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Where are M'Park's kosher markets?

BY ITA YANKOVICH

Something's not quite kosher in Marine Park.

The neighborhood has seen a major influx of Orthodox Jewish families in recent years, but try as you might, you won't find a kosher supermarket operating anywhere in the area.

Not that several haven't tried. The remnants of one kosher supermarket still clings on at Yeshiva Ketanah of Torah Vodaath's preschool on Quentin Road between E. 31st and E. 32nd streets. The school has been operating since 2008, but still displays the awning and large signage from the previous tenant, Kolbo Kosher Marketplace, which closed more than 10 years ago. After Kolbo, another Marine Park kosher supermarket, BuyRite, opened in 2007 - and then closed about a year later.

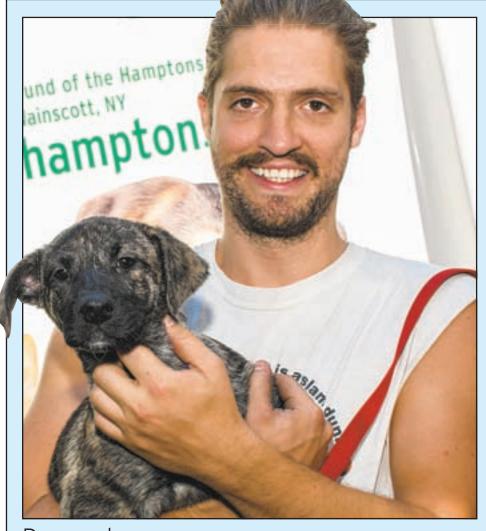
One local Jewish leader said the problem is that local operations just can't win customers over from larger competitors based in Brooklyn's more established Jewish neighborhoods.

"The overhead is high and they cannot compete with the cheap prices of other major kosher supermarkets like Moishe's Discount Supermarket, which is located in Midwood, and KRM in Borough Park," said Shea Rubenstein, executive vice president and founder of the Jewish Community Council of Marine Park.

Ira Shakes, who opened Marine Park Glatt in 2011 but then sold the business two years later, agreed.

"Customers don't realize Continued on page 12

POTHOLE PARKWAY



Puppy love

Robert Johnson made a new furry friend during Saturday's "Adopt-a-palooza" – taking lab mix Sunny home from the massive adoption event held in Prospect Park. For more, **see page 22.**

Photo by Georgine Benvenuto

Belt Pkwy worst in city: Report

BY ERIC FAYNBERG

You wouldn't know the Belt Parkway from a hole in the ground.

The pothole-ridden Southern Brooklyn roadway is the city's most defective, according to a report released by Comptroller Scott Stringer.

More than 700 of the 12,286 property-damage claims made against the city for defective roadways since July 2010 faulted the Belt — nearly 40 percent more than the city's next-worst roadway, the Grand Central Parkway in Queens.

"If you happen to drive on the Belt Parkway, please know that you are in our thoughts and prayers," Stringer said.

One local politician noted that the parkway has gotten substantially better along some stretches in recent years, but said the area by the Mill Basin Bridge is a trouble-some spot.

"It's a pleasure to drive on the Belt by Canarsie where the roads have been repaved and the lanes have been widened to match current standards," said Councilman Alan Maisel (D-Marine Park). "But

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ADAMS: CUBA LIBRE

Beep says Brooklyn, U.S., can help Cuba move forward

BY NOAH HUROWITZ

Call it flagpole diplomacy.

The Cuban flag flew above Borough Hall as a sign of solidarity between Brooklyn and the island nation in recognition of newly restored diplomatic ties between it and the United States. The communist country has long drawn criticism for human rights abuses, but Borough President Adams said now is the time for the United States and Brooklyn, "the center of the universe" — to work with Cuba as it works for a better

"Cuba is on its way to addressing many of the issues it had in the past," Adams said on July 31, before the flag-raising in Cadman Plaza. "If you can show me one country where innocent people are not shot by police officers, one country where people aren't being displaced from their homes, then I will say we cannot fly this flag over Borough Hall. But until then, we cannot challenge one country only."

The flag-raising preceded a celebration on Sunday of the United Nations holiday of International Friendship Day, observed on July 30.

Adams marched on Sunday with flag-bearing delegations from countries including China and the Dominican Republic to celebrate friendly relations between nations, ending with a fiesta in Cadman Plaza that included a belly dance by the Beep him-

Adams may have been a newbie, but he was the best (okay, only) belly-dancing borough president his instructor has worked with a

"He did awesome," said belly dancer Krystal Garabedian, of Queens. "It was a good job, for his first time."











FRIENDS FOREVER: (Top) Borough President Adams speaks outside Borough Hall on July 31, where he raised the Cuban flag (above left) for International Friendship Day. (Center) Adams gets a belly-dancing lesson from instructor Krystal Garabedian. (Above) Chinese dragons duke it out to celebrate the day of friendship.

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CAN'T HEAR HIMSELF THINK: St. Anselm's pastor Msgr. John Maloney says the 85-decibel rumble passing R trains produce - roughly the equivalent of an idling bulldozer or a household blender - is heard inside the school, making it hard for students to concentrate.

R-acket train

Ridge's subway sending bad vibes to local parochial school

BY MAX JAEGER

If you want to know what it sounds like inside St. Anselm's School when the R resident train rumbles along below, just stand next to an idling bulldozer.

Or put your ear up to a running blender. Both generate about 85 decibels — the same sound levels this paper measured as subway cars rolled by beneath the Ridge parochial school on July 3.

The train noise is a distraction for pupils, and the Metropolitan Transportation Authority has to do something about it, community members said.

"How can you teach a class with a bulldozer in the room?" said school parent Pam Pazarecki, likening the earth-rattling train noise to a similarly loud earthmover. "The vibrations get so bad, and the school shakes so heavily, that you can't even speak or be heard."

Last year, vibrations were so bad they caused cracks in the neighboring church's fa-

The Metropolitan Transportation Authority measured vibrations in the school's basement, but it refused to share the results with administrators, Anselms' pastor said.

"MTA sent technicians and said there is an increase [in vibrations] but they said it's not that bad," said Monsignor John Maloney. "They shut you down right away."

Another Fourth Avenue about 10 blocks north of the school had a similar experience.

"The MTA installed a vibration monitor in my basement twice, and they have not followed up with me," said Sheila Lynch of 72nd Street. "I don't know what the point of the monitoring is if they're not telling you how they're going to be reacting

Councilman Vincent Gentile (D-Bay Ridge) has sent another in a series of letters calling on the authority to implement noise-reduction measures and buy new trains to replace the fleet of nearly 40-vear-old cars that serve the line, citing \$1 billion in unexpected revenue the authority recently discovered as a feasible funding source.

The transportation authority suspended service to Bay Ridge for 10 nights over the last two weeks to make repairs on the line. The work included some noise-mitigation measures, and there's a more comprehensive fix on the horizon, but Ridgites will have to wait, an authority spokesman said.

"[Transit] workers have already replaced defective tie blocks, replaced plates and rails, and tamped and regulated sections of the track,"

Continued on page 6

Class construction

Beep wants to put 3D printers in all Brooklyn schools

BY MAX JAEGER

He wants to be the prince of

 $Borough\, President\, Adams$ has approached Brooklyn 3D printer manufacturer MakerBot about outfitting every public school in the borough with a 3D printer — and he says money is no object.

"Whatever it costs to do it, we're going to be fully all in," Adams said.

And it could cost quite a bit.

MakerBot's latest models range from \$1,300 to \$6,500 depending on size and features, and Brooklyn has nearly 1,000 public schools - and that's not even counting maintenance costs and the pricey spools of plastic "ink" needed for the printers to do their thing. But the potential benefit to students outweighs any of Borough Hall's fiscal reservations, according to the Beep.

"This whole concept is all pennies on the dollar," he

Growth in the country's tech and engineering sectors far outpaces that in traditional industries, and borough schools need to provide better access to advanced technologies to prepare kids for that expanding job market, Adams said.

"Book-learning is so oldschool," he said. "We need a curriculum that prepares today's students for the jobs of tomorrow — and today. In order to make tech education successful, it must be hands-on."

The Beep took a similar position on borough libraries during a sit-down with this paper last month.

Now Adams, MakerBot, and the school system are figuring out how to make the plan financially feasible.

The head of MakerBot which recently opened a new factory in Sunset Park — wouldn't say yet whether he'd cut Adams a bulk deal, because talks are in the early stages.

"We have some great ideas in place — we'll share them, but we're still developing those ideas," said Maker-Bot chief executive Jonathan Jaglom.

Adams's office hasn't identified any grants avail- truders a year, which could



DEAL IN THE WORKS: Borough President Adams congratulates Maker-Bot executive Jonathan Jaglom on a new factory opened in Sunset Park in July. Adams and the 3D-printing giant have been working together to put 3D printers in every school in Brooklyn. Photo by Jason Speakman

tential burden on taxpayers, but he indicated he may fund the plan with his council-allocated capital budget. He plans to use more than 75 percent of his \$61.67 million 2016 budget to improve technology in schools, he said.

But there are recurring costs that the Beep can't fund through his capital budget, like maintenance and ink or in this case, spools of plastic filament.

The spools run \$40 a pop and would likely last a classroom about a month, Jaglom said. And the MakerBot charges \$290 a year for maintenance, which means schools might spend \$870 a year to keep machines printing. Extrapolating that figure, it would cost \$848,250 annually to maintain a 3D printer at each Brooklyn public school — including publicly funded, privately run charter schools, which Adams is including in his

But the maintenance plan may not completely cover schools' needs. A recently filed class-action lawsuit against MakerBot alleges that it knowingly sold faulty "smart extruders" — essentially the machine's printer head, which costs \$175. The maintenance plan lets customers request replacement parts or mail in their device for service a total of four times per year — but only covers two replacement exable to lower his plan's poleave schools on the hook if acy," he said.

MakerBot doesn't fix its apparent extruder problem.

And there are places Adams could offset the cost of buying the printers.

Basic design software is available free online, and developers like Autodesk, which makes the architecture industry standard AutoCAD, offer free licenses to educational institutions.

And software and printers are intuitive enough that students can show teachers the ropes, a Bay Ridge edu-

"When I first came in, I couldn't run the 3D printer," said Visitation Academy science teacher Mary Ann McGrath after the private school added one of the mini manufacturing machines to its program. "The girls showed me."

The Department of Education supports Adams's plan, but individual schools make decisions about whether to purchase technology like 3D printers, so implementation — and funding — won't come from the top, a spokesman said.

The Beep has yet to deliver his pre-election passion project — transforming the Canarsie bazaar into a gourmet destination where restaurants grow all their produce on hydroponic "vertical farms." But putting 3D printers into all of Brooklyn's schools might cement his place in history, Jaglom said.

"He wants it to be his leg-

COURIER LIFE, AUG. 7-13, 2015







Locals adopt rescued pups

BY ERIC FAYNBERG

It's the come-bark story of the year!

The harrowing saga of nine abused and malnourished puppies rescued from an alleged puppy mill in June has come to a jubilant end. Local residents adopted five puppies at a Gerritsen Beach adoption event on Aug. 1 after four others had found new homes in July.

Rescue City, the animal rescue group that bought the puppies from their alleged abuser for \$2,000 and nursed them back to health, organized the event at Bargain Bow Wow pet shop on

Gerritsen Avenue.

Labrador retrievers Onyx, Robin, and Trixie are already making themselves at home when their new owners, while the adoptions of Micah and Julia are still pending as their prospective owners are vetted — not pun intended.

"It's very bittersweet," said Rescue City's Stella Plit. "You put so much into caring for them, but you're also very excited that they're adopted."

The date of the event was no coincidence, because Aug. 1 — or Dogust 1 — is observed as the symbolic birthday of all shelter and rescue dogs. Plit had

originally planned the event for a different date, since Aug. 1 is also her birthday, but the staff at Bargain Bow Wow reminded her of the date's special significance.

Plit said she had gotten so attached to Onyx — the pup that overcame the worst case of the canine virus Parvo of any of the rescued dogs — that she cried when his new owners took him away. But seeing Onyx's emotive extremities reassured her that she was doing the right thing for the plucky pup.

"There's nothing better than seeing a wagging tail," she said.



PUPPY POWER: (Right to left) Rescue City's Stella Plit cools down with a puppy at an adoption event at Bargain Bow Wow in Gerritsen Beach on Aug. 1. Locals turned up to adopt the pooches. Rescue City volunteers Julia Volfson and Maria Altman helped organize the event. Vanessa Tardo has nothing but love for this cute pup.

Photos by Georgine Benvenuto





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KEPT THEIR COOL: Skinflints' server Kathy Steiner and owner Gerard Bell have the packed-house dinner rush under control during the Bay Ridge restaurant's 40th-anniversary celebration.

Photo by Georgine Benyenuto

The broil treatment

Skinflints treats hungry patrons to 1975 prices for 40th anniversary

BY MAX JAEGER

Talk about a big deal!

Ridge pub Skinflints made good on its name (which means miserly) when it reverted to 1975 prices for a 40th-anniversary celebration on July 28.

One of the bar's beloved burgers, which are famously served on English muffins, set diners back a scant \$1.95. And cheesecake was a trim 95 cents. The pub lost money on the endeavor, but it was still a wining venture, one of the owners said.

"I think it was totally worth it just to give a little back to the community that supports us," said co-owner Gerard Bell.

Bell didn't give financial details, but customers likely got a half-pound burger and fries for less than the cost of ingredients, according to this paper's bar-napkin calculations. The going rate for wholesale ground beef is around \$2.79 per pound, according to a worker at Gowanus commercial food supplier Restaurant Depot.

Bell and partner Billy Gardella opened the four-decade-old bar and restaurant in 1975 in what was originally the famous Meyer & Blohm ice cream parlor. Since then, they've expanded a couple times, re-jiggering the kitchen and adding new indoor and



MUFFIN DOIN': Two hungry patrons dive into the bar's signature burgers, which are famously served on English muffins.

Photo by Georgine Benvenuto

outdoor seating, but they kept much of the original interior decor, Bell said.

The anniversary brought in some familiar faces, and some folks who moved away years ago, Bell said.

"Some of our original customers came — a lot of people who have been here for 40 years," he said.

But it also brought new faces to the old-school Ridge staple — faces Bell was more than happy to see, Bell said.

"You don't survive 40 years in this business with only the old customers," he said

R TRAIN

Continued from page 3

said spokesman Kevin Ortiz. "We have also identified funds in order to complete the installation [of] Continuous Welded Rail utilizing the best resilient rail fasteners. This job requires several thousand feet of CWR. We hope to be able to schedule the work in the coming months."

The sound at St. Anselm's is not immediately dangerous — the federal Occupational Safety and Health Administration only requires mitigating measures for job-sites subject to similar sound levels constantly for eight hours or more at a time. But the regular rumble is still a constant annoyance for students, faculty, and staff at the school, Maloney said.

"This is every day," he said as the train rattled by.

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68TH PRECINCT

BAY RIDGE-DYKER HEIGHTS

What a tool

A lug head stole tools and gardening equipment from a Bay Ridge Avenue home sometime overnight on July 28.

The guy crept in the back door of the home between 13th and 14th avenues in Dyker Heights sometime between 5:30 pm and 9 am the next day, police said. He took gardening shears, work gloves, and a screw-driver, a police report states.

All work, no gain

A brute broke through the wall of a Fourth Avenue business on July 29, but he didn't steal anything afterward.

The intruder tore down the wall of the store near 87th Street in Bay Ridge at 10:20 pm, but left the merchandise intact, police said.

Ripped off

A compulsive collector stole a handmade antique from a Third Avenue store on July 31.

The guy took it from the store between 90th and 91st streets in Bay Ridge at 3:15 pm, officials said. The collectible was worth \$1,083, police said.

Phone filcher

A lout lifted a woman's iPhone on the corner of Eighth Avenue and 65th Street in Sunset Park on Aug. 8

The goon ran up behind her at 5:15 pm, snatched the mobile device, and fled, police said. — *Max Jaeger*

62ND PRECINCT

BENSONHURST-BATH BEACH

Phone home

A couple of low-lifes grabbed a woman's phone out of her hands right in front of her Bay Ridge Parkway home on July 26.

The woman told cops she was in front of her house between 21st Avenue and Bay Parkway at 9:15 pm when two goons approached her, and one pushed her while the other snatched her phone out of her hands. The perps ran down 74th Street towards 21st Avenue, according to a police report.

Punk my ride

Some punk took an old-timer's vintage car while it was parked on Kings Highway on Aug. 1.

The 82-year-old victim says he left his 1987 Cadillac parked between W. 12th and W. 13th streets, and when he came back to his classic ride at 9:30 pm it was nowhere to be found, authorities say. Cops say there was no broken glass at the scene, and the car does have theft coverage.



Gun-toters grab Ridgite's ride

BY MAX JAEGER

Police are searching for two louts they suspect robbed a guy at gunpoint on Ovington Avenue on July 11 — and then escaped in the victim's car.

The pair pulled handguns on their victim between Third and Fourth avenues in Bay Ridge at 7:55 pm and demanded his wallet and keys, police said. The victim complied, and the duo fled in his black 2010 Toyota Camry, according to a police report. The car was recovered on Banner Avenue in Brighton Beach just 20 minutes later at 8:15 pm, law enforcement sources said. The police report did

not note the car's condition, cops

The victim was not injured, officials said.

Police describe the first assailant as a 20-year-old man standing 5-foot-7 and weighing 220 pounds. The second was a man about 28 years old standing 6-foot-1 and weighing 220 pounds, police said.

Anyone with information regarding the incident is asked to call Crime Stoppers at (800) 577–8477. The public can also submit tips by logging onto the Crime Stoppers website at www.nypdcrimestoppers.com or by texting tips to 274637 (CRIMES) then entering TIP577.

Window heist

A sneaky scamp broke into a 19th Avenue apartment and took thousands of dollars worth of loot on July 31, then sped off in a getaway car.

Cops say the perp climbed into the residence between 19th Lane and Shore Parkway through a rear kitchen window and ran off with \$3,000 in cash and a watch at around 7 pm.

A witness told police he saw a man in a hoodie with a plastic bag climb out of the backyard over a fence and get into a sedan with a blue light that was waiting at Shore Parkway.

— Allegra Hobbs

60TH PRECINCT

CONEY ISLAND-BRIGHTON BEACH-SEAGATE

Beer brutes

Two parched perps took a man hostage on Brighton Sixth Court on July 29 and demanded he buy them beer — and then robbed him.

The victim told police he was Oceanview Avenue at 3:20 am when a gray car pulled up in front of him, said police. A man jumped out of the car, pointed a black revolver at the victim, and said, "If you don't buy me beer. I'll kill you."

The victim got in the car with the gun-toting villain and a second scoundrel drove them to a store on Neptune Avenue, authorities said. The armed goon forced the victim into the store and demanded beer and cigars.

But the victim refused, prompt-

ing the beast to say, "If you don't buy, I'll kill you. Take out your wal-

The victim handed over his wallet, and the revolver-carrying reprobate removed \$400 before jumping back in the car and taking off, said officials.

Time out of mind

Cops cuffed a man who they say robbed another man who asked him for the time on W. Eighth Street on Aug. 2.

The victim was heading toward Neptune Avenue at 1:10 am when the suspect ran up next to him, police said. The victim asked the suspect if he knew the time, but the man allegedly grabbed the victim by the shirt and shoulder and demanded money, said police.

The victim took out his phone and threatened to call the police before the suspect ran away. Police arrested the suspect on W. Eighth Street.

Mental

A man was arrested for beating another guy with a metal pipe over a Neptune Avenue parking space dispute on July 28, according to a police report.

Officials said that the defendant allegedly punched the victim in the face near W. 16th Street, and then slammed his chin on the ground before striking the victim across the back with the pipe. The victim was taken to Coney Island Hospital at 8 am with a laceration on his chin and pain and redness on his back, authorities said.

61ST PRECINCT

SHEEPSHEAD BAY-HOMECREST-MANHATTAN BEACH-GRAVESEND

Handbag holdup

Police arrested two individuals on Haring Street who they say attempted but failed to steal a woman's purse and the \$475 dollars inside on July 31, police said.

The suspects flanked the 51-yearold victim just after 10 pm near Avenue Y and tried to remove a pink pocketbook from her shoulder, reported officials. But they fled when they failed to get the cash out, said police.

Watch wrangler

A thief sneaked into an E. 19th Street apartment on July 29 and made off with a designer watch.

The victim told authorities that someone opened the front door near Shore Parkway at 12:20 pm without doing any damage and removed the Ulysse Nardin timepiece, along with some other jewelry, from a jewelry box that was inside a filing cabinet in a bedroom closet. The victim was unsure if the front door had been locked or not, cops said.

Lingerie larceny

Thousands of dollars worth of expensive women's undergarments were stolen from an E. 15th Street apartment on July 31.

The victim said she left her apartment near Shore Parkway and locked the front door, but returned at 7:05 am to find the door unlocked and closed, according to a police report.

Three bras, four pieces of underwear, and three bustiers were stolen from the victim's bed, authorities reported. Nothing else in the house was touched, and police said there were no signs of forced entry.

Television thief

An unidentified individual nabbed a 55-inch television from an E. 15th Street house on July 31.

The crook gained access to the house near Avenue U at approximately 2 am through an open kitchen window before leaving through the front door with the Samsung bigscreen television.

Looted laptop

An Avenue P homeowner returned from an upstate New York trip on July 24 to find his house ransacked and his laptop stolen.

Police, who canvassed the home near E. Eighth Street at 8 am, said the screen from a side window had been removed and the window was left open. The perpetrator also cut telephone wires on the side of the house, according to the cops.

- Eric Faynberg

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Name change!

Courier and Councilman rush to Lou's rescue

BY SHAVANA ABRUZZO

Leave it to late Courier columnist Lou Powsner to make news from beyond the grave — and to us to save the day.

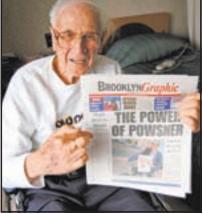
We reported last week that "Louis Powsner Way" was coming to the People's Playground, after the city approved a bill from Councilman Mark Treyger (D-Coney Island) — which he sponsored after a gentle prod from us — to honor the writer and civic activist in his beloved neighborhood.

We noticed that the Council blooped when it designated the tribute block as W. 17th Street and Surf Avenue — not Mermaid Avenue, where Lou operated his men's furnishings store for 44 years. We informed Treyger's people of the need for a prompt correction, but they stuck by the original designation, saying any change at the 11th hour meant a slew of new legislation.

Naturally, we weren't happy about that: running with a goof and naming the wrong street seemed more of an insult than an honor to us, not to mention an upset for Lou's family—daughter Bonnie even called us to call out the flub.

But we're glad to report that Treyger didn't let Lou down, and he secured a happy ending after we went to press.

"Surf Avenue was a mistake in leg-



POWSNER POWER: Powsner's fans successfully lobbied the Council to change the street to be named for the legendary columnist from Surf Avenue to Mermaid Avenue, where he ran a men's store for 44 years.

File photo by Elizabeth Graham

islation and will be fixed with a letter to the Department of Transportation," said his spokesman Connor Greene. "No re-doing of legislation and the family will be happy."

Lou would be proud that the Courier and the councilman stuck by his trusty motto to "fight for what's right."



WORLD RECORD: FDNY Commissioner Daniel Nigro and 149 others throw out the first pitch at MCU Park on July 31, aiming to set a Guinness World Record. Photo by Steve Solomonson

Cyclones set record for first pitch

BY ERIC FAYNBERG

It was truly a pitch for the record books — or rather, 150 pitches.

The Cyclones could become a Guinness World Record-holder after 150 people threw out the opening pitch at MCU Park before the Clones 3–1 victory over Batavia on July 31.

Cyclones officials pitched the footage of the mammoth first pitch

to the record-book publisher, and barring any unforeseen circumstances, the Clones will unseat a Japanese team that trotted out 111 hurlers in 2011 for the biggest opening pitch ever.

Most of the opening pitchers were FDNY active or retired firefighters, staffers, or their wives, children, and family members.





Stadium hosts 'Bark in the Park'

BY ERIC FAYNBERG

Call it an inside-the-bark home run!

It was a dog day afternoon at MCU Park on Aug. 2, as Clones connoisseurs brought their canines to the stadium for the annual puppy party Bark in the Park.

Approximately 200 patrons and their pooches participated in a pre-game puppy parade

around the park. Cyclones supporters let their leashed or's Alliance for New York pets get a big lead off the bag as they ran the base paths together.

The pet fans then got to watch the game with their pups from the bleachers — known for the day as the Bow Wow Zone — while enjoying trained dogs performing tricks with Frisbees between innings.

The Cyclones and the May-City's Animals also arranged for pet adoption opportunities.

Sean Casey Animal Rescue Shelter parked a van full of cats and dogs looking for a home outside the park, and some fans left the stadium with a new member of the fam-



BOW WOWS AT THE BAT: (Above) Jennifer, Zonia, and Johnson Fuentes adopted this chihuahua mix, Cece, at MCU Park's Bark in the Park event. (Center) Gus and Sammy came to the game dressed as a player and umpire. (Left) Reuben Sparrow-Blustain of Windsor Terrace and Suki, a pitbull mix, walked the bases. Photos by Jason Speakman

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MOONSCAPE: The Belt Parkway is the worst road in the city, according to a new report from Comptroller Scott Stringer. Community News Group / Eric Faynberg

PARKWAY

Continued from cover

they are going to be replacing the draw bridge by Mill Basin and they haven't been repaying there. It's dangerous. It wouldn't hurt to put a new layer of asphalt there."

Construction on the bridge began recently, and the Department of Transportation said it plans to work on potholes in the area this week.

