BAY RIDGE Courier

March 17-23, 2017

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SERVING BAY RIDGE & DYKER HEIGHTS

Pink brigade blasts Donovan

BY CAROLINE SPIVACK

Brooklynites lined 13th Avenue in front of Rep. Dan Donovan's Dyker Heights office on March 7 demanding the pol protect Planned Parenthood's funding after House

> Republicans unveiled a bill that seeks to effecdefund tively the reproductive health care provider.

It is a chilling prospect that would be a blow to locals who rely on the organization for health care,

"Planned parenthood has been there for my family members' basic health care needs when they didn't have insurance," said Bay Ridgite Jannie May. "And I just think it's absolutely draconian to take away the only option some

people have. It's just unthink-

said one demonstrator.

able and cruel." On March 6, House Repub-

licans introduced their longawaited bill to repeal and replace the Affordable Care Act — which drops the mandate

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WHAT THE TRUCK?



TRASH TALK: George Plagianos says it's ridiculous that trash is piling up because of the city's new garbage Community News Group / Caroline Spivack

New Sanit rigs leave Bay Ridge streets littered with 'bulk' junk

BY CAROLINE SPIVACK

They just can't get enough junk in the trunk.

The city must rework how it collects large junk from Bay Ridge and Dyker Heights streets because the Department of Sanitation's new garbage trucks have less space to cram in hulking waste, according to locals.

Mattresses, furniture, and other large items are piling up curbside because the area's new trucks are split between trash and organics. Now an extra truck swings by occasionally to collect the leftovers, but workers miss items that are then left to fester for weeks. The new procedure is just one big mess, said a community leader.

"The problem is the system in place is not effective," said Josephine Beckmann, district manager of Community Board 10. "We're getting a ton of complaints about items that have been missed for weeks. Before this, we had no complaints about missed bulk pick up, now we have so many."

The Department of Sani-Continued on page 10

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CANINE CRAIC!

Meet Seamus, mascot of the Bay Ridge St. Patrick's Day Parade

BY CAROLINE SPIVACK

Call it the luck of the labradoodle.

charismatic canine named Seamus has been the official mascot of the Bay Ridge St. Patrick's Day Parade for the last four years without a hitch. Each year the Labrador retriever-poodle mix rolls down Third Avenue in a Mustang convertible, sporting a shamrock hat and flashing his signature smile at parade-goers — and locals can't imagine the procession without him.

"Seamus is like the patron saint of the parade," said Ridgite Robert Davis, friends of Seamus's adoptive parents. "He's the center of attention. Everybody loves him."

Seamus's owners, Deirdre Croni Butler and Michael Butler, put Seamus in the parade in 2012 on a whim. He rode in the backseat of his friend's roadster to much fanfare, and the following year the parade committee dubbed the doggy the official mascot — after all, his name is Seamus.

But this pampered pooch has never seen the emerald hills of Ireland and is Brooklyn-bred through-andthrough. The Ridgite works as greeter/mascot/salesman at the Butlers' Third Avenue pet supply store near 76th Street, Paws Truly, where the cult of Seamus lives strong.

The shop is peppered with blown-up photos of the fluff ball — including Seamus dressed as "Santa Paws," and in a party hat for his fifth birthday — signed with wellwishes from locals, of course. Seamus's doppelganger — a look-a-like Home Depot Christmas decoration — stands tall in the storefront window. And the shop's business cards read more like the pup's personal calling cards, which state: "Seamus Butler" with a beaming headshot of the dog.

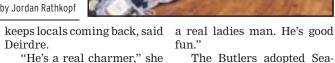




TOP DOG: (Top) Seamus Butler is greeter and mascot of Paws Truly pet store. (Above) The 10-year-old Labradoodle has also been the official Bay Ridge St. Patrick's Day Parade mascot since 2013. (Right) He may be in his golden years, but the pooch is as limber and Photos by Jordan Rathkopf

Paws Truly is stocked to the gills with all manner of pet goodies, but it's Seamus's

"He's a real charmer," she larger-than-life persona that said. "He's got a great smile -



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PINK PRIDE: Dozens showed up at Rep. Dan Donovan's Dyker Heights office on March 7, urging the congressman to oppose efforts to defund Planned Parenthood.

Photo by Georgine Benvenuto

DONOVAN

Continued from cover

for most Americans to have health insurance in favor of a new tax-credit system to encourage people to purchase insurance on the open market. The bill would eventually roll back the Medicaid expansion and takes specific aim at Planned Parenthood clinics with language that would cut off federal funds through Medicaid and other government programs for one year.

Planned Parenthood clinics are vilified by conservatives for offering abortions, but also provide other reproductive-health services, including cancer screenings, access to birth control, and testing and treatment for sexually transmitted disease. The district Donovan (R–Bay Ridge) represents includes one Planned Parenthood clinic in Staten Island. There are four others across the city — one per borough.

News of the bill sent Planned Parenthood supporters scrambling to voice their outrage, and by Tuesday morning coordinators with the organization rallied concerned Brooklynites to Donovan's Dyker Heights office. The lawmaker has supported legislation to defund Planned Parenthood in the past, and has recently come under fire for refusing to hold a town hall.

The last-minute rally sought to send the congressman a clear message, said an organizer with Planned Parenthood of New York City.

"After the news, Tuesday morning we got up and decided we needed to take swift action," said Elizabeth Adams, the branch's director of government relations. "We needed to let Congress know that right here in New York City there are people who rely on our services that are not going to let this stand."

Dozens of demonstrators armed with hot-pink posters declaring, "I stand with Planned Parenthood" encouraged drivers on the Dyker Heights thoroughfare to honk in support of the group. Motorists blared their horns, straphangers waved from busses, and even one passenger whipped out a Planned Parenthood sign waving it back at demonstrators. It was an empowering outlet for constituents to voice their con-

cerns, said one local who attended the rally.

"We are fully embracing our power to speak up and fight back," said Bay Ridgite Teri Brennan. "We're not taking anything for granted anymore, and we want Donovan and Congress to hear us."

But the legislator has no intention of leaving those seeking quality health services on a budget high and dry, and instead feels the funds are better spent elsewhere, according to a rep for the congressman.

"Consistent access to health services and expanding the network of health providers should be the main priority, which is why Congressman Donovan has consistently voted to re-direct funds to local community health centers, which provide a full range of health and preventive care services," said spokeswoman Alexia Sikora. "Most of us agree that maintaining access to quality women's health services is critically important. Congressman Donovan has consistently supported community health centers that offer care to women at affordable rates, and he'll continue to do so."



HONK, HONK!: Supporters of Planned Parenthood cheered on drivers who honked in solidarity with their protest outside Rep. Donovan's Brooklyn office.

Photo by Georgine Benvenuto

MURKY WATER

State: No guarantee sewage fine will come back to Coney Creek

BY CAROLINE SPIVACK

It's more than poop that's clouding the waters in Coney Island Creek.

The state is moving to collect the penalties imposed on Beach Haven Apartments for dumping 200,000 gallons of raw sewage a day into the waterway — possibly for years — after the fecal flow was revealed last October. But the state's Department of Environmental Conservation is keeping mum on details of its action against the Gravesend complex, and will not even promise that funds from a settlement will go towards cleaning up the creek, according to members of Community Board 13.

"Beach Haven dumped sewage into our creek and money from a settlement should go back into our community and cleaning up the creek," said Coney Islander Jeffrey Sanoff, chairman of Community Board 13's environment and sanitation committee. "They wouldn't commit to money coming back to us and it's not fair — if Beach Haven pays fines, it should come back here."

The state is perusing Beach Haven outside of the state court system through a so-called "administrative enforcement action," state reps told locals at a CB13 environment and sanitation committee meeting on Jan. 30. Through that procedure, the state and Beach Haven aim to negotiate an "administrative consent order" - essentially a settlement for the illicit dumping, according to a spokeswoman with the Department of Environmental Conservation.

But the state says terms of the dealings are privileged while negotiations are underway, and officials were vague on whether or not money from a possible settlement would go into the state's general fund or toward putting the creek on the mend, according to locals at the meeting. And the lack of transparency is troubling, said an environmental activist.

"A lot more clarity is matter needed here," said Coney Islander Pamela Pettyjohn. Ber "The wrong people are coming to the meeting. You have ment.



POOP CHUTE: The raw sewage entered the creek through this storm drain near Shell Road and Shore Parkway.

Photo by Georgine Benvenuto

these public relations people and you don't have the experts. So the technical or legal answers we want — they don't know or are not going to give."

On Sept. 7, the city's Department of Environmental Protection discovered that workers from Beach Haven Apartments diverted sewage from clogged pipes into a storm drain that spills into the creek, according to e-mails between regulators and environmental advocates at NYC Water Trail Association.

The waterway is frequented by borough students who often wade into the fetid waters during city-run educational programs, and is a popular spot for baptisms — which made the revelation particularly disturbing. And locals want to ensure Coney Island gets its due, said one community leader.

"We just want to make sure that the community needs don't get lost in the process," said Coney Islander Eddie Mark, district manager of CB13.

It the state can't settle with Beach Haven out of court the matter will be referred to an Administrative Law Judge.

Beach Haven Apartments could not be reached for comment.

Bomb threat against another Jewish center

BY JULIANNE CUBA

Someone texted in a bomb threat to a Midwood Jewish center on March 10, prompting an evacuation of the Coney Island Avenue building around 8 am, just one day after the Jewish Children's Museum in Crown Heights received its own emailed bomb threat. Both threats were unfounded, but rattled nerves nonethe-

Police responded to the Jewish Association Serving the Aging at 8:05 am after someone working for the agency got a text that a bomb would go off, officials said. Police would not go into more detail about who received the text or what else it said.

Officers searched and cleared the building between Foster Avenue and Avenue H, and deemed it safe for everyone to go back inside by 10:22 am, a police department spokesman said.

Police are investigating the incident and its ties to the handful of other threats made against Jewish centers around the city, a department spokesman said.



UNDER INVESTIGATION: (Above) Someone texted in a bomb threat at a Midwood Jewish center on Coney Island Avenue on March 10. That text came a day after someone (right) e-mailed a similar threat to the Brooklyn Jewish Children's Museum.

But locals are not so much cringing in fear as they are fuming in frustration — and are hoping the stream of unfounded threats is not a disturbed plot to "cry wolf" enough to bring everyone's guard down, said photographer Simon Gifter, who was on the scene.

"There's no fear. The sense I got from interviewing people, they are sick and tired, not even scared anymore. They are just fed up with the whole situation. That's the mindset of a lot of people, 'another stupid bomb threat," said Gifter.

"But what if people start letting their guard down? They are in a bind, have to take it seriously because if they don't and something happens."

Officials believe the scares are all coming from one sick copycat with sophisticated technology to disguise himself — after Missourian Juan Thompson was arrested last week for numerous threats across the county.

One local pol took to social media to lament the relentless stream of threats coming day after day



day goes by without a threat to an innocent Jewish institution. Elderly people threatened today, children yesterday," Assemblyman Dov Hikind (D-Midwood) wrote on Facebook. "With all of the resources that are allegedly being dedicated to identifying the culprits and bringing them to justice, why has there only been one arrest? The current theory is that it's one individual making these threats. So why can't he be stopped?"

And now Sen. Kirsten Gilli-"It seems that hardly a brand is leading the charge

with a letter to the Department of Homeland Security demanding it increase federal funding to ensure the security and protection of religious institutions across the country on the heels of the growing number of bomb threats this

The letter, signed by 18 senators from both sides of the aisle, cites the recent scares at many Jewish centers.

The need for protection is imperative and the federal government must recognize the severity of what's going on, said Gillibrand.

"New Yorkers shouldn't have to live or worship in fear," she said. "Hate crimes and threats are on the rise and we can't stand idly by and do nothing, or pretend it's not happening.

"Now more than ever, we need to make sure our places of worship and community centers have the right resources to protect themselves. I'm asking the Trump administration to take these threats seriously and dedicate more federal dollars to protecting religious and community cen-



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ALL TOGETHER: Students and Holocaust survivors dance the hora. Photo by Jordan Rathkopf

Students and Shoah survivors share stories

BY JULIANNE CUBA

This wasn't your typical Spring Break dance party.

Holocaust survivors and university students held hands and danced the hora during a special Selfhelp Community Service program at the Flatbush Jewish Center on March 2.

The intergenerational day — filled with food, music, and dancing — was valuable for both the students and the survivors, with each generation learning something from the other. But the most valuable lesson of the event was the importance of keeping the memory of the Holocaust alive — especially today — to make sure nothing like it ever happens again, according to one survivor who lives in Marine Park.

