, including Trisha Yearwood ("Love Wouldn't Lie to Me") and Faith Hill ("For My Own Good")

Back in Brooklyn since 9-11, Radigan's deeply insightful songwriting has expanded beyond country. But, she says, country has been her first love, ever since her uncle Georgie played her Johnny Cash's "Ring of Fire."

"I made him teach me when I was 9," she said.

To celebrate her fellow Cashloving singer-songwriters, Radigan comJ. Nov. 9 at 7:30 pm. Free.



Lone stars: Left, the members of the Lone Bellow all hail from the South, but live in Park Slope. Above, Terry Radigan brings Brooklyn's country music lovers together at her weekly Radigan Roundup show in Park Slope.

runs a low-key live country show called the Radigan Roundup every Sunday at Park Slope's 12th St. Bar & Grill.

For her Nov. 9 show, Radigan will be joined by Jessie Kilguss, the Menke Boys, Nashville mainstay Andrew Sovine - grandson of Country Music Hall of Famer Red Sovine - and Alex Battles and the Whisky Rebellion, a local country band whose annual Johnny Cash Birthday Bash at the Bell House always sells out. And those are just the acts that have been announced, said Radigan.

"You never know who might walk in the door," she said.

The Radigan Roundup at 12th St. Bar & Grill [1123 Eighth Ave. at 12th Street in Park Slope, (718) 965-9526, www.12thstreetbarandgrill.



Fiery: Former Fiery Furnace singer Eleanor Friedberger performs in "Exposed: Songs for Unseen Warhol Films" while a Warhol film plays behind her. Brian Conway

BAM screens unseen Warhol films

By Danielle Furfaro

hat did Edie Sedgwick frolicking with 1960s models and celebrities sound like? We may never know for sure, but a group of modern musicians is throwing down a few suggestions.

From Nov. 6 to 8, the Brooklyn Academy of Music will host "Exposed: Songs for Unseen Warhol Films," in which five musicians will play compositions they have created for 15 recently unearthed Andy Warhol shorts.

"This is a huge discovery and a fantastic art project," said Brooklyn Academy of Music executive producer Joe Melillo.

the short films between 1963 and 1966. Each of the clips clocks in at under 10 minutes, and most of them are in black and white. The films include a handful of '60s icons - including Sedgwick, Allen Ginsberg, and Jack Kerouac — as well as lesser-known staples of the Andy Warhol Factory scene.

"You get to see them when they were all in their peak," said Melillo.

The musical side of the show features plenty of big names, too. The composers include Bradford Cox of Deerhunter and Atlas Sound, Eleanor Friedberger of the Fiery Furnaces, Martin Rev of Suicide, Tom Verlaine of Television, and Dean Wareham The legendary visual artist made all of of Galaxie 500 and Luna. Each artist has

written scores to three of the films.

The production premiered at the Andy Warhol Museum in Pittsburgh last month. Before that, no one other than the museum staff had seen the films, which had been languishing in the museum's archives for years.

"There is a huge backlog of Warhol material that they have not exhibited yet," said Melillo. "They are very careful about how they want to infiltrate the marketplace."

"Exposed: Songs for Unseen Warhol Films" at the Brooklyn Academy of Music, Howard Gilman Opera House [30 Lafayette Ave. at Ashland Place in Fort Greene, (718) 636-4100, www.bam.org]. Nov. 6-8 at 7:30 pm. \$25-\$55.



Some Samples From Our Menu: 'PPA CUMINCIARI / APPS ARANCINI • FRITTO MISTO

> LE ZUPPE ZUCCA LISCIA

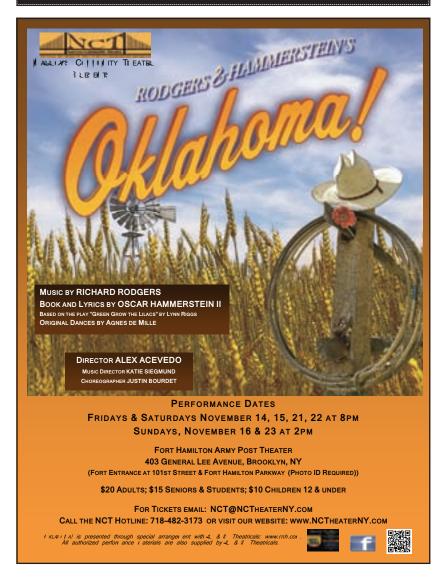
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TALESE TALES

Author to talk about 'The Bridge' at Transit Museum

By Max Jaeger

Juilding a bridge is a lot like going to war just ask Gay Talese.

The legendary journalist will pontificate on his 1964 book "The Bridge," which chronicled the Verrazano Narrows Bridge's construction, during a New York City Transit Museum celebration of the pond-spanning pons' 50th anniversary on Nov. 13.

Talese began reporting on the viaduct when outrage over its proposed construction fueled opposition rallies in Bay Ridge, where the city would later raze 800 homes to make room for the span. On the front line, Talese saw parallels between putting up infrastructure by force and its inverse — war, taking down infrastructure by force.

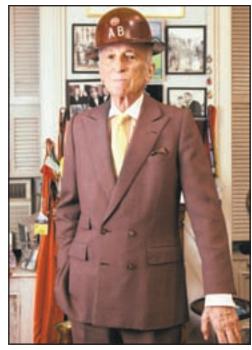
"There was a protest, almost like Occupy Wall Street, as people got the word that the great power broker Robert Moses was going to proceed with construction," he said. "I never thought about construction and how it affects people and destroys homes. It reminded me of cities in war whose homes are destroyed. Except for 9-11, we don't have a sense of what it's like when our territory is destroyed."

If the dispossessed had a war refugee's disposition, the bridge-builders were like an occupying force — albeit a friendly one that spent hard-earned pay at local taverns and occasionally made honest women of local girls, Talese said.

"They reminded me of people in combat — people bonded together out of common cause," he said. "Uniforms. Waists hanging with heavy metal tools."

So Talese found his muse, and over the next five years, the Manhattan native embedded himself with the bridge-builders. They told him their war stories (many were itinerant "boomers" who followed iron and steel work from town to town), showed him battle scars, and occasionally took him to their homes on leaves of absence.

Talese collected these stories and compiled them in "The Bridge," which publisher Bloomsbury has re-released anticipating the bridge's 50th anniversary on Nov. 21. The updated masterwork includes



Suited up: Legendary journalist Gay Talese still has the American Bridge Co. hard hat we wore while reporting the construction of the Verrazano-Narrows Bridge in the 1960s. Catherine Talese

a new afterward by Talese and historic photos taken during the bridge's construction.

Joining Talese at Thursday's discussion will be New York Times urban affairs correspondent Sam Roberts. Expect a free-flowing exchange between the old friends.

"Sam, like me, has always been a lover and a writer of New York," Talese said. "Sam and I, we're going to have a good time."

Gay Talese and Sam Roberts discuss "The Bridge" at the New York City Transit Museum [Boerum Place at Schermerhorn Street Downtown, (718) 694–1600, web. mta.info/mta/museum]. Nov. 13 at 6:30 pm. Free.

Vote for Bay Ridge nightlife!

By Max Jaeger

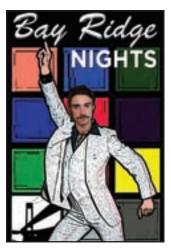
R ock the vote in the Ridge this weekend! You made it through

You made it through Election 2014, and now that you have done your civic duty (you did vote, right?), it is time to sit back, crack open a cold one, and wait for the freedom to roll in. In the meanwhile, you can elect to check out some great neighborhood music.

On Friday, head over to **Schnitzel Haus** (7319 Fifth Ave. between 73rd and 74th streets) and order up some wine punch, because classic rock cover band Spodie Odie takes the stage at 9:30 pm.