The department said the Belt Parkway numbers are the result of an enormous spike in the number of potholes during the very rough winter of 2013-14, and that the numbers returned to normal this year after an aggressive response from the agency. Indeed the parkway caused 339 claims in the 2014 fiscal year, as opposed to just 58 in 2013, and 61 in the 2015 fiscal vear, which ended in June. There as a smaller spike of 122 claims in 2011 following that winter's heavy snows.

Mayor DeBlasio's latest budget calls for \$1.6 billion for road resurfacing, and the department said it will repave 2,500 miles of road by 2017. That will increase the percentage of roadways in a state of good repair to 80 percent, the best since 1999, according to the department. The current figure is 71 percent.

Stringer said the speed at which potholes are repaired was an issue, noting that an average response time of 6.7 days in fiscal year 2015 was nearly three times longer than the average response time a year ago. He also said that new paving materials could help prevent potholes from occurring in the first place.

"We need to speed up the process of plugging potholes and pilot new and durable materials such as rubberized asphalt and recycled plastic in road resurfacing," Stringer said. "The goal is to bring down the payouts in these claims and ensure safety for pedestrians."

KOSHER

Continued from cover

the operation in running a big store heating, air conditioning, insurance. payroll, etc.," he said "Expenses exceed profit, so you need high volume to break even."

Abraham Reifer, who had success with other kosher establishments. was the next — and last — try to succeed in Marine Park, opening Kosher Discount Supermarket in 2012, but he too had to close just a year later.

"It's hard to know what the clientele wants," he said. "The place always had to be bigger, the food cheaper, the fruits fresher."

Jewish homemakers such as Kaila Iserovich, who patronized the local

kosher supermarkets, seem to exem-

plify the sort of discerning customer shopkeepers had to please. She said that the slow turnover and limited stock meant that it was often lacking in freshness.

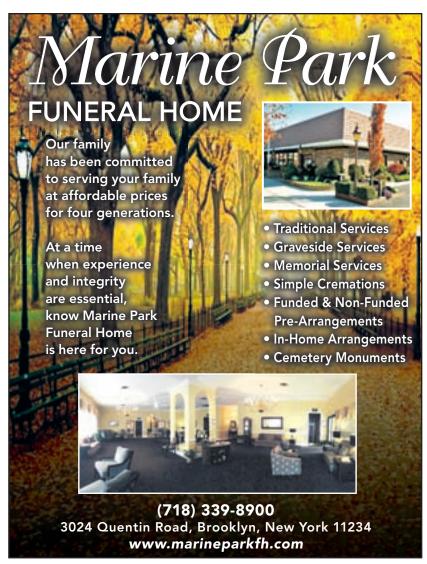
"In the summer, the managers would put already frozen meat in the fresh meat section and sell it as fresh," Iserovich said. "It's just not okay."

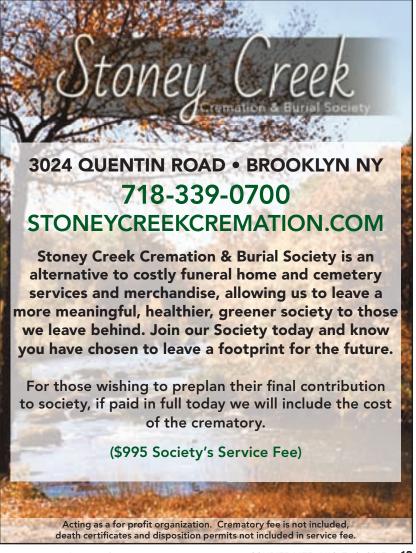
Shakes and Reifer dismiss that claim, saying that they discarded pounds of meat and produce each week since not enough customers were buying — especially during the summer months when many of their customers on vacation upstate. In the end, however, they said that a kosher grocer needs more than just a good business plan to succeed in Marine Park.

"Bottom line is, to make it here you need mazal," said Reifer, invoking the Hebrew word for "luck."









Cosmos are coming to Coney

BY ERIC FAYNBERG

Come see the Cosmos where the Cyclones play.

Pro-soccer team the New York Cosmos will play a semifinal playoff game at MCU Park on Nov. 7, according to Borough President Adams, who was joined by representatives from the stadium and the team at Borough Hall on July 30.

The Cosmos will also be hosting youth soccer clinics at Pier 5 in Brooklyn Bridge Park from Aug. 3 to 7.

"'The Beautiful Game' has a beautiful future in our borough, and engaging our young athletes in this great sport is important to building healthy bodies and minds with a love of teamwork and good sportsmanship," said Adams.

The Cosmos finished first during the North American Soccer League's Spring season, earning the right to host a playoff game this fall. The team already won the league's championship — the Soccer Bowl — in 2013, the first season of the legendary club's rebirth. A team representative said that a scheduling conflict at the Cosmos' regular home,



HEADS UP: Cosmos head coach and former LIU standout Giovanni Savarese will teach skills like these to kids at the youth clinics in Brooklyn. Photo by Stefano Giovannini

Hofstra University's Shuart Stadium, presented the opportunity to arrange a date in Coney Island.

"We have the right to host the first round of our playoffs, and we've only lost one league game this year," said the team's chief operating officer Erik Stover. "We wanted to go to a place that was comfortable to us because we have a chance to win a trophy."

This will not be the Cosmos' first stop in Coney Island. The team already played one game at MCU Park on May 2 — a 1-0 shutout victory over the Ottawa Fury, one of the league's best teams.

The Coney contests are especially meaningful for the team's head coach, who has a personal connection with the borough.

"Brooklyn has a great history with soccer," said head coach Giovanni Savarese, a former standout for Long Island University and Major League Soccer's New York-New Jersey Metrostars. "I played here in college, so I know firsthand the passion and the culture of soccer that exists here, and we also experienced that when we played at MCU Park earlier this year."

Stover said the players liked the field on their first trip to the home of the Cyclones, and the team's fans enjoyed the professional stadium experience of a modern facility, so the Cosmos are open to more dates at MCU Park in the

"I think it's important for a



FUTBOL IN BROOKLYN: MCU Park's Steve Cohen, Cosmos Chief Operating Officer Eric Stover, former goaltender Shep Messing, and current head coach Giovanni Savarese join Borough President Adams at Borough Hall to announce Cosmos youth clinics and a November game at MCU Photo by Stefano Giovannini

team to have a home," Stover said. "To move around a lot is difficult for a fan base and a team, but our experience in Brooklyn has been very

Savarese, his coaching staff, and some of his players will be on hand to help local kids develop skills a passion for the sport at the youth clinics. Parents can register children between ages six and 15 years for the clinics, which

are open to players of any ability.

New York Cosmos playoff game at MCU Park (1904 Surf Avenue, at W. 17th Street in Coney Island, www.nycosmos. com) Nov. 7 at 2 pm. \$15 and up.

Cosmos youth clinic at Brooklyn Bridge Park [Pier 5, near Joralemon Street in Brooklyn Heights, (855) 71-COSMOS, www.nycosmostdp.com] Aug. 3-7 from 9 am to 3 pm. \$150-240.

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FIXING A HOLE: Utility and city workers examine the yawning sinkhole that suddenly opened at the corner of Fifth Avenue and 64th Street in Sunset Park on Aug. 4 – but locals

HOLE-Y MOLY!

Sinkhole swallows Sunset Park intersection

BY MAX JAEGER

truck.

A massive sinkhole opened on the corner of 64th Street and Fifth Avenue in Sunset Park on Aug. 4.

The yawning, 20-foot chasm unhinged its gaping maw at a little before 7 am, officials said. The sight may have surprised passers-by, but folks who live and work nearby knew it was just a matter of time before the earth would cleave beneath the long-sagging street.

"It's been sinking for two years," said 64th Street resident Roseanne Coffey. "I just asked my husband two weeks ago, 'When do you think it's gonna go?'"

The city doesn't know what caused the hole, but confirmed there was a leak in a 48-inch water main beneath the street, according to a spokesman for the Department of Environmental Protection, which handles the city's water and sewer infrastructure.

But the problem was definitely on the city's radar — before the street collapsed, city crews piled asphalt atop a growing depression on the street, another local said.

"You could see they put tar over it," They're gonna need a bigger cement Felipe V., who works at a laundromat across the avenue. "I guess they never took the time to find out why it was sinking."

> The city recently replaced a fire hydrant on the corner, Coffey said. A spokesman for the Department of Environmental Protection refused to say when the fire hydrant was last re-

> A pipe tying the hydrant to the main may have been leaking water underground, Coffey said.

> "When they pulled it out, it was all rusty," she said.

> No residential customers lost electricity, according to a spokesman from Con Ed. But the sinkhole did damage three electric gizmos serving the Metropolitan Transportation Authority, he said. The outage snarled nearby N trains that morning, according to a release from the authority.

> There were no injuries in the cavein, fire officials said.

> The city does not know how long it will take to fix underground infrastructure and cap the crater, a Department of Environmental Protection spokesman said.

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Gunmen wound five in Red Hook

Shot pregnant woman loses her baby

BY NOAH HUROWITZ

A pair of maniacs sprayed gunfire into a group of people in Red Hook on Monday night, injuring five, two of them critically, cops said. One of the injured women was pregnant and as of Tuesday afternoon remained in critical but stable condition at Lutheran Medical Center, according to a source with knowledge of the matter.

The assailants, driving an older model sports utility vehicle, stopped in front of a group of people standing near the corner of Dwight and Delevan streets and opened fire on the crowd at 10:51 pm, wounding three women, one man, and one victim whose gender police did not specify, according to a re-

One woman, 19, was shot multiple times in her torso, buttocks, and legs, and was transported in critical condition to Lutheran Medical Center; a 20-year-old caught multiple bullets in the torso and legs and was brought to Lutheran in stable condition; another 19-vear-old woman was shot multiple times in the neck and legs and was brought to Lutheran in critical condition; a 20-year-old man was shot multiple times in the legs and was brought with a 22-year-old woman shot once in the leg to New York Methodist Hospital in stable condition, according to a report.

Estimates!

Cops are investigating whether the shooting is linked to recent gang-



DAY AFTER: Gunmen wounded five in Red Hook on Monday night, including a pregnant woman who remains in critical but stable condition at Lutheran Medical Center, according to a source with knowledge of the matter. Photo by Georgine Benvenuto

related shootings in Red Hook and Gowanus, according to a source with knowledge of the investigation. Unknown assailants shot a 20-year-old man three times in the torso and legs near the corner of Bond and Baltic streets in Gowanus early on Monday morning, cops said, but a police spokesman could not say whether the two incidents were related.

Borough President Adams said Brooklynites should not become jaded or see violence as commonplace.

"I don't want people to just say 'just another day in Brooklyn,'" said Adams. "It's not just another day. Every time we have these shootings we should be just as jarred as the first time there's a shooting."

Pols: Snitch to end black-on-black crime

BY NOAH HUROWITZ

Brooklynites who witness gunplay must be willing to report what they saw to police in order to stem the tide of gun violence in the borough, said a group of pols and gun-control activists rallying on the steps of Borough Hall on Tuesday.

"We all of us have a responsibility to stand up and demand that we stop the violence in our streets, in our homes, on our blocks, and stop the senseless shooting of black men by other black men," said Public Advocate Letitia James. "Snitching should be a pride of honor. Stand up and snitch, and protect your grandmothers, your mothers, your community."

James, along with Borough President Adams and Rep. Carolyn Malo-

Continued on page 18



START SNITCHIN': At a Borough Hall rally, Public Advocate Letitia James called on Brooklynites to "stand up and snitch" in order to combat gun violence.

Community News Group / Noah Hurowitz

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Dr. Tsukerman treats patients in Coney Island Hospital from admission to discharge

Dr. Tsukerman has active credentials at Beth Israel and Lutheran Hospitals, and is an attending physician in Coney Island Hospital's internal medicine residency program.

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New Diplomas, offered through NYUSPS Professional Pathways, are designed as immersive programs of study that can be completed in as little as one semester. Taught by industry professionals, the Diplomas are complemented by online career development modules that help students to identify and to pursue jobs in their area of interest.

During Fall 2015, four Diplomas will be offered—Basic Project Management, Medical Coding, Real Estate Sales, and Restaurant Operations and Guest Service.



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The Diploma in Real Estate Sales is geared for high school graduates who are interested in securing entrylevel positions in real estate sales, rentals, or property management. This one-semester program allows students to explore topics that include real estate finance and contracts, license law and regulations. valuation process and pricing properties, real estate legal issues, and more. Upon completion of this diploma, students will be prepared to take the New York State Real Estate Salesperson's Exam.

The Diploma in Restaurant Operations and Guest Service will provide students with a comprehensive understanding of front-of-house and back-of-house restaurant operations, and what it takes to succeed in the food and beverage industry. Students in this one-semester, in-person program of study will benefit from site visits to NYC restaurants and will learn from the experiences of industry veterans.

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STARK REMINDER: Borough President Adams set up an empty coffin outside Borough Hall containing photos of murder victims and a body-length mirror as a call for an end to gun violence. Community News Group / Noah Hurowitz

SNITCHING

Continued from page 16

ney (D-Williamsburg) stood outside Borough Hall before an open coffin containing photos of murder victims and a body-length mirror.

The two rallies came in response to several high-profile shootings that have rocked the borough in the past week, including a drive-by shooting that injured five — including a pregnant woman - in Red Hook on Monday night, and shooting outside a party in East New York that wounded nine.

There were 12 shootings in Brooklyn between July 27 and Aug 2. leaving 24 wounded and one man, shot multiple times in Gowanus, dead, according to police. That doesn't include the Red Hook drive-by or a shooting in Gowanus on Monday morning that wounded a 20-year-old man, but it is a

drop in shootings from the same time period in 2014, when there were 15 shootings, according to police. More people have been wounded in that time span this year however, up from 17 in 2014, police said.

Shootings in Brooklyn are down overall compared to this time last year, with 280 that wounded 335, compared to 295 shootings in 2014 that injured 349, according to police data. The murder rate has edged up slightly, however, with 71 murders in 2015 compared to 62 at this time last year.

But even with that slight dip in violence, any gunplay is too much, according to Adams, a former cop, who says we can't go back to the bad old days.

"If we get jaded, we tend to believe that this is the normal way of life," Adams said. "I remember from my police days when parents used to go through these drills of teaching their kids to duck to the ground when they hear shots. I don't want to return to that life."



Stoney Creek offering families 'green' funerals

BY CAMILLE SPERRAZZA

Funerals are changing. and Michael Horkan is leading the charge.

From the time he was 9 years old, Horkan knew what he wanted to do with his life. Serving as an altar boy at funeral masses, he was fascinated by the rituals, and vowed to become a funeral director.

He attended embalming school right after graduating high school, and has been working in the field since then. He is the Field Director and Manager of Operations at Marine Park Funeral Home, and in that capacity, he assists many families who desire traditional funeral services.

But he had toyed with an idea for a decade, and he recently decided to act upon it.

"I always wanted to start a 'green' funeral," he says, so he established the Stoney Creek Burial and Cremation Society, because he believes the industry is moving in this direction.

"When people opt for cremation, there's less impact upon the earth," he says. There's no casket; there's no digging into the ground. Ashes can be scattered at sea or buried in a "green cemetery" located in upstate New York, he says. To commemorate the deceased, a tree will be planted in that person's memory, an idea that appeals to many people.

Still, Horkan understands that cremation is not for everyone, so there is another option. They can still "go green," with a burial. Arrangements can made to wrap the body in a shroud, and place it in a simple pine box, with no embalming taking place, and no formal viewing.

The objective of the Society is to gather a group of like-minded people who make these wishes known. Individual membership is \$35; \$65 per couple. The cost of cremation would then be \$995 for members; \$1,295 for non-members. Burials are \$2,495. Horkan says this is the first Cremation Society in New York City.

People are more con-







(Clockwise from top) Cremation caskets are available. In the ID room, families can identify their loved one before cremation. Families can choose a beautiful urn for their loved ones. Photos by Steve Solomonson

scious about their impact the deceased. As a result, moving away from traditional funerals because of the costs involved.

"Years ago, the older generation prepared more for death," he says. They used to make arrangements while they were still alive. Today, it is different, he says. People are focused more on spending their money while they can, and don't put aside funds for formal funeral arrangements as their parents or grandparents did.

The internet is responsible for changing the industry, too. Facebook pages have become memorials to

on earth, and they are also more people are being notified when friends and family pass away. Not everyone can travel to funerals, but obituaries, with links to Facebook pages, will appear on the website of the Stoney Creek Burial and Cremation Society, allowing people to connect. They can express their memories with other mourners. The Facebook page becomes a collection of photographs and memories of a person's life. It is rich with content about how they interacted with others, and it contains special memories written by friends and family.

"I would have loved to

have seen something like that about my grandparents," says Horkan. Today's generation will be able to know a lot about their grandparents, even if they never get to meet them.

The internet also allows Horkan to put all necessary documents online so that people can access and complete paperwork whenever it is convenient for them. Transactions can take place via email, another way of "going green." They will still have the ability to call with any questions they might have.

Horkan is 35 years old, working in a field where there are few young people building careers. Many in the industry are retiring. That's why he believes it's so important to start "thinking outside the box," utilizing tools that embrace technology, and incorporating ideas that appeal to a sense of social responsibility.

It just might get people thinking and planning again.

Stoney Creek Burial and Cremation Society [3024 Quentin Rd. between E. 31st Street and Marine Parkway in Marine Park, (718) 339-0700, www.StoneyCreekCremation.com]. Call 24 hours a day, seven days a week.

Dr. Rona Appel, MD: A Neighborhood Ophthalmologist Opens a One-Stop Practice

BY STEPHEN WITT

With a total commitment toward eye care and over 20 years experience, ophthalmologist Dr. Rona Appel, MD, recently opened a state-of-the-art office on the ground floor at 2928 West 5th Street in the Trump Village area of Coney Island.

Dr. Appel specializes in retinal disease, macular degeneration, diabetic retinopathy, general ophthalmology and cataract surgery for patients of all ages. The modernly furnished, newly renovated office has five examination and treatment rooms with the latest digital equipment to diagnose, treat, prevent and keep one's eyes healthy.

"I needed this larger facility and made a considerable investment to get stateof-the-art equipment so I could provide comprehensive care to my patients," said Dr. Appel. "My idea was to have an office where patients can receive an examination, testing and treatment in one-stop."

Walking through the spacious office between patients, Dr. Appel's love, passion and expertise for her profession is apparent as she shows some of her latest equipment.



Doctor Appel

"This is a Zeiss Series 800 ultrasound machine (OCT) and Fluorescein Angiography Camera that can study the eye from front to back. It's the latest highly sophisticated digital machine that allows for an instant diagnosis," said Dr. Appel.

For example, Dr. Appel says, the machine detects conditions such as macular degeneration, which usually affects older adults. Once diagnosed, this can be successfully treated with injections and/or laser as indicated by the latest protocol.

"There are some hidden diseases like glaucoma that a person may not be aware of, and yet it can threaten their vision. That's why it's really important to have regular eye exams for screening – at least once a year to determine if there is any pathology," she said. "Also, some people have a family history of glaucoma and retinal disease and they especially should have regular eye exams."

Dr. Appel explained when it comes to eye care it's very important to wear sunglasses because the ultraviolet light of the sun can accelerate cataracts and some retinal disease. Additionally, a healthy lifestyle including regular exercise and eating healthy contribute to good eye health, she said.

And Dr. Appel, who immigrated as a child with her parents to the United States from Kiev in the former Soviet Union, practices what she preaches. She is a regular road runner and has completed 15 marathons and runs 5K races to raise money for the eye bank. She also strongly believes in giving

back, and has traveled to St. Kitts and Grenada where she has performed laser eye surgery and treated diabetic eye disease.

Dr. Appel said her interest in ophthalmology began while she attended New York University School of Medicine where all students must study the various medical specialties. "I fell in love with the instrumentation and loved the micro surgery involved in ophthalmology," she said.

Dr. Appel passes on this love through teaching, and acted for 10 years as director of the Retina Clinic at Long Island College Hospital, teaching Downstate ophthalmology residents.

As for her philosophy on how she treats her patients, Dr. Appel follows the golden rule.

"I really believe to do unto others as you would like them to do unto you, because we are all patients at some time or another and basically I do believe in providing the care that I'd like to receive myself," she said.

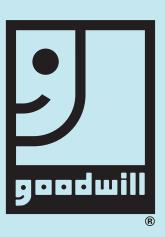
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Fuzzy friends find new homes

BY ALLEGRA HOBBS

These dogs had their day in the park.

Animal lovers from across the borough bounded to Prospect Park on Aug. 2 to scoop up new furry friends at the city's mega-adoption event Adoptapalooza and those who came to lend a helping paw said there was plenty of puppy love to go

"It was amazing," said Maeghan Hall of Windsor Terrace, who volunteered with adoption organization Zani Furry Friends to help find homes for some lovable rescued mutts. "There are so many good people who came through. All the dogs got a ton of attention."

across spaniel-retriever mix Riley up for grabs on Craigslist and decided to find him a loving home with the help of her friends at Zani. She raised enough money to house the pooch at the organization's shelter in New Jersey, then brought her to the Prospect Park lovefest where Riley and six other dogs from the organization found permanent homes.

"I'm kind of like her godmother," said Hall. "She would've been given up for free on Craigslist, probably not to a good person. It broke my heart so I grabbed her myself and ended up taking care of her."

The mayor's Alliance for Hall got involved with NYC's Animals and homeless

Adoptapalooza when she came pet advocates at The Petfinder Foundation teamed up for Adoptapalooza's Brooklyn debut after putting on a Manhattan event in May. The mayor's team was on hand to give out free tags for adoptees, and the city's emergency management team were there to offer guidance to new pet owners.

> Even pet-lovers who did not adopt made new friends, and one attendee who brought along her eight-year-old son said it was a fun-filled day in the park.

"He had a ball," said Joni Ifudu of Flatbush, whose son Jayden made a new four-legged friend at the event. "He taught the dog how to sit and how to shake his hand. He had a wonderful time."



FURRY FRIENDS: (Above) Maeghan Hall volunteered with animal organization Zani Furry Friends and found a home for spaniel-retriever mix Riley, who she rescued on Craigslist. (Center) Parsley the cat takes a nap at Saturday's adoption event in Prospect Park. (Left) Fern Weinbaum got a free new name tag for her Shih Tzu Kahlua from the Petfinder Foundation and the Mayor's Alliance for NYC Animals.

Photos by Georgine Benvenuto

BUSINESS, BROOKLYN STYLE - ADVERTISEMENT

Balady Foods brings you delicious imported items

BY CAMILLE SPERRAZZA

Balady Foods has been serving the needs of the community since April 2003, and has been so successful, it is expanding into the space next door.

The larger, renovated shop is expected to be completed by this October. In the meantime, the 2,000-square foot Middle Eastern market remains open for business.

It is a family-owned Halal store, so all food comes from suppliers that practice Halal methods. No pork is carried, and there are no liquor byproducts in the food, says Essa Masoud, who co-owns the store with his three brothers, Mosa, Moe, and Ibraheam.

The shop's main attraction is the wide variety of imported items from the Middle East, Africa, the Mediterranean, and Far East

Perhaps one of the more popular items the store carries is couscous, a traditional North African dish of semolina, says Masoud. It is a staple of countries such as Morocco, Algeria, Tunisia, Mauritania, and Libya. It is also served in Italy, and is becoming more common in the United States, as it contains protein levels that are higher than those found in other grains. As a result, many believe it to be a



Brothers Moe, Mosa, Essa, and Ibraheam Masoud co-own Balady Foods Middle Eastern Market. Photos by Georgine Benvenuto

healthier way of eating.

In Morocco, people enjoy couscous with the prized Moroccan spice, Ras el hanout, so this is also carried at the store. Ras el Hanout is an Arabic phrase that means, "top of the shop." As the name implies, it is considered to be a premium spice. This, too, is making its way into the American diet.

It's frequently mentioned on the Food Network," says Masoud. Each manufacturer may create its own special blend, and in addition to being used in couscous dishes, it is used to season meat.

Balady Foods imports spices from all over the world, says Masoud — products such as caraway, sesame seed, and all-spice. They import olives from Greece, Italy, and the Mediterranean.

The shop takes pride is selling "healthy items" that include grains, semolina, oat bran, whole wheat, and beans, says Masoud. Raw nuts and seeds such as almonds, pecans, chickpeas, and honey-roasted cashews may be purchased by the quarter pound, or half pound, as needed, so you can always buy fresh, he says.

Pickles, both jarred and bulk, are imported from Egypt. People in ancient Egypt ate pickles because they thought it enhanced beauty. It is believed that Cleopatra consumed a steady diet of pickles, and that she attributed her good looks to this eating habit.

Bread is baked daily, and the shop is noted for its soft pita bread. There is a full line of dairy products. Cheeses are imported from countries that include Syria; others are domestic. Dried fruits such as cranberries, mango, pineapple, and ginger are offered. Imported desserts and sweets are carried.

It also sells fresh meat - including goat, beef, lamb, chicken hand-slaughtered according to Halal practices.

There are traditional American products as well. For example, Masoud says the shop always sells four-pound bags of Domino Sugar, two-for-\$5. Mazola oil is always \$6.99 for 96 ounces; and one can get a 25-pound bag of rice for \$11.99, he

"We have good buys all the time."

Weekly specials are on display at the store, and can be found in local newspapers that are distributed all over Brooklyn, Queens, Manhattan, and Staten Island, says Masoud; and they can also be found on the shop's Facebook

Customers may notice how well-stocked and clean the store is. Floors are waxed; there's proper lighting; and just as important, there's a welcoming feel. It's all been very well thought-out, as prior to owning this particular shop, the Masoud family worked for a large supermarket chain. It was there that they learned what worked and what didn't.