"Most important to me is not to be silent, and tell the young people what happened, because if they know what happened, they won't be silent — because silence led to murder, silence leads to racism and pessimism. I lived a life that I'm asking myself, 'how can human beings do such evil to other human beings?' "said 91-year-old Sonia Klein. "Whenever possible, I talk to students. I want them to know. The students were just wonderful."

Selfhelp works to bring survivors of the Shoah together, and provides them with catered lunches, dancing, music, and other programs to fill their days with happiness instead of monotonous doctor's visits, according to Selfhelp staffer Sasha Kesler.

And for this special program on March 2, about eight students from



L'CHAIM!: Sam Rosenberg serves survivor Blanka Braun. Photo by Jordan Rathkopf

the University of Michigan gave up a spring break filled with booze for something more meaningful. They visited the Flatbush Jewish Center to learn from and socialize with Shoah survivors through the organization Repair the World New York City. Students helped serve food, danced, and chatted with the seniors, brightening up their day, said Kesler.

The experience was a bit overwhelming for one student who had never had the opportunity to speak with a survivor before. But she said ultimately it was beautiful and uplifting to hear their stories firsthand. It reminded her just how important it is to remind people that these survivors too

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63RD PRECINCT

MARINE PARK-MILL BASIN-FLATLANDS-BERGEN BEACH

Car bust

Some nogoodnik smashed a car window on E. 45th Street on March 12 and stole a man's cellphone.

The owner parked his vehicle between Kings Highway and Avenue K around 3 pm and returned to find the driver's-side window broken, cops said. The thief got away with the man's smartphone and some loose change, according to the report. — Alexandra Simon

68TH PRECINCT

BAY RIDGE-DYKER HEIGHTS

Opportunist

A prowler snuck into a man's bedroom and grabbed his stuff while he was in the shower in his 13th Avenue home on March 8, said police.

The man told police he went to take a shower in his apartment between 69th and 70th streets at 7 pm.

He left his bedroom window open and when he came out his wallet with cash and bank cards — was gone, police said.



Jewelry heist

A goon busted into a man's 77th Street home on March 7 and made off with a trove of jewelry.

The man told police when he woke up in his home between Colonial Road and Ridge Boulevard at 7 am he discovered broken glass and that someone busted the back door. A watch, gold chains, and a platinum ring were taken, said police.

62ND PRECINCT

BENSONHURST-BATH BEACH

Crazy ex-girlfriend

Cops cuffed a woman who they say violated a restraining order and stabbed a man in the thigh on Bay 29th Street on March 5.

The man told police that he has an order of protection against his ex-girlfriend, who contacted him. The pair had a brief conversation over the phone where the victim

told the woman to leave him alone and stay away, according to a police

But the woman had a key to the man's apartment between Benson and Bath avenues and entered just after midnight, officials said. The man and woman began arguing and the dispute quickly turned physical when the woman scratched at her ex-boyfriend and finally stabbed him in the left thigh before fleeing the scene, authorities said.

Yet, the man told police, he does not want to press charges, according to a police report.

60TH PRECINCT

CONEY ISLAND-BRIGHTON BEACH-**SEAGATE**

Frying pan bash

A brute ambushed a man with a frying pan in his Avenue W home on March 11.

The man told police that he had just entered his apartment between W. 11th Street and Stillwell Avenue at 1 pm when he was whacked in the head multiple times with a frying pan. The man was so terrified of the intruder in his home that he ran to his room and locked himself in until 9 am the next day, according to a police report.

The man visited Coney Island Hospital, where he received five stitches, officials said.

— Caroline Spivack

61ST PRECINCT

SHEEPSHEAD BAY-HOMECREST-MANHATTAN BEACH-GRAVESEND

From behind

A malefactor attacked a woman from behind and swiped her purse as she was walking on Ocean Avenue on March 7, police said.

The 53-year-old woman was near Avenue R at about 9 pm when the punk grabbed her by the shoulder and went for her pocketbook, according to authorities.

The two got into a brief struggle, but the nogoodnik eventually ran off with the handbag — containing her four credit cards, along with her iPhone, iPad, and glasses — officials said. — Julianne Cuba



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SEAMUS

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mus when he was five months old in 2007 when Michael went into a pet store for bird feed and came out head over heels for the snowy pup. He had to wear down Deirdre, who at first felt the couple wasn't in a position to take in a dog.

But Deirdre soon caught Seamus fever and the pair took him in. He was nameless for a few days as they mulled over possibilities, and eventually Seamus stuck.

Now the 10-year-old fluff ball prances around the pet shop in his staple American flag bandanna and a seasonal three leaf clover collar. Most days he meets customers at the door, maybe helps them pick out a treat or two if the mood so strikes him, but his joy is people watching at

"He's like a true Brooklynite — he likes to watch everybody go by on the avenue," said Deirdre. "He just knows so many people. He's a good soul."

This year's St. Patrick's Day Parade



PARADE MASCOT: Seamus has been the official Bay Ridge St. Patrick's Day Parade mascot since 2013. Photo by Jordan Rathkopf

marks Seamus's fifth as the mascot. And his owners say he's looking for-

"I really do feel he enjoys it," said Deirdre. "If he could wave to people I think he would.'

Look out for Seamus during the Bay Ridge St. Patrick's Day Parade on March 26, which runs along Third Avenue, from Marine Avenue up to 67th Street. Kick off is at 1 pm.

SURVIVORS

Continued from page 9

were refugees, looking for a safe home, just like the refugees of today, said Ariel Friedlander.

"It was a very beautiful experience." I just really learned how important it

is to remember these people and tell their stories. And as young people, we have to remember the events that happened and make sure they don't happen again," said Friedlander, a sophomore. "It was an amazing experience to talk to these people, and a lot of us by the end were crying because it was so beautiful and inspiring."



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JUNK

Continued from cover

tation rolled out the so-called "dual bin trucks" in October 2016, which are divided into two compartments — one for trash and the other for biodegradables — as part of the city's organics collection program, where residents haul bins packed with food scraps and yard waste to the curb for pick up, according to a Sanitation spokeswoman.

But the trucks' split trash compactor means the garbage side fills up faster and makes it more difficult to crunch what the city calls "bulk" items — anything bigger than four feet by three feet — and things get left behind, according to Beckmann. The result is a hodgepodge of junk littering the streets until a truck with the specific purpose of picking up bulk comes by. And that only happens if workers remember to fill out a form logging the rubbish and pass it along to a supervisor, according to an agency spokeswoman.

From October 2016 to March 2017, 311 logged nearly 300 complaints for missed bulk collection — compared to zero for the same period the year before, according to city data. But tossing a bookcase or a boudoir isn't an everyday occurrence, so the city doesn't think locals should be making such a stink, said an agency spokeswoman.

"It's not every day that you're



ABANDONED: This upsidedown armchair is right in front of a fire hydrant on 88th Street. Community News Group / Caroline Spivack

throwing out a couch or a mattress," said Belinda Mager. "Most of the time the dual bin truck will collect everything. Generally a single truck can manage."

But locals beg to differ, and say the problem is only getting worse, according to one Ridgite who schlepped his mattress to the curb multiple times for pick up — but with no luck.

"I've hauled out my mattress twice so far and both times it was ignored," said Bay Ridgite Gabriel Vaduva, who has lived on Gatling Place for the last six years. "It's covered up and meets all [the city's] requirements, but nobody picks it up. And I know I'm not alone - I see sofas and La-Z-Boys all over the place. They better do something, because it's trash city out here."

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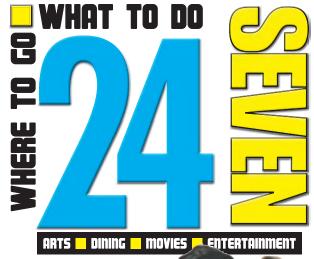
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SEMINAR SCHEDULE

10:30 am

Seminar 1: Urology in the elderly

Seminar 2: Debunking Popular Myths About

Elder Care

11:30 am

Seminar 1: Safety Concerns of Seniors:

Fraud, Fear & Facts

Seminar 2: What you need to know about Vascular Health: Important concepts and misconceptions

12:30 pm

Seminar 1: Navigating Your Home Care

Options

Seminar 2: Medicare and Medicaid

Planning

1:30 pm

Seminar 1: Wills, Trusts, Beneficiary Designations, and Estate Planning

Seminar 2: Understanding Managed Long

Term Care- MLTC

2:30 pm The Benefits & Pitfalls of Probate

FREE ADMISSION.

Register now at **eldercaretickets.eventbrite.com** or call **(718) 260-4552**. Walk-ins welcome. Coffee, tea and refreshments will be available at no charge. Food will be available for purchase.





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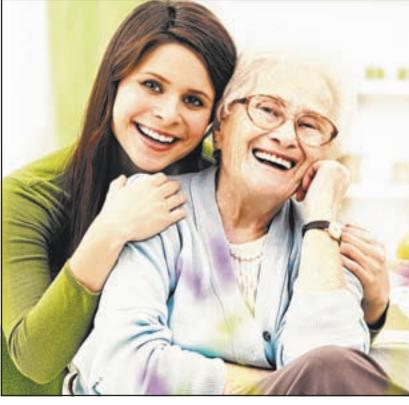
COMMUNITY NEWS GROUP

Brooklyn's elderly population is growing older, growing in numbers, and growing increasingly dependent on quality health care - and caregivers.

To give a helping hand to those with elderly loved ones they're striving to keep healthy, the Jewish Community Council of Marine Park and Community News Group are hosting the Elder Care Conference and Expo at the Kingsway Ballroom this Sunday, March 19.

The event will feature 60 vendors in health care, home care, insurance, and all your medical needs, alongside 12 seminars addressing topics such as managed long-term care, Medicare and Medicaid planning, wills, trusts and estate planning, and how to navigate home

"Our goal is to bring together the leaders in health care and home care to provide the public with full access to them," said CNG's Courier Life Publisher Cliff Luster. "We know this process can be daunting and we hope the Elder Care Expo allows you to leave with lots of information, answered questions, and confidence as you make health care decisions for



you and your family."

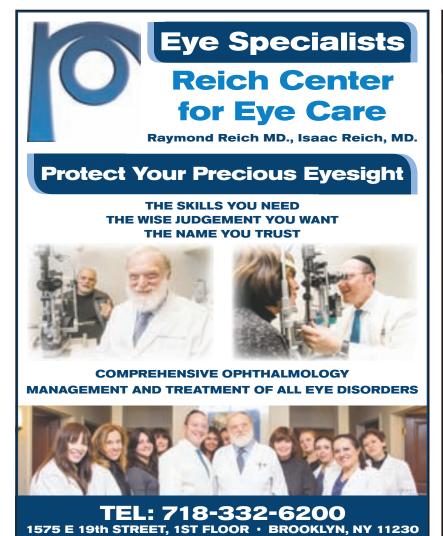
The event will feature nine seminars to educate seniors, caregivers,

and families on how to learn about a wide variety of resources and services available for the elderly, while offering helpful advice and debunking some popular myths about elder care. They include:

- · Debunking popular myths about elder care
- ·Safety concerns of your senior: Fraud, rear, and facts
- ·What you need to know about vascular health: Important concepts and misconceptions
 - · Urology in the elderly
 - · Navigating home care
- ·Medicare and medicaid plan-
- · Wills, trusts, beneficiary designations, and estate planning
- · Understanding managed long term care
- ·The benefits and pitfalls of pro-

Those interested in attending can register at eldercaretickets. eventbrite.com. Food will be available for purchase, and coffee, tea, and refreshments will be available at no charge. For more information, e-mail info@jccmp.org.

The Elder Care Conference & Expo at the Kingsway Ballroom (2902 Kings Hwy. between E. 29th Street and Nostrand Avenue in Marine Park), March 19 at 10 am-3:30



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Early Detection of Heart Disease at BRMI

BY DR. JOSEPH ABRAMS

Now is a great time to get a heart checkup and commit to a healthy lifestyle that will lead to a lifetime of heart health. One of every four deaths are caused by heart disease, making heart disease the leading cause of death for men and women in the United States and worldwide. The aim of American Heart Awareness is to reduce the risk of heart disease through early detection and healthy lifestyle. With early detection, heart disease can be managed and treated before it results in heart attack or death. Detecting a ticking time bomb before it's too late leads to a longer healthier life.