After the Spodie Odie starts going to your head, head to **Greenhouse Cafe** (7717 Third





Ave. between 77th and 78th streets) where Maybe Monday's soulful song-craft will be a constant reminder that it is still Friday

and the weekend is laid out ahead of you.

Start your Saturday night by taking the high road to **Three Jolly Pigeons** (6802 Third Ave. between 68th Street and Bay Ridge Avenue), where Belt Pkwy West will rock the coop. The traffic jam starts at 10 pm.

Then, prostrate yourself before the altar of rock as medley and mash-up maestros No Standards shake up the **Wicked Monk** (9510 Third Ave. between 95th and 96th streets) at 11 pm.

On Sunday, it is time to embrace that wee bit of Irish in us all. Jig over to **Hunter's Steak** and Ale House (9404 Fourth Ave. between 94th and 95th streets) to catch guitar-and-penny-whistle duo Brooklyn Bards at 5 pm.



Come on in: Artists in Park Slope and Windsor Terrace will open up the doors to their work spaces for an open studio tour organized by longtime neighborhood resident Tom Keough. Photo by Jason Speakman

Studio sessions Park Slope and Windsor Terrace artists open their doors

By Matthew Perlman

This Brooklynite loves going in to work on the weekends — so much so, he wants you to come, too!

An artist living on the cusp of Park Slope and Windsor Terrace is organizing an open studio tour in the two neighborhoods on Nov. 8 and 9. And he said he cannot wait to give locals a peak at what he has been working on.

"It's a wonderful experience," said Tom Keough, who has been a staple of the community since the 1970s. "You get to let your neighbors know what's going on."

Keough's work includes paintings of Brooklyn streetscapes drenched in dramatic light.

"It's all about a sense of home," Keough said of his work. "I'm trying to show the city from the perspective of the people who live here."

Another artist who draws inspiration from the borough is Laura Shechter, who along with her husband Ben, will be opening up the doors to their studio on Fourth Street between Sixth and Seventh avenues for the tour. Shechter's work includes realistic landscapes of Brooklyn rooftops that she paints from photographs she takes while out on walks with her husband. Shechter said she doesn't have to look too hard to find something to snap.

"We're very lucky here," she said. "We have a lot of trees. But we also have the skyline in the background. Where else can you get that?"

Keough said the area was sorterraceoper teeming with artists when he wordpress.com]. I first moved there. And though noon–7 pm. Free.



Night lights: Keough said he likes to paint Brooklyn scene-scapes at night, because the light is more constant than it is during the day. Tom Keough

many have come and gone over the years, there is still a strong contingent living and working in the neighborhoods today, with 27 signing on to open their studio doors to the public.

"About half of the artists are people I've know for a long time," said Keough. "But others are people I just met."

Between noon and 7 pm, nosy p-art-kers will be able to wander into and around participating studios at their own leisure, where they can chat with artists, watch them at work, and even buy some original Brooklyn-made artwork right off the wall.

And as excited as Keough is about showing his work and workspace to people from outside the community, he said he is just as thrilled to share the two-day event with his neighbors.

"You don't get to pick your neighbors," he said. "But ours are just great."

Park Slope Windsor Terrace Artists Open Studio Tour at various locations [From Lincoln Place to 23rd Street between Fourth Avenue and Seeley Street in Park Slope and Windsor Terrace, www.parkslopewindsorterraceopenstudio2014. wordpress.com]. Nov. 8–9 from noon–7 pm. Free.



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24-7



Keep away: The Brooklyn Nets take on the hated New York Knicks at Barclays Center on Nov. 7.

Associated Press / Frank Franklin II

FRI, NOV. 21

SPORTS, COACHES VS.

\$15-\$81-50.7 pm.

SPORTS, COACHES VS.

CANCER CLASSIC:

Featuring Duke, Stan-

SAT, NOV. 22

CANCER CLASSIC: 7

pm. See Friday, Nov.

MON, NOV. 24

SPORTS, PROGRESSIVE

LEGENDS CLASSIC:

Featruing Villanova,

Michigan, VCU, and

\$15-\$500.7 pm.

University of Oregon.

TUE, NOV. 25

SPORTS, PROGRESSIVE

Nov. 24

LEGENDS CLASSIC:

7:30 pm. See Monday,

FRI, NOV. 28

SPORTS, BARCLAYS CEN-

TER CLASSIC: Featur-

ing Virginia, Rutgers,

\$35.50-\$250.7 pm.

SAT, NOV. 29

SPORTS, BARCLAYS CEN-

TER CLASSIC: 7 pm.

See Friday, Nov. 28.

SPORTS, BROOKLYN

3 pm

SUN, NOV. 30

NETS VS. CHICAGO

BULLS: \$75-\$4,000.

WED, DEC. 3

NETS VS.SAN ANTO-

FRI, DEC. 5

SPORTS, BROOKLYN

NIO SPURS: \$35-

\$4,000. 7:30 pm.

SPORTS, BROOKLYN

7:30 pm.

NETS VS.ATLANTA

HAWKS: \$25-\$3,000.

Vanderbilt, and La Salle.

ford, Temple, and UNLV

COMING SOON TO BARCLAYS CENTER

FRI, NOV. 7

SPORTS, BROOKLYN NETS VS. NEW YORK KNICKS: \$79-\$4,000. 7:30 pm.

SUN, NOV. 9

SPORTS, BROOKLYN NETS VS. ORLANDO MAGIC: \$35-\$4,000. 3:30 pm.

TUE, NOV. 11

DISNEY ON ICE PRES-ENTS FROZEN: \$20-\$205.7 pm.

WED, NOV. 12

DISNEY ON ICE PRES-ENTS FROZEN: 7 pm. See Tuesday, Nov. 11.

THURS, NOV. 13

DISNEY ON ICE PRES-ENTS FROZEN: 10:30 am and 7 pm. See Tuesday, Nov. 11.

FRI, NOV. 14

DISNEY ON ICE PRES-ENTS FROZEN: 3:30 pm and 7 pm. See Tuesday, Nov. 11.

SAT, NOV. 15

DISNEY ON ICE PRES-ENTS FROZEN: 11 am, 3 pm, 7 pm. See Tuesday, Nov. 11.

SUN, NOV. 16

DISNEY ON ICE PRES-ENTS FROZEN: 1 pm and 5 pm. See Tuesday, Nov. 11.

MON, NOV. 17

SPORTS, BROOKLYN NETS VS. MIAMI HEAT: \$45-\$4,000. 7:30 pm.

WED, NOV. 19

SPORTS, BROOKLYN NETS VS. MILWAUKEE BUCKS: \$35-\$3,000. 7:30 pm.

> 620 Atlantic Ave. at Pacific Street in Prospect Heights (917) 618-6100, www.barclayscenter.com.