Masoud, studying his craft, noted that far too many ethnic stores seemed unprofessional and were not always pristine, he says. The atmosphere was unwelcoming, and some people may have felt intimidated about shopping there.

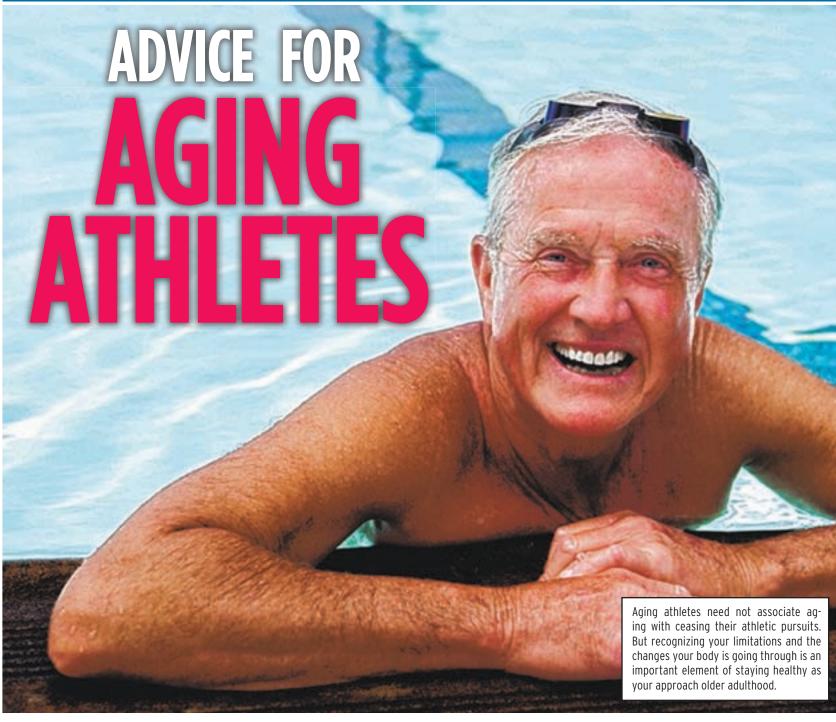
"I wanted to create a mom-andpop store that made the shopping experience comfortable for all," he says, "I wanted to specialize, but I wanted the transition to combine efficiency and old-world style."

This goal has been achieved, and he anticipates the store will be even bigger and better once the renovations are complete. Customers with any questions can email him: Essa@BaladyFoods.com.

Balady Foods [7128 Fifth Ave. between 72nd Street and Ovington Avenue in Bay Ridge, (718) 567-2252, www.BaladyFoods.com/. Open daily, 9 am-10 pm.

Eldercare





etired professional athletes often completely fold up shop and hang up speak about the difficult moment when they knew it was time to retire from professional competition. The transition can be easy for some but far more difficult for others. But aging amateur athletes know you need not be a professional to realize there comes a time when your body is telling you it's time to ease up.

Athletes are used to pushing themselves and stretching their limits, but some limits are best not pushed. Such is the case with the limits posed by aging. While athletes don't have to

their cleats, tennis shoes, or other athletic equipment as they approach senior citizen status, there are steps aging athletes can take to ensure they aren't pushing their bodies too far as they grow older.

Recognize your new recovery time. Veteran athletes tend to have a sixth sense about their bodies, knowing how long they need to recover from common ailments like ankle sprains, knee pain, back pain, and shin splints. Despite the body's remarkable ability for recovery, it's not immune to aging,

and that recovery time will increase as the body ages. Whereas a sprained ankle might once have been as good as new after a few days or rest, aging athletes must recognize that the same ankle sprain now might require more recovery time. Returning too quickly from an injury can only make things worse for aging athletes, so don't push yourself.

Take more time to warm up. As the body ages, its response time to exercise increases. This means the body needs more time to prepare itself for cardiovascular and strength-training exercises. Increase your warmup time as you age, gradually increasing the intensity of your warmup exercises until your body feels ready for more strenuous exercise.

Focus on flexibility. The more flexible you are, the more capable the body is of absorbing shock, including the shock that results from repetitive activities. But as the body ages, it becomes less flexible, which makes it less capable of successfully handling the repetitive movements common to exercise. Aging athletes should focus

Continued on page 30



Lung Cancer Screening at BRMI



BY DR. JOSEPH ABRAMS

Lung cancer is the most common cause of cancer death in the United States. The National Lung Cancer Screening Trial (NLST) has established the ability of of low-dose CT scans to decrease lungspecific mortality by 20% in a screened, high-risk population. Early detection is a proven, successful strategy.

Too many people wait until they experience symtoms, like a chronic cough, before they get a lung screening. By then, the cancer may be more difficult to treat and cure. That's why it is so important to shcedule a lung screening.

Medical experts estimate that early screenings save thousands of lives each year. It could save yours. If you're at risk, get a CT lung screening. Talk to your doctor about risk factors which determine how often you should be examined. Early screenings save lives. It absolutely matters.

A low-dose CT exam has a radiation dose of less than 3 mSv (millisieverts), which is less than the naturally occurring background radiation that a person receives for one year at sea level. The low-dose CT exam does not require intravenous

Who is an appropriate candidate for low-dose lung CT screening for lung cancer?

- Are you between the ages of 55 and 77?
- Did you smoke, on average, at least one pack per day for 30 years (or 2 packs per day for 15 years)?
- · Are you a current smoker, or has it been less than 15 years since you stopped smoking?

If you answered "Yes" to all of the above, you are encouraged to schedule a low-dose screening for lung cancer. Talk to your doctor, then call Bay Ridge Medical Imaging (BRMI) to schedule your screening.

Bay Ridge Medical Imaging (BRMI) performs lowdose lung CT to screen patients who are at high risk for lung cancer. BRMI was one of the first institutions in Brooklyn to be designated a lung cancer screening site. Patients benefit from going to a designated site, which meets the most stringent criteria for equipment standards, radiation dose, radiologists, and reporting

system. BRMI also performs diagnostic chest CT in patients who experience pulmonary symptoms or who have abnormal chest x-rays.

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Tips for couples to keep marriage strong into the golden years

he trend of long-married couples calling it quits has been growing. However, there are some steps couples can take to keep their relationships going strong.

According to the AARP, divorces among people over the age of 50 have doubled since 1990. According to Susan Brown, co-director of the National Center for Family and Marriage Research at Bowling Green State University, one out of three baby boomers will face their golden years unmarried.

There are a number of reasons why divorce rates have skyrocketed among the over-50 set. Understanding just why these divorces are taking place and taking proactive steps to alleviate some of the divorce triggers can be a recipe for a happy marriage that continues throughout a cou-



Giving love notes and going on dates are great ways for older married couples to create excitement and

ple's golden years.

Ours is a transient society

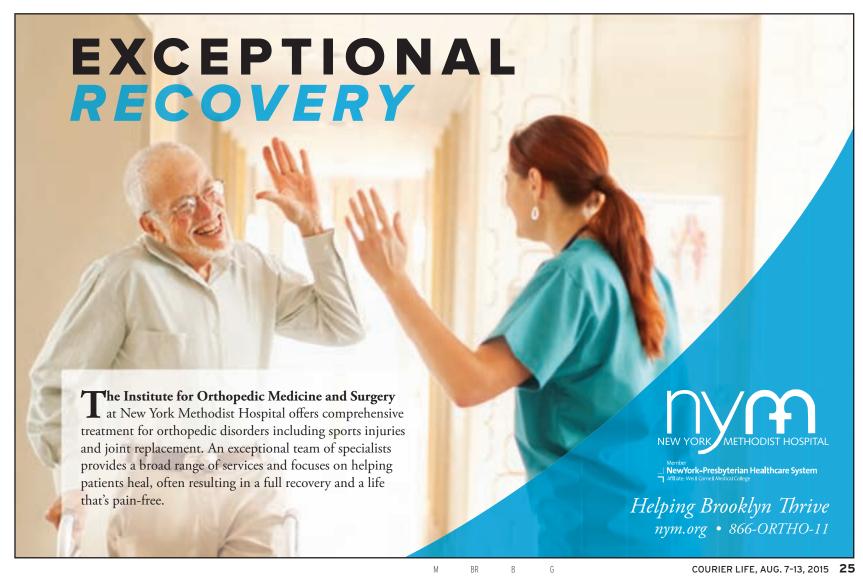
where families no longer bat **Increase accountability.** an eyelash over moving great distances away from other are not connected to children

family members. As a result, boomers may feel like they

or grandchildren. With this in mind, they may feel less attached to their marriage or their responsibilities, or believe that no one will get hurt by a divorce. Keeping families close and remaining in frequent contact can increase accountability and reduce the propensity for divorce.

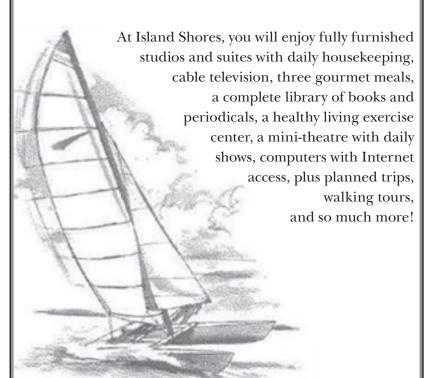
Get things out in the open. A major reason for a failed marriage is years of avoiding significant issues, rather than addressing problems. Couples should make time to talk to each other about anything that might be bothering them, rather than letting too many things slide. If these conversations turn into shouting matches, there is always the option of bringing in a third party to serve as a mediator.

Continued on page 30





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Emergency preparedness for seniors in case of hurricane

BY JOANNA R. LEEFER

urricane season is upon us, bringing back memories of Hurricane Sandy, the 2012 superstorm that devastated 24 states. At the height of the storm, over 7.5 million people were without power.

Most of us were not as prepared as we could have been when Sandy hit. Seniors in particular suffered special hardships. Many elderly people were trapped in high-rise apartments with no air-conditioning, no elevator service, and no access to necessary health services. New York City is fortunate that it has so many good Samaritans and community services that helped our seniors get through the cricis

Now that we have literally weathered one storm, we should be able to prepare for another. All New Yorkers should make an effort to store adequate supplies of food, water, and other necessities during hurricane season, but seniors should be particularly vigilant. They should consider not only storing adequate food and water in their homes, but should anticipate their medical needs. This should include keeping an extra supply of medication on hand, finding backup power sources for crucial home medical equipment, and developing plans in case health care services are un-

Here are five steps seniors should take to weather another super storm:

Collect emergency supplies

Seniors are more prone to dehydration than younger people. They should stock enough emergency water for at least a week. A rule of thumb for seniors is to store at least one gallon of water per person per day. This is equivalent to about one six pack of bottled water per day. If a pet is involved, be sure to put aside enough water for him as well.

Stash away enough non-perishable food for a week. This can include a variety of canned foods such as prepared soups, tuna, sardines and vegetables. Other foods that can be stored include dried nuts, fruits, peanut butter, and crackers. Don't forget to pack a manual bottle opener and can opener if power goes out. If your hands are too arthritic to use a manual can opener, purchase one that runs on batteries — and don't forget the batteries.

Prepare for medical emergencies

Create an emergency notebook that contains essential health information and place it next to the phone. The notebook should contain a copy of your Medicare card, secondary insurance information, and credit card account numbers. Write out a list off all doctors, their specialties, and their contact information. Include their emergency phone numbers as well as office phones.

Record all medications, dosages, and when they should be taken. Note the prescription number and phone number of the pharmacist. It's important to have all this information in a place that is readily accessible.

Register life-sustaining medical equipment

Some seniors require special life support equipment such as respirators, dialysis machines, or diabetic sugar monitors. All this equipment should be registered with the local utility company, such as Con Ed. Utility companies are required to maintain records on residents who are dependent on medical equipment so the company will give priority to restoring power to them.

Register all medical equipment information with the equipment supplier. Each supplier should provide its users with back up generators that insure the equipment continues to work until power is restored.

Create a personal emergency network

Make sure that someone is aware of your presence at all times. Do you have a friend who lives near by? Ask if she will check on you in case of emergency. If you don't have a friend living in the vicinity, find out if your building or neighborhood association has a network for contacting residents in case of emergency.

Some apartment complexes appoint a representative per floor who is responsible for checking each apartment in case of an emergency. Some buildings even set up a system of placing a brightly colored index cards outside each resident's apartment to indicate their presence. The card is not removed until the inhabitant is evacuated.

Check on home health attendant services

If you require a daily home attendant, check on the agency's official emergency care policy. All certified home health agencies are required to develop a written safety plan for each patient when they sign up with the agency.

The agency nurse assigns each client a priority code based on her required level of care in case of emergency. A Level 1 patient requires

Continued on page 30

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What's New In Cataract Surgery?



Clinical Associate Professor of Ophthalmology at NYU

For years patients have asked me, "do you use laser in cataract surgery?" The answer has always been "no" until now! Our modern- day cataract surgery utilizes phacoemulsification or ultrasound to break up the cataract through an incision so small that no stitches are required. But now, I can say to patients that "yes, we can utilize a laser to do cataract surgery.

We can now use a laser to make many of the steps in cataract surgery more precise. In very advanced cataracts the laser can be used to soften the cataract so that less energy is needed to remove it. Since this new technology is in the early stages of use, it is not yet known how much better it will make our results, already very good. In the future, I am sure that we will be utilizing the laser more often and that we will be getting closer to giving patients better and quicker glasses-free vision. Right now, the technology is still expensive and for most patients doing cataract surgery without the laser will yield excellent results. And, oh yes, we still have to make an incision into the eye and utilize phacoemulsification to get rid of the cataract.

When the cataract is removed, which is the natural lens of the eye, it has to be replaced by a

new lens or an implant. These implants remain in the eye for the lifetime of the patient and allow the patient to focus.

There are new implants now that correct astigmatism and some that allow patients to see far and near without glasses. Astigmatism has to do with the curvature of the cornea, the clear window in front of the eye. The astigmatic lenses work very well and now allow patients with large amounts of astigmatism to walk around without glasses. However, glasses for reading are still necessary. The multifocal lenses allow eligible patients to do mostly everything without glasses. However, in certain situations they still require a prescription for glasses. These lenses are new technology and thus are an out-ofpocket cost to patients. For those who find it difficult to pay for these lenses, I assure patients that after cataract surgery their vision will still improve as our techniques for cataract surgery are excellent. This is a great time in ophthalmology to have cataract surgery as our results are so good and usually the recovery of good sight is so quick. For more information about cataract surgery, call the office of Dr. Millie Fell at Brighton Eye 718-339-6868.

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Exercise and the older woman

making people risk-averse. Financial advisors typically recommend that men and women steer clear of risky investments as they age, and men and women over 50 often make lifestyle choices to reduce their risk of developing certain medical conditions. As women age, some may feel exercise is simply too risky. Hormonal changes brought on by aging decrease a woman's bone density, and that fact makes many women over 50 hesitant to embrace exercise. But exercise plays a key role in helping women over 50 secure their long-term health and reduce their risk of injury.

Exercise promotes independence. Some women feel that exercising after 50 increases their risk of injury, which can make them overly dependent on their loved ones. But exercise, in particular strength training, slows bone deterioration, helping bones stay stronger longer and reducing a woman's risk of suffering a potentially debilitating injury. Independence is especially important to seniors, many of whom spent years planning their retirements and awaiting the day when they would be free to travel at their leisure. Daily exercise can help women maintain that independence by reducing their risk of injury and other ailments that can be confining.

Exercise can improve sleep. Some women who are fighting fatigue may feel that routine exercise will only make them more tired. But exercise actually improves energy levels and makes it easier to get a better night's rest. Numerous studies have shown

■ he aging process has a way of that routine exercise can improve sleep quality and even increase energy levels throughout the day, something that should raise an eyebrow among women who do not exercise but routinely find themselves fighting fatigue. A more quality night's rest improves vitality, making it easier for women to exercise and make it through the day without feeling fatigued.

Exercise benefits those with limited mobility. Women over 50 with limited mobility may feel that exercise serves no purpose because of their disability or physical condition. But even women confined to wheelchairs or those forced to walk with a cane or walker can benefit from cardiovascular exercise and even light strength training. Such exercises can improve a woman's range of motion while reducing her risk of heart disease.

It's never too late to start exercising. Many aging women feel their time to embrace exercise has long since passed. But it's never too late to start exercising. Women should take a conservative approach when exercising after a long hiatus, beginning with a slow walk around the neighborhood or a local park. Walking is a great beginner's exercise, as it provides a good cardiovascular workout while working a variety of muscle groups. As your body readjusts to physical activity, gradually increase the intensity of your exercise sessions, adding some strength training, ideally under the supervision of a professional. Always stretch immediately after each exercise session, and give your body ample time to recover, especially when you begin your new regimen.

Understanding signs of aortic stenosis

the phone and I heard him breathing really hard on the other end," said Mary. "I asked him what was wrong and my dad said he was just out of breath these days. I knew something wasn't right.'

When her father, 80-year-old Conrad, a typically vibrant and active person, began to experience a marked decrease in energy, he didn't think anything of it until Mary pointed out his shortness of breath. Conrad thought his symptoms were the normal signs of aging, but he soon discovered they were actually caused by a problem with one of the valves in his heart.

In your golden years, you've probably come to expect that your hair will turn gray. But did you know that feeling extremely tired or short of breath may signal a deeper, underlying problem? Aortic stenosis may be the culprit.

Up to 1.5 million people in the United States suffer from this progressive disease where the aortic valve in the heart narrows. This can be caused by a variety of reasons, including the buildup of calcium in the heart valve,

ne day, my dad picked up a birth defect, rheumatic fever, or radiation therapy. Approximately 250,000 people suffer from the most severe form of aortic stenosis.

> Aortic stenosis may cause you to experience the following:

- ·Chest pain or tightness.
- · Fatigue.
- ·Shortness of breath.
- ·Lightheadedness, dizziness, and/ or fainting.
 - · Heart palpitations.
 - ·Swollen ankles and feet.
- ·Difficulty walking short distances or exercising.
- ·Sensations of a rapid fluttering
- •The need to sleep sitting upright instead of lying flat in bed.
- ·Unable or unfit to engage in physical activities that you used to enjoy.

If you experience any of these symptoms, talk to your doctor right away as they may be signs of a serious health

Fortunately there are treatment options available for aortic stenosis, which may help to extend and improve your quality of life. Therefore, it is important to recognize the symptoms.



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ATHLETES

Continued from page 23

on their flexibility, stretching their muscles before and after a workout. In addition, activities such as yoga can work wonders on improving flexibility for young and aging athletes

Don't stop strength training. Some aging athletes mistakenly feel they should stop strength training as they get older. No longer concerned about building muscle, aging athletes might feel as if they have nothing to gain by lifting weights and continuing to perform other muscle strengthening exercises. But the body gradually loses muscle mass as it ages, and that loss puts the joints under greater stress when aging athletes perform other exercises. That stress can put people at greater risk for arthritis, tendinitis and ligament sprains. While you no longer need to max out on the bench press or challenge yourself on the biceps curl, it is important to continue to make strength training a part of your fitness regimen as you age.

Aging athletes need not associate aging with ceasing their athletic pursuits. But recognizing your limitations and the changes your body is going through is an important element of staying healthy as your approach older adulthood.

SAFETY

Continued from page 26

24-hour care. This means an agency must insure that an aide stay with a patient during the crisis. A Level 2 patient is rated as a "moderate priority" indicating that services may be postponed for a day or two. Level 3 is a "low priority" patient, meaning the client can safely miss scheduled visits and a family member or friend is expected to provide support until the disaster is over.

Home care recipients should periodically check with their agency to insure their patient classification is current or that the level of care is updated.

If a certified agency is not being used, be sure to discuss and agree on what procedures the care provider should follow in an emergency so there are no misunderstandings.

Let us all hope that this year's hurricane season will be mild and there will be no need to initiate an emergency plan. But let's not become complacent.

It is better to be prepared and safe than endure another emergency like superstorm Sandy.

Joanna R. Leefer is a senior care advisor/advocate and founder of ElderCareGiving, a service that helps families find and get the best care for their aging loved ones when family care is no longer enough. She has been working with seniors and their families for more than 10 years. Hear her latest interview on Manhattan Chamber of Commerce Radio: Three Common Misconceptions about Eldercare, by logging onto www.joannaleefer.com.

MARRIAGE

Continued from page 25

Spend time apart. After retirement, couples may find themselves spending hours upon hours in each other's company. While togetherness can be beneficial, too much time spent together may lead to feelings of suffocation and the perception that each member of the relationship is no longer his or her own person. Individuals can remedy this by doing more things on their own, whether spending time apart with friends or engaging in hobby time without your spouse. After all, absence makes the heart grow fonder. Brief periods of separation can

make the time married couples do spend together feel more meaningful.

Recommit to your vows. After 30 or more years, the vows you shared on your wedding day may be a distant memory. Some people may have different views on the permanence of vows, putting personal happiness ahead of the happiness of the couple. Take stock of what you promised one another on your wedding day and stick to those words.

Become a comedian. Laughter has a way of dissolving a tenuous situation. Focus energy on laughing at mistakes instead of pointing blame. Couples can make fun of themselves and resolve to not take things too seriously.

ter all, absence makes the heart grow Act like you're dating. Couples fonder. Brief periods of separation can often become complacent after many

years of marriage. They may forget about the little details that made the relationship fun in the early years. The personal notes and cards and other surprises may fall by the way-side after being together for some time. Make an effort to go on dates, write love notes, and think of what was appreciated by your partners when you were in the dating stage.

Practice selflessness. Sometimes all that is needed to rekindle a relationship is a selfless act that shows how much you care for your partner.

Couples who are on the fence with regard to divorce can make an effort to improve the relationship rather than simply see divorce as the best option.

At New York Methodist Hospital heart device benefits kidney failure patients

NY METHODIST

Almost 500,000 Americans living with impaired kidney function receive regular hemodialysis treatments to filter waste from the body's blood supply (a healthy kidney's key function). At the same time, each year, over 100,000 Americans with severe cardiac arrhythmias (abnormal heart rhythms) have cardioverter defibrillators (ICDs) implanted. ICDs can "jumpstart" the heart if a patient's arrhythmia causes it to stop suddenly.

These effective treatments address two different conditions, but until recently, a patient who needed both therapies was often out of luck. The good news is, a new device called a subcutaneous implantable cardioverter defibrillator (S-ICD) is changing that

Lawrence Stam, M.D., as-



Gioia Turitto, M.D., director of electrophysiology at New York Methodist Hospital.

sociate chief of nephrology at New York Methodist Hospital, explains: "Until recently, ICDs could function only via thin wires, called leads, which snake from the device into the blood vessels of a patient's vascular (circulatory) system and directly into the heart's chambers. However, kidney dialysis also requires regular access

to a patient's vascular system. Using a patient's vascular system for both purposes at once can carry a high risk of clotting, but thanks to the new S-ICDs, we are now able to avoid that risk."

An implanted S-ICD is installed directly under the skin, just like a traditional ICD. But instead of going into a patient's blood vessels, an S-ICD's wire runs under the skin to an area of the chest directly over a patient's heart, ready to generate a heart-restarting electrical impulse if it is needed. Thus, a patient's vascular system can still be used for kidney dialysis, while he or she has the benefits of an implanted device that can prevent death due to a heart arrhythmia.

"It's important to note that an S-ICD doesn't do everything," cautions Gioia Turitto, M.D., director of electrophysiology at NYM. She and her team in the Hospital's Division of Cardiology install and maintain the cardiac devices. "The devices only have one wire—if a patient has a clinical condition that requires two or more wires, direct access to the heart will still be needed. But there are many potential benefits of S-ICDs

that extend beyond the treatment of patients who also have kidney failure. The easy accessibility of an S-ICD's wire means that, in the event of an infection, the wire can be removed and replaced without accessing the patient's heart. And in younger patients with a long life expectancy who need an ICD, the wire may simply wear out over timebut no access to the heart will be required to replace it. For these patients, an S-ICD is a welcome option. And for those patients who, in addition to arrhythmia, are also living with kidney failure, the availability of S-ICDs is truly a lifesaving revolution."

To find a New York Methodist Hospital-affiliated physician who specializes in the treatment of heart conditions or kidney conditions, call 718-499-CARE (2273) or visit NYM's website at www.nym.org.

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That is why doctors from all over the country are racing to acquire and get trained to operate the DRX9000™, an FDA approved device that is saving thousands of Americans suffering from chronic back pain from going under the knife.

Dr. Melinda Keller, who treats serious back pain without surgery explains how the DRX9000™ works... "Over 10 years ago, NASA began to notice an unexpected result of space travel: Astronauts that left with back pain would come back without it. After investigated this now phenomenon here's what they found: During the antigravity state of the mission there were decompressive forces on the intervertebral

discs and back pain was relieved. How? When you travel through space, the effects of gravity are removed and you are in a weightless state. All the pressure is taken off your spine and discs. Even better — and this is the key — a negative pressure is created. This negative pressure actually sucks the herniated material back into the disc and allows it to heal. Thanks to the DRX9000™, disc herniation sufferers finally have a non-surgical solution."

The main conditions the DRX9000[™] has documented success with are back pain, sciatica, herniated and/or bulging discs (single or multiple), degenerative disc disease, facet syndromes and a relapse or failure following back surgery.

Anyone wishing to learn more about this new FDA approved solution to back pain or to set up an appointment for a free consultation call Dr. Keller's office at 718-234-6207 or visit **Brooklyn Spine Center**, 5911 16th Ave., Brooklyn, New York 11204. Brooklynspinecenter.com.



YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE
2011	Honda Odyssey, 35k	4830	\$12,995	2011	Mercedes ML350, 25k	5589	\$21,888
2008	BMW 528xi, 34k	1008	\$13,995	2011	Acura MDX, 48k	1321	\$21,995
2012	Nissan Murano, 43k	17044	\$14,750	2013	BWW 328i xDrive, 18k	3881	\$24,995
2013	Mercedes C300, 47k	16502	\$19,995	2011	Mercedes GL450, 17k	6101	\$32,888

_	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE	YEAR	MAKE/MODEL/MILES	STOCK /VIN	PRICE
	2012	Honda Civic, 31k	5650	\$8,995	2011	Ford Edge, 51k	1241	\$12,995
	2011	Honda Accord, 31k	2651	\$9,995	2013	Dodge Gr Caravan, 43k	3793	\$12,995
	2014	Nissan Versa, 9k	3309	\$9,995	2013	Chevy Malibu, 3k	1382	\$13,995
	2013	Toyota Corolla, 19k	2595	\$9,995	2011	Toyota Sienna, 15k	1034	\$13,995
	2012	Ford Escape, 72k	7278	\$10,995	2014	Ford Fusion, 10k	10024	\$13,995
	2011	Nissan Rogue, 32k	4761	\$10,995	2012	Toyota Sienna, 23k	1070	\$14,995
	2012	Honda Accord, 32k	1223	\$10,995	2012	Dodge Charger, 8k	1030	\$15,995
	2009	Infiniti G37x, 52k	1255	\$11,995		MANY MORE LIKE THIS TO	CHOOSE FROM!	

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YEAR	MAKE/MODEL/MILES	STK /VIN	PRICE	YEAF	MAKE/MODEL/MILES	STK /VIN	PRICE
2003	Honda Accord, 91k	A72885	\$3,995	2007	Acura MDX, 104k	10125	\$8,995
2003	Honda Pilot, TMU	534295	\$3,995	2014	Mazda 3, 55k	15906	\$9,995
2003	Honda Accord Coupe, 91k	021636	\$3,995	2011	Toyota Rav4, 48k	1066	\$9,995
2004	Toyota Highlander, 101k	6771	\$5,995	2011	Nissan Altima, 10k	1026	\$9,995
2007	Nissan Pathfinder, 126k	601699	\$6,995	2012	Nissan Altima, 32k	1079	\$9,995
2010	Toyota Corolla, 37k	1042	\$7,500	2009	Honda Pilot, 36k	1032	\$13,995
2009	Toyota Sienna, 93k	391451	\$8,995	2011	Honda Pilot, 23k	5210	\$14,995
2011	Honda Civic LX, 47k	7569	\$8,995	2012	Honda CRV, 57k	13914	\$14,995
2013	Kia Soul, 10k	10515	\$8,995	MA	ANY MORE LIKE THIS TO C	HOOSE FRO	M!

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'Cartoon' characters will become Boardwalk scourge

To the editor,

Your article about the relocation of costumed characters driven out of Times Square and onto the Coney Island Boardwalk perspicaciously starts with, "And so it begins..." ("Costume catastrophe! Times Square plague afflicts our beloved Boardwalk" online July 2).

Once these exhibitionistic extortionists commandeer any area, they are inevitably followed by legions of connivers, emulating the anti-social paradigm of extracting money from unprotected civilians. The only restraint on their confrontational aggression is the limits of their imagination. Welcome to hordes of optical squeegee men, who will pull off your sunglasses or eyeglasses without vour consent, "clean" them, "shine and polish" them, and demandingly await remuneration. In your auto, you pay for the uninvited service, assessing the cost of a shattered window or kicked-in fender or door. On the Boardwalk, there will be no protection of a closed door or window.

Welcome to hordes of self-appointed entrepreneurs. Unasked, they will assist you with bench chairs, coolers, umbrellas, and other gear that you are lugging to your chosen sandy destination. Perhaps the City Council can license these bogus bellboys and establish reasonable rates, so as to augment the depleted city budget. Can-and-bottle collectors can enhance their income by filling up the bottles with water and selling them to the unsuspecting. Some of us suspect that this is already being done on a grand scale by the beverage industry. The economic opportunities are limitless.

Artists can create necklaces of seashells and survive in a capitalistic society, while inspiring the aesthetic and cultural ambiance of Brooklyn. Fortune tellers have always constituted a magnificent mosaic in the cornucopia of Coney Island's cultural community. A randomly found seashell, when interpreted correctly, reveals your destiny for a dollar.

What about the displaced masseuses who lose employment based on zealous, puritanical crackdowns on legitimate massage parlors? They

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SOUND OFF TO THE EDITOR

LETTERS AND COMMENTS FROM OUR READERS

could peripatetically combine the therapeutic benefits of massage with sunscreen applicants, by going blanket to blanket. **Joseph McCoppin Sheepshead Bay**

Apology, please

To the editor,

I read with great sadness about state Sen. Marty Golden's (R–Bay Ridge) reaction to the recent Supreme Court ruling legalizing gay marriage ("Un-wise crack: Golden makes homophobic joke," online July 8).

Golden's advocating violence against homosexuals based on biblical text represents a narrow-mindedness and meanness of spirit that should be beneath the dignity of office for an elected official. Gay marriage is now the law of the land, and with Golden's consistent support of law and order, I was shocked that he is advocating physical injury against citizens who may or may not partake of this new right. Is he advocating civil disobedience? What right does the senator have to pick and choose laws that he may not privately agree with, and tell citizens to take the law into their own hands and commit violence? Do we not hold our public officials to a higher standard?

Unless Golden publicly apologizes for his distressing lack of judgment, I will remember this sad, sad incident come the next election cycle, and I will encourage all my friends, neighbors, and family who reside in bay Ridge to do likewise. David Spegal Bay Ridge

Clean power

To the editor,

Cheers to the Obama administration for their clean power plan, showing that the U.S. is serious about reining in power plants that produce about one third of our carbon emissions.

As virtually all scientists agree, climate change is real and if we continue on this path the consequences will be dire.

But climate change does not only affect the U.S. Beyond the hurricanes, "100-year-storms," and droughts, there are already devastating international consequences. Economists have calculated that investors will lose more than \$4 trillion between now and 2100 as a result of climate change. All the more reason why the new plan is important.

Gov. Cuomo should show that we

G

in New York are on board, retiring the state's four coal plants and leading the drive for renewables.

Ben Apatoff Crown Heights

To the editor,

I applauded when I heard that President Obama decided to speak about carbon immersions dealing with the coal companies and what's needed to be done to cut green house gas. On the other hand I wonder why he would approve permits to drill in Alaska. Hasn't history taught us any lessons yet? Months ago California had another oil spill which killed fish and fowl. Let's not forget the Gulf of Mexico and BP oil spills.

Coastal waters were ruined for man and women who counted on fishing as their means of income. Beaches were ruined for tourists as income became non-existent. Other industrial countries take the environment seriously, but many of our congressional leaders think global warming is a hoax. The president showed concern about his daughters' future, but why not show the same concern about the people living in Alaska, and the reversible effect if and when there's a major oil spill?

As we know, the track record of safety of the oil companies that drill in deep water does not exist at all. The government makes no effort to prosecute them with jail time, instead imposing fines that are chump change for them.

Solomon Rafelowsky Brighton Beach

Biz diss

To the editor,

I am writing this letter in support of Jerry Sattler, who wrote about commercial rent control, asking when Brighton Beach would get a supermarket ("Reader: What does it take to bring a supermarket to B'Beach?" Sound Off to the Editor, July 24).

As a long-time Brooklyn resident, I am sick of seeing supermarkets and small stores closing down constantly, not because of lack of business, but because of rent increases. I have been especially saddened by the closing of several excellent restaurants, long-time institutions in our community, including Carousel and Adelman's in Midwood, and El Greco in Sheepshead Bay. Perhaps if we had commercial rent control, these and a lot of other favorite places, including movie theaters,

might still be here.

Nowadays the only institutions seemingly able to afford the high rents the landlords are demanding are banks and drugstores. Who needs three or four banks and two drug stores on every block? For many years, my friends and I, mainly senior citizens, have been going to a poetry group on Saturdays at the library on Kings Highway and Ocean Avenue. Afterwards we like to go out for dinner. We used to have several excellent restaurants to choose from. including Adelman's. Now the closest restaurant we have is Dunkin' Donuts.

If commercial rents keep going up, restaurants keep closing, and there are no supermarkets, we may all end up living on tranquilizers and donuts.

Elaine Kirsch

Gravesend

To the editor,

In response to the remarks by Yelena Makhnin, head of the Brighton Beach Improvement District ("Seniors want supermarket," July 31): Why would any supermarket want to come into this location where there is no parking?

As far as I can remember whichever supermarket was located on Ocean Parkway and Brighton Beach Avenue, there was never parking. Beach-goers would come to spend a day at the beach, coming off the Ocean Parkway subway or buses, and could go in and get either breakfast or sandwiches if they chose to.

Then before leaving, they could do their shopping before taking either the subway or buses home. So to say parking is the reason for not having a local supermarket is false. Many of the seniors who live nearby don't need to drive because either they are in a wheelchair, or use a walker or cane to get around. We're not asking for much. Just think of seniors as people as well, while making shopping a bit easier.

I live at the other end of Brighton Beach and many times would shop at the Met because I like to support the local supermarket.

When we hear talk about parking, where is there room to build? This is nothing like Pathmark, Walbaum's, Stop and Shop, Aldi's or Trump. On a hot summer weekend try finding parking in the municipal lot between Brighton Second and Fourth streets.

Jerry Sattler Brighton Beach

How a normal teen can be labeled a 'sex offender'

es and Amanda Anderson arrived in New York from Indiana this past Thursday night and headed straight to Times Square, as many tourists do. But as they gaped at the billboards and read the news zipping by in lights - "19-Year-Old Sentenced to 25 Years as a Sex Offender" — they stopped dead in their tracks.

That 19-year-old is their son, Zach.

"It took a minute to absorb — it was 1 am," Amanda told me. I met the Andersons for lunch in Chelsea their second and final day in the city. They'd come to tape a talk show with the popular preacher T.D. Jakes. Nightline had filmed them in their Elkhart home a few days earlier, and they've also been on CNN and in the New York Times, all because of a date their teenage son made earlier this year.

Zach had gone on the app "Hot or Not?" and met a girl who lived just over the border in Michigan, who said she was 17. They met up and had sex.

But when she didn't get home on the dot, her worried



RHYMES WITH CRAZY

Lenore Skenazy

mom called the cops, because her daughter has epilepsy. When she got home, the cops found out where she had been and also her true age: 14.

Zach was arrested for rape. The judge at the trial knew all these facts. What's more, the girl and her mom both came to testify on Zach's behalf. "I don't want him to be

ally is not," the girl's mom declared

The judge ignored them and sentenced Zach to 90 days in prison — followed by 25 years on the Sex Offender Registry.

"He just turned around and looked at me like, 'Help,'" said Les, choking up as we sat in a Seventh Avenue deli.

The town rallied around the family.

"We're praying for your son every morning," one business associate told Les.

A mom told Amanda, "All the parents are talking about is, 'This could happen to any of us!"

The South Bend Tribune did an amazing write-up and Zach's case became a cause celebre.

But you can be a cause celebre and still have to live under Sex Offender Registry restrictions. That means that three weeks ago, when Zach got out of jail, he could not go home. As a sex offender, he cannot reside with anyone under 17, and that includes his younger brother.

Zach a small house far from any school or playground (another registry requirement). Each night, he must be home by 8. The police can come at any time to do a search, and already have. What were they looking for?

Movies. Not dirty ones clean ones. Zach can't have any G-rated movies like "Home Alone," on the assumption that watching kids will trigger his urge to rape them.

Zach also cannot have a smartphone.

"We got him a flip phone and we had to bust the camera with a screwdriver to break it," said his dad. Zach can't have any access to the internet, either, which means he has to change his college major: Computer science.

And he's not allowed into a library, skate park, or mall, because there are kids around. He couldn't even accompany his parents to New York. Probation restrictions.

"I asked Zach, 'Did they ever teach you this in high school? Did they cover the Age The Andersons broke into of Consent laws?" said his

a sex offender because he re-their savings and bought mom, Amanda. "He said ves, which is why he asked the girl how old she was." But there, as here, if a minor lies about her age, that doesn't make her partner any less guilty.

> So here are the laws in New York, according to criminal-defense lawyer Ron Kuby:

> ·Third degree rape is defined as being 21 or older and having sex with someone un-

> · Second degree rape: If you are 18 or older, and have sex with someone under 15, unless the defendant is less than four years older than the victim when the act occurred.

> ·First degree rape criminalizes any person who has sex with someone under eleven, or someone 18 or older who has sex with someone under 13.

This Wednesday, Aug. 5, Zach goes back to court to request a retrial. Me, I'd like to request a re-trial of the laws that are creating "sex offenders" out of normal, horny young people.

Lenore Skenazy is a keynote speaker and the author and founder of the book and blog Free-Range Kids.



Stan asks if Walker will get trumped

ithin a few short hours after tossing his hat into the ring, Wisconsin Gov. Scott Walker was already polling at number two in early surveys. Jeb Bush was still number one, and The Donald was pushed down to number four.

Everybody knows that it takes a lot of money to get elected. The Governor is known to be anti-union. If, by any chance, he gets the nomination, every union will work harder than ever to beat him. While Ameriunion membership be decreasing, the unions themselves are still pretty wealthy. They will bankrupt themselves contributing mega-millions to any candidate that gets the Democrat nomination.

But first, before they start writing those checks, Walker himself has to beat all the other right-wingers who are in the ring. Do you think he can? He's a rightwinger who is the governor of a state that generally supports Democrats. Besides being elected to that office, he is the only governor in the U.S. that successfully beat a recall. The man is doing something right.

And how do you feel about Trump? I know, nobody admits to liking him. Nobody we are friends with will vote for him. But when nobody is looking, lots of Americans agree with what he said — even though they don't like the way he said it. They will be blessing the secret ballot because they will be voting for him. Not being able to get the Latino vote he will not even be close, but if by some miracle he does get nominated, his only salvation will be to attach himself to Cruz or Rubio as his Veep choice.

Even though I visited several times many years ago, I am no longer a fan of Mexico. It is a corrupt country, but most of all. I did not like what it did to Sgt. Andrew Tahmooressi a while back. At that time, I cancelled a cruise because a port of call was in our southern neighbor's territory.

Aside from what Mr. Trump said about Mexico, I was more impressed about what he said about jobs: being disagreeable."



IT'S ONLY **OPINION**

Stanley P. Gershbein

"Politicians don't create jobs." Mr. T is a businessman. He creates jobs.

I was a businessman. I have owned and operated three retail pharmacies, six restaurants and an exporting company - though not all at the same time, of course. As a successful businessman, over about four decades I had several hundred employees. The man is correct. Those in business create jobs.

So you are on vacation, the kids are out of school and the Mrs. has already started packing for your third (or is it the fourth?) annual trip to Florida.

Having seen enough of Disney World - and besides that wonderful visit to Grandma where the family can dine on the world's best homemade Kreplach, Chulent and Rugalach — what are your plans for this trip? You might want to consider another stop in Orlando where family-friendly motels and restaurants save you a bundle compared to other vacation destinations. This time, instead of Disney, a trip to Universal is a great suggestion. I'm not a pitchman for Universal but I am for the following website - Orlandoinformer.com.

I am StanGershbein@ BellSouth.net closing once again with some very famous advice from a very famous person. On Dec. 18, 2008, President Obama said, "We can disagree without

Go girl! Caitlyn putting trans-folk on the map

is the new buzzword, thanks to Caitlyn Jenner, the world's most famous transgender person and star of the new television reality show

"I Am Cait." But people identifying as — or having undergone the knife to become — a member of the opposite sex have always been part of our history.

Egyptian Queen Hatshepsut wore male clothing and a false beard to rule as a pharaoh in 1503 BC. Roman emperor Nero took a castrated slave boy as a wife in a legal ceremony in 60 AD. The Navahos recognized three sexes, while Sioux males and females crossed over and lived happily as the gender of their choice.

Ancient cultures revered transsexuals as wise and insightful people, but hate and violence took over when maledominated societies with strict caste systems began crushing the first birthright of people to



Shavana Abruzzo

be comfortable in their bodies.

Modern sensibilities have helped — to a point. Great Britain performed the world's first sex change operation in 1945, and gender-identity discrimination is banned in the American federal workplace, but the road to universal acceptance remains rocky:

- •In 2013 the majority 72 percent — of hate-violence homicide victims in the U.S. were
- •Some Muslim regimes use severe interpretations of Koranic law to justify violence against transgenders.
- Sweden considered one of the most progressive countries in the world — sterilized transgenders who wanted to legally change their sex, until a

the barbaric practice in 2012.

Trans-folk are denied the rights cisgenders (non-transgenders) take for granted, including

using public facilities without fear of harassment, violence or arrest, and not having your human value based on how passable you are as a man or a woman.

Caitlyn Jenner has invigorated a compelling conversation about the right to be yourself, but the stories of America's other estimated 700,000 trangenders are as noteworthy.

Next week A Britisher's View begins a three-part series on a local transgender — a divorced dad from Bay Ridge who shares her lifelong odyssey to become the female she claims she was born to be.

Next week: "I Am Nancy," a Brooklyn man's journey to womanhood: Part 1

Joanna pines for the days of ad-free TV

ong ago and far away, there was a time when you could view a real, honestto-goodness television show in your own home, without commercials.

Yes, there was. It was called cable television. In those halcyon days when cable was in its infancy, there were no commercial interruptions. You heard me right — no commercial interruptions. You paid for the service, and you got to watch the entire movie without one interruption.

You were not jolted, cajoled, or annoyed by those pesky ads that tried to sell you aftershave or the best coffee, even if it was good the last drop, every 15 minutes. Regular, free television was a battlefield where the admen became so aggressive you wound up just watching commercials with a few plot lines in between for good measure. It was so frustrating I found myself reading books, imagine that.

Every channel — all 13 of them — were deluged with ads. ads, and more ads. Except, of course, for PBS — there were those annoying fund-raiser weekends to contend with, but they were tolerable in as much



NOT FOR NUTHIN

Joanna DelBuono

as they only ran once or twice

So you can just imagine my unbridled joy at the thought of watching one entire show without one single interruption. It was nirvana, I tell you. Cable was the answer to a couch potato's prayers. I jumped on the cable bandwagon with glee.

But then, as is the case with all good intentions, the potholes on the paved, commercial-free road got too big and the cable stations needed to fund the well-oiled machine, and so the days of no commercial interruptions were over. No longer free from the clutches of the ad men and purveyors of consumer interruptions, cable took on the same old ball and chain, with admen ruling the waves and pulling our chains.

For those of us disenchanted with cable television, we took sanctuary in our computers, and logged onto Netflix, Hulu, YouTube — all free of the yoke of the admen. There were even sites where we could communicate free of the commercial noose, Facebook, Twitter, Instagram.

Alas and alack, the shills for aftershave and deodorant have reared their ugly heads yet again, and like the invasive hogweed plant have invaded these sacred sites.

Now even my Facebook home page is sprinkled with ads of every description.

Not for Nuthin, $^{\text{TM}}$ the premium channels on cable are still free of the clutches of consumerism, but not so the other 140 channels that dot the dial. There is nowhere left to hide. The time has come for me to take up the book and leave the dark tube behind.

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DeBlasio's allies get progressively pissed off

am increasingly concerned that New York's mayor may be losing touch with the normally genial, coalitionbuilding side of his persona. It would be all right if this just meant that the rookie mayor was simply losing a few of his Democratic friends. But his behavior of late could cost the city in the future.

Probably the most perplexing relationship of all is De-Blasio's fraying ties to his one-time political mentors, Bill and Hillary Clinton. On the day that the former New York senator announced her 2016 Presidential candidacy, her former campaign manager rained on her parade by proclaiming he wasn't ready to endorse her. Since then he has doubled down on this stance and has even praised Hillary's new nemesis, Bernie Sanders.

Why would the mayor, whose city relies on a generous inflow of federal dollars, want to piss off the likely Democratic presidential nominee? Does he think that by holding back his endorsement he will gain greater leverage with Hillaryland?



POLITICAL SPIN CYCLE

Tom Allon

It is hard to know what's going through DeBlasio's mind; I've even heard the very farfetched rumor that if Hillary stumbles, the mayor hopes to be enlisted as the progressive wing's nominee for President. Really? Don't you have to have a long record of accomplishment before running for the highest office in the land?

Then there is DeBlasio's

the powerful governor of New York and a fearsome antagonist. Dating back to his first year in office when the governor big-footed DeBlasio on the issue of charter-school expansion, the relationship has gone from bad to worse. Last month, both men publicly aired their frustration with the other after a bruising end of the legislative session in Albany.

There have been ample examples of feuds between mayors and governors, and invariably the more powerful governor wins. It baffles one to think that a crafty strategist like DeBlasio would pick a fight with someone like Cuomo, who is not only much more powerful, but also has the memory of an elephant and will do all he can to upstage his former Housing and Urban Development em-

It seems to me that since the mayor has no powerful allies in the Republican-led state Senate, he would try to win over Cuomo. But a fight over rent regulations and a very public battle with the dis-

feud with Andrew Cuomo, ruptive car service firm Uber, DeBlasio has been thwarted and upstaged at every turn by Cuomo. This battle is one that DeBlasio is likely to lose time and time again; one would hope that the mayor will try to win over the governor, who is the only person that can help him accomplish his ambitious progressive agenda.

Then there was the very public and surprising attack by the mayor's hand-picked council speaker, Melissa Mark Viverito, over the Uber debacle. Viverito usually walks in lock step with her ally, but this time she pushed back hard when the mayor tried to bigfoot her and the Council by claiming victory in the Uber battle. It was fascinating to see Viverito go on the attack and sink her teeth into the mayor's vulnerable left flank.

Even the mayor's longtime friend and fellow activist, Bertha Lewis, was unhappy with DeBlasio recently when she was excluded from a City Hall meeting on minority and women-owned businesses.

So, how can we explain this surging trend of losing friends and making new political enemies by the previously genial, likable mayor? Has his ego gotten in the way now that he thinks he has become one of the leading progressive voices in the country? Has he decided that he is so strong and secure that he can mix it up with the governor and potentially antagonize his party's likely presidential nominee? That he no longer needs the Council speaker or allies like Lewis to work with him to achieve sweeping social change in the

I don't think that these series of events are a coincidence or are random acts of a politician who shoots from the hip. like Donald Trump. It seems that DeBlasio has decided that the most effective way to govern is to shed the "Mr. Nice Guy" image and go it alone.

I guess the old saying is true: In politics, if you want a friend, go get a dog.

Tom Allon, president of City & State NY, was a Republican and Liberal Partybacked mayoral candidate in 2013 before he left to return to the private sector. Reach him tallon@cityandstateny.





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One week later, the Screecher is back

'm madder than the shoe salesman working on commission at a nudist colony over the fact that my beloved Smith-Corona failed me and forced me to miss my first deadline in 70 years and now my editor insists I get a newfangled computer to send him the gold I've delivered to him by courier pigeon for almost a century!

Look, you all know the ol'Screecher has his column in on time, or it's on us, every week, and that it would take an act of God from keeping me from screechin' the good screech, but that's what happened last week, when the typewriter I've banged out these columns on for more than six decades went kaplooie and wouldn't work no matter how loud I yelled at it.

Now, I know exactly what you're thinking: "Carmine, if you were so insistent on getting your column in on time, why didn't you just write it out on paper, put it in an envelope, place a stamp on that envelope, and mail it second-day air to Downtown to make sure your editor gets it?"



SCREECHER

Carmine Santa Maria

Well, my answer is simple: semantics.

Who has the time to do all those things when it's just as easy to fax it in half the time for a fraction of the cost!

So now my dumb editor who truly does understand

over to the Gateway 2000 store or something and buy a computer that will ensure I never miss another deadline.

But I'm calling shenanigans!

Sure, using a computer will make it easier for me to write, with all its fancy backspacing and arrow keys and instant zoom that allows me to see the characters right in front of my face. But that doesn't mean I want to dig into the mattress under the floorboards in the attic and get the cash I'll need to make his dream come true.

Nosiree, Bob!

Because it isn't my dream! There's no way I'm dropping a grand or two on a new machine that is a sad replacement for the one and only way to get my pertinent information out to the world — by using muscles to press lead against ribbon and paper and then making notes on it, and then doing it all over again, only better!

I remember the first day I took my Smith-Corona out of me, but, for some reason, the box and knew right then hasn't figured out how cheap and there that it would help

I am — is demanding I head me change the world. And it me how I could type away to did just that!

> I've slammed down on those keys so often you can barely read the letters anymore, but that doesn't stop me from doing what I love to do best. Sure, I make mistakes every now and again — but that just ensures that my lame editor earns his paycheck!

Just the thought that I wouldn't be able to make the beautiful music that is the typebars against platen had me screaming bloody murder at the thought. So I stood my ground. There was no way I was going shopping for a computer. In fact, I demanded my editor pay for a new typewriter!

Unfortunately, he refused, and I couldn't find a typewriter for sale in the classifieds section or at Sears Roebuck, so I had to go to the CrApple Store at the Staten Island Mall and was forced to look at something called "CrapBook" that looked something like a typewriter but had no space to put in the

The genius there showed

my heart's content, and even look stuff up without having to go into the bedroom and dig out the Funk and Wagnalls. He even showed me how to mail the story I just wrote to my editor without having to lick a stamp, so I was generally impressed.

But then he told me the price, and that's when I almost had a conniption. So I asked him if his store was going to close anytime soon, and he told me tonight. And I said forever? And he said, no, we're a giant corporation with gobs and gobs of liquid cash, so we should be around for a long time to come.