Doctors are now able to view the heart and its arteries with a CT scan. A CT scan of the heart, also known as a cardiac CT or coronary CT angiogram, has been shown to be a very reliable way to noninvasively check for blockages and areas of narrowing in the heart's arteries (coronary artery disease). This simple test determines a patient's future risk of adverse cardiovascular events, and identifies specific areas of disease within the coronary arteries. In the past, this information could only be reliably obtained from an invasive test known as a cardiac catheterization which involves inserting a catheter into the arteries themselves.

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COURIER LIFE, MARCH 17-23, 2017

Dr. Alan P. Goldman: Treating And Relieving Arthritis Pain

There are a lot of people suffering with joint pain and arthritis, says *Dr. Alan P. Goldman,* a specialist in rheumatology (130 Brighton Beach Avenue, 718-946-7557), and they often believe that there is little that can be done to alleviate their pain.

They are wrong. There are many options available, Dr. Goldman says; the key is finding a physician who is knowledgeable in those treatment modalities.

As a rheumatologist, Dr. Goldman specializes in the treatment of arthritis; one of only a handful practicing in Brooklyn.

Rheumatoid arthritis is an inflammatory illness that causes joints to swell. Symptoms include morning stiffness and swelling, often in the hands, elbows, or wrists, he says. Perhaps because there are so few rheumatologists in the borough, when people experience these symptoms, they often "see a surgeon first," says Dr. Goldman. But this often doesn't make much sense, he explains.

"When you have stomach pains, you don't go to a surgeon before seeing a gastroenterologist," he explains. "When you have chest pains, you don't see a surgeon before seeing a cardiologist."

A surgeon is the expert to see when surgery is needed, he notes, and of course Dr. Goldman refers patients to surgeons when necessary. Still, Dr. Goldman believes that the majority of people who suffer with arthritis can be treated without surgery. Even those who suffer of the American College of Rheumatology, well as a member the American College of Physicians, Nass County Medical Society the New York Standard Medical Society, American College of Rheumatology, well as a member the American College of Rheumatology, well as a member the American College of Rheumatology, well as a member the American College of Rheumatology, well as a member the American College of Rheumatology, well as a member the American College of Physicians, Nass County Medical Society American College of Rheumatology, well as a member the American College of Physicians, Nass County Medical Society of Physicians of Physi

There are a lot of peoe suffering with joint relief with Remicade ain and arthritis, says IV infusion treatments, he says. "It has worked vecialist in rheumatol-

Patients receive these treatments once every few months, and people who previously couldn't move well find that the "benefits are tremendous," he says. Those whose symptoms are less severe may find relief with pills or injections. This method has been used successfully for many years, says Dr. Goldman. And, "It still works."

When patients see Dr. Goldman they are assured of receiving expert evaluations. Dr. Goldman's office offers x-rays, and a number of in-office treatment procedures. Should patients need physical therapy, arrangements can be made for this, as well.

Dr. Goldman also recommends that people age 60 or older come in to be checked for osteoporosis. People who are thin or who smoke are especially at risk, he notes.

Dr. Goldman is a Harvard graduate who has studied at Bellevue Hospital-New York University Medical Center and Gouverneur Hospital in Manhattan. He is on staff at the New York Methodist Hospital, and he is a Fellow of the American College of Rheumatology, as well as a member of the American College of Physicians, Nassau County Medical Society, the New York State Medical Society, American Medical Association, and the New York **EXCLUSIVE NEW DIAGNOSTIC METHOD:**

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Stop COLON CANCER the #2 killer

BY CAMILLE SPERRAZZA

March is Colorectal Awareness Month.

If you haven't seen a doctor for this important test, make an appointment with Gastroenterology Associates of Brooklyn, because screening for colorectal cancer saves lives.

"Colorectal cancer is the second-leading cause of cancer-related deaths in the United States," says Dr. Kayane Hanna-Hindy, the director of the Women's Digestive Health Center at Gastroenterology Associates of Brooklyn. "This cancer has no signs, and when any symptoms may start to occur, the cancer is at a stage that is too advanced to cure."

A colonoscopy is recommended for everyone over the age of 50, and even sooner for those who have an increased risk of developing the disease, such as a family history of cancer. This diagnostic procedure examines the large intestine and the rectum, looking for colon polyps and early signs of cancer. Tissue samples may be collected for a biopsy, and abnormal growths may be removed.

"There are no clear answers as to what causes colon cancer," says the doctor, "but several lifestyle-related factors have been linked, such as obesity, intake of a high red meat diet, processed foods, lack of exercise, smoking, and chronic alcohol use." Family history increases the risk.

Gastroenterology Associates of Brooklyn, every physician has completed extensive education, clinical training, and specialized training in his area of expertise. All hold titles of assistant clinical professors of medicine, and are published in their fields. They are board-certified professionals who hold memberships and fellowships in numerous organizations. Still, they frequently attend conferences to learn about the latest advancements in the field, and then offer these techniques to patients who are assured the highest level of care.

These professionals in- Arnold Gold Foundation







(From top clockwise) Dr. Kayane Hanna-Hindy of Gastroenterology Associates of Brooklyn works with a patient. Dr. Hanna-Hindy is director of the Women's Digestive Health Center. The Quentin Road location is one of several offices.

Photos by Georgine Benvenuto

clude: Dr. Hanna-Hindy, who was born and raised in Bay Ridge. Her expertise includes the diagnosis and management of colorectal cancer screening, peptic ulcer disease, inflammatory bowel disease, liver, pancreatic, and biliary disease. She has a special interest in women's health, and is a diplomate of the American Board of Internal Medicine and Gastroenterology.

Dr. Pierre Hindy is an attending physician at Beth Israel Mount Sinai, New York Community Hospital, and New York Methodist. Recipient of the Arnold Gold Foundation

Award in recognition of humanism and excellence in teaching. He specializes in endoscopic procedures needed for the diagnosis and management of colorectal cancer screening, peptic ulcer disease, and inflammatory bowel disease. Expert in Hepatitis B and C treatment. He is fluent in French and Arabic.

Dr. Nison Badalov has

Dr. Nison Badalov has extensive experience in performing procedures such as colonoscopies, upper endoscopy, esophageal PH monitoring, and advanced therapeutic endoscopy, including stent placement, dilatation, and ultrasound-guided

liver biopsy.

Dr. Rabin Rahmani, a founding physician of Gastroenterology Associates of Brooklyn, serves as director of Medical Education and Research for the Department of Gastroenterology at Maimonides Medical Center, director of performance improvement for Endoscopy and Hepatobiliary Diseases, and assistant professor of Medicine at Albert Einstein College of Medicine.

Finally, Dr. Ian Wall holds certifications in advanced endoscopy, endoscopic ultrasound, and more. He is the author of articles published in peerreviewed journals, book chapters and abstracts.

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The other category of cancer is non-melanoma, far more common and almost never deadly. These lesions tend to be flesh colored or red growths that enlarge, do not heal and occasionally bleed. If you have such a growth you should make an appointment with a dermatologist for an evaluation.

I recommend that all of my patients have a yearly skin check with myself or my colleagues.

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If you have a question for Dr. Biro please submit it through the contact button on his website. You may see it answered in the next edition of "ask the dermatologist"

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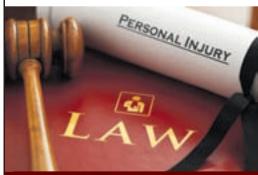
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BRIGHTON EYE NUTRITION AND YOUR EYES



Clinical Assistant Professor

In the last twenty years eye health research has linked diet and nutrition with a decreased incidence of AMD. AMD is a leading cause of blindness in the US and around the world. Now, there is hope and help for this condition. Knowing the symptoms and risks of this disease can help patients to get timely help and prevent vision loss. It is also the only condition that research has proven that taking vitamins and antioxidants can prevent progression of the disease. Adding certain nutrients to your diet helps decrease the progression of macular degeneration. Lutein and Zeaxanthin are important nutrients found in green leafy vegetables. Other important nutrients to eye health are Vitamin C, E, zinc and omega-3 fatty acids.

Eating a healthy diet helps your eyes, your brain and your general health.

It is said that "you are what you eat". Many of

It is said that "you are what you eat". Many of my patients, in an attempt to control their health, come into the office with a bag full of vitamins and nutrients. Where to begin? Do vitamins and other nutrients help stave off eye disease? Is there something to the adage, "too much of a good thing"?

What vitamins and nutrients delivered through food and supplements aid in the health of your eyes?

The only two major studies supported by the National Eye Institute (NEI) are the AREDS1 and AREDS2 studies. These studies essentially identified nutrients that are helpful in slowing down the

In order to stay healthy the retina needs carotinoids such as Lutein and Zeaxanthine. These are found in green leafy vegetables such as kale and spinach. The AREDS studies found that supplements which contain 500 mg Vitamin C, 400IU Vitamin E, and 80 mg Zinc, 1000 mg of omega3 fatty acids and 12 mg of the carotenoids reduced the progression of moderate and advanced macular degeneration by 25%. Although the results of the addition of omega 3s and carotenoids were inconclusive, many researchers believe that these are helpful in reducing advanced changes in macular degeneration.

Other supplements found helpful in maintain-

progression of macular degeneration, a retinal disease usually found in older individuals that de-

stroys a person's ability to read or see small print.

Other supplements found helpful in maintaining good health are Vitamins A, E, B complex and omega 6 fatty acids. Ginkgo biloba has also been found effective for glaucoma. The omega3 and 6 fatty acids were found useful in treating dry eye syndrome. To date no vitamins have been found to prevent cataracts.

But, yes, do be careful. Too much of a good thing can be detrimental. Check your vitamins carefully as there may be some overlap between multivitamins.

Along with good nutrition, an annual visit to your eye MD is essential to assure continued eye health. Visit Brighton Eye at our state-of-the art eye care facility for all of your eye health needs.

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AVOID BACK AND NECK SURGERY Better options for back pain at Spine and Disc Center

Back and neck pain make the simplest tasks nearly impossible.

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It may be that you've tried to get help. You may have already seen doctors for traditional medical and chiropractic care, without results. Perhaps it appears the only possibility is surgery.

But this is not your only option.

Dr. James DiGiuseppi DC of the Spine and Disc Center of Brooklyn has been treating patients with these conditions for more than 33 years, reinstating their quality of life through nonsurgical treatment. No spinal injections or drugs are involved. Instead, he utilizes decompression ther-



Dr. James DiGiuseppi DC has been helping patients with dibilitating back and neck pain for more than 33 years. Photo by Georgine Benvenuto

apy, a leading non-surgical, people who are at the end of alternative treatment for serious neck and low back pain.

"This gentle treatment method has been shown to greatly reduce or eliminate back and neck pain," says Dr. DiGiuseppi. "It has helped

their rope.'

Decompression therapy effectively treats disabling low back, neck, and radiating leg and arm pain by reducing the pressure on spinal nerves, discs and joints.

"It renders quick, effective, and amazing pain relief that enables most patients to return to a more active lifestyle," says the doctor. "There is a 90 percent success rate — and those are pretty good odds.'

Research to develop this procedure was conducted by prominent physicians, engineers, and technicians at major teaching hospitals, savs Dr. DiGiuseppi, who is trained in these methods. The certification course was designed by the leading expert in spinal decompression, Dr. Jay Kennedy, D.C., who taught doctors worldwide and treated thousands of patients using a variety of decompression systems. To gain certification involves more than 40 hours of instruction, including hands-on training sessions, followed by certification examinations.

"We are pleased that we can serve our patients and others in the community with advanced spinal decompression therapy," says Dr. DiGiuseppi.

Decompression begins with a series of sessions that typically run three or four times per week. It's all done while the patient is fully clothed, either face down, or face up, on the table. During each of these sessions, electrical muscle stimulation, ultrasound, or therapeutic laser may be applied to help relax muscles and promote further healing of injured tissues, says the doctor. In addition, patients may be asked to complete specific exercises designed to help strengthen muscles.

People with spinal stenosis, bulging, herniated, and degenerative discs, pinched nerves, and sciatica have found relief through this method.

Spine and Disc Center of Brooklyn 8214 - 13th Avenue 11228 in Dyker Heights, (718) 833-3327. www.Spineand-DiscCenter.com

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Hungry for hamantaschen

BY JULIANNE CUBA

Chag sameach!

Everyone had a freilichen Purim at the Kings Bay Y's Purim Carnival on March 12. Kids marched around in costume, stuffed their faces with traditional hamantaschen cookies, and learned about the festive holiday - which commemorates the Jewish people's liberation from the evil Haman — by reading from the Book of Esther.

away on three of the big, jamfilled, triangle-shaped cookies as fast as they could for a hamantaschen-eating contest — and one kid took home the prize in what was nearly as big a feat as when the Jews escaped from Haman, said one of the carnival's organizers.