PERFORMANCE

MUSIC, PLANET MOON, THE LOVEHOWL: \$8.8 pm. Rock Shop [249 Fourth Ave. between Carroll and President streets in Park Slope, (718) 230–5740], www.therockshopny.com. MUSIC, MARCUS SCHMICK-

FRI, NOV. 7

- LER AND YARN/WIRE: Cologne composer Marcus Schmickler presents two recent works, including the world premiere of a new piece composed for piano and percussion ensemble Yarn/Wire. \$15. 8 pm. Issue Project Room [22 Boerum Pl. at Livingston Street in Downtown, (718) 330– 0313], www.issueprojectroom.org.
- MUSIC, TAMMY FAYE STAR-LITE: Performs a dozen songs by Velvet Underground singer and Andy Warhol muse Nico. Free. 9 pm. BAM Cafe (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam. org/programs/bamcafelive.
- MUSIC, CONNOR CHRIS-TIAN AND FRIENDS: \$12-\$15. 10:30 pm. Hill Country Barbecue [345 Adams St. at Willoughby Street, (718) 885-4608], www.hillcountrybk.com.
- THEATER, "TAMBURLAINE, PARTS I AND II": Christopher Marlowe play about a Scythian shepherd who rises to power to become king of half the world. \$55-\$100. 7 pm. Theatre for a New Audience, Polonsky Shakespeare Center [262 Ashland Pl. between Fulton Street and Lafayette Avenue in Fort Greene, (212) 229-2819], www.
- tfana.org. **THEATER, "A SHAYNA MAIDEL":** The Edward R. Murrow Theater Group presents the story of two sisters separated since childhood and reunited 20 years later in the aftermath of the Holocaust. \$15.7 pm. Joseph Papp Theater at Edward R. Murrow HS [1600 Ave. L and E. 17th Street in Midwood, (718) 258–9283 X3051], www.
- ermurrowhs.org. DANCE, "ONE SHOT": A group piece by choreographer Ron Brown and Evidence, A Dance Company. \$22-\$27 (\$16-\$20 students and seniors). 8 pm. BRIC Arts Media House [647 Fulton St. at Rockwell Place in Fort Greene, (718) 683-5621], www.bricartsmedia org
- media.org. DANCE, BOYS' NIGHT — AN ALL-MALE CIRQUE-LESQUE REVUE: Male circus-burlesque group performs aerial tricks and theatrics. \$25 (\$20). 8 pm. Galapagos Art Space [16 Main St. at Water Street in Dumbo, (718) 222–8500], www.galapagosartspace.
- com. DANCE, THE STARS OF N.Y. DANCE — HONOR-ING REV. AL SHARPTON: Proceeds to go to dance scholarships for children in low-income neighborhoods. \$75. 7 pm. Kumble Theater at Long Island University [DeKalb and Flatbush avenues in Downtown, (718) 488–1624],

24-7





Bean there, done that: Artist Sofia Szamosi's exhibit "Eat Me" — featuring photos and video of her covered in junk food — is at Open Source Gallery from Nov. 8. Sofia Szamosi

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Avenue in Canarsie, (718)

421-2021], www.nycgov-

PERFORMANCE

MUSIC, JANE LEE HOOKER,

THE BLUEBONNETS,

KAREN KUHL BAND:

\$10. 8 pm. Rock Shop [249

Fourth Ave. between Car-

roll and President streets

in Park Slope, (718) 230-

5740], www.therocksho-

MUSIC, PAT LEWIS: Backed

Band. \$20 (\$15). 9 pm.

by the Brooklyn Rhythm

Littlefield [622 Degraw St.

between Fourth and Fifth

avenues in Gowanus, (718)

10TH ANNIVERSARY EX-

TRAVAGANZA: Burlesque

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with an all-day party. In-

cludes a cocktail brunch,

mances. \$40-\$100. 3 pm-

close. Bell House [149 Sev-

enth St. at Third Avenue in

Gowanus, (718) 643-6510],

www.thebellhouseny.com.

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SMITH": A musical about

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[2001 Oriental Blvd. at Ox-

ford Street in Manhattan

www.onstageatkingsbor-

OTHER

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RECEPTION: Sofia Sza-

mosi's new multimedia

exhibition explores the

relationship between the

artist's sense of self, food

and contemporary notions

of body image through a

series of video self-portraits. Free. 7–9 pm. Open

Source Gallery [306 17th

Beach, (718) 368-5596],

ough.org.

THEATER, "THE DEVIL'S

MUSIC - THE LIFE

live music, and perfor-

855-3388], www.little-

DANCE, WASABASSCO'S

fieldnyc.com.

parks.org.

pny.com.

www.brooklyn.liu.edu/ kumbletheater. **OTHER**

- ART, NEW YORK FESTIVAL OF LIGHT: Ten light installations will be displayed around Dumbo. Free. 5–11 pm. Various locations around Dumbo (Water Street at Pearl Street in Dumbo), www.nyfol.org.
- ART, "SPANNING THE NAR-ROWS - THE VERRA-ZANO BRIDGE AT 50": Attractions include a timeline of the bridge's construction, documentation and first-person perspectives of the construction, and notes and sketches from Robert Moses' office. \$7. 10 am-4 pm. New York Transit Museum [Boerum Place at Schermerhorn Street in Downtown, (718) 694-1600], www.mta.info/ mta/museum.
- ComEDY, UNCIVIL UNION: Comedy and music concert to benefit the Ally Coalition and New York Alternatives. Featuring James Adomian and Cameron Esposito. \$25–\$98. 8 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643–6510], www.thebellhouseny.com.
- COMEDY, LIVING ROOM SHOW: Featuring comics Kat Timpf, Pat Dixon, Alexis Guerreros. Free. 8 pm. Postmark Cafe (326 Sixth St. between Fourth and Fifth avenues in Park Slope).

SAT, NOV. 8

OUTDOORS AND TOURS NATURE PLAYTIME: Families explore nature through activities including nature inspired arts and crafts, insect observation, playing with snow, and more. Free with zoo admission. 10:30 am-12:30 pm. Prospect Park Zoo [450 Flatbush Ave. at Ocean Avenue in Prospect Park, (718) 399– 7339], www.prospectparkzoo.com.

St. at Sixth Avenue in Park Slope, (646) 279–3969], www.open-source-gallery.

org. **READING, PADDINGTON BEAR:** The holiday season brings a new edition featuring a scrapbook of Paddington's travels. Listen to the story and then make a craft. Free. 2 pm. Barnes and Noble Park Slope [267 Seventh Ave. at Sixth Street in Park Slope, (718) 832–9066], www.barnesandnoble.com.

SUN, NOV. 9

OUTDOORS AND TOURS

COURT STREET FAIR: Vendors, crafts, games, and a mobile pet adoption. Free. Noon-6 pm. Court Street [between Atlantic Avenue and Joralemon Street in Brooklyn Heights, (718) 444-6028].

PERFORMANCE

MUSIC, MUSIC FROM GOOD SHEPHERD: Featuring 8 Strings and a Whistle, with violin, cello, and flute. Free. 6 pm. Good Shepherd Church [Avenue S and Batchelder Street in Marine Park, (718) 998–2800].

SALES AND MARKETS

VINYL REVOLUTION RE-CORD SHOW: More than 30 dealers selling thousands of rare and collectible vinyl records. \$2 (\$5 for early admission). Noon–5 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855–3388], www.littlefieldnyc.com.

OTHER

- FILM, "PALO ALTO": Screening with live score performed by Devonte Hynes. \$25 (\$20 advance). 7:30 pm. BRIC Arts Media House [647 Fulton St. at Rockwell Place in Fort Greene, (718) 683–5621], www.bricartsmedia.org.
- KIDS EXPO: Giveaways, raffles, prizes, vendor booths and a performer from the Big Apple Circus, plus story time, hands on activities, face painting, and more. Preregister for a free goody bag. Free with museum admission. 11 am. Brooklyn Children's Museum [145 Brooklyn Ave. at St. Marks Avenue in Crown Heights, (718) 735-4400], www.brooklynkids.org.
- PENNY SOCIAL: Help out the OLG Twirlers in this annual fundraiser. Raffles, games and fun. Bring your own food and drinks. All are welcome. \$5. 1–4 pm. Our lady of Perpetual Help Gym [552 59th St. at Fifth Avenue in Sunset Park, (646) 872–16521.

WOMEN'S SOCIALIZING AND DINING CLUB:

Weekly women's group for single women 48-68. Eat, drink, make friends! Reservations are a must. 2 pm. El Greco Diner [1821 Emmons Avenue at Sheepshead Bay Rd. in Sheepshead Bay, (718) 336-7908].