So I said I'd think about it and be back next week.

And the week after that. And the week after that. And the week after that!

In fact, I found a new place to write my columns every week, with a personal assistant to answer any questions if I have any.

No body messes with the Screecher, the Screecher does the messing!

Screech at you next week!



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Harbor Watch



NEW GENERAL: Incoming president Dan McSweeney, an Iraq War veteran, aims to take the United War Veterans Council to new heights to honor the American soldier.

United War Veterans Council

New prez's big plans for veterans' group

BY SHAVANA ABRUZZO

Vietnam War veterans were shunned and slandered after returning home from the killing fields, but Americans can thank them for making our communities red, white, and blue, claims the incoming president of the United War Veterans Council — the folks behind the New York City Veterans Day Parade, known famously as "America's Parade."

"It's because of their efforts that our culture has matured and learned valuable lessons about honoring service," says Dan McSweeney, a former active-duty and reserve marine, and founder of InterSect, a communications and management consulting firm.

His predecessor, who served in Vietnam, experienced the unhappy homecoming, complete with antiwar demonstrations and a Bronx cheer from traditional veterans organizations.

"The Department of Veterans Affairs gave us very poor service," says Vince

McGowan. "They gave better service to veterans of World Wars I and II and Korea."

It didn't help that the United War Veterans Council — a group soldiering on since the War of 1812 - had dwindled to a shell of its former self. McGowan and his comrades-in-arms, vey Bagg and Joe Graham, believed other soldiers returning from the frontlines deserved better, and reconstituted the organization in the mid-1980s, laying the groundwork for veterans issues to receive appropriate attention and support in the public and private sectors. They helped to create a Vietnam Veterans Leadership Program and established the Vietnam Veterans of America, while advocating for veterans at City Hall, with McGowan as chairperson of the Veterans Advisory Board. They also organized and funded their own tributes.

"We threw ourselves our own welcome-home parades, Continued on page 40

Safety first for airmen

Refresher course helps hone survival skills

HARBOR WATCH

The survival, evasion, resistance and escape motto is very simple, but grave: "Return with honor."

There are only two specialists assigned to the 436th Operations Support Squadron, but they are responsible for providing survival training to more than 1,000 aircrew members, including aircrews from the Air National Guard and Reserves from neighboring states.

"I like to think of survival, evasion, resistance and escape training as the insurance for the aircrew," said Staff Sgt. Adam Ellerd, the 436th OSS SERE Operations NCO in charge. "They spend hundreds of hours training for aircraft emergencies, but when it comes down to being isolated in a remote location, hungry. tired and with minimal gear, they have to know how to deal with those situations and take care of themselves and return home with honor."

The first day of the aircrew's training consisted of combat survival in the Blackbird State Forest. The crew was taken hostage by enemy combatants, and at their first chance, they made their escape through the woods and split into four- and five-man teams. The teams spent several hours navigating woodland and marsh terrain and marsh with limited supplies and gear. They relied heavily on tactics, techniques and procedures to elude enemy forces and navigate their way to a rendezvous point to be rescued by friendly forces.

During the training, Senior Airman Leo Avila, a 709th Airlift Squadron C-5M Super Galaxy engineer, was responsible for navigating his team to various checkpoints using older but proven methods and technologies.

"The training today was definitely a boost of confi-



DIVE, DIVE: Tech. Sgt. Joseph Monreal watches trainees during refresher exercises in water survival near Dover Air Force Base in Delaware.

Great Davis

dence for me," Avila said.
"Nowadays, you rely so much
on things like GPS, so it was
nice to go back to a compass
and a map and go back to the
basics of navigation."

The diverse airlift missions supported by Dover AFB send its aircrews all over the world. Flying over large bodies of cold, violent water is a normal undertaking for these airmen.

The second day of training consisted of working with the Coast Guard. The airmen were rescued by helicopter from the waters of the Delaware Bay. Coast Guard crews hoisted the students in emergency rafts from the bay and into helicopters, giving them the experience of actually being rescued and lifted into a helicopter.

Senior Master Sgt. Lori Tascione, the 436th Operations Group standardization and evaluations superintendent, said water survival training is something she thinks is very important for aircrews to learn.

"With water, it's going to be the initial shock factor," Tascione said. "Most of the locations we go over have ice-cold water. So you have to know how to protect yourself from (exposure); know how to fish and know how to survive on the water."

Tascione added that surviving a water emergency takes a lot more than just being physically in shape.

"You have to be physically fit of course, but you have to be mentally ready to survive as well," she said. "I tell my crew every time that we go out, 'mama bear is going home to her cubs,' so that's my reason to stay alive."

Ellerd said that training with the Coast Guard can aid in the mental aspects of being rescued out at sea.

"We work hand-in-hand with other services to provide somewhat of a joint operation and a cohesive training environment for the aircrew," Ellerd said. "The experience(s) they bring away from this are the rigors of the environment, how to push through and how to survive. That's really the difference often between someone who survives and someone who doesn't, that mental fortitude."

Ellerd, who has taught survival skills for multiple years at Dover AFB, said he hopes his students never have to use those skills, but the ones who do, he believes are ready for the challenge.

B G COURIER LIFE, AUG. 7-13, 2015 **39**

Family tradition in Nat'l Guard

Father-and-daughter team stationed at same base in upstate New York

HARBOR WATCH

Warrant Officer Meghan Polis, a UH-60 pilot in the New York Army National Guard, doesn't remember it, but she logged her first three hours of helicopter flight time when she was only 3 months old.

Her father, New York Army National Guard Chief Warrant Officer 3 Stephen Polis, and her mother were going to a barbecue in Albany. They lived on Long Island, and they decided to make the trip north by air instead of driving.

The flight school Stephen worked for at the time as an instructor pilot allowed him to borrow a two-seat helicopter for the day. His wife held Meghan to her chest in a papoose and put cotton balls in the baby's ears and away the family went.

Since then, dad and daughter, both from East Patchogue, New York, have shared a love of flying, which extends into their military careers.

The two Army Guard aviators made their first flight together as pilots during the 42nd Aviation Brigade's annual training here, July 22.

The two are UH-60 Black Hawk helicopter pilots, assigned to Company B, 3rd Battalion, 142nd Assault Helicopter Battalion, headquartered in Ronkonkoma, New York.

They flew as pilot in command — dad and pilot daughter — on a morale flight for the mechanics, fuelers, supply people and other support personnel, who keep the pilots of the 3-142nd in the air.

The aircraft, Stephen said, was the same one he flew in 2008–2009 when the unit deployed to Iraq.

Stephen joined the National Guard in 1980 and started out as a mechanic, and then became a crew chief. But his intent was to become a pilot, and he did just that when he went to flight school four years later.

From there, he conducted test flights as a maintenance test pilot before moving into air assault and medical evacuation missions.

"It took me a little while to prove my grit, so to speak, and to actually be accepted to flight school," he said. "But I finally made it. It's a good ride. Very good time."

Meghan followed in her father's footsteps — as well as



DADDY'S GIRL: Guardsman Warrant Officer Meghan Polis and her dad, Chief Warrant Officer Stephen Polis, are both assigned to the same battalion.

Sgt. Jonathan Monfiletto

those of her grandfather, who was also a warrant officer—and took the same route as her father when she enlisted in 2013 and served initially as a mechanic

After a couple of years, she submitted her packet for flight school and completed the training on Fort Rucker, Alabama, in February.

"It's just kind of been a part of the family, and I always felt like I could be a part of it," she said. "By the time I came around to making the decision to do it myself, the little bit of aviation background I had was exactly the route I wanted to go."

When his daughter graduated from flight school this year, Stephen pinned aviator wings on her on the same stage on which his father pinned his wings on him many years ago.

"A lot of family tradition is being created here," he said. "It was pretty prideful. Very rewarding. Extremely nice day for the family."

The July 22 flight started out slow and steady as the pilots allowed their passengers to get a taste of aviation on the trip around the base.

But halfway through the trip, with father and daughter each taking a turn at the controls, the pilots turned the action up a few levels with some dramatic banks, turns, dives and climbs over the wooded area. The maneuvers displayed the capabilities of the Black Hawk for the soldiers, who spend their careers ensuring those helicopters have all the support needed for missions.

After the flight Stephen complimented his daughter on her ability behind the controls, saying that she did a

good job and made him proud.

"I always thought my dad had a cool job, and now that I'm doing it, I know he had a cool job," Meghan said. "It's actually more than I expected. It's so much more rewarding to be able to go out and be the one at the controls flying the aircraft and making decisions."

Perhaps intentionally, Meghan used a pun to describe the experience of working alongside her father, saying she was "still kind of flying" after thinking about it for a while. When she initially wanted to learn to fly an airplane, she said her father refused to fly with her as a civilian instructor pilot.

"This time he didn't really have a choice," she said. "It's really cool to actually be able to sit in the seat next to him. I've always kind of felt like I really wanted him to know how I fly, and now I guess he's got an assessment and it's not that bad."

As a civilian pilot, Stephen said he has flown corporate jets around the world and logged more than 10,000 hours in jets and 10,000 hours in helicopters — in fact, he said, he stopped counting when he reached that threshold five years ago.

The love of flying is something he developed at a young age, and while many people dream of flying but never get the opportunity, he was fortunate enough to turn his love into a career.

"Aviation's been very good to me, extremely good to me," he said. "I have a smile on my face every day and every time I fly. It's an itch that you try to satisfy. It's always a yearning. It's always there. It never goes away."

And after inheriting her father's love of flying and also getting to turn it into a career, Meghan said it is amazing and "more than I thought it would be."

"I'm constantly learning things," she said. "I'm still picking up on different things. Every time I fly with someone, they have a different technique. I'm really developing my own pilotage, my own techniques. It's a challenge and it's a thrill."

VETERANS

Continued from page 39

and built our own memorials in the city and Washington before the World War II and Korean War memorials were completed," says McGowan, who hired Pat Gualtieri, a Vietnam vet and event producer who died in July, to invigorate the city's dog-eared Veterans Day Parade for the new millennium, inviting for the first time ever families of soldiers killed and wounded in action.

McGowan will remain an

emeritus member of the council after retiring in the fall, when McSweeney assumes the helm.

The new leader has big plans to honor armed service in the 21st century, while refocusing and restructuring the council in time for the 2019 centennial commemoration of Armistice Day celebrating the end of World War I.

"We need to make sure our programming and priorities reflect the needs, desires, and sensibilities of a new generation of former service members," says the two-tour Iraq vet. "The opportunities in front of us are

vast and exciting."

McSweeney wants a bigger and better "America's Parade," an expanded recycling program serving veterans directly through job opportunities, a greater online presence with podcasts and web-based townhall-type meetings, and new partnerships with the city's Veterans Business Hub.

"Like our new veterans, our council will become a more savvy and connected organization, building upon the great successes of our predecessors," he says.

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Instagram stars shoot miniature models

By Noah Hurowitz

t's a shoebox photo shoot!

A pair of Brooklyn photographers who take whimsical pictures of tiny toys will show off their surreal art at a pre-party for the Brooklyn Comedy Festival on Aug. 13. The photos of miniature figurines require a painstaking attention to detail, but they are still fun to make, according to one of the artists.

"It feels like play in a lot of ways," said Chelsea Cates, of Crown Heights, one half of the photo duo known as C+C Mini Factory. "A lot of the process is just like 'Oh, this would be funny, or it would be really great if we did this."

Cates and her friend Quinn Corbin began the project several years ago as a creative outlet apart from their day

jobs at an arts organization and a theater, respectively. In the past year, their fantastical images have gained popularity and appeared in galleries, including an exhibit in the far-off land of San Francisco.

Setting up the diminutive dioramas for a photo shoot usually takes several hours, said Cates. In addition to the mini figurines, they use common materials like construction paper and cotton balls, with lighting provided by an Ikea lamp. Cates said that they do most shoots in her apartment, but that Corbin, who is largely responsible for amassing the figurines and often has them on hand, will sometimes take snapshots on the fly.

Photographing figurines on a shoeboxsized set lets the pair shoot big ideas on a small budget, and it eliminates the hassle

figurines are not always easy partners, Cates said.

"It's nice because you have total control, although they don't always cooperate as much as you think they should," she said.

The pair boast a healthy 37,000 followers on Instagram, built in part by patience and hard work but helped along by a coveted spot in the photo-sharing app's featured section, which exposes their work to hundreds of thousands of eyes. The C+C Mini Factory also won the app's 2015 "Shorty" award for Best Instagrammer.

Both Cates and Corbin still have their day jobs, and though the project may not be a breadwinning endeavor yet, they got a little money and a lot of attention in May

of working with human models. But the for some images they made for Starbucks, one of which featured a mini-frappuccino beside some flying pigs. Turning the Mini Factory into a job may be far off at this point, but Cates has not ruled it out.

> "We'd love it if that could happen," she said. "If it could keep growing that would be wonderful. I think we both are looking to be more creative."

> Cates and Corbin will display the original model of a recent work - a flamingo chilling in a disco-themed lifeguard station — at the Comedy Festival pre-party, which will also feature a handful of other artists and an open bar.

C+C Mini Factory, at Cloud City (85 North First St. between Wythe and Berry streets in Williamsburg, bkcomedyfestival. org.) Aug. 13 at 6 pm. Free.

24 SEVEN

TRUTH FELLER

Honest artist wants to bridge cultural divides

By Eric Faynberg

The truth is up there. A new art installation at MetroTech creates a moment of truth every 45 feet. The exhibit, "The Truth Is I See You" features comic book-style word balloons and thought bubbles hanging from light poles around the plaza, each presenting a different "truth" for passers-by to consider. The word balloons, on display until June of 2016, feature phrases like "The truth is I know you," and "The truth is I love you," printed in English on one side, and in one of Brooklyn's 22 most-spoken foreign languages on the other.

The Brooklyn artist behind the project hopes it will lead people to learn about each other's cultures.

"It's a great opportunity to learn more about other people's perspectives and truths," said Hank Willis Thomas. "It's a chance to think differently about how you navigate the world around you and understand that multiple truths exist on the same plane."

A placard under each balloon offers a phonetic transcription, so English speakers can attempt the foreign-language phrase. Thomas hopes the language-spanning truth bubbles inspire people to learn more phrases from other languages.

The truthiness experiment resonates with some MetroTech patrons, especially those who can read both sides of the word balloons. A Polishborn Flatbush resident sitting beneath the English and Polish balloon "The truth is I balance you," said the artist's attempt to reach across cultures spoke



Stand up for the truth: Artist Hank Willis Thomas stands in front of the sign tree, one part of his "The Truth is I See You" exhibit at MetroTech.

Photo by Jason Speakman

to his experience.

"It makes sense," said Lukasz Grygiel. "I wasn't born here so I can relate to that."

Another plaza visitor picked up on the installation's message from the start, and offered his own thoughtprovoking truth.

"I figured it was an artist trying to prove a point about culture," said Michael Lambert. "My message would be that the truth is gray."

Not everyone in the plaza knew what to make of the bubbles, however.

"I was just trying to figure out what this was about when I sat down," Charlotte McSweeney said. "I really have no idea."

The installation also has three other components: two large benches in the shape of word balloons; a "sign tree" with a collection of truth bubbles, and a video recording project called the "Truth Booth." The inflatable booth (also in shape of a word bubble), invites truth-tellers to step inside and record their own "The truth is..." statement, which are later shown on a TV screen in the plaza. The booth, part of a multiyear project called "In Search Of The Truth," has traveled across the United States and to Afghanistan, Ireland, and South Africa, recording more than 5,000 truths along the way. It will stop in Brooklyn several times during the show's run, at Atlantic Terminal Plaza on Sept. 26 and at MetroTech Commons on Oct. 15.

"The Truth is I See You" at MetroTech Commons (MetroTech Center between Jay Street and Flatbush Avenue in Downtown) until June 3, 2016. www.insearchofthe truth.net. Free.

Mexican-Slavic fusion

By Harry MacCormack

his Mexican musician found his muse in Brooklyn.

Muse in Brooklyn.

A Mexican-born musican who mixes traditional Spanish-language folk music with Irish punk and Balkan ballads will play songs from his new album at Park Slope music spot Barbés on Aug. 8. Rana Santacruz says that the range of influences on his latest album, "Por Ahi," is the product of its incubation in Brooklyn

"You see this combination of cultures everywhere in Brooklyn," said Santacruz, "you get influence whether you want it or not."

Santacruz moved to Brooklyn in 2002, and found that influence mostly at local bars and music spots, notably Barbés, Americana music mecca the Jalopy Theater in Carroll Gardens, and legendary bluegrass bar Sunny's in Red Hook. Santacruz says

the eclectic influences on his music is something that could not have happened anywhere else.

"When I was in Mexico there was not a culture to go see unknown music," said Santacruz. "It was something I really enjoyed about moving to Brooklyn. I think we are spoiled by all the great music available all the time."

The songs on "Por Ahi" cover personal and political topics, but even the heaviest subjects are delivered with a certain jauntiness that keeps the album light at heart. Santacruz says that tone is an inherent part of his approach to music.

"Regardless of the idea, it's very important for me to find my own way of getting the message across," he said

Santacruz's devil-may-care attitude shines throughout the album. He slope, (347) 422–0. pokes fun at corruption in Mexican politics on the song "El Chapulin," and suggested donation.



Different strokes: Rana Santacruz combines several folk music traditions on his new album "Por Ahi." Mauri Forsblom

describing ripping off Saint Peter in his Irish rebel song by-way-of-Mexico City "Deseos De Un Hombre Muerto." The songs contain an optimistic agression, and Santacruz really wants that feeling to reach his audience.

"I wanted to make it feel like a punch to the face," he said.

Rana Santacruz at Barbés [376 Ninth St. at Sixth Avenue in Park Slope, (347) 422–0248, www.barbesbrooklyn.com] Aug. 8 at 10 pm. \$10 suggested donation



In bloom: Scandinavian vocal group Åkervinda gets its name from a prolific Swedish flower. The quartet will sow its musical seeds at Bethlehem Lutheran Church in Bay Ridge on Aug. 10.

Swede emotion

Scandinavian vocal group harmonizing in Bay Ridge

By Max Jaeger

hey ain't just yodeling Dixie.

Scandinavian vocal quartet Åkervinda will perform traditional Swedish and Danish folk tunes at the Bethlehem Lutheran Church in Bay Ridge on Aug. 10. They sing four-part harmonies a capella, but this is no sunny barbershop quartet — their haunting tunes are populated by mythological figures and are as dark as a February afternoon in northern Norway, one vocalist said.

"Most of the Nordic folk songs are about nature, relationships or superstitions, very often with characters that reoccur in different contexts in various songs," said Lise Kroner. "We are drawn to the melancholy of it, and the dramatic stories that often are song in minor modes."

The songs are not sung in English, but many of the themes translate, she said.

"In our repertoire one of the common themes is the relationship between mother and child — and songs that deal with female matters, such as unwanted pregnancies, moving in to a new family in an arranged marriage — but also simpler themes as love, longing and lust," she said.

The singers, who hail from Sweden and Denmark, met studying jazz in a Swedish conservatory, Kroner said.

The four found a shared love of folk music and chants, adapting them and drawing on their jazz training to create more lush and complex harmonies than typically found in Nordic folk, she said. And the group leaves room for improvisation, Kroner said. The musical free-styling is most associated with jazz, but it is common in Scandinavian countries, where folks literally ad lib tunes until the cows come home. Kroner said

"Improvisation is also used in the traditional folk music, but as 'kulning' — a very high-pitched and very loud sound used mostly by women to call back the cows from the mountains," she said.

The group gets its name from a Swedish wildflower — in English, the plant goes by the less melodious name "field bindweed" — known for its wide-reaching roots and speedy propagation.

The Monday night show, organized by Brooklyn's Scandinavian East Coast Musuem, will be the first time Åkervinda has sown the seeds of its music in Bay Ridge, which was once home to the largest Scandinavian population outside of Norway, Sweden and Denmark.

The quartet plans to soak in some sights while visiting the historically rich neighborhood, Kroner said.

"None of us has ever been to Bay Ridge before but we are very much look forward to visit," Kroner said.

Åkervinda at Bethlehem Lutheran Church [6999 Fourth Ave. at Ovington Avenue in Bay Ridge, (718) 748–5950, www.scandinavian-museum.org]. Aug. 10 at 7 pm. \$15.

Feel good about eating well at Gourmet Fit Kitchen

BY CAMILLE SPERRAZZA

Eating healthy tastes deli-

Gourmet Fit Kitchen proves it.

The new organic eatery opened on May 18, serving food that is certified by the Department of Agriculture, steroid-free, hormone-free, and seasoned with sodiumfree ingredients. Everything is prepared to order, and served hot.

This welcome addition to Bay Ridge is owned, not surprisingly, by two people who are very much into physical fitness, health, nutrition, and wellness

Rafaela Negrao is a bikini body competitor with experience in the food industry. Her husband, Leonardo Motta, spent 15 years working as a chef at organic restaurants in Manhattan. They were often surrounded by people who wanted to eat healthy, but didn't have time to prepare their own meals. The couple knew they could help, so about a year ago, they created a delivery meal service, designed for those who wanted to get fit. Many of their clients were body builders; others wanted to rid themselves of the sodium-rich fast foods they were picking up after long work hours. Gourmet Fit allowed them to skip all the shopping, chopping, and calorie counting, bringing healthful meals into their homes.

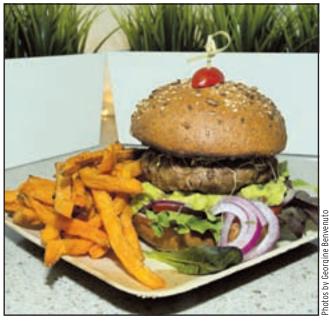
The business flourished. and continues to serve the New York, New Jersey, and Connecticut areas.

Now the couple has brought this concept of healthy eating to a sit-down restaurant. So committed are they to sustainable eating, even the plates are made of natural products — sugar cane and bamboo.

Forget whatever pre-conceived notion you might have about eating healthy. Dining here brings everything to a whole new level. The food is delicious, presented for eve appeal, and the menu features all the foods you want to eat. There's Angus beef, chicken, fish, poultry, and even pasta. As Negrao points out, you can eat the food you enjoy it's all about preparation and portion control.







(Top) Gourmet Fit is serving up healthy fare on Third Avenue. (Bottom Left) Co-owner Rafaela Negrao shows off the chicken guesadilla wrap. (Bottom Right) The food - including this turkey burger and fries - is beautifully presented, and tastes delicious.

wild salmon sits atop a pile of tri-colored quinoa mixed with shredded carrots and drizzled with teriyaki sauce. The grilled lean Angus beef is accompanied by asparagus and a side of mashed sweet potatoes, flavored with cinnamon. The latter is so flavorful, it's like eating sweet potato pie.

The chef carefully selects ingredients that are good for

"All main dishes are comprised of complex carbs and essential oils," says Negrao. "They help nails and hair. Asparagus helps water retention." The bikini body builder

of what you need to have a shaped body." The rest is exercise.

The couple works with local producers, so special items may appear on the menu when in season, such as fresh fig slices, layered on top of creamy goat cheese on crisp whole-wheat bread.

Flatbreads of whole-wheat dough are offered as appetizers, with grilled shrimp, fresh cherry tomatoes, asparagus, and roasted garlic on top. Others offer goat cheese, mushroom, zucchini, tomatoes, corn, humus, and kale.

Come for breakfast, available anytime, and enjoy an The perfectly prepared tells us, "Diet is 70 percent Acai bowl with granola,

honey, and banana, rich in antioxidants.

You don't have to skip dessert. A gluten-free ganache is made of chocolate protein mixed with fresh avocado, giving it a rich consistency. There's a touch of Nutella, all sprinkled with pistachio

"It's only four grams of sugar," says Negrao. Scoop up the chocolate with the glutenfree piece of rice bread, piercing the heap like a cookie.

The 29-seat restaurant has a coffee bar with flavored cappuccino. Always with an eve for detail, a beautifully decorated heart floats on top of the coffee. Come the Fall, the couple plans to add a wine bar with organic wine and beer. They also expect to add another 10 seats to the restaurant. For now, the cold organic green tea is the perfect thirst-quencher for steamy summer days.

Eat in or take out. Catering is offered, too. As their motto states, "It feels good to eat well."

Gourmet Fit [6819 Third Ave. between 68th street and Bay Ridge Avenue in Bay Ridge, (347) 662-6821, www. GourmetFit.net]. Open Mondays-Wednesday, 9 am-8 pm; Thursdays, Fridays, and Saturdays, 9 am-9 pm; and Sundays, 9 am-7 pm.

IT'S AN EARQUAKE

Podcast about major changes shakes up its format

By Allegra Hobbs

change is gonna come.

A podcast of transformational stories will alter its format for a live performance at Pete's Candy Store on Aug. 11, with mixed-media storytellers taking to the stage to share the moments that changed their lives.

The podcast "Arrvls" focuses on stories of migration, transformation, and unexpected changes, whether that means leaving a damaging job or surviving a plane crash. The details differ, but each story is about the revelations that happen during a life-altering experiences.

"I like to think of it as the most profound moment in our lives," said creator and host Jonathan Hirsch. "That moment when you find yourself in a place you never expected to be that totally transforms you."

"Arrvls" captures those moments in interviews and melds them with affecting soundscapes and music. Hirsch says he launched the podcast because he was fascinated by peoples' experiences, and by using radio as a storytelling medium.

"I was interested in telling peoples' stories and the intimacy of it — how you're whispering something in someone's ear from anywhere in the world," he said.