"Believe me, I could not eat three, they are huge and very dense," said Susan Kaminsky. "But some kid did it."

Kids showed up as superhe-Youngsters all chomped roes, astronauts, and clowns

for the costume parade, led around the room by a stilt walker. And a disc jockey played some both popular and traditional Hebrew tunes for the hundreds of people that came out to celebrate at the Sheepshead Bay center, said Kaminsky.

But one of the carnival's best events was the opening of the center's new rock climbing wall, which everyone enjoyed, said another organizer, Vadim Shiglik.



CUTEST COSTUMES: (Above) Brothers Max and Abraham Ranna came prepared in their finest at the Kings Bay Y's Purim Carnival on March 12. (Center) Jonathan Tetry, who dressed up as Spider-Man, hugs his brother David during the carnival, which boasted (left) bouncy houses and stilt-Photos by Jon Farina walkers.

"It was incredible, we actually debuted our new rock climbing wall in the gym," said Shiglik. "It was the first time people started using it. Everyone really loves it."

tiny-but-mighty 4-year-old astronaut ascended the wall and climbed all way up *chai* — he loved being even closer to space, said his father Vlad Kaplun.

"He had a great time, I think his favorite was the rock climbing wall," said Kaplun. "But the carnival was amazing, they did a phenomenal job, between the storytelling and activities and food."





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Our featured property is a desirable dwelling for single families, and a real catch for investors seeking prime realty sirloin in a borough with a booming real estate profile.

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Our latest Brooklyn beauty, competitively priced at \$669,000, is near public trans-



This one-family attached brick gem in Marine Park is a desirable dwelling. Check out that floor!

Salt Marsh Nature Center at Marine Park, a 530-acre oasis of grassland and precious salt portation, shopping, schools, marsh that's protected as a Forand religious institutions, and ever Wild Preserve and is home

a short walk away from the to a multitude of birds and native flora and fauna.

The namesake park features baseball diamonds, cricket fields, a golf course and bocce courts, in addition to multiple playgrounds, bicycle greenways, and a launch-and-landing site for canoes and kayaks at Gerritsen Inlet.

There's also a Little League squad named for former Yankees manager Joe Torre, who grew up in the neighborhood, an asphalt runway for fliers of small drones and radio-controlled aircraft, as well as an abundance of local history the Hendrik I. Lott Dutch farmhouse, built in 1800, remains a stately reminder of a past era, telling the story of the area's evolution.

A traditionally blue-collar community that's home to numerous police officers, firemen and their families, Marine Park loves a local parade, and is fast emerging as a destination for smart buyers because of its neighborliness and great homes, such as our House of the

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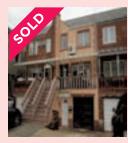
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TRAGIC

NYPD officer dead in apparent suicide

BY JULIANNE CUBA

New York City police officer Michael Smith apparently shot and killed himself inside his Falon March 7, according to the Daily News.

The 47-year-old officer, who worked in community affairs in the 70th Precinct, shot himself in the head with his girlfriend and her parents in the next room as she was planning to pack up and leave him, according to the News.

Police responded to a call about an emotionally disturbed person inside the Manhattan Beach apartment between Shore Boulevard and Hampton Avenue at a little before 5 pm, officials said.

Emergency responders arrived to discover that the officer had shot apparent suicide, according to authorities. Officials are investigating, police said.

About 30 police officers lined up as the police department's Emergency Services Unit carried out Smith's body covered

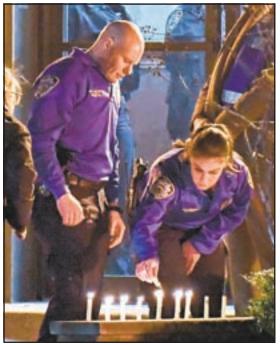
in an American flag, and more than a dozen vehicles escorted the ambulance as it drove off, according to photographer mouth Street apartment Paul Martinka, who was on the scene.

Fellow officers lit candles outside the apartment building that

The fallen officer was highly respected in his command, Councilman Jumaane Williams (D-Flatbush) tweeted on March 9:

"Community Affairs Officer Michael Smith displayed Courtesy, Professionalism & Respect in every interaction I had with him. #RIP @ $\!\!\!\!$ NYPD70Pct," the pol

If someone you know exhibits warning signs of suicide, do not leave the person alone; remove any firearms, alcohol, drugs, himself in the head in an or sharp objects that could be used in a suicide attempt; call the U.S. National Suicide Prevention Lifeline at (800) 273-8255; and take the person to an emergency room or seek help from a medical or mental health profes-



SHINING A LIGHT: Officers and community members lit candles outside the building. Photo by Paul Martinka



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Kids show off for Bravest, Finest

BY CAROLINE SPIVACK

Bensonhurst's got talent!

Nearly a hundred budding ballerinas, musicians, and singers busted out their best beats for a Bensonhurst talent show on March 12 that honored the brave men and women who serve Brooklyn as firefighters and police. The show, "To Heroes from Children" at The Allure Group's King David Center for Nursing and Rehabilitation intended to teach

tykes respect for those who lay it all on the line to keep them safe, said the organizer.

"We decided to do this to teach the kids how important it is to respect our heroes policemen and firemen," said Besonhurster Leonora Bulychova, who runs the organization behind the event, Club a-Elita. "And I think they got the message. They were very proud to perform and very ex-

Officers from the 62nd Precinct, firefighters from Engine 330 and Ladder 172, and local pols were serenaded by crooning tweens, a violin ensemble, and traditional Russian and Roma dances. It was a dazzling display that really wowed the audience, said Bulychova.

"It was on par with Broadway because all the kids are on such a high level," she said. "It really was a beautiful show with a good message."



A SHOW OF GRATITUDE: (Above) Tykes twirled and pirouetted in honor of police officers' and firefighters' service during a talent show at The Allure Group's King David Center for Nursing and Rehabilitation on March 12. (Left) The dancers broke out their best moves for New York's Finest and Bravest Photos by Georgine Benvenuto

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Deutsch: I'll dump \$249K in pay to stay in Council

Councilman Chaim Deutsch (D-Sheepshead Bay) is willing to throw away a quartermillion dollars a year so he can keep working at City Hall, the pol claims.

Deutsch rakes in an additional \$100,000 to \$249,000 a year on top of his hefty \$148,000 Council salary as the president of his Brooklynbased real estate company, Chasa Management, according to city records.

But Deutsch must give all that up by next January if he wants to keep his seat — because last February the Council voted to give itself a \$36,000 pay raise, which went along with a new law that forbids outside income come Jan. 1, 2018.

And Deutsch said he plans to give it up.

"The law is that as of January 2018, that I cannot have any more outside income and that's what I will follow," said Deutsch, "because I am running for re-election."

The one-termer did not elaborate on what he plans to do with Chasa Management.



Council members for whom it applies still have time to figure it all out — but as it gets closer, they need to be sure to comply, said Dick Dadey of good-government group Citizens Union.

"He would have to divest himself of any involvement with the real estate firm. If he shuts it down, then that would be appropriate, but that is not the only option to him," he said "As Jan. 1 approaches, he needs to be more specific about what he's done to comply with the rule."

Deutsch was the only The law doesn't go into ef- Brooklyn Council member fect until a year from now, so to vote against both the pay

raise and forbidding outside questions and people see you ticipate in forums until he is income, records show.

Deutsch currently has \$57,714 in his campaign coffers for his 2017 re-election, according to city records. And his cousin, Kalman Yeger, is rumored to be running against him.

Brooklyn lawyers angling to be the borough's next top prosecutor are blasting Acting District Attorney Eric Gonzalez for not showing his face during a candidates forum last week, and for taking his time in announcing his own candidacy, despite having raised more than \$866,000 for his campaign.

The city's former Human Rights Commissioner Patricia Gatling happily participated during the March 7 forum at Brownsville's Atlantic Towers, but said she was shocked to not be joined by the current top legal eagle, she

"I think it's disrespectful. I don't know why he's not showing up," said Gatling. "The people have a right to know who we are. He was in the office but people didn't know who he was. People ask us

and that's how they determine who they want to lead."

But Gonzalez is not trying to bend any rules — he's simply not a candidate yet, said his spokeswoman Lis Smith.

"D.A. Gonzalez is 100 percent focused on serving the people of Brooklyn. He will be announcing his intentions in the near future. As he's not yet a candidate, he is not attending candidates forums," said Smith in an e-mailed statement. "He looks forward to a robust debate about the issues facing Brooklyn."

Candidate Marc Flied**ner** — a civil rights attorney and former assistant district attorney under former D.A. Charles Hynes, who helped convict Police Officer Peter Liang for fatally shooting Akai Gurley in 2014 — also didn't make an appearance, but blamed Gonzalez for his own no-show, claiming it should either be everyone or no one at these debates.

"It's outrageous that Eric Gonzalez has declined to enter the race to date in order to avoid engaging in forums," said Fliedner. "It's not my campaign's inclination to parrequired to participate like everybody else."

Candidates who showed up at the debate included Brooklyn Heights District Leader Anne Swern, Councilman Vincent Gentile (D-Bay Ridge) and former prosecutor Ama Dwimoh, who now works for Borough President Adams.

The primary is in September 2017.

Freshman Councilman Carlos Menchaca (D-Red Hook), who has repeatedly come under fire for his controversial remarks about Israel, may face yet another competitor in his quest for re-election — the woman who had the seat before him.

Former Red Hook Councilwoman Sara Gonzalez recently registered as a candidate for the 38th Council District race, according to the New York City Campaign Finance Board.

Menchaca will also face Sunset Park attorney Delvis Valdes, and Assemblyman Felix Ortiz (D-Sunset Park) is rumored to be seeking the

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by Joanna DelBuono

Striving to fight kidney cancer

It's spotlight on amazing teens this week. Standing O is saluting 15-yearold Sol Gindi of Gravesend for creating the inagurual Strive to Survive run, held at Prospect Park on March 5. The run, which was held to bring attention to kidney cancer research, raised \$70,000, which was presented to Dr. David Nanus from the New York-Presbyterian/Weill Cornell Hospi-

Strive to Survive was organized



by the Kidney Cancer Awareness Group, an organization Sol also founded three months ago to honor his late grandfather Sol Betesh.

After the passing of his grandfather in September of 2016, Sol felt compelled to commemorate the person that his grandfather was, and to raise awareness and funds to fight the deadly cancer and prevent others from feeling the pain his family felt from this passing.

Sol said his grandfather was incredibly fit and "was always mistook for being 20 years younger.'

What better way than to honor this man with a run — and hold it in March. Kidney Cancer Awareness month?

Along with help from his dad and family in organizing the event, the talented teen enlisted the help of his fellow students at Magen David Yeshivah High School in Bensonhurst by organizing a planning committee. Together, the team built a website, organized donations, and sent out letters encouraging sign-ups.

One-hundred percent of the funds went to continue the kidney cancer research work being done at the hospital and headed by Dr. Nanus.

WINDSOR TERRACE

Going green

Brooklyn Public Library's Windsor Terrace branch will receive a new roof with green features thanks to funds provided by Councilman Brad Lander. The roof's green elements will reduce stormwater runoff and make the building more energy efficient by reducing the amount of tors.



CENTENARIANS PLUS!: Lucille Price, Grace Marie Baker, and Sophia Smith celebrated their milestone birthdays at the Crown Heights Center for Nursing and Rehabilitation.

101 roses for these centenarians

CROWN HEIGHTS

With more than 300 years of living between them, three residents at the Crown Heights Center for Nursing and Rehabilitation celebrated living to 100 and better at a swinging soiree at the residence on March 6. Surrounded by friends, family, and neighbors to honor their extraordinary lives, the ladies raised their glasses and had one heck of a party.

Lucille Price was born in 1906. She is originally from Guyana, and was a former housewife and hairdresser. She has 20 grandchildren and 35 great grandchildren.

Sophia Smith, born in 1905, is also from Guyana, and enjoys going to church and visits from her five grandchildren.

The oldest, Grace-Marie Baker,

a borough daughter who is 102 years old, was born in 1904 and has stayed true to her roots right here. Her hobbies include cooking, painting, and visiting museums.

All three had their own reasons for such long lives — for Smith, she owes her longevity to "chicken soup," she said. Baker gave thanks to God, and said, "He's been taking are of me. I've had a lot of sick days, but he wasn't ready for me." And Price says, "I go no secret. I eat whatever I have to eat and I eat any

She's a lady after O's own heart. Standing O wishes all three many happy returns of the day and many more birthdays to come.