READING, LINDSAY

HUNTER: Book launch of "Ugly Girls," in discussion with Laura van den Berg. Free. 6–8 pm. Power-Continued on page 56

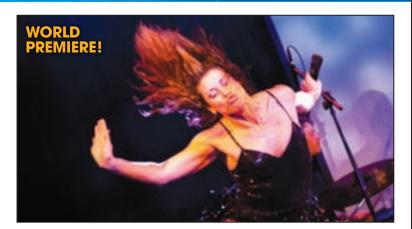


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GOTTA DANCE! Show-stopping numbers from Broadway's hottest dancers

Saturday, November 22, 2014 at 8:00 p.m. \$35/30

Directed by Daniel C. Levine (Les Miserables, Chicago) Choreographed by Mark Myars (Wicked, If/Then) Musical Direction by Bryan Perri (Wicked, Altar Boyz)

Six leading Broadway dancers, two Broadway vocalists, and a live band perform Broadway's most sensational show-off dances of all time!

(718) 368-5596 www.OnStageAtKingsborough.org Kingsborough Community College, 2001 Oriental Blvd., Brooklyn, NY



FLAMENCO VIVO CARLOTA SANTANA THE SOUL OF FLAMENCO Fri, Nov 14, 2014 at 8pm

Tickets: **\$30-\$40**

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The Harkness Foundation for Dance

"Brilliant! Stunning, seething theater!" - New York Post

CHAZZ PALMINTERI A BRONX TALE

24-7

Sun, Nov 23, 2014 at 3pm

Tickets: **\$30-\$40**

BrooklynCenter.org 718-951-4500 (Tue-Sat, 1pm-6pm)

Whitman Theatre at Brooklyn College 2 to Flatbush Avenue / on-site paid parking available



Continued from page 54 House Arena [37 Main St. at Water Street in Dumbo, (718) 666-3049], www. powerhousearena.com.

MON, NOV. 10

OUTDOORS AND TOURS

ICE SKATING SCHOOL: Instructions, fitness, homework help and lots more. Students in grades first through eigth must live in Brooklyn or go to school in Brooklyn and be eligible for free or reduced lunch program. Preregistration required. Free. 4–6:30 pm Lefrak Center in Prospect Park [Parkside and Ocean avenues in Prospect Park, (718) 594–7439], www. brooklynice.org

OTHER

FILM, "ARIA": Part of the "Queer Pagan Punk: The Films of Derek Jarman' series. \$20. 7 pm and 9:15 pm. BAM Harvey Theater [651 Fulton St. at Rockwell Place in Fort Greene, (718) 636-4100], www.bam.org. COMEDY, SACK MAGIC: Weekly comedy show hosted by Grant Gordon and Louis Katz. Free. 9 pm. Legion (790 Metropolitan

Ave. at Humboldt Street

in Williamsburg), www. legion-bar.com

TUES, NOV. 11

PERFORMANCE MUSIC, LARS FRANDSEN WITH THE BROOKLYN GUITAR QUARTET: Performing music by Brahms, Mendelssohn, Brouwer, Bellinati, and others, Free, 7 pm. Brooklyn College, Studio 312 [2900 Bedford Ave. at Campus Road in Flatbush, (718) 951-5792], www.bcmusic.org.

MUSIC, TELE NOVELLA. **SUNFLOWER BEAN: \$12** 8:30 pm. Glasslands (289 Kent Ave. at S. Second Street in Williamsburg), www.glasslands.com.

OTHER

VETERANS DAY: Children learn about the importance of community helpers and soldiers, and make a special hero medal to take home. Free with museum admission. 11:30 am and 2:30 pm. Brooklyn Children's Museum [145 Brooklyn Ave. at St. Marks Avenue in Crown Heights, (718) 735-4400], www. brooklynkids.org. FILM, BASETRACK LIVE: Photography and videos



Thursday, Nov. 13 • 7–10 pm

Martin McQuade & Pete Sokolow celebrate the 50 year anniversary of the Verrazano-Narrows Bridge at Hunter's Steak & Ale House

"Featuring song hits of 1964"





Evidence based practice: Choreographer Ron Brown and his dance company Evidence perform at Bric Nov. 7–8 and 13–15. **Rachel Papo**

documenting the experience of US Marines in Afghanistan. \$20. 7:30 pm. BAM Harvey Theater [651 Fulton St. at Rockwell Place in Fort Greene, (718) 636-4100], www.bam.org.

TALK, "PRESERVING SPO-KEN THOUGHT": Friends of Historic New Utrecht present an illustrated lecture on the evolution of shorthand by Dominick Tursi. 7:30 pm. New Utrecht Reformed Church Parish House (1827 84th St. Brooklyn in Bensonhurst). COMEDY, THE FANCY SHOW: Producers Michael Joyce, Langston Kerman, Lane Pieschel, Simmons McDavid, and Jenny Zigrino share the stage with local talent. Free. 8 pm.

WED, NOV. 12

974-2412].

Bar Reis [375 Fifth Ave.

between Fifth and Sixth

streets in Park Slope, (718)

PERFORMANCE MUSIC, BROOKLYN COL-LEGE BRASS ENSEMBLE: Free. 5 pm. Brooklyn College, Studio 312 [2900 Bedford Ave. at Campus

Road in Flatbush, (718) 951-5792], www.bcmusic. org.

therockshopny.com.

MUSIC, MARTIN MCQUADE:

Celebrating the 50th an-

niversary of the Verrazano

Narrows Bridge. Reserva-

pm. Hunters Steak House

9304 Fourth Ave. in Bay

Ridge, (718)-238–8899]

MUSIC, THE LECLAIR-GYTH-

BALLIET: Free. 7 pm. Brooklyn College, Studio 312 [2900 Bedford Ave. at

MUSIC, DAVID JACOBS-

STRAIN: Free. 8:30 pm

Adams St. at Willoughby Street, (718) 885–4608],

www.hillcountrybk.com.

Sisterhood of the East

Midwood Jewish Center

of "The Watchmakers's

Daughter" and "Down Under," at a dinner with kosher sandwiches and

present Sonia Taitz, author

salad. \$36. 6 pm. East Mid-

wood Jewish Center [1625

Ocean Avenue between

avenues K and L in Mid-wood, (718) 338-3800],

OTHER

READING, THE BROOKLYN

POETRY SLAM: A selec-

tion of inter-generational

Brooklyn poets, hosted

by Mahogany L. Browne

with music by DJ JivePo-

Media House [647 Fulton

St. at Rockwell Place in

Fort Greene, (718) 683-

5621], www.bricartsme-

DREWS: Discussing her

cookbook "Saveur: The

New Classics Cookbook"

with authors and chefs

naschelli, and New York

Water Street in Dumbo,

(718) 666–3049], www.

powerhousearena.com.

Times food writer Melissa Clark. 7 pm. PowerHouse Arena [37 Main St. at

Carla Hall, Alex Guar-

READING, BETSY AN-

dia.org.

etic. Free. 7 pm. BRIC Arts

www.emjc.org

FILM, SONIA TAITZ: The

Hill Country Barbecue [345

music.org.

FELDT DUO WITH BRAD

Campus Road in Flatbush.

(718) 951-5792], www.bc-

tions suggested.Free. 7–10

- MUSIC, THE SUITE UNRAV-ELING: "Tzadik" album release show. \$12 (\$8). 7 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855–3388], www. littlefieldnyc.com
- DANCE, "SADEH21": The Batsheva Dance Company presents a work by artistic director Ohad Na harin, set to music by Autechre, Brian Eno, Angelo Badalamenti, and others. \$20-\$60. 7:30 pm. BAM Howard Gilman Opera House (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam.org
- MUSIC, VAJRA: \$8-\$10.7:30 pm. Rock Shop [249 Fourth Ave. between Carroll and President streets in Park Slope, (718) 230–5740], www.therockshopny.com.