Now he is putting the podcast on stage, expanding the intimate format to make room for dialogue and audience participation. The event will feature live storytelling, music, and video projections, with all-new stories. It will also feature the podcast's first work of fiction — an internal monologue of a man who he has a nervous breakdown at a party and starts talking to his dead grandfather. The piece, written by Hirsch and presented by collaborator Brian Garcia, will have an immersive aural environment.

"It's being alone with your thoughts for five minutes," said Garcia, producer of the "Aural Regions" podcast. "You're hearing all these different sounds around you — the party, the music — and how that soundscape is changing as he's thinking these things."

The live event's theme is "Endless Summer," but the stories will feature a dark spin on the concept, focusing on the dread someone might feel if the sea-



More than meets the ear: Jonathan Hirsch explores transformative moments in his podcast "Arrvls," which will be performed live at Pete's Candy Store on Aug. 11. Photo by Jason Speakman

sons really never changed.

"It's more about the confines of it as opposed to the 'endless' part," said Garcia.

Each story will stay true to the mission of "Arrvls," exploring what people do when the unexpected barrels into their lives.

"You stop looking at what you thought things were going to be like and you stop expecting things to turn out the way you hoped they would, and you just do what you need to do," said Hirsch. "Sometimes those moments are the most wise and insightful in a person's life."

"Arrvls Live" at Pete's Candy Store [709 Lorimer St. between Richardson and Frost streets in Williamsburg, (718) 302–3700, www.petescandystore.com.] Aug. 11 at 7 pm. Free.

Bay Ridge has international flair

By Max Jaeger

ravel around the globe without leaving Bay Ridge this weekend!

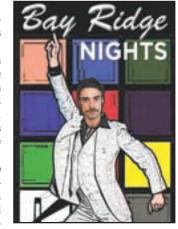
Third Avenue will once again transform into a European-style piazza, world music is landing in Owl's Head Park, a Scandinavian vocal group will sing at a local church, and a whole lot of rockers from right here in the Ridge will be playing all over the nabe.

This Friday is the third (of four)

Third Avenue Summer Stroll —
this time between 69th and 80th streets. Support local businesses and grab a bite while you are — literally — on the avenue, which will be closed to traffic from 6 pm to 9 pm. Just make sure you catch some of the local talent performing for the neighborhood's largest block party.

Here's the rundown:

•Steve McEvoy and Friends will rock out in front of **Greenhouse**



Cafe (7717 Third Ave. between 77th and 78th streets) at 6 pm.

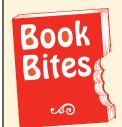
•Art Of BKC plays at **Circles Cafe** (310 Bay Ridge Ave. between Third and Fourth avenues) at 6:30 pm.

•Tommy Andersen sings at the some vocorner of **74th Street and Third** are \$15.

Avenue at 7 pm.

On Saturday, flap over to **Owl's Head Park** (entrances on Colonial Road at 67th and 68th streets), where the Owl's Head Park Horticulture Group is putting on a concert of world music. Park manager and disc jockey Dave Matthews (no, not the Dave Matthews of perennial dorm room boom box fame) will be at the top of the hill, spinning music from every corner of the Earth. The free, globetrotting concert starts at 7 pm.

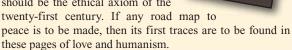
On Monday night, go celebrate the Ridge's Nordic roots. Vocal quartet Åkervinda — hailing all the way from Sweden and Denmark — will perform at **Bethlehem Lutheran Church** (440 Ovington Ave. between Fourth and Fifth avenues). The foursome will sing traditional Scandinavian folk songs infused with jazzy harmonies and some vocal improvisation. Tickets



The best reads
— handpicked by
some of the best
Bklyn bookstores

Community Bookstore's pick: "My Happiness Bears No Relation to Happiness" by Adina Hoffman

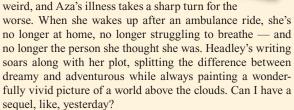
This book, subtitled "A Poet's Life in the Palestinian Century" takes up the life and work of the late Palestinian poet Taha Muhammad Ali, a writer of great force and originality. Weaving history, biography, memory, and poetry together into a remarkable study, Adina Hoffman's book bring a familiar conflict to life, arguing that "the personal is political" should be the ethical axiom of the



— Sam Jaffe Goldstein, Community Bookstore [43 Seventh Ave. between Carroll Street and Garfield Place in Park Slope, (718) 783–3075, www.communitybookstore.net].

Word's pick: "Magonia" by Maria Dahvana Headley

Just when you think putting birds on things is over, along comes a young adult fantasy that shows how wrong you are. Aza Ray Boyle suffers from a mysterious illness that makes breathing — just plain old breathing — incredibly difficult. Her best friend, Jason, seems about to become more than just a friend when everything goes sideways: Aza starts seeing ships in the sky, birds get real



— Molly Templeton, Word [126 Franklin St. at Milton Street in Greenpoint, (718) 383–0096, www.wordbrooklyn.com].

Greenlight Bookstore's pick: "Kitchens of the Great Midwest" by J. Ryan Stradal

In the story of Midwestern chef savant Eva Thorvald and the people – and foods – that touch her life, Stradel has created a picture of the American foodie revolution of the past 25 years, and how it intersects with class, economics, family, and culture. Along with irresistible characters and stories, this is a novel about the potential for food and cooking to lead to joy and empow-

erment, snobbery and shame, and identity and reinvention. Beautifully structured, affectionately and hilariously written, brilliantly subtexted, this is a novel that

like Thorvald's exclusive pop-up restaurant The Dinner
 everyone is going to be talking about.

— Jessica Stockton Bagnulo, Greenlight Bookstore [686 Fulton St. between S. Elliott Place and S. Portland Avenue in Fort Greene, (718) 246–0200, www.greenlightbookstore.com].



FRI, AUG. 7

ART, EXHIBITS AT BRIC:

Three shows are currently on display: "Clifford Ross: Water | Waves | Wood." a solo exhibit of photographs printed on wood; 'Inheritance," featuring five Brooklyn artists who create work with or about their family members; and "Brain Storm," a salonstyle exhibit of quirky pieces from Dave Rittinger, Free, 10 am-8 pm. BRIC Arts Media House [647 Fulton St. at Rockwell Place in Fort Greene, (718) 683-5621], www.bricartsmedia.org.

SEXUAL HEALTH FAIR: A fun and informative event with free giveaways, HIV testing, and an open mic for local performers. Free. noon-4pm. Dr. Ronald Mc-Nair Park [Washington Avenue at Eastern Parkway, (718) 622 - 67001

THEATER, "CONNECT THE DOTS": This original play explores how past events affect our present behavior. Written and performed by the Brooklyn Youth Company, a group of student artists aged 10-18. \$10.7 pm. Actors Fund Arts Center [160 Schermerhorn St. between Smith and Hoyt streets in Downtown, (347) 204-2125].

MUSIC, CORPORAL, .357 LOVER, MEISKO & SOFT GANG: \$15 (\$12 in advance). 8 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643-6510], www.thebellhouseny.com.

THEATER, "SALOME": Inspired loosely by the Oscar Wilde play, the Rite of Spring, Rihanna, Miley Cyrus, and the Bible, "Salome" explores the gladiator sport of watching a young girl transform into sex symbol. \$15. 8 pm. Jack (505 Waverly Ave. between Fulton Street and Atlantic Avenue in Clinton Hill), www.jackny.org.

MUSIC, LUFF, ALL FORCES, RENI LANE: \$7.8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope. (718) 638-4400], www. unionhallnv.com.

MUSIC, PORTSIDE OPEN WEEKEND — FLAMENCO JAZZ CONCERT: Two Swiss musicians combine flamenco, chamber music, and jazz on board the Mary A. Whalen tanker ship. Sponsored by Pioneer Works. Free. 8 pm. Atlantic Basin [Clinton Wharf at Bowne Street in Red Hook, (718) 596–3001], pioneerworks.org.

MUSIC, DELMARK GOLD-FARB: 9 pm. Freddy's Bar [627 Fifth Ave. between 17th and 18th streets in Greenwood Heights, (718) 768-0131], www.freddysbar.com

FRIDAY NIGHT FIREWORKS: Free. 9:30 pm. Coney Island Boardwalk.

MUSIC, BIG LAZY: Big Lazy joins Barbes for First Friday iam sessions. \$10. 10 pm. Barbes [376 Ninth St. at Sixth Avenue in Park Slope, (718) 965–9177], www. barbesbrooklyn.com.



EVENTS



Maid of magic: The host of the neo-vaudeville show "Force Majeur," Tanya Solomon will produce — out of thin air! — a taletned group of clowns, dancers, musicians, and burlesque performers at the Cobra Club on Aug. 9.

SAT, AUG. 8

DUMBO FAMILY FEST: The free event features familyfriendly activities and games like interactive puppet musical dance adventure, music by the Hungry March Band, and local tasty snacks. Sponsored by the Brooklyn Bridge Park Conservancy. Free. 11 am-1 pm. (John Street at Jay Street in Dumbo), www.brooklynbridgepark. org.

TOUR, "BROOKLYN NAVY YARD — PAST, PRESENT AND FUTURE TOUR": This guided tour explores the vast 300-acre property along Brooklyn's industrial waterfront, taking a close look at the Yard's most intriguing historical sites. \$30. 2 pm. BLDG 92 [63 Flushing Ave. at Carlton Avenue in Fort Greene, (718) 907–5932], www. bldg92.org.

MUSIC, RINALDI FLYING CIRCUS: This indie blues rock band is based out of Greensboro, North Carolina. \$8. 8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638-4400], www.unionhallny.com

THEATER, "SALOME": 8 pm. See Friday, Aug. 7.

READING, "RAD AMERI-**CAN WOMEN":** Author Kate Schatz and illustrator Miriam Klein Stahl present their new children's book about awesome ladies. Free. 11 am. Greenlight Bookstore [686 Fulton St. between S. Flliott Place and S. Portland Avenue in Fort Greene, (718) 246-0200], greenlightbookstore.com.

ART, "SUMMERSCAPES," "BLACK & WHITE": Brook-Ivn Waterfront Coalition's two summer shows: "Summerscapes" comes from the imaginations of 200 local artists, from dreamscapes to cityscapes, and "Black & White" shows 81 pieces in all media in more than 50 shades of grey. Free. 1-6 pm. Brooklyn Waterfront Artists Coalition [499 Van Brunt St., near Reed Street in Red Hook, (718) 596-2506],

www.bwac.org.

CONEY ISLAND HISTORY DAY: Celebrating the 95th

anniversary of the Wonder Wheel and the 60th anniversary of the Spook-A-Rama. Historians discuss the history of Brooklyn's theme park and offer behind-the-scene tours of the rides. Free. 1-8 pm. Deno's Wonder Wheel [3059 Denos Vourderis Pl. at W. 10th St. in Coney Island, (347) 702-8553], www.coneyislandhistory.org.

FISHING FUN: Families with children 15 and younger learn about aquatic ecology, fishing safety and collect their own bait. Free, 1 pm and 3 pm. North end of Esplanade (East Drive and Ocean Avenue in Prospect Park), www.nycgovparks. org.

ABOLISH NUCLEAR WEAP-ONS MARCH AND VIGIL: Peace Action Bay Ridge Interfaith will march down Fourth Avenue from 96th Street to Shore Road, and then hold a silent vigil from 2 pm to 3 pm. Free. 1:30 pm. Fourth Avenue between 96th and 97th streets [9511 4th Ave. in Bay Ridge, (646) 824-5506], www.panys.org/BR.

NEW YORK HORSES: Learn about horse-drawn street cars with a visit from the Kensington Stables. Free with general admission. 1:30 pm to 2:15 pm. New York Transit Museum [Boerum Place at Schermerhorn Street in Downtown, (718) 694-1600], www.mta.info/mta/ museum.

BARGEMUSIC: Walk across the planks for a family friendly concert. Free. 4 pm. Bargemusic [Fulton Ferry Landing, Old Fulton Street and Furman Street in DUMBO, (718) 624-2083], www.bargemusic.org.

PERSEID METEOR SHOWER: Urban Park Rangers guide you through the science and history of the universe. This is one of the brighter meteor showers of the year, occurs every August, peaking around August 9-13. Free. 9 pm to 11 pm. Salt Marsh Nature Center

Park, (718) 421–2021].

THEATER, "FORCE MA-JEURE": Monthly vaudeville show "Force Majeure" brings together Coney Island star Black Scorpion, magician Albert Cadabra, burlesque star Ula Uberson, and more. \$10. 9 pm. The Cobra Club [6 Wyckoff Ave. between Jefferson and Troutman streets in Bushwick, (917) 719-1138] www.cobraclubbk.com.

PIER KIDS: Sing, dance and draw with Dirty Socks Fun Time Band and hands-on activities for children of all ages. Free. 11 am. Pier 6 [Joralemon Street at Furman Street in Brooklyn Heights, (718) 802-0603].

PORTSIDE OPEN WEEKEND **COMMUNITY PICNIC** AND POTLUCK: The deck of the Mary A. Whalen tanker ship will be set with tables, and locals are invited to bring food and share with their neighbors. Sponsored by Pioneer Works. Free. 6-10 pm. Atlantic Basin [Clinton Wharf at Bowne Street in Red Hook, (718) 596-3001], pioneerworks.org.

MON, AUG. 10

LEO PARTY: Tarot readings, flower crowns and happy hour deals for Leos. Free. 7–11 pm. Sycamore [1118 Cortelyou Rd. between Stratford and Westminster roads in Ditmas Park, (347) 240-5850], www.sycamorebrooklyn.com.
READING, "SNAKES! GUIL-

LOTINES! ELECTRIC CHAIRS!": BookCourt sponsors an outdoor talk with Dennis Dunaway, author of a book about touring with Alice Cooper. Free. 7 pm. Brooklyn Bridge Park Granite Prospect [334 Furman St. at Middagh Street in Dumbo, (718) 222–9939], www. brooklynbridgepark.org

THEATER, "THE HEART'S IMPATIENCE": Shuffle Foot Theatre presents a new play adapted from the work of Stefan Zweig, set in Austria-Hungary in 1914. Featuring sex, neurosis, ballet, war, and suicide. \$18. 7 pm. Triskelion Arts (106 Calyer St. between Clifford Place and Banker Street in Greenpoint Brooklyn), www.shufflefoot.com.

FILM, "MRS. DOUBTFIRE": Free. 7:30 pm. Coney Island Beach [1001 Boardwalk West at W. 10th Street in Coney Island, (718) 594-7895], www.coneyislandfunguide.com.

READING, FRANKLIN PARK READING SERIES SUM-MER FINALE: A multigenre reading featuring novelists, a memoirist, and a comics artist. Free. 8 pm. Franklin Park (618 St. Johns Pl. between Classon and Franklin avenues. in Crown Heights), franklinparkbrooklyn.com.

TUES, AUG. 11

ART, "MAPPING BROOKLYN AN ARTISTS PANEL": Artists discuss working Continued on page 48

SUN, AUG. 9

[3302 Avenue U in Marine

Mötley Crüe in Brööklyn!: Bassist Nikki Sixx and the other hard rockers of Mötley Crue will make you feel good if you make it to Bärcläys Cëntër on Aug. 12. Associated Press / Owen Sweeney

COMING SOON TO BARCLAYS CENTER

TUE, AUG 11

MUSIC. YES AND TOTO: \$45-\$95. 7:30 pm.

WED, AUG 12

MUSIC, MOTLEY CRUE: \$39.50-\$149.50.7 pm.

SUN, AUG 23

SPORTS, WWE SUMMER-SLAM: \$30.50-\$530.50. 7:30 pm.

MON, AUG 24

SPORTS, WWE MONDAY NIGHT RAW: \$25.50-\$130.50. 7:30 pm.

WED, AUG 26

MUSIC, LEGACY OF HOPE CONCERT, WITH **ROBIN THICKE AND** COMMON: \$35.50-\$95.50.8 pm.

SAT, SEP 12

MUSIC, SCORPIONS, QUEENSRYCHE: \$47.50-\$149.50.8 pm.

SAT, SEP 19

MUSIC, MADONNA: \$45.50-\$360.50.8 pm.

MON, SEP 21

SPORTS. NEW YORK ISLANDERS VS PHILA-**DELPHIA FLYERS:** \$20-\$245.7 pm.

WED, SEP 23

SPORTS, NEW YORK ISLANDERS VS. NEW JERSEY DEVILS: \$20-\$245.7 pm.

FRI, SEP 25

MUSIC, R. KELLY: \$60.50-\$130.50.8 pm.

SAT, SEP 26

MUSIC, ARIANA GRANDE: \$35.50-\$695. 7:30 pm.

SUN, SEP 27

MUSIC. ARIANA GRANDE: \$35.50-\$695. 7:30 pm.

MON, SEP 28

SPORTS, NEW YORK ISLANDERS VS WASH-INGTON CAPITALS: \$20-\$245.7 pm.

WED, OCT 7

MUSIC, DOCTOR WHO SYMPHONIC SPECTAC-ULAR: \$50.50-\$140.50. 3 pm and 7:30 pm.

THU, OCT 8

MUSIC, MARC ANTHONY AND CARLOS VIVES: \$76.50-\$232.50. 8 pm.

FRI, OCT 9

SPORTS, NEW YORK ISLANDERS VS CHI-**CAGO BLACKHAWKS:** \$170-\$1,175.7 pm.

MON, OCT 12

SPORTS, NEW YORK ISLANDERS VS WIN-NIPEG JETS: \$35-\$365.

TUE, OCT 13

MUSIC, THE LEGEND OF ZELDA — SYMPHONY OF THE GODDESSES MASTER QUEST: \$44.50-\$97.50. 8 pm.

THU, OCT 15

SPORTS, NEW YORK ISLANDERS VS NASH-VILLE PREDATORS: \$25-\$310.7 pm.

FRI, OCT 16

TALK, A NIGHT OF HOPE WITH JOEL OSTEEN: \$15. 7:30 pm.

SAT, OCT 17

SPORTS, NEW YORK ISLANDERS VS SAN JOSE SHARKS: \$50-\$500. 7:30 pm.

620 Atlantic Ave. at Pacific Street in Prospect Heights (917) 618-6100, www.barclayscenter.com.



209 4th Avenue /corner of Union St./



Continued from page 48
with the exhibiti of historic maps. Free. 6:30 pm.
BRIC Arts Media House
[647 Fulton St. at Rockwell
Place in Fort Greene, (718)
683–5621], www.bricartsmedia.org.

SPORTS, BROOKLYN CY-CLONES VS. STATEN ISLAND YANKEES: \$10. 7 pm. MCU Park [1904 Surf Ave. at W. 17th Street in Coney Island, (718) 449– 8497], www.brooklyncyclones.com.

COMEDY, "SET LIST": Comics Ben Bailey, Myq Kaplan, Nick Vatterott, and more are given never-beforeseen topics in the moment and perform as if it was the material they meant to do. \$15 (\$12 in advance). 8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638–4400], www. unionhallny.com.

WED, AUG. 12

MUSIC, THREE FIFTY: Part of the "Garden Groove" series, presented by BAM. Free. 5 pm. Jane Bailey Memorial Garden (329 Greene Ave. between Franklin and Classon avenues in Bedford-Stuyvesant), www.bam.org.

FILM, "THE TRIBE": Set in a Ukrainian high school for the deaf, this film unfolds through non-verbal acting and sign language. \$8. 6:15 pm. Videology [308 Bedford Ave. at S. First Street in Williamsburg, (718) 782–3468], www.videology.info.

MUSIC, DIGITAL DIASPORA:
Part of the "Garden
Groove" series from BAM.
Free. 6:30 pm. Jane Bailey
Memorial Garden (329
Greene Ave. between
Franklin and Classon avenues in Bedford-Stuyvesant), www.bam.org.

FILM, "HAPPY FEET": Free.
7 pm. Prospect Park, north
end of Long Meadow
(Enter at Grand Army Plaza
and Prospect Park West in
Prospect Heights).

READING, "TEA AND TRAN-SITION": Nicola Chase talks about her memoir, which recounts her journey to gender acceptance. Free. 7–9 pm. Power-House Arena [37 Main St. at Water Street in Dumbo, (718) 666–3049], www. powerhousearena.com.

COMEDY, "ASK ME AN-OTHER": NPR's "Ask Me Another" blends brainteasers and local pub trivia night with comedy and music into an hour-long show. With host Ophira Eisenberg. \$25 (\$20 in advance). 7:30 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643–6510], www.thebellhouseny.com.

MUSIC, SURGEONS IN HEAT: \$8 (\$6 in advance). 8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638–4400], www.unionhallny.com.

THEATER, "THE 25TH ANNUAL PUTNAM COUNTY SPELLING BEE": Brooklyn Theatre Club presents a staged reading of the musical comedy about kids competing in a spelling championship. Members of the audience are invited to join the cast for some roles. \$18 (\$15 in advance). 8:30 PM. Muchmore's [2 Havemeyer St. at N. Ninth Street in Williamsburg, (212) 707–2035], www. muchmoresnyc.com.

THURS, AUG. 13

MUSIC, PAPRIKA: "Live At the Archway" presents an all-female acid rock band. Free. 6–8 pm. Archway Plaza (Water Street between Anchorage Place and Adams Street in Dumbo).

ART, IN SEARCH OF ONE CITY — SENSING (IN)
EQUALITY: Local artists explore the complexities of inequality. Free. 6–9pm. Old Stone House [336 Third St. between Fourth and Fifth avenues in Park Slope, (718) 768–3195], the

DANCE, "PREY": Red Hook's
Cora Dance explores good
intentions in this episodic
dance experience. A discussion with the performers follows. Free. 6:30
pm. Gil Hodges Memorial
Garden (534 Carroll St. at
Denton Place in Gowanus),
www.bam.org.

SPORTS, BROOKLYN CY-CLONES VS. STATE COL-LEGE SPIKES: \$10.7 pm. MCU Park [1904 Surf Ave. at W. 17th St. in Coney Island, (718) 449–8497], www.brooklyncyclones.

CONCERT, MARTIN MC-QUADE: The crooner will honor the 28th anniversary of the passing of the King of Rock and Roll, Elvis Presley. Free. 7–10 pm. Hunter's Steak & Ale House [9404 Fourth Ave. at 94th Street in Bay Ridge, (718) 238–8899].

TALK, "DEAD WAKE": The Bay Ridge Jewish Center discusses the bestseller by Erik Larson. \$5. 7 pm. Bay Ridge Jewish Center [8025 Fourth Ave. between 80th and 81st streets in Bay Ridge, (718) 836–3103], www.brjc.org.

CITI BIKE STREET SKILLS: A street skills class for new bike riders, with a focus on how to navigate the Citi Bike system. Free. 7 pm. Red Lantern Bicycles [345 Myrtle Ave in Fort Greene, (212) 870–2080].

THEATER, BEFORE YOU GET TOO FAR AFIELD: Three actresses play 12 roles in this epic three-part operetta by Cara Scarmack. \$15. 8 pm. Jack (505 Waverly Ave. between Fulton Street and Atlantic Avenue in Clinton Hill), www. jackny.org. BURLESQUE ON THE BEACH — NEW YORK SCHOOL OF BURLESQUE STUDENT SHOWCASE: \$10. 10 pm. Sideshows by the Seashore [1208 Surf

FILM, "THE PRINCESS BRIDE": Free. 8 pm. MetroTech Commons [2 MetroTech Center at Lawrence Street Downtown, (646) 335–0420], downtownbrooklyn.com.

STUDENT SHOWCASE: \$10. 10 pm. Sideshows by the Seashore [1208 Surf Ave. between W. 12th Street and Stillwell Avenue in Coney Island, (718) 372–5159], www.coneyisland.com.

FRI, AUG. 14

READING, JEFF BARTSCH AND JONATHAN WEIS-MAN: The authors discuss their books "Two Across" and "No. 4 Imperial Lane," respectively. Free. 4 pm. BookCourt [163 Court St. between Pacific and Dean streets in Cobble Hill, (718) 875–3677], www.bookcourt.org.

BURLESQUE ON THE
BEACH: Tonight's show is
hosted by Jonny Porkpie.
\$15. 10 pm. Sideshows by
the Seashore [1208 Surf
Ave. between W. 12th
Street and Stillwell Avenue in Coney Island, (718)
372–5159], www.coneyisland.com.

SAT, AUG. 15

MUSIC, BROOKLYN RENAIS-SANCE FESTIVAL: Cyber Mag and Destination Moon host a free outdoor festival with music, art, and food. With a performance by Talib Kweli on a solar-powered stage. Free. Noon-10 pm. (2501 Pitkin Ave. at Berriman Street in East New York), www. cypherleague.com. THEATER, "MUCH ADO

THEATER, "MUCH ADO ABOUT NOTHING": Actors put on a production of Shakespeare's comedy in the middle of Fifth Avenue. Free. 5–9 pm. (Fifth Avenue at Dean Street in Park Slope).

MUSIC, JAZZ ENSEMBLE SUMMER CONCERT: The In Performance Music Workshop presents an evening of jazz standards and modern songs. \$10. 8 pm. Brooklyn College [2950 Bedford Ave., between Avenue I and Campus Road in Midwood, (718) 375–5510], www.ipmw.org.

MUSIC, CONFETTI: \$7. 10 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643–6510], www.thebellhouseny.com.

INDIA DAY: Celebrate India's Independence Day with henna painting, playing pachisi, Indian music, and learning Bhangra dancing at a rooftop dance party. Free with museum admission. 10 am-4:15 pm. Brooklyn Children's Museum [145 Brooklyn Ave. at St. Marks Avenue in Crown Heights, (718) 735–4400], www.brooklynkids.org.