Crown Heights Center for Nursing and Rehabilitation [810 St. Marks Ave. in Crown Heights, (718)

heat it absorbs during the day and releases at night.

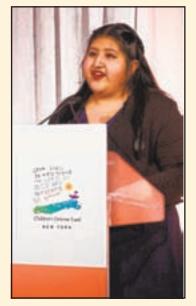
"We are excited and grateful to be able to invest in sustainability and green design at one of Brooklyn's busiest libraries," said Linda E. Johnson, president and chief executive officer at Brooklyn Public Library. "We thank Councilmember Lander and the residents of Windsor Terrace for supporting a branch that does so much to serve the neighborhood."

The new roof will feature extensive plantings — including shrubs, perennial groundcovers, and ornamental grasses like sedum, witchhazel, butterfly weed, and carolina rose, which will attract birds and other pollina-

"This project was recognized and supported by the very community the library serves through the PB process," said Lander. "The sustainable green roof will provide tremendous benefits to the community — from helping to improve air quality to providing a wildlife habitat."

The building is currently closed to allow for the construction work, but will reopen in mid-April, with the entire project to be completed this summer. Until then, Bookmobile service will be provided outside the branch on Wednesdays and Fridays from 11 am

Brooklyn Public Library Windsor Terrace Branch [60 E. Fifth St. in Windsor Terrace, (718) 686-9707].



BOROUGH WIDE

Beating the odds

For most teens, high school is a bit of a challenge — there's a new school, keeping up grades, doing homework, and let's not forget high school algebra. But for 17-year-old senior Rosemary Rodriguez at the Rachel Carson School for Coastal Studies, those things were the least of her problems. Rosemary spent most of her high school years living in a homeless shelter.

Rosemary has overcome many obstacles that most teens never experience.

When her mother left an abusive relatioship, she tried to keep it all together, but eventually was forced to move into a homeless shelter. At first this experience caused Rosemary's grades to suffer and she became depressed. But then that spark of inspiration lit up in Rosemary and she turned adversity into success. She beat the odds. She realized that she could help others by sharing her story — and by using her talents, she helped others who were battling their own challenges.

'Being homeless isn't something to be embarrassed about,' she said. "Your living conditions shouldn't determine who you are

Now Rosemary mentors other at-risk teens and works with the Center for Court Innovation and the Children's Defense Fund-New York's college readiness program.

For her hard work, persistence, tenacity, and dedication, Rosemary was honored by the Children's Defense Fund-New York with a \$10,000 college scholarship. She plans on using the funds to succeed in her dream of becoming an FBI agent and pursuing her degree in criminal jus-

Standing O wishes Rosemary good luck in following her dreams.

Rebounding from a late start to retirement savings

Some people do not have the ability to begin saving for retirement early on. Others may have brushed retirement savings aside for so long that they are now worried that it's too late to begin socking away money for retirement.

While it's best to start saving for retirement as early as possible, the good news is that it's never too late to start planning for retirement. If your 40th birthday has long passed and you're finally thinking ahead to retirement, consider these catch-up strategies.

- Research tax-advantageous retirement savings plans. A financial planner can point you in the right direction, or consult with your employer about employee programs. Deposit money into a 401(k) or 403(b) plan or another retirement vehicle. Jump on any opportunities when your employer matches invested funds. Investigate an IRA and find out if there are any government incentives. Depending on your age, you may be able to deposit more money into such accounts than other investors.
- Cut back on expenses. Cutting back on unnecessary expenses is a great way to save more money for retirement. Fig-



ure out where you can save some money you can then allocate to retirement savings. Maybe you can reduce insurance coverage on an older car or raise your deductible? Downsize cable packages or skip that costly cup of coffee on the way to work. Perhaps it's time to look for a smaller, less expensive home or a compact car instead of an SUV. Any money saved now will benefit you when the time comes time to bid farewell to the workforce.

· Delay your retirement. Many peo-

ple who retire find themselves bored and looking for ways to fill their time, and as a result more and more people are delaying their retirement, which also gives them more time to save for that day when they do call it quits. If you want to work less, discuss and negotiate a phased retirement with your bosses that allows you to stick with your employer but gradually work fewer hours until you retire completely. You may be able to work parttime for several years and retire when you're most comfortable.

• Consider more aggressive funds. Even if you are 50 you still have a few decades before retirement, which leaves lots of time to grow your retirement savings. But you may want to consider more aggressive funds that can help you catch up more quickly than less aggressive investments. Just know that aggressive funds may also leave you susceptible to substantial losses.

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Federal funds for parks necessary

To the editor.

Coney Island Beautification Project is a community membership organization with the mission of beautification through organizing, advocacy, education, greening, and resiliency of our public spaces and waterways. We recognize that our community shares a mutual concern and appreciation for the waterfront spaces surrounding our neighborhood. Coney Island is just one of many waterfront communities along the Atlantic Flyway and when Hurricane Sandy hit in 2012, it exposed how many of our neighbors are facing the same reality - frequent flooding, coastal storms and land erosion.

Along with our neighbors to the east, Coney Island and National Park Service at Jamaica Bay, Gateway National Recreation Area are making significant strides to rebuild with the future in mind. We aim to prioritize green infrastructure where possible and capitalize on opportunities for outreach and education at places like the New York Aquarium, Prospect Park Zoo, Brooklyn Botanic Gardens, Jacob Riis Park and the Jamaica Bay Wildlife Refuge.

Unfortunately, Gateway NRA and all of our country's national parks face more than \$12 billion in needed repairs and general maintenance. Without adequate federal budgets, the National Park Service at Gateway National Recreation Area does not have the resources it needs to protect the park and local communities like Coney Island from the next coastal flood.

The park system's deferred maintenance backlog includes unmaintained trails, crumbling roads, and shorelines, visitor centers and historic buildings in desperate need of updating. No park is immune to this problem. Gateway alone has more than \$621 million in repair needs, while the Statue of Liberty has more than \$160 million.

These are major New York landmarks that contribute to Coney Island's local economy, and while rangers and other park staff do the best they can to tackle these repairs, our national parks face these challenges in large part because Congress has

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SOUND OFF TO THE EDITOR

LETTERS AND COMMENTS FROM OUR READERS

not made them a funding priority.

Our work to rebuild post-Sandy is enormous and we cannot do it alone. We urge Congressman Jeffries, Sen. Schumer and Sen. Gillibrand to work with the Coney Island community and the rest of Congress to make funding our national parks a priority again. We have sent similar appeal for support to our individual federal representatives. Pamela Pettyjohn Coney Island

In need of 'Care'

To the editor,

I have lived in Bay Ridge for close to 15 years, and know that people of all ages have found a comfortable home here. As per the American Community Survey of 2015 (factfinder.census.gov), we have close to 10,600 residents ages 65 or older, making up 15 percent of the population. Fifteen percent of residents age 65 or older, or about 1600 seniors, live below the 2015 federal poverty level in our neighborhood, with incomes of less than \$11,770 per year. These are people who live in your building, whom you see in your place of worship, or in the supermarket. They are your close friends, or members of vour family.

Many, if not all of them rely on Medicaid and Medicare to remain independent, and to pay for their health care and medicine. All seniors, regardless of income, also count on Medicare as their primary or secondary insurance.

Both Medicare and Medicaid are under assault in the new bill before the House of Representatives, which will become the American Health Care Act (a.k.a. Trump-Ryan Care), if it is approved by Congress and signed into law. I am concerned that our Representative, Dan Donovan, has not forcefully opposed this bill.

The Affordable Care Act (a.k.a. Obamacare) added a 0.9 percent tax on the very wealthy, which extended the life of the Medicare Trust Fund by 11 years. This new bill would remove that tax and put Medicare in financial jeopardy once again. It would also open the door to turning Medicare into a voucher-based system which would place a financial burden on a population that relies on a fixed and limited income just to get by.

It would also financially cripple Medicaid, changing its mission from a program that ensures that every single senior, disabled, or poor person in need receives needed care, to a program that divides up a fixed amount of money regardless of whether there is enough for everyone in need. It would be a cruel decimation of a system set up to protect the most vulnerable among us.

Seniors and the disabled rely on Medicaid to provide services which enable them to remain independent and live in their own homes. The passage of this new bill would increase our collective health care costs by leading to the institutionalization of millions of people who currently live independently.

For older adults (ages 50 to 64), who buy insurance on the private market, insurance companies will now be able to charge them five times as much as younger people. The new bill totally disregards how much one makes, and only provides a flat tax credit based on age. As per the AARP, a 64-year-old making \$15,000 a year would have to pay an absurd \$8,400 extra in premiums per year!

We don't want our older citizens to have to choose between food and rent, and health insurance. This is immoral, and it's unnecessary. There are ways to fix the Affordable Care Act without shifting the burden to the older, the vulnerable and the poor.

The VA and Medicaid pay negotiated prices for medicine, but Congress barred Medicare from doing so. How about using the vast negotiating power of Medicare to bargain down the insanely high cost of medicine? This is but one example of a solution that reduces costs without taxing seniors and the poor.

As someone gainfully employed, I am more than willing to pay my fair share in taxes to ensure that those who have worked their whole lives can live out their retirement in peace and security. After all, I will be in the same boat one day too!

I urge Rep. Donovan to forcefully oppose any bill which would adversely impact the most vulnerable in our neighborhood. I ask him to put forth and support a solution that does not take from seniors, the disabled and the poor, to give to the wealthiest.

We need Rep. Donovan's leadership to craft an honest solution that works to strengthen the ACA, Medicare and Medicaid. These programs already work, and benefit seniors, the disabled and working families in our community. Jay Sheth Bay Ridge

Riding dangerously

To the editor,

There has been an alarming increase in the number of "motor-assisted bicycles" and other similar motorized vehicles on our streets, heightening the potential of people getting hurt in our neighborhoods.

These modes of transportation are mainly used to make local deliveries for restaurants. However, especially during the summer months, they are also driven by young people as a source of recreation. Bear in mind that human-powered bicycles can operate, at most, at only about 10 mph. In contrast, these new machines have small, newly developed, highenergy batteries that operate electric motors that are capable of dangerous speeds exceeding 25 mph. "Motorassisted bicycles" are highly maneuverable, almost silent and they seem to pop out of nowhere. Given the kinetic energy created by the mass of one of these motorized vehicles and its driver traveling at a high velocity, the consequences of someone being hit are quite serious, especially for an elderly person or a child. (The laws of physics state that doubling the speed of a given mass quadruples the kinetic energy of that object.).

Upon doing a search of the official New York State Department of Motor Vehicles (DMV) website and calling the agency to confirm my findings, I was shocked to learn that all these motorized bicycles are not allowed, by New York state law, to operate on public streets! According to the DMV, these devices are classified as motor vehicles but do not have the correct equipment or design to qualify for registration! Moreover, they are operating on our streets with neither insurance nor are they being operated by licensed drivers.

Therefore, why do we allow "motor-assisted bicycles" and other similar motorized vehicles on our streets? Even if they behave in accordance with all traffic laws and do not drive on sidewalks and do not go through red lights, their mere presence is totally illegal! They are a safety menace to the public! Shouldn't the police enforce the law and do what is necessary to remove these types of vehicles from our streets? Enough of this unsafe behavior! Deliveries can be made with regular bicycles and young people can pedal manual bicycles for their fun!

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D R C

Israeli field of dreams at World Baseball Classic

e built it. And they came. I'm speaking of my Israeli cousin, Peter Kurz, a transplanted Manhattanite who has been managing baseball in the Holy Land for more than a decade now.

Peter has been running the Israel Association of Baseball, which now has more than 1.000 players rounding the bases in a land more comfortable with guns and bayonets than bats and balls.

The past two weeks — 50 years after the Six Day War we have witnessed a minor miracle take place in the Far East at the World Baseball Championships in Korea and Japan. Once again, tiny Israel has defeated four big countries in less than a week. Should we now call it the Six Day Sweep?

Like David in the biblical David vs. Goliath battle, the 41st ranked Israeli baseball team has beaten up on the big boys: third-ranked South Korea, fourth-ranked Taiwan, fifth-ranked Cuba, and ninthranked the Netherlands have all been felled by the mighty



POLITICAL SPIN CYCLE

Tom Allon

slingshots from the Israeli

When I visited cousin Peter in Israel five years ago we were traveling to Jerusalem in his car to see the holiest of the holies when his cellphone rang and on the other end was his Israeli co-commissioner Haim. They were in search of American Major League Baseball players who have some Jewish roots to add to the Israeli national team.