OTHER READING, FRANCESCO MASTALIA: Book launch of "Organic," which docu-ments the local, organic food movement in the Hudson Valley. Free. 7–9 pm. PowerHouse Arena [37 Main St. at Water Street in Dumbo, (718) 666–3049], www.powerhousearena. com

THURS, NOV. 13

PERFORMANCE

DANCE, "OXBOW": Ivy Baldwin Dance company incorporates a sculptural landscape and explores ideas of space and time, geology, and chronology. \$20. 7:30 pm. BAM Fisher (321 Ashland Pl. between Hansen Place and Lafayette Avenue in Fort Greene), www.bam.org.

MUSIC, WYLAND, THE QUA-LIA: \$8-\$10. 7:30 pm. Rock Shop [249 Fourth Ave. between Carroll and President streets in Park Slope, (718) 230-5740], www.

FRI, NOV. 14

- PERFORMANCE MUSIC, BROOKLYN CHAM-BER MUSIC SOCIETY: \$30. 8 pm. First Unitarian Church [116 Pierrepont St. between Clinton St. and Monroe Pl. in Brooklyn Heights, (718) 858-0718], www.brooklynchambermu-
- sicsociety.org. MUSIC, WEST POINT JAZZ KNIGHTS: Free. 9 pm. BAM Cafe (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam. org/programs/bamcafelive.
- MUSIC, ELLIS ASHBROOK, JUKA, BETHANY SAINT-SMITH AND THE GUN SHOW: \$8-\$10. 8 pm. Rock Shop [249 Fourth Ave. between Carroll and President streets in Park Slope, (718) 230-5740],
- www.therockshopny.com. THEATER, "OKLAHOMA!": Narrows Community Theater presents Rodger and Hammerstein's musical. \$15. 8 pm. Fort Hamilton Army Base Theater [101 St. at Fort Hamilton Parkway in Bay Ridge, (718) 482– 3173], www.narrowscommunitytheater.com.

OTHER

ART, "MY SISTER'S DOLL" **OPENING RECEPTION:** Over 50 artists have created dolls for artist Randall Harris's sister. Free. 6–9 pm. Figureworks [168 N. Sixth St. between Bedford and Driggs avenues in Williamsburg, (718) 486-7021], www.figureworks.com.

SAT, NOV. 15

PERFORMANCE

- THEATER, "FLY GUY AND **OTHER STORIES":** Musical revue based on children's books. \$12. 2 pm. On Stage at Kingsborough [2001 Oriental Blvd. at Oxford Street in Manhattan Beach, (718) 368-5596], www.onstageatkingsborough.org.
- MUSIC, BROOKLYN COL-LEGE GOSPEL CHOIR: Free. 7 pm. Brooklyn College, Studio 312 [2900 Bedford Ave. at Campus Road in Flatbush, (718) 951-5792], www.bcmusic.
- org. MUSIC, SURF NIGHT, STRANGE BUT SURF TARANTINOSNYC, THE NINTH WAVE: Wear a Hawaiian shirt and drink at happy hour prices all night. \$5 suggested donation. 8 pm. The Way Station [683 Washington Ave. between St. Marks Avenue and Prospect Place in Prospect Heights, (718) 627–4949],
- www.waystationbk.com. MUSIC, THE BAYSIDE TI-GERS AND FRIENDS PER-FORM RAGE AGAINST THE MACHINE: \$12 (\$10 advance). 9 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643-6510], www.thebellhousenv.com.
- MUSIC, "FLEISCHEREI -MUSIC FROM BETTY BOOP": Free. 9 pm. BAM Cafe (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam.org/ programs/bamcafe-live.

LEGAL NOTICE

NOTICE OF FORMATION AGENTS, INC 7014 13TH of limited liability compa-Name: PAR-(||C)SNIPS MARKET LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/23/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: ZOE ELIZA-BETH YOUNG 262 BOND ST APT. 1F BROOKLYN, NY 11217. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-(LLC). Name: GASIMI LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/06/2014. Office location: Kinas County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY mail copy of proshall cess to:ULVIYA GASIMO-VA 9718 FORT HAMIL-TON PKWY APT. 31 BROOKLYN, NY 11209. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-(LLC). Name: TARAM CONSULTING, LLC. Articles of Organization filed with Secretary of State of (SSNY) on New York 09/15/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED CORPORATION STATES INC. 7014 AGENTS 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose

LEGAL NOTICE

NOTICE OF FORMATION of limited liability companv (LLC). Name: MYERS MARKETING COMMUNI CATIONS, LLC. Articles of filed with Organization Secretary of State of New (SSNY) York on 09/04/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process State of New York (SSNY) against it may be served. SSNY shall mail copy of process to: C/O UNITED STATES

LEGAL NOTICE AVENUE, SUITE 202

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served. SSNY shall mail BROOKLYN, NY 11228. copy of process to: THE Purpose: any lawful pur-11 C 3037 BRIGHTON 6TH ST APT 12 BROOK-LYN, NY 11235. Purpose: any lawful purpose. LEGAL NOTICE

NOTICE OF FORMATION LEGAL NOTICE of limited liability company (LLC). Name: IMMOR-NOTICE OF FORMATION TAL VISION LLC. Articles of limited liability compaof Organization filed with ny (LLC), Name: MACI-Secretary of State of New NATIONS LLC. Articles of Organization filed on with Secretary of State of New 09/19/2014. Office location: Kings County. SSNY York (SSNY) on 06/27/2014. Office locadesignated as agent of LLC upon whom process tion: Kings County. SSNY against it may be served. designated as agent of SSNY shall mail copy of LLC upon whom process process to: DUDLEY DOagainst it may be served. MOND 3571 NOSTRAND

LEGAL NOTICE

SSNY shall mail copy of AVE APT 1E BROOKLYN, process to: THE LLC 992 NY 11229. Purpose: any HANCOCK ST #1 BROOKLYN, NY 11221. Purpose: any lawful purpose

NOTICE OF FORMATION LEGAL NOTICE of limited liability compa-NOTICE OF FORMATION Name: 5419 AVENUE LLC. of limited liability compa-Articles of Organization ny (LLC). Name: CARfiled with Secretary of RINGTON ESTATE PROP-State of New York (SSNY) ERTY, LLC. Articles of Oron 07/22/2014. Office ganization filed with Sec-County. retary of State of New York (SSNY) as on agent of LLC upon whom 09/04/2014. Office locaprocess against it may be tion: Kings County. SSNY served. SSNY shall mail designated as agent of copy of process to: JAN-LLC upon whom process 125 against it may be served. **AVENUE** SSNY shall mail copy of process to: THE LLC 752 Purpose: any lawful pur-EAST 53RD STREET BROOKLYN, NY 11203. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION ny (LLC). Name: BOGIE FILMS LLC. Articles of of limited liability company (LLC). Name: CALIPER with Secretary of State of New CONSTRUCTION LLC. Aron ticles of Organization 09/05/2014. Office locafiled with Secretary of tion: Kings County. SSNY State of New York (SSNY) designated as agent of on 06/20/2014. Office LLC upon whom process location: Kings County. against it may be served. SSNY designated as SSNY shall mail copy of agent of LLC upon whom process to: C/O UNITED process against it may be CORPORATION served. SSNY shall mail copy of process to: THE 7014 13TH AVENUE SUITE 202 LLC 690 ST. MARKS BROOKLYN, BROOKLYN, NY 11228. AVE. NY Purpose: any lawful pur-11216. Purpose: any lawful purpose.