SAND SCULPTING COM-PETITION: Amateur and semi-professional sculpting artists compete for bragging rights. Free. 11 am–4 pm. Coney Island Boardwalk (Surf Ave. and West 20th Street in Coney Island), www.coneyisland. com.



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New manager 'Apple' of our eye

BENSONHURST

Standing O hears that Apple Bank for Savings has promoted Jennifer Kam to assistant treasurer and branch manager of its Bensonhurst branch.

Jennifer has been the assistant manager at the branch since 2012 and proven



herself so valuable that her promotion just after three years is no surprise.

James Matera, executive veep, told "0" the Jennifer has helped lead the branch's successful efforts in business

development, customer service and community outreach.

"She has developed a strong following in the Bensonhurst community, especially in the growing Asian population in the area," he said.

Before taking a bite out of the Apple, Jennifer honed her banking chops at Citibank, where she was responsible for customer service and branch management for more than 20 years. in addition to being a team leader at the foreign language call center in New Jersey.

Our pal Jennifer was born in Hong Kong, moved here 1987, and now lives with her husband in Staten Island.

Standing O wishes Jennifer good luck in her new position and says, "Citibank's loss is Apple's gain!"

Apple Bank [6701 18th Ave. at 67th Street in Bensonhurst, (914) 902-2775].

BENSONHURST

Top of the ranks

RISMedia, 2015 Power Brokerage Report just ranked brokerage firm Re/Max Metro 389th in the country in sales and volume.

Re/Max reported 874 closed residential transactions in 2014 and a total sales volume of more than \$450,000,000. Now that's a lot of sales.

John Featherston, president and



chief executive officer, said the firms represented in the report are the nation's most elite brokerage companies, serving literally millions of consumers with their real estate needs.

"Being ranked in the Power Broker Report validates the firm's reputation as a trusted resource for today's homebuyers and sellers,"

Sal Calabrese, president of Re/ Max, was thrilled to receive such a high ranking.

"I am extremely proud of our en-



FROM RIDGE TO GREECE: Assemblywoman Nicole Malliotakis was appointed to the board of the World Hellenic Inter-Parliamentary Association.

Toast 'Yasou' with a glass of Ouzo

BAY RIDGE

Congrats to Assemblywoman Nicole Malliotakis (R-Bay Ridge) on her appointment to the board of the World Hellenic Inter-Parliamentary Association, an international organization of elected officials of Greek heritage with representatives from Australia, Canada, South Africa, United States, Zimbabwe, and Eu-

The organization strives to bring together members of Greek descent from global legislatures to strengthen the relationship between Greece and their respective countries, and serve as a thinktank. The assemblywoman is currently in Athens for the group's annual general assembly, helping to brainstorm solutions to Greece's debt crisis and figuring out its impact on the world.

Malliotakis celebrated her appointment.

"I am proud of my heritage and honored to be the first American woman elected to the World Hellenic Inter-Parliamentary Association," she said. "The relationship between Greece and the U.S. is a strong and important one, and it is in our national security and economic interests that we see Greece succeed."

Our representative is one of three American legislators elected to the board, and joins state Sens. Leonidas Raptakis of Rhode Island and Thomas Katsiantonis of New Hampshire.

Standing O raises a glass of Ouzo in celebration!

District office [7408 Fifth Ave. at 74th Street in Bay Ridge, (718) 987-

tire team for making us one of the top real estate brokerage companies in all of America," he said. "As one of the smallest brokerage companies ranked in the report, it goes to show what can be accomplished by a team of professional, well-trained, and motivated agents that are committed to serving clients with the utmost integrity and diligence," Standing O says "Congratulations Sal, keeping on selling.'

Re/Max Metro [7024 18th Ave. at 74th Street in Bensonhurst, (718) 236-

BOROUGH WIDE

Donating for a cure

chisees are good-deed monarchs for helping to support cancer research at Dana-Farber Cancer Institute. More than 380 participating restaurants are kicking in to A Chance for Kids & Families program, through Sept. 6, by contributing a portion of their proceeds to aid cancer research and treatment through the Jimmy Fund.

You can help in the fight. With each contribution, generous donors receive a promotion card with awesome prizes. Try this for a sampling: an allinclusive trip from Funjet Vacations, a hot tub from New England Spas, a Sea-Doo personal watercraft, American Airlines advantage miles, theme park tickets, Valvoline Instant Oil Change Burger King's Brooklyn fran- discounts and free services, and food Fund, (617) 582-9675].



BOROUGH WIDE

Lights, camera, 'I do'

Brooklyn comedian Lizzy Bryce has a plan for all those 30-somethings who are still single - marry your roommate, even if he or she is your platonic

Lizzy is the writer and creator of the new online series "Sham," currently running on YouTube.

Together with Upright Citizens Brigade alum Tim Keck (the groom), director Matt Fisher, and Andy Zou, "Sham" hits the high-spots, sore-spots, and low spots for every guy and girl out there who hit the magic milestone without a marriage proposal in sight.

Long-time roommates Lizzy and Tim might hate each other, but marriage isn't about love, is

"They don't want to share, they can't stand each other (or even listen to each other for like one second), but a promise is a promise, so let's just get stupid married already, jeez."

Already on episode three, the pair have pushed the buttons on hotbed issues, picked a maid of honor, survived the big-box store, and tasted their way through wedding cupcakes. Will Lizzy fit into her dress? Will Tim give up his stuffed animal? Check out new episodes each week. Standing O can't wait for the big day, but can they?

Check out "Sham" and enjoy life — 30 comes around much too quickly!

prizes from participating Burger Kings, which have raised more than \$11.9 million for cancer research in recent years. So give a little — it goes a long way!

Assistant veep of Dana-Farber and the Jimmy Fund, David Giagrando, praised the fast-food giant.

"The funds from this program truly make a difference for our patients and their families," he said.

Standing O is grateful too. What are you waiting for? Go get a burger and help save a life.

Participating locations [734 Broadway; 64-13 14th Ave.; 4101 Fourth Ave.; 1412-1418 Myrtle Ave.; 2164-86th St.; and 2425 Coney Island Ave. Jimmy

COURIER LIFE, AUG. 7-13, 2015 49

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Suite

Attorneys

LEGAL NOTICE

NOTICE OF SALE SU-

OF KINGS U.S. Bank Na-

Through Certificates, Se-

against Lennox A. Daniel;

et al., Defendant(s). Pur-

Foreclosure and Sale

Supreme Court, 360 Ad-

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this Court, and to serve a

copy thereof upon the at-

torney for the plaintiff

within thirty (30) days af-

ter the completion of the

period of publication or

personal service outside

LEGAL NOTICE

SUMMONS: IN THE SU-

PERIOR COURT OF THE

SION OF ST. CROIX. CIV-

TION FOR DAMAGES.

JURY TRIAL DEMANDED.

MACKENSON & MELINDA

Plaintiff,

ISLANDS

NO. 447/2014 **AC-**

DIVI-

of the jurisdiction.

VIRGIN

VICTORIN

LEGAL NOTICE

Clerk of this Court, and to this Court, and to serve a copy thereof upon the attorney for the plaintiff ney within twenty (20) within thirty (30) days afdays after service of this ter the completion of the summons, excluding the period of publication or date of service. The depersonal service outside fendant, if served by of the jurisdiction.

LEGAL NOTICE

815 PROSPECT PART-NERS LLC, a domestic LLC, filed with the SSNY on 3/26/15. Office location: Kings County. SSNY is designated as agent whom process upon against the LLC may be served. SSNY shall mail process to Kaplan Kaplan Ditrapani, LLP, 6901 Jericho Tpke., Ste. 1000, Syosset, NY 11791. General purpose.

LEGAL NOTICE

Bergen Opportunity LLC Arts of Org. filed SSNY 8/3/12. Office: Kings Co. SSNY design. agent of LLC upon whom process may be served & mail copy to 592 Pacific St #B Brooklyn NY 11217 Purpose: any lawful activity.

LEGAL NOTICE

LLC Himrod 0wners Arts of Org. filed SSNY 10/22/13. Office: Kings Co. SSNY design. agent of LLC upon whom process may be served & mail copy to 130 Washington Ave Brooklyn, NY 11205. Purpose: Gener-

LEGAL NOTICE

Matter Design Build **LLC**, a domestic LLC, filed with the SSNY on 7/1/15. Office location: Kings County. SSNY is designated as agent upon whom process against the LLC may be served. SSNY shall mail process to The LLC, 218 41st St., Ste. 305. Brooklyn, NY 11232. General purpose.

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NOTICE OF SALE SU- \$473,441.48 plus inter-PREME COURT COUNTY est and costs. Premises EMIGRANT will be sold subject to provisions of filed Judgment Index# 20121/09. Bernard Mitchell Alter. Esq., Referee Shapiro, COMPANY, INC., Plaintiff, DiCaro & Barak, LLC Attorney(s) for the Plaintiff 175 Mile Crossing Bouledant(s). Pursuant to a NY Rochester, vard. Judgment of Foreclosure 14624 (877) 759-1835 and Sale duly filed on Dated: July 15, 2015 8/7. February 03, 2015, I, the 1145768 8/14, undersigned Referee will 8/21, 08/28/2015 sell at public auction at

LEGAL NOTICE NOTICE OF SALE SU-

PREME COURT COUNTY

OF KINGS U.S. Bank Na-

p.m., premises known as tional Association, as Trustee for Credit Suisse All that First Boston Mortgage certain plot, piece or par-Securities Corp., CSAB Pass-Mortgage-Backed Through Certificates, Sements thereon erected. ries **2007-1**, Plaintiff, situate, lying and being in against Ian Smith, et al., Defendant(s). Pursuant to the Borough of Brooklyn. County of Kings, City and a Judgment of Foreclo-State of New York, Block sure and Sale duly dated 9/5/2014 I, the underof signed Referee will sell at public auction in Room is \$381,792.04 plus inter-224 of the Kings County est and costs. Premises Supreme Court, 360 Adams Street, Brooklyn, NY will be sold subject to 11201 on 09/10/2015 at 02:30PM, premises known as 5521 Mill Alan Levin, Esq, Referee Borchert & LaSpina, P.C., Brooklyn, NY Lane. 11234 All that certain 302. plot piece or parcel of York land, with the buildings for and improvements erected, situate, lying and being in the Borough of County Brooklyn, ٥f Kings, City and State of York, BLOCK: New PREME COURT COUNTY 7900, LOT: 57. Арamount of as \$721,636.96 iudament Trustee, on behalf of the plus interest and costs. CSMC Premises will be sold subject to provisions of filed Judgment Index# 2007-1, Plaintiff, **12970/08**. Kalmon Glovin, Esq., Referee FREN-LAMBERT WEISS suant to a Judgment of WEISMAN & GORDON, LLP Attorney for Plaintiff, duly dated June 1, 2015 53 Gibson Street, Bay I, the undersigned Refer-Shore, NY 11706 ee will sell at public auc-01-051213-F00 tion at the Kings County 1145416

LEGAL NOTICE

File No.2002-3434/A **CITATION** SURROGATE'S COURT, KINGS COUNTY PEOPLE OF THE STATE OF NEW YORK, By the Grace of God Free and Independent T0: NEW YORK STATE DE-PARTMENT 0F TAXA-TION AND FINANCE AT-TORNEY GENERAL ΩF THE STATE ΩF NFW YORK JOSEPH M. LICH-TENSTEIN, P.C. HOWARD ALICE Allen Kaplan, should not sibility or accountability or other defense with the fense with the Clerk of

EDENBERG

LEGAL NOTICE **EDENBERG** JOAN. PLAN, as Executor of the Further relief sought (if Estate of JUSTIN KAPLAN LINDA KAPLAN TRITT SUSAN BLONDELL KA-PLAN, as Executor of the Estate of EDWARD KA-PLAN DORIS KAPLAN PERMAN JOYCE BRASS, Distributee of as sole **GLADYS GARSSON GERALD** KAUFMAN SUSSMAN JAY. 7. BRAUNSTEIN, as sole Distributee SHIRLEY GARSSON BRAUNSTEIN MARK I. GLAZER, as Distributee of SANDRA GLAZER BRENDA BARA-NEK, as Distributee of SANDRA GLAZER GAIL ROTH, as Distributee of SANDRA GLAZER DAVID STONE, as Distributee of **ROBERTA** KAPLAN STONE DONNA R0-DRIGUES, as Distributee ROBERTA KAPI AN STONE SCOTT WHITE-MAN, as Distributee of GI ORIA WHITEMAN VALERIE WHITEMAN WARGA, as of the Decree; why the Distributee of GLORIA WHITEMAN **GARFINKEL GLORIA GARFINKEL** WHITEMAN, HILARD WHITEMAN and ARNOLD D. WHITEMAN, if living, and if dead, to such persons' heirs at law, next of and distributees kin whose names and places of residence are unknown and if such persons died subsequent to the decedent herein, to such persons' executors, administrators, legatees, devisees, assignees and successors in interest whose names and places residence are unof known and to all other heirs at law, next of kin and distributees of JON ALLEN KAPLAN, the decedent herein, whose names and places of residence are unknown and cannot after diligent inquiry be ascertained A tributees, as now known petition having been duly filed by Public Administrator of Kings County. with offices at 360 Adams Street, Room 144A, Brooklyn, New York 11201, YOU ARE HERE-BY CITED TO SHOW CAUSE before the Surro-Court, Kings at 2 Johnson County. Room Street. 319. Brooklyn, New York, on September 8, 2015, at 9:30 o'clock in the forenoon of that day, why the account of the Public Ad- er, upon fully complying ministrator of Kings

KA- be judicially settled. with respect to the petitioner's acts and proany): that the above persons be cited to show cause why such settlement should not be granted; why the Surrogate should not fix, determine and approve the petitioner's statutory commissions pursuant to SCPA 2307 the in amount of \$1,465.95, as shown in Schedule C-1, the petitioner's administration expenses pursuant to SCPA 1106(3) in the amount \$1.187.34. as shown in Schedule C-1, and the compensation of the petitioner's counsel, Steven upon you as required by R. Finkelstein, Esq., in the amount of \$4,549.05, as shown in Schedule C-1, together with such additional amounts as determined by the Surrogate, based on additions to the estate GARFINKEL from the closing date of the Account to the date

claim of Joseph M. Lichtenstein, P.C., in the amount of \$2,500.00, as shown in Schedule D, Claims presented and allowed but not paid, should not be paid; why the claims of New York State Department Taxation and Finance, in an unknown amount, as shown in Schedule Contingent and possible claims, and Schedule C-1, should not be fixed and determined or, if not so fixed and determined, deemed rejected; whv the petitioner should not be permitted to distribute so much of the net estate, less an appropriate 8th reserve for the preparation of fiduciary income tax returns and the payment of taxes, if any, shown thereon to be due. to the decedent's disor hereafter determined. as their interests may appear, and to deposit any amount not so distributed with the Commissioner of Finance of the City of New York for the benefit of any distributees of the decedent who are under disability and for whom or for whose estate no fiduciary has been appointed, or who are unknown whose or whereabouts are un-

known; why the petition-

with the Decree to be

le:

tor of the estate of Jon from any liability, respon- quired to file his answer his answer or other de-

County, a summary of made in this proceeding,

herewith, as Administra- and discharged of and

ceedings, whether embraced in or reasonably to be inferred from the Account; and why such other and further relief as this Court deems just and proper should not be granted. Dated, Attested and Sealed, July 2, 2015 HON. MARGARITA LOPEZ TORRES, Surrogate, Do-A. Quinn Chief reen Clerk, Steven R. Finkelstein, Esq., 90 Broad Street, Suite 1700, New New York. York 1 0 0 0 4 - 2 2 8 6 363-3500. NOTE: (212)This citation is served law. You are not required to appear. If you fail to appear it will be assumed that you do not object to the relief requested. You have a right to have an attorney appear for you, and you or your attorney may request a copy of the fulling account from the petitioner or petitioner's attorney.

ELIZABETH MAYNARD. KELSON MAYNARD, THE HAMILTON GROUP, LTD LEGAL NOTICE HAMILTON REAL d/b/a SUMMONS: IN THE SU-**ESTATE** & HERBERT Defendants. **PASCAL** PERIOR COURT OF THE ISLANDS DIVI-TO: Elizabeth Maynard VIRGIN SION OF ST. CROIX. CIV-ADDRESS: 10515 Flatlands 8th St Brooklyn, NY NO. 447/2014 **AC-**11236-4621. Within the TION FOR DAMAGES. time limited by law (see JURY TRIAL DEMANDED. MACKENSON & MELINDA note below) you are hereby required to appear be-VICTORIN, Plaintiff, fore this Court and an-ELIZABETH MAYNARD, KELSON MAYNARD, THE swer to a complaint filed HAMILTON GROUP, LTD against you in this action and in case of your faild/b/a HAMILTON REAL ESTATE & HERBERT ure to appear or answer, Defendants. judgment by default will PASCAL TO: Kelson Maynard ADbe taken against you as demanded in the com-DRESS: 10515 Flatlands plaint, for Witness my St Brooklyn, NY 11236-4621. Within the hand and the Seal of the Court this 9th day of time limited by law (see June 2015. Mrs. Estrella note below) you are here-George, Acting Clerk of by required to appear bethe Court. By: R. Serrano, fore this Court and an-Court Clerk II. Lee J. swer to a complaint filed Rohn, Esquire. VI Bar No. against you in this action 52. Lee J. Rohn and Asand in case of your failure to appear or answer, sociates, LLC 1101 King judgment by default will Street Christiansted, VI 00820 Telephone: be taken against you as (340) 778-8855 Facsimidemanded in the com-(340)plaint, for Witness my le: 773-2954. Note: The defendant, if hand and the Seal of the served personally, is re-Court this 9th day of quired to file his answer June 2015. Mrs. Estrella or other defense with the George, Acting Clerk of Clerk of this Court, and to the Court. By: R. Serrano, serve a copy thereof Court Clerk II. Lee J. upon the plaintiff's attor-Rohn, Esquire. VI Bar No. 52. Lee J. Rohn and Asney within twenty (20) days after service of this sociates, LLC 1101 King summons, excluding the Street Christiansted, VI 00820 Telephone: date of service. The defendant, if served by (340) 778-8855 Facsimi-(340)773-2954. publication or by personal which has been served should not be released Note: The defendant, if service outside the jurisserved personally, is re- diction, is required to file

50 COURIER LIFE, AUG. 7-13, 2015

Approximate

judgment



'Her face was a mess. It looked like an unmade bed.'

- Heather 'The Heat' Hardy on the punishment her opponent took in the ring

'I'm tired of fighting these guys.'

- Danny Jacobs on his desire to box higher-level opponents, after taking down Sergio Mora at Barclays Center

Jacobs downs Mora

Brownsville wins at Barclays Center

BY JOSEPH STASZEWSKI

In Danny Jacobs's mind the outcome was inevitable, it just wasn't the way he wanted to get there.

The Brownsville native won the biggest fight of his career. He earned a technical knockout of veteran Sergio Mora at 2:55 of the second round in a bout for Jacobs's World Boxing Association middleweight title last Saturday in front of a crowd of 7,237 at Barclays Center in the coevent on the Premier Boxing Champions card.

Both fighters sent the other to the canvas in the opening round before the fight was ended after Mora said he suffered multiple injuries to his right leg and could not continue. It was the first time Mora has been stopped in his career. Jacobs wanted to end things in the ring and not from the corners, but he accepted this outcome.

"I knew when I got a guy hurt how to finish him," Jacobs said. "I knew it was either going to be that round or the next round I was going to get him out of there. I wanted to be the first to ever stop Sergio Mora. I think we accomplished that today.'

Jacobs (30-1, 27 KOs) brought a close to the fight when he landed a combination that stunned Mora and sent him back-peddling. He appeared to connect with a short overhand right as Mora (28-4, 9 KOs) went to the mat with his right leg awkwardly buckling under him.

Mora was left noticeably limping and told referee Gary Rosato to stop the fight. Mora said he felt his knee pop. It was later revealed his ankle was broken.

Mora said he wants another crack at Jacobs.

"I told you I came here to fight," Mora said. "I give him credit, but I came to take this championship. I want a re-



STILL GOLDEN: Danny Jacobs retained his World Boxing Association title with a technical knockout of Sergio Mora. Photo by Steven Schnibbe

match."

But Jacobs said there would not be a return bout, and he is not looking back. He was surprised Mora was able to score a flash knockdown with a big left hand in the first round with Jacobs being over-aggressive. He had just dropped Mora with a right upper cut.

Jacobs expressed interest in fighting former World Boxing Organization Middleweight Champion and Downtown resident Peter "Kid Chocolate" Quillin at Barclays Center before the year is up.

"No other fight do I hear about most than Kid Chocolate at that Barclays Center," Jacobs said. "I feel like a lot of people want that fight.'

Jacobs has won eightstraight fights and believes he has earned a chance to take on one of the other top guys in the division. If he can't fight Quillin, he'd prefer to take on one of the other premier fighters.

"I'm tired of fighting these guys," Jacobs said. "I won't discredit my opponents, but a lot of people want to see me step up, and so do I. I am a young champion and I want to fight the best."



GOING TO WORK: Former Barclays Center employee Travis Peterkin earned a majority draw in his first fight there last Saturday night. Photo by Steven Schnibbe

Former arena worker debuts as boxer at Barclays event

BY JOSEPH STASZEWSKI

Former Barclays Center worker Travis Peterkin told his friends he would one day box in Brooklyn's premier arena. The Brownsville native made good on that promise last Saturday night, but he will still have to wait for his first victory there.

Peterkin had a point taken away in the fourth and fifth rounds and had to settle for a 76-74, 75-75, 75-75, majority draw in a light heavyweight bout against Lenin Castillo (12-0-1) on the Premier Boxing Champions undercard of Paulie Maligniggi's Aug. 1 clash with Danny

"You don't want stuff like that to decide a close fight," Peterkin said. "I thought I was the busier fighter."

He did not agree with the deductions that ultimately cost him a victory. The first was because he was hitting after the breaks and the second for what looked like a clear low blow. Peterkin, who

controlled the final three rounds, still felt the referee got it wrong.

"I'd love to fight the guy again, but the referee made two human mistakes," the 24-year-old said.

Despite the disappointing end, he took in every moment leading up to the fight. Peterkin (15-0-1) used to stock and serve food in the suites at Barclays Center from 2012 to '14. He said showing up to work there for a different reason Saturday night was his proudest moment.

"It feels larger than life," Peterkin said. "You have your friends and your family watching you. It makes a grown man cry."

Hardy still unbeaten

This time it was Heather "The Heat" Hardy's fists that forced the stoppage of a fight against Renata Domsodi.

When the two featherweights fought in April, an accidental head butt led to Continued on page 53

COURIER LIFE, AUG. 7-13, 2015 51



CYCLONES CONFID

Cyclones fall out of first after a mediocre week

Cyclones 6 **Hudson Valley 3**

July 29 at MCU Park

Tucker Tharp and Jeff Diehl homered as the Cyclones returned to the friendly confines of MCU Park with a 6-3 win over Hudson Valley after a disastrous road trip.

Tharp's fifth-inning homer off Roel Ramirez, the first dinger of his professional career, came after more than 100 at bats as a pro.

Diehl hit a moonshot in the eighth off Tomas Michelson, his fourth homer of the season. Everyone wanted to see how far it would go, including Diehl who did not immediately start running — a move that upset himself.

"I admired that for a little bit," he said. "If I could take that back, I'd take it back."

The offensively challenged Cyclones jumped on Roel Ramirez for three runs in the

Tharp and Vinny Siena singled and scored on Michael Bernal's two-run triple. Bernal scored on David Thompson's run-scoring ground out.

Tharp's homer in the fifth put Brooklyn up 4-0.

Kevin Canelon picked up his third win of the season, giving up one run in six innings and limiting the Renegades to four hits. The lefty struck out seven and walked one.

Cyclones 7 **Hudson Valley 1**

July 30 at Hudson Valley

Manuel Hilario homered and Tvler Badamo threw seven shutout innings as the Cyclones beat the renegades and moved to 21-17 at the halfway point of the season.

Brooklyn jumped on Hudson Valley starter Travis Ott early.

Tucker Tharp led off with a double, advanced to third on a ground out and scored on Michael Bernal's sacrifice fly.

Jeff Diehl singled to start the second and scored on Hilario's two-run homer to left.

With one out in the third, Vinny Siena walked and

moved to third on a double by to a 10-3 win. Bernal.

vid Thompson's double to center. Thompson moved to third on an errant pick-off attempt and then scored on a wild pitch to make it 6-0.

The Cyclones went up 7–0 on Enmanuel Zabala's runscoring single in the sixth.

Nicco Blank got the last six outs, giving up a lone run in the eighth.

Cyclones 3 Batavia 1

July 31 at MCU Park

Gaby Almonte worked in and out of trouble and won his fifth game of the season holding the Muckdogs to one run in six innings.

After allowing a first-inning run, Almonte got out of a bases-load jam in the second, left two runners in scoring position in the third, and stranded two more in the fifth, to the delight of Gamboa, who admired his toughness.

"If there was a game ball I'd have to give it to him, and I'm sure he'd share it with the three pitchers that helped him get the W' tonight," Gamboa said.

P.J. Conlon, Corey Taylor and Alex Palsha each pitched an inning of scoreless relief.

Brooklyn took the lead in the second on a two-run, twoout single by Manuel Hilario off Dillon Peters who was making his debut. Jeff Diehl and Brandon Brosher scored on the hit. Brosher finished with two of the Cyclones' four hits.

Facing reliever Nick White, Brooklyn added another run in the sixth. David Thompson led off with a walk, moved to second on a walk to Diehl, advanced to third on a fly out by Brosher, and scored on a ground out off the bat of Hengelbert Rojas.