"What about Ian Goldstein (not the real name)?" asked Shlomo.

"No, no, no," Peter replied. "I think his dad was a Jew for Jesus, so he cannot get citizenship."

And so they played the fun game of "Who's a Jew?" the next few years until they put together a team of minor leaguers, former major leaguers (like former Met Ike Davis) and other wandering members of the tribe who were willing to put their talents on the diamond to work for the Motherland.

Last September, in the qualifying round for the world championships in Coney Island's MCU Park, Israel upset the team from Great Britain on its way to the round of 16 in South Korea.

I went to the stadium with some childhood friends to cheer on Peter and his ragtag

bunch of Goldsteins and Sha-

It was fun to watch my exuberant cousin revel in the fruits of his seemingly futile labor — he had taken a sport to a country that is at best indifferent to America's favorite pastime and made it compete with the same ferocity and fervor that has turned a tiny desert country into a world military superpower.

Peter's mother and my mother, Hungarian sisters who survived the Holocaust and the slaughter of many from their family, came to America in the 1950s to seek a safe harbor and a place to raise children without fear of persecution and discrimination.

Instead of their unimaginable teenage worries about world war and the rise of the Nazis, Peter and I spent our teens in New York cheering on the New York Mets. Our biggest worry seemed to be whether our team could break out of the shadow of the hated Bombers from the Bronx.

What a difference a genera-

tion makes.

And now, with a new generation of Jews cheering on the Israeli baseball team in its not-so quixotic quest for world domination. I realize that the world really is flat.

Wouldn't it be great if there could be a baseball league of teams in the Middle East and instead of war and stockpiling weapons, they duked it out on the ballfield? Where teams from Saudi Arabia and Iran and Yemen and Syria and Israel could compete for wins and losses and the Semitic Baseball Championship?

If America could heal from the Civil War in the 1860s and less than a century later have southern teams compete against northern teams in the major leagues, then maybe there is hope for the healing power of baseball.

Go team Israel! Go Peter!

Tom Allon, president of City & State NY, was a Republican and Liberal Partybacked mayoral candidate in 2013 before he left to return to the private sector. Reach him at tallon@cityandstateny.com.

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TOP DRIVER DISTRACTIONS

Using mobile phones

Leading the list of the top distractions behind the wheel are mobile phones. Phones now do more than just place calls, and drivers often cannot pull away from their phones, even when driving. According to the California Department of Motor Vehicles, studies have shown that driving performance is lowered and the level of distraction is higher for drivers who are heavily engaged in cell

phone conversations. The use of a hands-free device does not lower distraction levels. The percentage of vehicle crashes and near-crashes attributed to dialing is nearly identical to the number associated with talking or listening.

Daydreaming

Many people will admit to daydreaming behind the wheel or looking at a person or object outside of the car for too long. Perhaps they're checking out a house in a new neighborhood or thought they saw someone they knew on the street corner. It can be easy to veer into the direction your eyes are focused, causing an accident. In addition to trying to stay focused on the road, some drivers prefer the help of lane departure warning systems.

Eating

Those who haven't quite mastered walking and

chewing gum at the same time may want to avoid eating while driving. The majority of foods require a person's hands to be taken off of the wheel and their eyes to be diverted from the road. Reaching in the back seat to share some French fries with the kids is also distracting.

Try to eat meals before getting in the car. For those who must snack while en route, take a moment to pull over at a rest area and spend 10 minutes snacking there before resuming the trip.

Reading

Glancing at an advertisement, updating a Facebook status or reading a book are all activities that should be avoided when driving. Even pouring over a traffic map or consulting the digital display of a GPS system can be distracting.

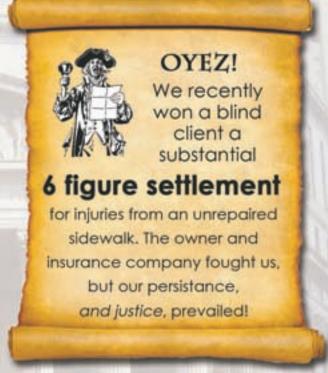
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OPINION

How to make Playboy great again

layboy magazine used to be the illicit thrill that men of all ages hid in their sock drawers.

Now it is more like the socks. Even though the magazine recently decided to add naked ladies back into the mix (no nudes, it seems, was bad nudes), it is still hard to get excited by Playboy anymore. But to give props where props are due: It is also hard to imagine we would ever be as blase as we are today about sex, and even women's lib, if it weren't for Hugh Hefner and his crazy 1953 creation.

Hef was a frustrated cartoonist at the time, working in the Esquire subscription department. When his request for a \$5 a week raise got turned down, he decided to strike out on his own. Somehow he pulled together \$10,000 and prepared to launch a racy new magazine: Stag.

Fortunately for him, the name "Stag" was already taken. So instead he called it "Playboy." The first edition featured a centerfold (a word we wouldn't even have without Hef!) dubbed, "Sweetheart of the Month." By the very next issue, the centerfold was rechristened "Playmate." And as author Julie Keller has mused, "There is a vast



WITH CRAZY

Lenore Skenazy

ideological gap between the words."

There sure is. "Sweetheart" harkened back to courtship. But a playmate is someone you play with. It is fun, but it isn't forever

Thus began the smashing of taboos.

The genius of Playboy was not that it published naked young flesh. You could buy dirty pictures even then. As Time Magazine noted in a cover story on Hefner at the height of his career — 1972, when Playbov was selling 7 million copies a month — "He took the old-fashioned, shame-thumbed the plain wrapper, added gloss, class, and culture."

And how! As its subscriber base grew, so did Playboy's reputation as a purveyor of taste, showcasing some of the best writers around. So, yes, obligatory joke here: You really could read Playboy just for the articles.

Then again, you could read The New York Review of Books for the same thing. Did you?

Enough said.

The lofty writing not only provided gentlemen with an excuse for their subscriptions, it helped change the entire perception of non-marital sex, from dark, dirty doings with prostitutes to a sophisticated pastime men pursued with willing women of their own class. This, of course, required willing women. And that required a revolution.

Hefner himself has said he was a feminist before it was cool. Exactly how feminist remains one for the gender studies classes. Sure he "objectified" women's bodies. But he also supported birth control (he had to), pre-marital sex (ditto), and sexual pleasure for both partners (why not?).

Ironically, one thing he did not seem to believe in was actual, earthy sexiness. Pe-

girlie magazine, stripped off ter Bloch, a former editor at Penthouse, recalls being disappointed by his Playboy subscription every month.

"The girls were very cute, but they were photo-shopped and in weird poses," he lamented. "Any woman I saw walking down the street seemed more sexy."

It's possible that's because Hefner wasn't really selling sex. He was selling lifestyle. The women were simply part of a modern man's lair, along with a wet bar and hi-fi. That's why Hef made sure all the advertising was aspirational. Howard Lederer, the magazine's ad director, told Time in 1972: "We don't want a reader to suddenly come on an ad that says he has bad breath."

Martin Pazzani was brand manager at Smirnoff Vodka back in Playboy's heyday.

"We spent tens of millions" on Playboy ads, he recalls. Today he's the head of a premium Tequila, Tears of Llorona, and he does not advertise in Playboy - or any magazine.

That's part one of the onetwo punch that knocked the wind out of Playboy.

'The internet was a problem for just about every existing media enterprise," says Nat Ives, executive director of Advertising Age.

Of course, the internet provided more than just a new ad medium. It provided more porn than all the Playmates of all time.

"Playboy changed the landscape, and then vice versa." pop culture historian Robert Thompson sums it up.

Today the bunny logo, once so titillating, looks like something from a '70s time capsule. But because it is still one of the most recognizable brands on earth, publicist Richard Laermer came up with a great idea for it:

Open a Playboy Museum.

Do it in Vegas. Showcase the man, the mansion, the magazine. Trace their trajectory across the times they changed. Fill the gift shop with Playboy overstock mugs, sunglasses, key chains. And in the cafe, serving Heffacino?

Bunnies! Male, female, and gender fluid, wiggling their tails. Just like that, Playboy goes from creeky to cheeky again, and is celebrated for its amazing place in American history.

Not just its place in the sock drawer.

Lenore Skenazy is a keynote speaker, author of the book and blog Free-Range Kids, and a contributor at Reason.com.

A 'Crazy Russian Hacker' helps me sleep at night

ong ago, in my distant past, there was no such ■ thing as continuous, 24-7 television.

We had the basic, local channels, and if you were really fortunate you had a UHF-VHF antenna that could pick up distant channels. In fact, the dial on our television, if I remember correctly, Channel 13 had UHF-VHF stamped on it. Of course, now with remote controls and touch-screen technology, dials went the way of the T-Rex — just bones in a junk yard.

When you got up at 3 am and had nothing to do, when you turned on the tube all you got to see was a black-andwhite bullseye, or just blank

Whenever sleep escaped of milk and dunk a Social Tea thing all the time.



Joanna DelBuono

me, which was often, I would sit at the table, drink a glass

cookie. If that didn't work, I read a book, looked at the paper, or if my mother didn't get to the Jumble first, ponder a brain teaser. As a last resort. there were radio stations to tune to - John Gambling on AM or Alison Steele the Night Bird on the FM dial, where I listened to the progressive bands of the time.

Old habits die hard, and I still don't sleep through the night, only now there are a gazillion channels to keep me occupied. But as hard as it is to believe, there are many nights where there is nothing on TV and I find myself bereft of options. At those times, I turn on the Mac and hit YouTube, where you can watch anything and every-

On one of my surfing nights, I came upon the Crazy Russian Hacker — also known as Taras Kulakov - a 30 year old YouTube sensation who greets his viewers with "What's up everybody? Welcome to my laboratory, where safety is [the] #1 priority." According to an item that ran in Business Insider in 2015, the Russian immigrant worked at Walmart after moving to the US, but since his rise to Super-Tuber stardom, Kulakov was able to quit the 9-to-5 and live the American Dream, making videos that tackle every hack you can think of.

From cake cutters to the best egg poachers, no subject is left unhacked. Each video is lighthearted, with his JDelBuono.

heavy Russian accent adding to the funny factor. Listening to him describe "egg pooching" is as entertaining as trying to de-jumble the Jumble, or having a glass of milk and a Social Tea cookie. His hacks are well researched and hard to believe, I know — but I learned a thing or two.

Not for Nuthin,TM but if you find yourself up the tube without an option, tune into the Crazy Russian Hacker. Who knows, you might even learn something. If ever I find myself needing a pillow to lay my head on, thanks to Kulakov, I know all I need to remedy the situation is a giant contractor bag and a rub-

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COURIER LIFE, MARCH 17-23, 2017



HARBOR WATCH

A Brooklyn native tried his hand at the 42nd annual Military Culinary Arts Competitive Training Event at Fort Lee, Va., from March 3 to 9.

First-time contestant and Brooklynite Pfc. Justin Cotto was assigned as a pastry chef on the Fort Bragg team. For the dessert competition, Cotto prepared a tart.

"My tart is made of soft dough, a little vanilla bean that is called pate sucree," Cotto said. "The dough will be at the bottom, and praline which consists of almond paste, milk chocolate, butter, and saltine crackers will go on top of the dough. Included is a chocolate ganache filling made with chocolate, heavy cream, butter, glucose, and chocolate dentelle."

Military chefs from installations worldwide traveled to Fort Lee for one of the largest culinary competitions in North America, both in number of competitors and in number of events. according to Chief Warrant Officer 3 J.D. Ward. He is the Advanced Culinary Training Division manager, Joint Culinary Center of Excellence, Fort Lee, who managed this year's competition.

This year's event included 240 competitors on 25 teams from all branches of the armed forces, including international military teams from France, Germany and Great Britain.

Teams that competed for the Culinary Team of the Year rotated through a series of six different events, one per day, including the Armed Forces Chef of the Year competition. The teams competed in Mystery Baskets, Cold Food Table Displays, Military Hot Food Kitchen, Student Skills, Student Chef of the Year, Hot Food Nutri-



New York

SHARPEN THOSE KNIVES: Sqt. 1st Class David Allen from Colorado prepares filet mignon at the 42nd Annual Military Culinary Arts Competitive Training event at Fort Lee. Don Wagner

tional Challenge, and Live Individual Cooking, J.D. Ward said.

The winner in the Student Chef of the Year event will go on to compare skills against regional winners at the American Culinary Federation competition in July, with the possibility of representing the United States at a 2018 international event in Switzerland.

Cotto encourages all chefs to consider entering the event to see what they can do.