LEGAL NOTICE LEGAL NOTICE NOTICE OF FORMATION NOTICE OF FORMATION NOTICE OF FORMATION of limited liability compaof limited liability compa-Name: NANO ny (LLC). Name: ROUTE POLYSÓMNOGRAPHIC DESIGN STUDIO, LLC. TECHNOLOGY, PLLC. Ar-Articles of Organization Organization filed with Secretary of filed with Secretary of State of New York (SSNY) 08/29/2014. Office on County. Office location: Kings County. SSNY designated as agent of LLC upon whom LLC upon whom process of State of New York as

LEGAL NOTICE

process against it may be served. SSNY shall mail copy of process to: THE WASHINGTON 206 11C PARK #10 BROOKLYN, NY 11205. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: DESIGN X SPACE LLC. Articles of Organization filed with Secretary of State of New (SSNY) York on 08/05/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of to: LEGALINC process CORPORATE SERVICES INC. 8857 ALEXANDER ROAD SUITE 100A BATA-VIA, NY 14020. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: SWAN PILATES BK LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 09/16/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: JULIA Y. ED-197 CLINTON WARDS STREET, #2 BROOKLYN, NY 11201. Purpose: any lawful purpose.

LEGAL NOTICE NOTICE OF FORMATION of limited liability compa-

ny (LLC). Name: BRIGHT STARS CHILDCARE LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 09/22/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail сору of process to: HEATHER CLARKE 1480 STREET FAST 93RD BROOKLYN, NY 11236. Purpose: any lawful purpose.

LEGAL NOTICE

of limited liability company (LLC). Name: STUBBS & GOTSKY LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 08/26/2014. Office location: Kings County. SSNY designated as agent of CORPORATION agent of LLC upon whom process against it may be against it may be served. (SSNY) on 11/01/2013. upon

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SSNY shall mail copy of process to: MARKET ROAD FILMS 232 3RD **STUDIO** B401 BROOKLYN, NY 11215. Purpose: any lawful purcess

LEGAL NOTICE NOTICE OF FORMATION

of limited liability company (LLC), Name: DORSAL MONKEY STUDIOS, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) 06/26/2014. on Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED STATES CORPO-RATION AGENTS, INC 7014 13TH AVENUE. SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE NOTICE OF FORMATION

of limited liability company (LLC). Name: BABY GROW LLC. Articles of Organization filed with Secretary of State of New (SSNY) York on 09/10/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of JUDY process to: BORNEBUSCH 343 GOLD STREET APT 3810 BROOKLYN, NY 11201. Purpose: any lawful purpose.

LEGAL NOTICE NOTICE OF FORMATION of limited liability company (LLC). Name: MARI-WILL LLC. Articles of Organization filed with Sec-

retary of State of New York (SSNY) on 01/29/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED CORPORATION STATES AGENTS INC. 7014 13TH SUITE 202 AVENUE BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE NOTICE OF FORMATION of limited liability compa-(LLC). Name: SEnv CURITY SOLUTIONS 1 LLC. Articles of Organiza-

Office location: Kinas County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of pro-LLC 3 to: THE COUNTRY WOODS GAITHERSBURG COURT MD 20878. Purpose: any lawful purpose.

LEGAL NOTICE

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-(LLC). Name: GOOD FUNK, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 07/30/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED CORPORATION STATES AGENTS INC. 7014 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful pur-

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NOTICE OF FORMATION of limited liability company (LLC). Name: DAT-SUMN LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 05/28/2014. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: DATSUMN 97 NASSAU AVE APT# 3L BROOKLYN, NY 11222. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION of limited liability compa-(LLC). Name: SOLO-MON STRAND LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 07/13/2004. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 1332 43RD ST. BROOK-LYN, NY 11219 Purpose: any lawful purpose.

LEGAL NOTICE Notice of Formation of NCAB BROKER LLC. Arts. of Org. filed with NY Dept. of State: 8/5/14 Office location: Kings Sec. of State County. tion filed with Secretary designated agent of LLC whom process

LEGAL NOTICE

against it may be served and shall mail process to: Corporate Creations Network Inc., 15 N. Mill St., Nyack, NY 10960, regd. agent upon whom process may be served. Purpose: all lawful purposes. LEGAL NOTICE

Notice of Formation of Silvagni & Como PLLC Attorneys at Law. Arts. of Org. filed with Secy. of State of NY (SSNY) on 08/18/14. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: 172 Gravesend Neck Rd., Brooklyn, NY 11223. Purpose: to practice the profession of law and any lawful activities.

LEGAL NOTICE

Notice of Formation of Tangerine Hot Power Yoga LLC. Arts. of Org. filed with Secy. of State (SSNY) NY on 06/27/14. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: United States Corporation Agents, Inc., 7014 13th Ave., Ste. 202 Brooklyn, NY 11228, also the registered agent. Purpose: any lawful activities.

LEGAL NOTICE

Notice of Qualification

of HAPPYFUNCORP, LLC Authority filed with Secy. of State of NY (SSNY) on 09/23/14. Office location: Kings County. LLC formed in Delaware (DE) on 11/22/10. SSNY designated as agent of LLC whom process upon against it may be served. SSNY shall mail process to c/o Corporation Service Co., 80 State St., Albany, NY 12207-2543 DE addr. of LLC: 2711 Centerville Rd., Wilmington, DE 19808, Arts, of Org. filed with DE Secy. of State, Div. of Corps., John G. Townsend Bldg., 401 Federal St., Ste. 4, Dover, DE 19901. Purpose: Any lawful activity.



BR

BROOKLYN MED 🍸

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Dr. Barry Grossman

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'I am really proud of our team and how far we came this year.'

- Fontbonne's Emily Greenstein on the Bonnies' title sweep of seven-time-champ St. Francis Prep

• 'We just came out and brought it to them.'

- Poly Prep's Ray Martens on the decisive defeat of Friendship Academy

Fontbonne sweeps Terriers for title

Snaps St. Francis Prep's seven-year reign

BY JOSEPH STASZEWSKI

Fontbonne Hall's dethroning of seven-time defending diocesan champion St. Francis Prep last Friday started earlier this season with two victories that finally pierced the Terriers' myth of invincibility for the Bonnies.

"It was always like they were some team that was untouchable, no one could beat them," said junior middle hitter Emily Greenstein. "This year we really broke down that barrier."

The Bonnies completed the demystification by sweeping St. Francis Prep, 25-17, 25-18, 25–21, in the Brooklyn-Queens final on Oct. 31 at Archbishop Molloy. It is Fontbonne's third straight victory over the Terriers, but the first time in straight sets.

"After we won the second [set] we knew we could just take them in the third and get it over with," said junior outside hitter Francesca Castellano.

The title is the first in program history, and the Brooklyn school took home the junior varsity crown as well. The Fontbonne varsity also won the regular season title by beating St. Francis Prep in a tie-breaker match. Bonnies coach Linda Strong could see how relaxed and confident her squad was right from the start of the contest.

"I felt this time that we were so cool and so calm with everything that even if they scored a few on us, we just kept our composure and we regrouped," she said.

Fontbonne began to put it all together midseason after it got key players like Castellano back from injury. The Bonnies lineup fell into place after that and its depth and its talent be-



WE ARE THE CHAMPIONS: (Above) Francesca Castellano sets the ball for Fontbone during the Brooklyn-Queens title game against St. Francis Prep. (Right) Emily Greenstein digs a ball for the Bonnies. (Below) The Fontbonne Hall girls' volleyball team celebrates winning the Brooklyn-Queens diocesan title, and ending St. Francis Prep's seven-year reign. Fontbonne Hall





gan to show.