Batavia 10 Cyclones 3

Aug. 1 at MCU Park

Cyclone starter Andrew Church didn't make it out of the first inning as the Muckdogs scored six runs en route win over the Spinners.

Alexander Fernandez was Both runners scored on Da- hit by a pitch to lead off, stole second, advanced to third on a single, and scored on a sacrifice fly

> After Brad Haynal singled, Roy Morales's run-scoring single made it 2–0.

> Then came a run-scoring double from Yuniel Ramirez.

> Giovanny Alfonzo, the son of Edgar Alfonzo, and a Cyclone bat boy in 2001, singled

> After another sacrifice fly, Travis Brewster singled to put Batavia up 6-0.

> Brooklyn crawled back into the game with a few home runs. Tucker Tharp led off the third with a homer and David Thompson did the same to lead off the fourth.

> The Cyclones struck out 15 times, including four times in the seventh.

Batavia 1 Cyclones O

Aug. 2 at MCU Park

The anemic Cyclones' offense was held to just two hits in a 1-0 loss to the Muckdogs.

Brooklyn starter Chris Flexen worked in and out of trouble in the first four innings and was the hard-luck loser. After retiring the first two batters in the fifth, Flexen allowed a triple and two walks.

Flexen hit the pitch limit and was taken out. Gamboa thought Flexen pitched great, although the fifth was a bit of a downer.

Gamboa called on Johnny Magliozzi to get out of the jam. The first pitch he threw crossed up Brandon Brosher and rolled away for a run-scoring passed ball.

"It's a crime that the game was decided on a mix-up on the pitch between Magliozzi and Brandon," Gamboa said.

Cvclones 7 Lowell 6

Aug. 3 at MCU Park

The Cyclones overcame a three-run deficit and then held off a late Lowell rally in a 7–6



BIG SWING: Oswald Caraballo makes contact in Sunday's loss to the Muckdogs. Photo by Jason Speakman

Trailing 5–2 in the sixth, Jose Garcia's two-out single scored Brandon Brosher from

In the seventh, run-scoring doubles from Vinny Siena, Michael Bernal, and Jeff Diehl gave Brooklyn the lead. Another run scored when David Thompson was hit by a pitch with the bases loaded, giving the Cyclones a vital insurance

Alex Palsha picked up his 10th save of the year working around a two-out triple to close out the Spinners.

Lowell 5 Cyclones 1

Aug. 4 at Lowell

Three errors doomed the Cyclones in a frustrating 5-1 loss to the Spinners and cost the Cyclones a share of first place.

Spinner Luis Alexander Basabe led off with a double against Cyclones starter Tyler Badamo and scored on a single by Chad De La Guerra giving Lowell an early lead.

A third-inning error by Michael Bernal put Brandon Magee on third with nobody out and Magee scored on a sacrifice fly from Andrew Benin-

Tom Gamboa turned to his bullpen early as Badamo left with an injury.

The Cyclones scored their lone run in the fourth.

Bernal walked and Jeff Diehl doubled, putting two runners in scoring position with nobody out.

David Thompson's sac- uniform.

rifice fly cut the lead to 2-1, and Diehl advanced to third, but Brooklyn couldn't tie the game as Brandon Brosher and Enmanuel Zabala struck out swinging.

Ruben Reyes got into trouble in the fourth without allowing a base hit. Two hit batters and a walk loaded the bases. Vinny Siena's error gave the Spinners two runs and a 4-1 lead.

Lowell again scored without the benefit of a hit in the fifth.

Williams walked Tucker Tubbs who stole second base and scored on a twoout error by Zabala.

Brooklyn threatened again in the eighth when Bernal singled, Thompson was hit by a pitch and Brosher walked to load the bases with one out.

But Zabala and Mathieu struck out swinging to end the

With two outs in the ninth. Siena singled and Bernal doubled to bring up Diehl.

Diehl struck out looking to end the game.

The Cyclones left 12 runners on base in the frustrating defeat. The team was onefor-11 with runners in scoring position. Brooklyn collected eight hits to Lowell's four but couldn't get the big hit at the right time.

Bernal was the only Cyclone with two hits.

Siena's one-for-five performance dropped his average to .299, meaning the Cyclones do not have a single .300 hitter in

52 COURIER LIFE, AUG. 7-13, 2015

Pineiro's new role

Former Bonnie Rams player goes from field to sidelines

BY JOSEPH STASZEWSKI

This trip to Johnstown is going to be very different for Jonathan Pineiro.

The former Bishop Ford and Long Island University baseball standout has played for the Brooklyn-based Bonnie Rams' college all-star team three times in the All-American Amateur Baseball Association tournament in Pennsylvania, which this year starts on Aug. 10. He will be in uniform again as the team heads down for the third time in four years — but this time he'll will be in the coaching box instead of at shortstop.

"I think it is going to be the toughest when I first get there," Pineiro said "I'll have it in my mind I'm coaching, but when I get there, when the games start, the itch to be on the field, I'm gong to want to really be out there, but I fully accept my role coaching."

It has been a seamless transition so far. The 22-year Pineiro, just a year removed from playing, became a player coach with the Bonnies two years ago. He was also an assistant coach at Abraham Lincoln last spring as the Railsplitters went 18–2 and reached the Public School Athletic League Class AA semifinals.

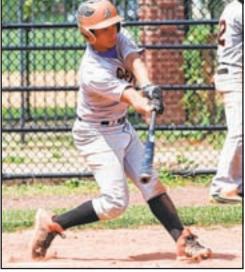
The Bonnie Rams won 30 games this summer with him as top assistant to longtime manager Jerry Katzke, and bested rival Youth Services to head back to Johnstown, Pa.

"He brings a lot of enthusiasm," Katzke said. "He brings good knowledge of the game. He also brings good knowledge of how the team operates because we have a lot of good players from one year to the next."

Pineiro was told growing up that he'd make a good coach and had natural instincts for the game. Other players would often come to him for advice on improving even when he was still on the team with them. Because of his age, many umpires believe he still is.

"We go to some games and some people see me, even at PSAL games and they go, 'Oh you need to get in the dugout.'" I'm like, 'I'm the coach,'" said Pineiro, who aspires to coach in college one day.

The trust he has developed in his own abilities translates to the players. Pineiro coaches third, runs the team's pregame preparation, and handles much of its strength and conditioning training. There are some challenges disciplining players because of the closeness



ALL-STAR: Bonnie Rams veteran Jonathan Pineiro will move from shortstop to the coaching box for this year's All-American Amateur Baseball Association tournament.

Photo by Jason Speakman

in age, but even those who know him well don't mind him getting on them.

"I like hearing it from him more than Jerry," said second baseman Johnny Faison. "He knows when to get serious. I don't mind him screaming at us. He is young, but he knows the game."

Faison is one of the leaders of a deep Bonnie Rams team that is looking to improve on its seventh-place finish out of 16 teams from two years ago. He and cleanup hitter James Smith make up a powerful middle of the order. The Bonnie Rams leaned heavily on its pitching this season, led by former Erasmus Hall quarterback Matt Domina. Bryan Dejesus and Brian McRedmond have also been big contributors on the mound. The group plans to make a run.

"Our goal is to stay there a while and whatever happens, happens," Smith said.

Pineiro loves what has transpired since he went into coaching and can't wait to see what is next.

"It's a big step for me," Pineiro said. "I certainly love it. I love baseball. I love being around it."

BOXING

Continued from page 51

a no contest that irked Hardy. The Gerritsen Beach fighter is over that now, after a technical knockout of Domsodi one second into the seventh round.

"It puts it to bed," Hardy said. "I thought after the first fight she didn't deserve the rematch and there she was. It's over. It's done. On to the next."

The swelling over Domsodi's left eye from consistent shots from Hardy became too great. The fight was stopped,

but it did not surprise Hardy (14-0, 3 KOs). The damage she had done was clear.

"Her face was a mess," Hardy said. "It looked like an unmade bed."

The aggressive Hardy opened up a cut over Domsodi's left eye in the third. Hardy said she worked on keeping her distance after the outcome of the last fight. By the fourth round Hardy felt Domsodi was ripe for the taking. She was able to navigate through her guard and create the swelling around her eye that led to the stoppage

"I was timing her," Hardy said. "I was seeing her punches. Everything was like a good sparing session."

Other results

Greenpoint heavyweight Adam Kownacki (11–0) remained unbeaten with his 10th career knockout when he sent Maurenzo Smith (12–9–3) to the canvas with a big right hand at the 2:26 mark of the second round. Rafael Vazquez (15–1) of Bushwick recorded a easy first-round knockdown in a featherweight fight against Mario Macias (26–16).

Malignaggi wanted nothing but the best to the end

here was not more magic left for Paulie Malignaggi.

There is no more desire to go back and train and make weight. It means there will be no more fights for the legendary Magic Man from Bensonhurst.

He brought his illustrious career to a close in the borough where it began when he was stopped by the younger, faster, and stronger Danny Garcia. He was stopped in the ninth round of the main event of the Premier Boxing Champions card on ESPN in front of a crowd of 7,237 at Barclays Center last Saturday night. His first professional fight was at what is now MCU Park back in 2001.

A dejected 34-year old Malignaggi said in the ring after that he was "probably not fighting again" and reiterated that sentiment in the post-fight press conference. Barring some unforeseen change of mind, we will only see him ringside as a commentator from now on.

"You hate to make an emotional decision," Malignaggi said. "My career started in Brooklyn 14 years ago. If it ends in Brooklyn tonight, then at least I ended it at home where I'm from, and in front of the greatest fans in the world."

It was his third loss in his last four fights, and the second-straight that didn't go the distance. Losing to some of the best fighters in the welterweight division was a sign to Malignaggi, a former two-division world champion, that he may not be capable of winning at the highest level anymore.

"I went from being a championship-level fighter at one point in my career to maybe just being the pesky guy that is hard to look good against," Malignaggi said. "I feel like I can still compete, but against this level of fighter, I just come up short."



JOE KNOWS

by Joe Staszewski

Compete he did for five rounds against Garcia, who was debuting at 147 pounds. Malignaggi (33–7) was eventually worn down by the undefeated Garcia's power. Hard jabs to the shoulder limited his ability to counter as his opponent poured it on in the final rounds.

Garcia opened two cuts around Malignaggi's right eye. In the ninth round he wobbled him with a body blow and a shot the eardrum. It eventually caused the referee to end the fight — and Malignaggi's career.

It was a career defined by fights against quality opponents. Malignaggi, whose last win was against Zab Judah in December of 2013, has seven loses — to Garcia, Shawn Porter, Adrian Broner, Amir Khan, Rickey Hatton, Miguel Cotto and Juan Diaz. All are or have been world champions. He only wanted to compete against the best.

"If you look at the combined records of the guys that I have beaten in my career, I didn't take any shortcuts, that's for sure," Malignaggi said. "I did this the hard way."

It is that toughness and stubbornness that made fans love him. The kid from Bensonhurst made good against the best because he was one of them.

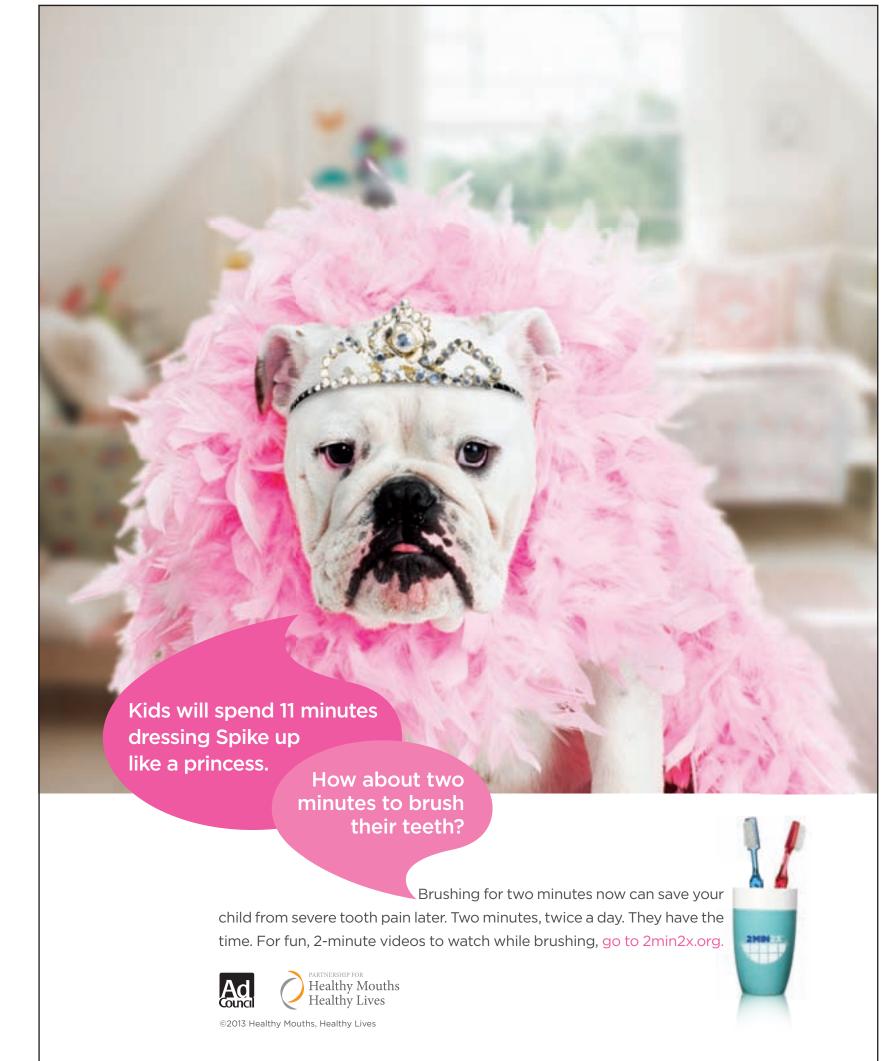
R B G COURIER LIFE, AUG. 7-13, 2015 **53**

LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: FELIX **HOUSE LLC**. Articles of Organization filed with Secretary of State of New (SSNY) 05/19/2015. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED-STATES CORPORATION AGENTS, INC. 13TH AVENUE, SUITE BROOKLYN, NY 202 11228. Purpose: any lawful purpose.

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>SALES

>SALES **HELP WANTED**

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INFORMATION

Leticia James Warns Consumers About Classified Ads Toll numbers may be

a direct line to trouble Classified ads are intended to help people by facilitating communication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they classifieds because they too could be a scam. Be-fore responding to an ad, consumers should verify the source of all informathe source of all informa-tion & always be wary about sending money or signing a contract with an unknown party."

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>FLEA MARKETS

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SHEEPSHEAD BAY GARAGE SALE! SUNDAY 8/02 & 8/09 10AM-4PM, 797 AVE Z (corner E.6th) behind house BRAND NEW packaged bathing suits other beach clothing, mostly women's & chil-drens, MUCH MORE!!

Multi-Family Yard Sale! MANHATTAN BEACH OXFORD STREET (btwn Shore Blvd & Oriental Blvd) SAT, AUG. 15 10:30AM-3:30PM (RAIN DATE 8/16)

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Saturday August 15th, 2015 1:00 PM

Location- "Flatbush Office" Brooklyn Real Property, Inc. 4405 Avenue D Between Troy and East 45 Street To RSVP Call (718) 629-1888

Sunday August 16th, 2015 1:00 PM

Location- "Flatlands Office" Brooklyn Real Property, Inc. 9201 Flatlands Avenue Corner of East 92nd Sreet To RSVP Call (718) 272-8988

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REAL ESTATE

► BROOKLYN OPEN HOUSE

▶ BROOKLYN OPEN HOUSE

Dyker Heights

OPEN HOUSE

Sat & Sun. - Aug. 8th & 9th 12pm-3pm

1243 82nd St., Bklyn, NY 11228 Lovely tree-lined block,

near St. Bernadette's parish Modern, sun-filled 3 rooms WALK-IN, over 6 rooms duplex: 3 bedrooms, 2 bathrooms, eat-in kitchen, lovely oak floors, front & rear terraces, private yard, driveway & garage, delivered vacant. \$2.1M

Alpine Realty 718-238-1788

Brighton Beach OPEN HOUSE SUN. 8/09, 12-3 PM 154 NEPTUNE AVE.

Attached brick 2 family, 1 bedrm w/ terrace over 2 bedrm, + fin bsmt w/ 3/4 bath. Basement was gut renovated after Sandy Interior stairs, gas heat, new hot water heater, new electrical panels. Will be delivered vacant. \$495,000

BRIGHT HORIZONS REALTY 718-615-1441

BrightHorizonsRealty.com

DYKER HEIGHTS **OPEN HOUSE** SUNDAY 1-3 PM 1436 73rd ST.

Det 2 1/2 story, 2 fam brk/ stucco on 40x100 lot. Dplx apt w/3 bdrms, LR, EIK, full bath & office/den over 2 bdrm walk-in apt + full fin bsmt w/full bath & laundry area, hdwd flrs thruout. Huge rear yard w/ decks. Prvt drive, 2 car garage.



► BROOKLYN OPEN HOUSE

▶ BROOKLYN OPEN HOUSE

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Lovely Semi-Detached Corner Brick Property INCOME GENERATING! NEW EXCLUSIVE LISTING!

This clean 2 S/D Fam, Brick Home is clean & vacant. Used currently as a 2 BR over 3 BR yet a commercial rental is allowed. Configuration of usage can be customized. Live & work with no travel. An Investor Dream. Corner property equipped w/ yard, parking & across from all shopping, transp. & houses of worship. Will Not Last!!! ASK: \$579K

CLASSIC HOME SALES: 718-968-2222 Ask for Sabrina or Josephine

Marine Park OPEN HOUSE

SUN. 8/09, 1-3 PM 1950 Coleman Street (Betwn Fillmore Ave & Ave S)

Fully Detached 3 bedroom duplex, large Master, FLR & FDR, Kitchen w/ breakfast nook, full basement, 2 full baths, private drive, 2-car garage + yard!

> Welcome Home Realty 718-513-0240

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FAR ROCKAWAY Sunday, August 9 2-4 PM 3217 Bayswater Ct

1 Family Brick. 4 Bdrm, 3 Bath with water view. Granite Counter Kitch, S/S appls, finished bsmnt with separate entrance. Roof, Boiler & Water heater 1 year old. The house was not affected by Sandy.

Superior Realty: 347-987-9839

▶BROOKLYN OPEN HOUSE

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MARINE PARK OPEN HOUSE SUN. 8/9, 12-2PM 2045 East 38th St.

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MARINE PARK OPEN HOUSE SUN. 8/9, 1-3PM 3507 Fillmore Ave.

Bdr Semi-Detached Duplex, full finished basement, rear yard, deck.....PL1301



OCEAN PARKWAY OPEN HOUSE SUN. 8/09, 1-3PM 370 Ocean Parkway

Sunny 2 BR Apt. with Terr and views, Ig LR, DR, EIK, lg MBR - all facing rear of bldg., 24 hr. drman, beaut. lobby. Needs TLC! Approx 900 Sq Ft PL1444

MARINE PARK: Mint! 3 Bdr, Semi-Detached Duplex, finished basement with 34 bath, updated kitchen, beautiful yard, 5 ductless a/c heat units. SHEEPSHEAD BAY: Beautiful 1 BR Co-Op with Terrace, Ig LR, DR, dinette, full bath, hdwd firs and lots of closets throughout.....PL1489 GERRITSEN BEACH: Double Lot! 3 BR Duplex, Large LR, DR, EIK, partial basement, pri-MARINE PARK: 4 BR, 2 Bath Semi-Detached Brick High Ranch, full attic, shared drive. Beautiful block and near shopping and transportation. Move in condition!!.....RM1452 MARINE PARK: The Only True Center Hall 4 Bdr Colonial on the Market!! New Kitchen, formal DR, Ig Den, LR with fireplace, beautiful hardwood floors throughout, large rear and side yard, pri-Duplex, Large LR with sliders to yard, DR, EIK, 1/2 bath on first floor, full bsmt, shared driveway and MARINE PARK: Mint! 3 BR Brk Duplex over Ig LR, FDR, Kit., 1/2 bth and den, largest MBR in Marine Park, pvt drive, large rear yard. ..PL1465 GERRITSEN BEACH: Nice 1 BR Apt, large LR, kit, lots of closets, hook-ups for washer

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Bay Ridge/Dyker Heights

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5 Rooms	3 bedroom	\$1600 + up
6 Rooms	3 bedroom	\$1700 + up
House for Rent.		\$2000 + up

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East New York- Spacious 3 bedrm, 1 ½ bath apt. Lots of closets. No pets. H&W included. Walk to train. \$1,700/month. Century-21-Homefront, 718-252-6060

GEORGETOWN: Renov 3BR, 1.5 Bath, \$2.000/mo. AGENT: 917-676-7644

Gerritsen Beach/Gerritsen Ave-Spacious 2BR duplex w/LR, DR, new kit, full bath. Tenant pays H/HW/G/E. 2 months sec dep. Parking avail-extra \$100. \$1,400/month. Century-21-Homefront, 718-252-6060

GRAVESEND/ SH BAY, Big 2 Bdrm, Eat-in Kitchen, No Pets, Near All, \$1,650/month. Owner 646-298-7117

GRAVESEND

Spacious 2 Bdrm Apt, Full Bath, Eat-In Kitch, Lrg LR, 2nd FIr, Prvt House, Near & N Trains. Non-smoking No Pets. \$1800/Month **COLDWELL BANKER** LABARCA R.E. 718-258-1222

Marine Park-Spacious 1BR apt w/LR, EIK w/S.S applis & full bath. 2nd flr prvt house Cat ok H&W incl. \$1,300/mo. Century-21 Homefront, 718-252-6060

Midwood/Kensington: 2 Bedroom in the building, Excellent Condition, Close to B & Q trains. \$1,750. ALSO 1 BR: \$1,550. ASP Realty: 917-470-4920

Mill Basin off National Drive, ultra mod. 6.5 + 2 off National bths + terrace, 1 fl up. \$1750 mo. Joseph RE 718-934-2400

SEAGATE

1 Bedrm Apt, 1st Flr, Available Sept. 1. \$1200/ Month

Mgr Terry 718-372-0380

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SHEEPSHEAD BAY, 3.5 rooms, cats OK, own thermo and circuit breakers non-smoking, \$1200/mo Owner 917-231-4247

Sheepshead Bay- 3BR's private house, new kitchen & bath, spacious living/dining room, washer/ dryer hook-up, heat included. No pets. \$1900/month. Broker 631-575-1493

SHEEPSHEAD Brown & Ave Y. 6.5 rooms 3rd floor. \$1700+ heat. No pets, no washer. Credit check req. 917-609-4269

SHEEPSHEAD BAY/E.22 Modern 1BR walk-in, all new, private house heat/water. Available 8/30. \$1,500. **347-204-4682** 347-312-3866

SHEEPSHEAD BAY: Modern, Corner **2BR**, LR/DR Combo, Oak Kit, Good Closets, Yard,

Absentee Landlord. Avail: August. \$1,600/mo. R.E. ROSANNE: 917-496-5969

Sheepshead Bay-Reno'd 2-3 BR apt w/LR, EIK, full bath. 2nd fir prvt house. Possible small pet ok. Walk train, S/Bay Rd. \$1,800/mo Century-21-Homefront, 718-252-6060 718-252-6060

▶BROOKLYN APT TO SHARE

Sheepshead Bay, Apt to Share with male, own bedrm, share full kitchen & bath, furnished living-room, near transportation, \$650/mo includes heat. Anthony 917-337-6145

BROOKLYN HOUSE RENTAL

BAY RIDGE/ HOUSE FOR RENT

Prime residential block, 7 rooms, 3 bedrooms, 2 1/2 baths, sunny terrace, private deck & carport, finished basement with large storage area, dishwash-er, washer and dryer, near shops & transportation.

\$3.500.00 **ALPINE REALTY** 718-238-1788

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Magnificent Property! 4 BRs, 4.5 Baths Too Much to Mention! \$5,000/Month **CALL SUSAN** 718-646-3600



BROOKLYN ROOM UNFURN

EAST FLATBUSH: apt., 2nd floor, new kitchen & bathroom. References \$ 1 7 0 0 / m o n t h .

► BROOKLYN ROOM UNFURN

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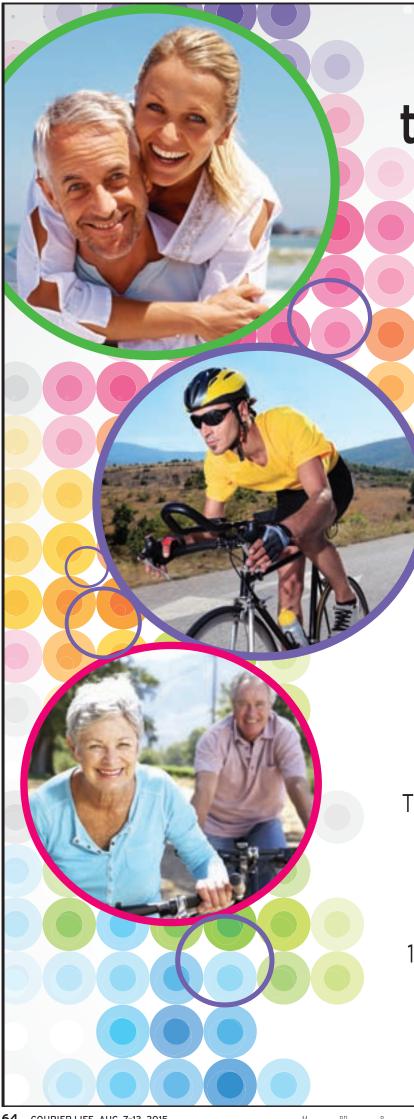


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