"It will be amazing," Cotto said. "This event will show you what the Army cooks have to offer besides working in the dining facilities."

He said that great leadership is being able to do what you ask others to, to practice what you preach.

"I believe that being an Army cook is a great career choice," Cotto said. "I would love to be an Army sergeant major someday and eventually open a high-end restaurant."



CITIZEN OF THE YEAR: U.S. Air Force Staff Sgt. Angela Duff, 20th Logistics Readiness Squadron quality assurance evaluator, was honored on Feb. 14 for her volunteer contributions on and off the base.

She's the top vollie

AF Staff Sgt. honored for dedication to serve

HARBOR WATCH

Across the Air Force, airmen of all ranks are encouraged to become leaders. As airmen become noncommissioned officers, they are charged with actively encouraging and motivating those around them to become involved in unit and base activities by leading the way.

The Greater Sumter Chamber of Commerce's Military Affairs Committee recognized Air Force Staff Sgt. Angela Duff, 20th Logistics Readiness Squadron quality assurance evaluator, as the 2016 Military Citizen of the Year for her contributions to the on- and offbase communities surrounding Shaw Air Force Base, S.C., during a Feb. 14 ceremony.

project, caring for the homeless, or organizing and supporting morale functions on base. Duff invited others to help her strengthen the bonds between the base and the local area.

"If my airmen are volunteering, I'm volunteering with them, or, if I have something going on, I'm bringing them with me," Duff said. "It's helping newer airmen learn the community, and getting them used to volunteering and helping out."

But Duff said she doesn't volunteer just to help the airmen around her. She does it because of how it makes her feel, she explained, and because she feels connected to those she helps.

Duff is a team player, said During 55 hours of either Air Force Maj. Rahsul Freeworking on a beautification man, 20th LRS commander. She continue.

is never looking for the spotlight when she organizes these activities or volunteers, but acknowledges that personal time can sometimes be the best time to donate, Freeman added.

During her childhood. Duff's family had no electricity or water at home for a couple years and struggled living a daily life without others knowing what was going on behind the scenes. She said she now uses these past difficulties to relate to those she helps.

People who would like to volunteer in the community should become involved in opportunities that mean something to them, Duff said. By volunteering to do things they have a passion to do, she added, volunteers are more likely to

COURIER LIFE, MARCH 17-23, 2017 45



AT HOME!: Gunnery Sgt. Todd Groves, right, helps Bokusei Kinjo at his farm near Camp Hansen, Okinawa, in

Living the farm life

Marine Gunnery Sgt. is at home in Okinawa

HARBOR WATCH

Before he joined the Marine Corps at age 27, Gunnery Sgt. Todd N. Groves started out as a pig farmer in Fulton, Mo. At one point, he drove trucks packed with groceries from coast to coast. He saw mountains, rivers, and everything in between, never imagining that the small island of Okinawa eventually would be a place he'd call home.

"I always tell people home is where you make it," Groves said. "Home is where the heart

Leaving home is a comingof-age experience for many service members, but Groves said he was happy and established in his career, trucking around the country. But when the 9-11 attacks occurred, he said, he immediately drove to the Marine Corps recruiting substation in Joplin, Mo. He dropped everything in that moment to serve his country, never imagining that his time in service would bring him back to his farm roots

Groves's Marine Corps career has taken him all over the world and given him numerous opportunities to serve. His first duty station was Okinawa. From there, he transferred to California. Since then, he has deployed to Iraq and Afghanistan, and he served as a recruiter in Missoula, Mont.

ety of additional opportunities to help his community through organizations such as the Red Cross and Toys for Tots. His desire to serve led him to the opportunity to farm in Okinawa.

"I would drive around and I would see farmers out in the countryside," he said, recalling the beginning of his second tour in Okinawa in September 2014. "I would see numerous people working and I'd think, 'I'm a strong guy. I bet those guys need help."

Groves — a maintenance chief with Small Craft Repair Platoon, Expeditionary Operations Training Group, 3rd Marine Expeditionary Force began to search for an opportunity to return to farming. A few months later, Marine Corps Community Services introduced him to Bokusei Kinjo, a local farmer who inherited a farmer's market from his father 22 years ago. Since the two met on Dec. 4, 2014, they have been working together.

Groves said he knows the hard work involved in running a farm. He dedicates all of his free time to tending the pineapple garden, banana trees, and a variety of other plants there. He feeds pigs, goats, and rabbits, and helps Kinjo build makeshift facilities to store food and livestock.

"I volunteer on holidays,"

Groves said, he sought a variend], I'm usually out there on his farm."

> Kinjo said he notices Groves's hard work, adding that Groves willingly performs difficult manual labor whenever called upon.

> "He is a nice guy," he said. "Any type of job I tell him to do, he knows how to do it. I'm very happy. My family is, too."

> After spending countless hours working the land, sharing cherished moments, and laughing over numerous family dinners, Groves and Kinjo have become more than fellow farmers — they have become a part of each other's lives. Groves, who now refers to Kinjo as Oto-san, or father figure, extended his tour of duty from two years to four because of the relationship they've

"I would really miss Okinawa if I were to leave now,"

Groves has volunteered about 1,000 hours, primarily serving alongside Kinjo. Groves was recommended for the Outstanding Volunteer Service Medal, but he expressed no interest in receiving recognition for what he sees simply as helping a family member.

"I'm not looking forward to leaving," he said. "Bokusei and his family have taken me into their home and made me feel warm and welcome. It's been Throughout his career, he said. "If I have a [long week-rewarding to work with him."

More than a hero - she's family

HARBOR WATCH

Superheroes come in all sizes and all kinds of disguises — Marine Corps Sgt. Alicia Hojara is living proof of that.

In mid-December, the diminutive Marine was surrounded by a theater full of children and their families, their expressions changing from anticipation to hope to laughter in the flickering glow of the big screen. The movie, a new animated feature with comical animal characters and lots of hopeful vocals, seemed to be just what some of these families needed at the moment: an escape from real-world worries to a place where they could just relax.

Hojara had left her uniform home, replaced by a different kind of camouflage casual clothes, hair at ease, and a gentle expression that put her young charges at ease when they need it the

Most other days, you can find Hojara at the front of a classroom of young Marines as they navigate their way through the intricate details of aviation ordnance handling at the Center for Naval Aviation Technical Training Unit here. There's no kid's play here; this is serious work that will prepare the next batch of aviation ordnance Marines to load teeth onto the modern-day dragons that squat across Marine Corps flight lines around the world.

But, from time to time, Hojara slips away like Clark Kent to take on another heroic mission, volunteering her time to help families who have lost an active-duty loved one. Hojara routinely makes time to volunteer for different organizations, such as local humane societies for the protection of animals; Snowball Express, which provides support to families of deceased service members; and her favorite, the Tragedy Assistance Program for Survivors, otherwise known as TAPS.

As Hojara sat in the shadowy theater on a mission with Snowball Express, draped in her invisible cape of good will, she feels the kind of satisfac-



SHE'S A SUPERHERO: Marine Corps. Sqt. Alicia Hojara, center, holds the flag she received along with an award for giving up so much of her free time to volunteer - on Feb. 10. With her is Master Sqt. Christopher McGuire, left, and Lt. Col. Garrett Randel. Lance Cpl. Cody Lemons

tion that superheroes must experience every time they swoop down and pull a victim a little further from despair. Chalk up one more for the good guys.

"I work at the Good Grief Camps and seminars for children," Hojara said. "It's the child's connection to the military, because a lot of times when they lose that family member who's in the military, they get separated from the military lifestyle. They don't live on base anymore, and a lot of them go back home, so it's just kind of that connection to the military for those kids. We are mentors for the weekend, and we take them on camp outs and do different things in different cities."

"The rewarding feeling I get from giving back to these families, seeing that child's face light up and seeing the bond that's created between the military mentor and that child is completely worth it to me," she said. "The connections we make last more than a weekend — some mentors stay in that child's life. We go to graduations, important events like a recital or sporting event, help them pick out colleges. We become a part of their support network and are welcomed as family."

"If something were to happen to me, I would want those resources for my family," Hojara added. "These families don't have that connection anymore, and we are that resource for them."

WHAT TO DO ARTS DINING MOVIES ENTERTAINMENT D-dance: "946: The Amazing Story of Adolphus Tips," now playing at St. Ann's Warehouse, is a rollicking musical set in England shortly before D-Day.

Musical reveals the hidden story behind D-Day

By Caroline Spivack

bit of history has landed on the shores of

An all-ages military musical uses songs, dance, and puppetry to bring to life a tragic, almostforgotten piece of World War II history. "946: The Amazing Story of Adolphus Tips" running at St. Ann's Warehouse through April 9, delves into the illfated rehearsals for D-Day that brought battalions of African-American soldiers to a tiny town on the shore

of England. The British company behind the show believes that it will have extra resonance for a modern American audience, said its artistic director.

"It's this covered-up history of these mainly black GIs coming to this rural community with all the themes of diversity and inclusivity that are so relevant to now," said Mike Shepherd, who also acts in the play. "We were especially keen on bringing this to the U.S. because those black GIs were airbrushed out of American history."

The play dives into the buried events of "Operation Tiger" on April 28, 1944 — a massive dress rehearsal for the invasion of Normandy that was intended to feel, look, and smell like the real thing. But the rehearsal turned into one of the war's biggest fiascoes, when German boats spotted the troop ships and attacked, killing 946 men during the massive simulation.

But the play, based on a children's book of the same name, uses an unusual frame for the story, telling it through the eyes of a young girl and a black soldier on a quest to find her cat during the bungled maneuvers.

"It's this adult world and war told through the perspective of a little girl and her cat, so it's relatable for kids," said Shepherd.

For the exercise, the village of Slapton was transformed into a war zone, with thousands of locals ordered to leave, and unsure if they were fleeing a real invasion.

In the play, a young girl named Lily realizes her cat Tips was left behind during the evacuation, and she sets out with the help of an American solider named Adolphus to rescue her beloved feline from behind the simulated battlefront.

The show uses original songs and 1940s tunes to tell their story, enhanced by a vibrant cast of characters and puppets, portraying soldiers, local figures, and a slew of cats, chicken, and sheep. The narrative fuses Lily and Adolphus' journey with the unfolding drama of Operation Tiger to create a touching tale that all ages can get something out of, said Shepherd.

"There's delight and scariness for children and delight and poignancy for adults," he said. "We've always done shows for everyone. We don't make children's shows; we make a show everyone can enjoy. It's just a bloody good night out."

"946: The Amazing Story of Adolphus Tips" at St. Ann's Warehouse [45 Water St. between Old Dock and New Dock streets in Dumbo, (718) 254-8779, www.stannswarehouse.org] Through April 9; Tue-Fri at 8 pm, Sat, 3 pm and 8 pm, Sun, 2 pm and 7 pm. \$35-\$71.

24 SEVEN

SHELLING OUT

This spring ceremony is egg-cellent!

By Julianne Cuba

gg-cept the challenge! Ensure yourself a year that goes over easy by setting an egg on its end at the Spring Equinox Egg Balancing Celebration at Grand Army Plaza on March 20. The 42nd annual event, organized by urban shaman Donna Henes, also known as "Mama Donna," is part of a ritual to welcome warmer weather and

"We're welcoming in spring, we always start with an invocation and a blessing of the earth," said Henes, who lives in Prospect Heights. "And it's an old Chinese custom that if you stand an egg on the first day of spring you'll have good luck for the rest of the year,"

longer days.

On the first day of spring, also known as the spring equinox, the day and night are of exactly equal length, and so a sense of balance descends on the planet, said Henes, which may help the round chicken incubators to stand.

"It is a day of balance, and so I think maybe that has something to do with it," she said.

And so each spring equinox, New York's "Unofficial Commissioner of Public Spirit" celebrates the way the world turns by hosting an eggstravagant egg-



Take a crack at it!: Urban Shaman Donna "Mama Donna" Henes invites you to balance an egg on the ground during her 42nd Annual Spring Equinox Egg Balancing Photo by Stefano Giovannini

standing ceremony for families the eggs - raw regular eggs on and kids. Henes brings 360 raw eggs from her local Food Town, and no one is allowed to leave before their egg stands up on its own, she said.

"We always make it our business to stand all 360 eggs up,"

The moment when the egg settles upright is magical, said Henes

"It's quite amazing because when you are trying to balance

the pavement - you're holding and tipping it this way and that way, and there's this moment of balance almost like you can feel it click, and when you remove your hand the egg stands up by itself,"

Because the spring equinox only happens once each year, Henes has to put all her eggs in one basket, and the event happens regardless of the weather. Past

Continued on page 52

Drood, where's my cast?