In the past it was the Terriers who were known for fielding multiple hitters to be concerned about. Fontbonne gave them a taste of what that felt

like with Bryn Nagel spreading the ball around to Greenstein, Castellano, Caroline Good and Gabby Breen. St. Francis Prep couldn't find an Continued on page 61



PARKER POWER: Poly Prep's Chris Parker zips away from Friends Collegiate Academy players when the two teams faced off on Oct. 31. Photo by Steve Solomonson

Powerful Parker propels Poly past Friendship Academy

BY STEPHEN ZITOLO

Even in football, the best isn't season last year, but nothalways the biggest.

Poly Prep quarterback Chris Parker is only 5-foot-6 and 160 pounds, but he's done enough for coach Dino Mangiero to call him the best player he has had in his 13 seasons with the Blue Devils — and that includes numerous Division-I recruits.

Parker has rushed for more than 2,000 yards in each of his four seasons at the Bay Ridge school, and has had three touchdowns or more in every game this season. The Blue Devils' lone loss this year came when the senior missed game time because of an injury.

again last Friday night by scoring three touchdowns and picking up an interception in Poly Prep's impressive 33-7 home victory over Friendship Academy (D.C.). The Blue Devils (7–1) beat the powerhouse for the first time after losing its first three matchups. Friendship Academy spoiled Poly's perfect ing could spoil Parker hearing about his coach's high praise.

"I can't do anything but smile," he said. "That's quite something."

Parker, who is still waiting for a college scholarship offer, jumpstarted his offense and showed off his blazing speed in the second quarter after a red-zone stop by the Poly defense. He took a sweep 82 yards to the Friendship three-yard line. Two plays later, Parker punched the ball in for a one-yard touchdown and a 7-0 lead for the Blue Devils.

He would march his team He made his presence felt down the field again in the second quarter, this time from Poly's own 23-yard line. He hooked up with freshman wide receiver Fara'ad Mc-Combs twice on the drive for 65 yards, including a 19-yard touchdown pass for a 14-0 lead. Parker then intercepted Friendship's sophomore Continued on page 61

Pandas peter out Simpson can lead St. Saviour's resurgence falls short of title

BY JOSEPH STASZEWSKI

Over the past four years, St. Saviour's girls' soccer program has gone from struggling even to field team to competing for a diocesan title.

The title remains out of reach, but that doesn't take away from the achievement of getting that far.

The Pandas fell 1–0 to Monsignor McClancy in the Brooklyn-Queens Class A girls' soccer final on a frigid and rainy afternoon last Saturday at Aviator Sports and Events Center.

An influx of talent and the guidance of second-year coach Ed O'Donnell helped St. Saviour's progress. Last year, it lost 1-0 to Bishop Kearney in the semifinal. This season, it beat two-time defending champion St. Edmund 2-0 to reach the title game.

"It's an unbelievable experience to actually make it to the final," said senior midfielder Katie O'Donnell, the coach's daughter. "It's sad that we didn't unfortunately win. The fact that our soccer program came this far over two years is just incredible."

St. Saviour, which split its regular season meetings with McClancy, saw its best chance to score come in the game's opening minutes. Meaghan McGinn took a shot from inside the box that hit right off the facing of the crossbar and bounced away from the net. The crossbar was friendlier to McClancy.

The Crusaders' only goal of the game came during a scramble in the box off a corner kick. Pandas' keeper Carmen Proffitt, who was excellent all afternoon, made the initial save. Victoria Ramirez of McClancy had her first shot blocked by a defender, but her second hit of the bottom of the cross ball and rolled in. The goal gave McClancy a 1–0 lead in the 19th minute.

"We had our chance and didn't put it in," Ed



HUSTLE: McClancy's Victoria Rameriz battles St. Saviour midfielder Kevina Shalvey for the ball during the Nov. 1 division final between the two schools.

Photo by Steven Schnibbe

O'Donnell said. "They had their chance and put it in."

McClancy (11-6-1) was able to limit St. Saviour's scoring opportunities by disrupting its passes in the midfield and keeping the ball on the outside, away from Katie O'Donnell and Kevina Khan. Ed O'Donnell felt nerves and the bad weather also kept his squad from refocusing on getting back to the way it plays.

The Pandas (8-5-2) finally put some serious pressure on the McClancy defense in the game's Continued on page 61

St. Francis College looking beyond conference hype

BY JOSEPH STASZEWSKI

Coach Glenn Braica refused to get caught up in the hype of his St. Francis College team being picked to win the Northeast Conference for the first time in program history.

"We are going to disregard all that stuff, we appreciate the complement, but it does nothing for us," said the Terriers men's basketball slipper of the prediction by the league's coaches. "It's almost like being up at halftime. It doesn't really matter. We will just go from there and try to be as good as we can be."

The Terriers went 18-14 overall and 9-7 in conference play last season with a win over Miami and a tight loss at Syracuse. St. Francis was ference tournament, but re-





TOP DOGS: Jalen Cannon and St. Francis College were picked to win the Northeast Conference men's basketball title this season.

Photo by Steve Schnibbe

upset by Mount St. Mary's in the opening round of the con-

turned two of the its best players in senior forward Jalen Cannon and point guard Brent Jones.

The 6-foot-6 Cannon was an All-Northeast Conference Team selection after averaging 14.9 points and 8.2 assists last year. Jones averaged 7.5 points and 6.0 assists. Their presence on a young roster leaves them the clear leaders, and two of the more established players when many other teams are turning over its rosters.

"They have developed very good chemistry," Braica said. "They have been through some tough times. They learned to fight through them. We are blessed to have Continued on page 61

Terriers to NCAA tournament

ilidh Simpson's taste of basketball at the next level showed her that success would require more than jump shots and ball-handling drills.

When the St. Francis College senior guard tried out for Great Britain's national team two years ago, she realized the level of strength and conditioning needed to compete with women close to 10 years her senior. She had some work to do if she wanted to get there and enjoy the opportunity of playing nationally.

Weight training wasn't a big part of basketball in her native Australia, so Simpson had never put a big emphasis on it. But she decided to lean on Terriers strength coach Yuki Miyazawa to get her ready last spring for a second try at making the squad. She gave it another go in the best shape of her career.

"My body was nowhere near the level it needed to be at to compete at that level," Simpson said. "Once I did come back home, I knew I had to get in better shape. I had to get a lot stronger."

She made the British national squad on her second try, and played in the 2014 EuroBasketball qualifying tournament last summer. Her best performance saw her score 10 points, dish out three assists and grab two rebounds in 13 minutes to help Great Britain past Macedonia. 78-53.

Simpson transformed herself from a skinny, frail freshman into a strong guard able to play a more physical game, according to Terriers coach John Thurston. He said as freshman, if you hit her she wasn't going to score, but that's no longer the case. It going to make one of the Northeast Conference's best players and even more effective force on both ends of the floor.

"Now if she gets hit it really doesn't bother her that much," Thurston said. "Her stamina is better."

The improvements give Simpson the potential for position to do so.



JOE KNOWS by Joe Staszewski

her best season in a Terriers uniform in a year when St. Francis College is a legitimate threat to make the NCAA tournament.

Simpson was selected by the coaches for the preseason All-Northeast Conference team, and St. Francis was picked to finish third. She averaged 14 points per game last season and is one of the conference's most complete offensive players.

"She is just as effective from three, the midrange pull up, and at the basket and that is extremely rare in the women's game,' Thurston said.

Simpson and her teammates are also extremely driven after posting a program-record 19 wins last year before losing to Bryant in the opening round of the conference tournament. The team lost three key seniors, but return its top three scorers from a year ago. This season will need to be better if St. Francis College is going to accomplish its goals.

"We know that our season ended too early," Simpson said. "We have worked really hard to make sure that doesn't happen again. We want to end our college career on that high note, with that championship."

Simpson has done her part to put them in a better



GLORIOUS GRAB: Polly Prep's Fara'ad McCombs makes a spectacular catch. Photo by Steve Solomonson

POLY PREP

Continued from page 59 quarterback Quan Vines to close out the half.

He used his quickness and agility again midway through the third quarter with a 31yard touchdown run to put the Blue Devils up 21–0. Senior running back Brenden Femiano took it from there when he found a hole and broke a 26-yard scoring run to give Poly a 27–0 lead.

"We just came out and brought it to them," said junior tight end Ray Martens. "I was expecting to win, but not like this."

Friendship made a quarterback change in the fourth quarter and junior Anthony Brown threw an 18yard touchdown pass to Roman Sheefey to make it 27–7. Femiano closed out the scoring with a three-yard touchdown run. The Blue Devil defense only allowed Friendship to get into the red zone three times and forced two turnovers on downs.

"We blitzed a lot on first down," Marten said. "We didn't do that all year, so they weren't expecting that."

The Blue Devils have just one game remaining against visiting Delbarton on Friday night. Parker wanted to make sure to settle some unfinished business with Friendship Academy before calling it a career.

"They beat us three times in a row," Parker said. "This is my last year. I needed to win this for my teammates."

BONNIES

Continued from page 59

answer for them.

"That was what Prep was last year," Strong said. "We just couldn't shut them down last year. They had so many different cannons coming at us. I felt that was our team this year."

The Bonnies now turn their attention to winning a Catholic state title on Sunday at St. Mary's high school

in Buffalo. Fontbonne isn't sure what to expect in its first appearance in the tournament, which features the winners from the four respective diocesan leagues. One thing Fontbone does know is it is heading there playing its best volleyball of the season.

"I'm feeling really confident for it," Greenstein said. "Even if we don't win, that it is okay, because I am really proud of our team and how far we came this year."

PANDAS

Continued from page 60

final 10 minutes, including a 20-yard free kick from Katie O'Donnell that sailed wide in the 78th minute.

"That's when everyone finally started playing," Katie O'Donnell said. "We took too long to start playing, but we tried our hardest" far we came this year." Ed O'Donnell doesn't believe this group's efforts and success will go for naught. St. Saviour losses 10 seniors, but only four started. The last two years have changed

Pandas. "We have a lot of young girls coming back," Ed O'Donnell said. "Hopefully we will keep the program moving forward."

the expectations around the

Erasmus Hall shuts out Brooklyn Tech to remain unbeaten

BY JOSEPH STASZEWSKI

Erasmus Hall started fast and never looked back against Brooklyn Tech.

The unbeaten Dutchmen scored 16 first-quarter points and rolled to a 38–0 road win over Brooklyn Tech in Public School Athletic League City Conference football last Saturday afternoon. The win is Erasmus's fifth shutout of the season.

Erasmus visits rival Tottenville on Saturday night for its regular season finale, with a chance to lock up the top seed in the playoffs.

Dave Thony and Zhadane Peters combined for 119 yards and a touchdown each on the ground for Erasmus (9–0). Aaron Grant completed two of three passes for 20 yards and a touchdown to Keon Gravenhise. Xavier Braithwaite had two interceptions and returned one for a touchdown.

Elijah Rueda collected 55 yards passing for Brooklyn Tech (5–4).

Abraham Lincoln 39, New Utrecht 8: Roget O'Neill completed six of eight passes for 105 yards and two touchdowns for Lincoln (8–1). He added a touchdown and 61 yards rushing on 13 carries. Prince Klutsey chipped in two rushing scores. Jordan Hannah and Luis Rodriguez each caught touchdown passes. Angelo Carrera tossed a touchdown pass and scored on the ground for New Utrecht (5–4).

Fort Hamilton 38, Midwood 20: Troy Booker rushed for 186 yards and four touch-



GROUND AND POUND: Erasmus Hall's Qadash Lee runs past Brooklyn Tech's Amani Murphy during the Nov. 1 game. Photo by Arthur De Gaeta

downs on 22 carries for Fort Hamilton (5–4). Sharif Legree completed six of eight passes for 111 yards and ran for a score.

Xaverian 43, Cardinal Spellman 14: Brandon Peterson ran for 218 yards and three touchdowns on 11 carries for Xaverian (4–3, 3–3). Quarterback Phil Depaulis compiled 70 yards of total offense, two scores on the ground, and a touchdown pass to Anthony Bianchi.

Franklin Roosevelt 30, James Madison 6: Tristin Thomas carried the ball 12 times for 165 yards and a touchdown for Franklin Roosevelt (7–2). Kaseem Morrison rushed for 96 yards and two touchdowns on 15 carries, and Monrico Cummings added a score on the ground. Ishmail Muhammad made eight tackles.

Eagle Academy II 58, Info Tech 8: Ramell Redd carried the ball seven times for 136 yards and three touchdowns and Claude McCammon ran for 120 yards and two touchdowns on 10 carries for Eagle Academy (8–1). Du Sean Barnett went two of four passing for 17 yards and a touchdown to Turin Heath. Jamal Trotman made five tackles, including five sacks.

Lafayette 26, Grady 14: Quincy Jiles carried the ball 19 times for 171 yards and two touchdowns for Lafayette (7–2).

ST. FRANCIS

Continued from page 60

guys like that at different positions with that type of experience. They are guys we can rely on."

The coach also plans to rely on the team's other familiar faces, such as guard Kevin Douglass and forwards Amdy Fall and Lowell Ulmer while its talented group of newcomers prove themselves. Freshmen Glenn Sanabria, Gunnar Olafsson and Keon Williams all have the talent to contribute, according to Braica.

Douglass has been one of the team's best players when healthy, and Braica is particularly hopeful for a big year from Fall, who showed flashes of what he is capable of a year ago. Fall taking the next step will only make life easier on Cannon.

"It helps me out a lot, espe-Braica said.

cially on the defensive end," Cannon said. "I feel his defense has gotten a lot better. His offense. He added a little jump shot."

These are the ingredients Braica and the Terriers will use to try and live up to the their own expectations and those now placed on them by the league.

"I'm not going to react to it. I'm just going to take it as a challenge and go from there," Braica said.

COURIER LIFE, NOV. 7-13, 2014 61

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C/A/C 3 Bedrms Vacant Apt, duplex on lg 30 x 100 Jacuzzi, granite kit. SS applis. Tax abated. Have a vacant room? Over 6 Rm Doctor's Office lot. Private Over Full Finished Bsmt, r parking incl. \$5,000 driveway! Great block! Indoc Private Driveway, Garage, Asking \$459,000 credit to buyer towards closing costs. Starting at \$399,000-\$749,000 Yard Move-In Cond **BB2079** Century 21 718-763-4110 **CALL HEINO** 917-902-0406 THEN BASES BEAUTY Homefront 718-252-6060 SHEEPSHEAD BAY Sheepshead Bay Old Mill Basin Sun 11/9 1-3 PM 1275 East 58[™] St **OPEN HOUSE OPEN HOUSE** SUNDAY 12-2 PM SUN, 11/09, 2-4 PM 2675 OCEAN AVE. Beautiful semi-det 2 2251 Plumb 1 St. family, totally renov, #6L (Aves V&W) #5B Very spacious 2 bdrm co-op, Top floor unit. LR new kitchens & new 3 BDR Co-op, 2 BATH. bathrms, hrdwd flrs, Fully renovated, custom-built cabinets, ceramic and EIK w/ window & dining Advertise it with us and find fin bsmnt w/ separarea. 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