By Alexandra Simon

o one knows whodunnit! When the Brooklyn Theatre Club starts its production of "The Mystery of Edwin Drood" on March 22, the show will not have an ending or a full cast. But all will be well, says its director — the interactive show will turn to the audience to provide a conclusion to the murder mystery musical, and to join the killer cast.

"The audience gets to vote on the detective and we round it out," said Stephen Schapero. "And at our theater company we also like to include our audience in small roles — it's a nice tie-in to the work we already do."

The show, based on an unfinished novel by Charles Dickens, asks the audience to vote during intermission on which character is the killer, which is a secret detective, and who falls in love. And because those roles depend on the popular vote, actors hoping for a plum part will play their hearts out to win viewers to their side, said Schapero.

"I have told the actors that any chance of getting chosen is going to be directly related to the performance they give," he said. "The audience will see the energy they bring and will be drawn to different things. Someone is going to get voted the murderer or secret detective, and someone in the audience is going to be the lover'

And audience members chosen at random will be given a script and assigned a role in the play. Those with stage-fright can always decline, but the show gives a warm welcome to new recruits, regardless of their skill level, said the show's producer.

"Our goal is get total strangers to bring new faces to the stage," said Mara Frankel. "The most exciting thing is getting to see someone who is doing this for the first time, and they feel so silly — but everyone gets big applause, no matter how big or small their part."

The show has a lush score

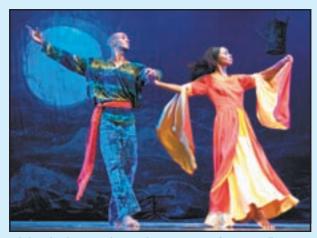


Drood looks like a lady: Actress Lauren Drapek will play the title character in "The Mystery of Edwin Drood," opening Maria Uminski

improvised ending gives it a little something extra, said Frankel.

"The work is unfinished but what exists is a great and witty piece of theatre that is made all better by this conclusion," she said. "I really want audiences to see it because it's something that is rare in theater."

"The Mystery of Edwin Drood" at Muchmore's [2 Havemeyer St. at N. Ninth Street in Williamsburg, (718) 576-3222, www.brooklyntheatreclub.com]. March 22, 24, and 29 and witty dialog, but the semi- at 8:45 pm. \$18 (\$15 in advance).



Side by side: The National Dance Theatre Company of Jamaica will premiere three new dances at Brooklyn Center on March 18.

Bryan Robinson

On their feet

Jamaican dance group celebrates its founder

By Alexandra Simon

They are playing tribute. The National Dance Theatre Company of Jamaica will celebrate its 55th birthday with a pair of shows this weekend at the Brooklyn Center for the Performing Arts. The performances on March 18 and 19 will showcase the group's history as one of the leading cultural institutions in the Caribbean, and its role in fusing traditional folklore with current events, said one of the show's choreographers.

We are essentially celebrating our Caribbean-ness, and how that's retained in the body with movement is an exciting expression of who we are," said Walker. "It's political as well as comedic, as well as contemporary. It's almost like we're having fun at same time that we deal with serious issues that's what dance is.'

For the show, Walker choreographed a piece titled "Mountain Climbing," as a tribute to the company's founder, Rex Nettleford, incorporating many dance moves that Nettleford originated. Performed by a solo female performer, the piece is about women who do whatever is necessary, just as the founder of the company did.

"AfterProfessorNettleford's passing I processed a lot of that with my family. In creating this tribute to him I'm processing my own response, and I wanted to bring that forward with women climbing mountain to advance the family, advancing the culture, and doing what it takes to get it done," said Walker.

Other debuts at the show include "Into the Blue," led by the company's rising young star Renee McDonald, and "Hommage a'Dambala" from choreographer Kevin Moore, which blends Jamaican and Haitian elements, said Walker.

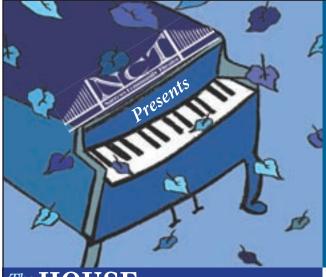
The show will also include the historic dance "Gerrehbenta," created by Nettleford in the early '80s. The name combines "gerreh," a celebratory dance performed after funerals, and "benta," a stringed instrument made form bamboo. People love to see the dance in action, said Walker.

"It's certainly a favorite and the children love it too," he said. "The costumes are exciting, the movements are exciting, and the singing takes you on a journey. People just want to get up and dance and it's an exciting thing to see."

The company is based in Jamaica, but all aspects of Caribbean and black culture are included in the show, said Walker, with dances inspired by folk traditions from Jamaica, Haiti, and Brazil.

"We like to think of the company as African Diasporic not only do we create work elevating the vocabulary of other countries, but we have choreography from different countries and regions in our work," he said. "This entire program is diverse and exciting."

National Dance Theatre Company of Jamaica at Brooklyn Center for the Performing Arts [2900 Ave. H at Nostrand Avenue in Midwood, (718) 951-4500, www.brooklyncenter.org]. March 18 at 7 pm, \$40-\$75. March 19 at 3 pm, \$36-\$45.



24

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24 SEVEN

POW 'ER UP!

Colorful painter reimagines past images

By Claire McCartney

er paintings pack a punch! Carroll Gardens artist Susan Bee will lay out her latest collection of work in the exhibit "Pow! New Paintings," opening at the A.I.R. Gallery in Dumbo on March 17. Among her brightly colored oil and enamel images are a series of couples, inspired by those in black-and-white film stills, featuring two different kinds of smacks - slaps and smooches.

"The figures in the couple paintings interact with each other in love and struggle, and with tension as well as tenderness," Bee said. "These paintings are both homage and confrontation."

Bee created new narratives for the old-time images by imagining new backgrounds, colors, compositions and characters through a mix of collage and painting.

"I work intuitively," Bee said. "I want to enhance the found images with the addition of color, pattern and texture."

Once Bee chooses an image and sketches it out on the canvas, she uses the basic outline of the scene as a space for improvisation.

"This process is much like the way a jazz musician riffs on a famous melody," Bee said. "I put in the layers of oil paint gradually over time, building up to a composition that works as a figurative



Stand and smooch: Carroll Gardens artist Susan Bee stands beside her painting "The Kiss," part of a series of images of couples on display at the A.I.R. Gallery.

abstraction."

Bee connects with audiences by evoking intense moods and emotional, colorful scenes.

"I hope that the viewers are stimulated and energized by the paintings," Bee said. "To me, paintings can awaken one to the possibilities of the imagination through color and composition."

"Pow!" is Bee's 21st solo exhibition, and her eighth at the A.I.R. Gallery. Her first exhibit in the Dumbo space came in 1998, and she says that the gallery has provided an important space for com-

paintings but also as a colorful munity and experimentation.

"It is great to be part of a historically important women's cooperative gallery that has been operating continuously since 1972 in New York City," Bee said. "As women artists, we can support each other and take risks to show work that might not be able to be shown in a more commercial space."

"Pow! New Paintings" by Susan Bee [A.I.R. Gallery, 155 Plymouth St. at Jay Street in Dumbo, (212) 255-6651, www.airgallery.org]. Opening reception March 17, 6-8 pm. On display through April 16, Wed-Sun, noon-6 pm. Free.

Bay Ridge goes bragh!

By Caroline Spivack h Danny boy, the pubs, the pubs are calling! St. Patrick's Day is

finally here, and Bay Ridge is the best place to celebrate! Don your green outfit and call in Irish to work — we've got all the festive fare you can handle, and it starts on Friday afternoon.

On a day dominated by black brew from Ireland, spice up your pub crawl with a few more colors. Start your St. Paddy's at the Harp Bar (7710 Third Ave. between 77th and 78th streets) with a pint (or two, or four) of Flying Dog's "Lucky S.O.B." Irish red ale brewed with real four-leaf clovers. The brewer doesn't dump pounds of clover into the beer, but adds five four-leafers to each batch for a crisp sweetness. Next, gambol over to the Hideout (8415 Fifth Ave. between 84th and 85th streets) at 4 pm for a wee set of \$4 green beers!



by folk guitarist James Riley as you sip on the Harpoon Brewery's "The Craic," an Irish red IPA. Then walk a block over to Public House (8309 Fifth Ave. between 83rd and 84th streets) for the American tradition

And once you've worked up an appetite, stumble to the Bean Post Pub (7525 Fifth Ave. at 76th Street) for Friday's all-day "Eat, Drink, and be Irish" event, with a buffet of traditional fare including corned beef, cabbage, and shepherd's pie, which we recommend you wash down with plenty of Guinness. The revelry kicks off at 11 am, but it runs until 4 am the next morning.

For the rest of the weekend, the party continues just north of the Ridge, at Irish Haven (5721 Fourth Ave. between 57th and 58th streets), where you can sham-rock on Saturday night at 9 pm with Irish Rock 'n' Roll Revue, a band playing tunes from Emerald Isle bands the Pogues, Thin Lizzy, and Stiff Little Fingers. And on Sunday, the pub will bust out the tin whistle and guitars with the Brooklyn Bards, playing traditional Irish tunes at 7 pm.



Malt man: Our arts editor holds the result of his adventure with the

Stout of place

Our arts editor tries the art of home-brewed beer

By Bill Roundy

ou probably won't ruin

One of the challenges of brewing your own beer is that, if something goes wrong, you might not know until you open a bottle four weeks later. But most home-brewers are overly paranoid while cooking their first batch, says one of the owners of the Brooklyn Brew Shop.

"Most of the questions we get are 'Did I ruin my beer?' And the answer, usually, is 'No, not yet,'" said Erica Shea, who founded the Dumbo home-brewing company with her husband Stephen Valand in 2009. The pair started selling kits at the Brooklyn Flea, and now ship beer-making supplies all over the world.

Inspired by the many excellent stouts I consumed during New York City Beer Week, this beer-loving editor decided to concoct his own black brew, using an Oatmeal Stout kit from Brooklyn Brew Shop. The box comes with almost everything a first-time brewer needs: a one-gallon jug, plastic tubes, a thermometer, yeast, and a grain mixture tailored for one of 20 varieties of beer.

But I got Shea on the phone to discuss the stages where I worried I might have gone wrong.

The first step was boiling up the mash, trying to keep the temperature between 144 and 152 degrees, but on my gas stove I found the mash rocketing between too low and too high. But that's not really a problem, said Shea.

"Beer is pretty forgiving," she said. "A few degrees off or a few minutes too long - it doesn't matter. It might be 6.4.% [alcohol by volume] instead of 6.6%, but that won't affect the flavor."

After straining the boiled malt into another pot — or for me, a brooklynbrewshop.com). \$40.

pair of vessels usually reserved for tomato sauce — I got the proto-brew through a funnel and into the glass gallon jug, which I tucked into a dark closet for

After peeking at it impatiently for two weeks, I added yeast and sugar, shook up the brew, and transferred it into bottles (not included in the kit). Brooklyn Brew Shop's instructional video makes this process seem deceptively easy, but my neighbors were treated to a series of curses as I stretched the tube from the counter to the sink, and finally onto the floor, spilling a bottlesworth of beer in the process.

Bottling is often a problem for people, said Shea.

"I find the bottling to be the biggest challenge," said Shea. "It's a little tricky — you have to harness the power of gravity, especially if you're short. I often enlist someone else to help.'

And after another two weeks in the darkened closet, my brew which I dubbed "The Stouter Darkness" poured out black as interstellar night. It had a nice chocolate aftertaste — but it was flat, with foam that vanished immediately. My colleagues in the office pronounced it "drinkable" but "under-carbonated."

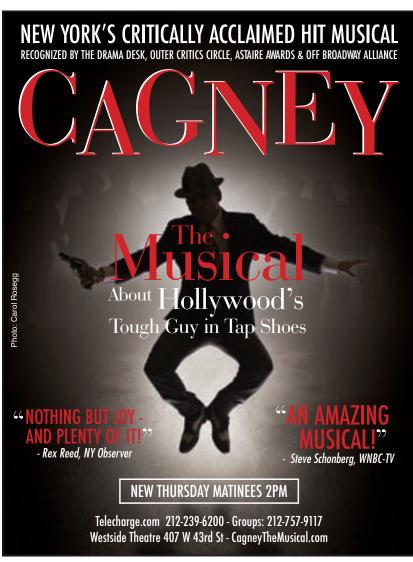
I told Shea the verdict on the beer but again, she told me not to worry — it probably just needs a little extra time to get properly bubbly.

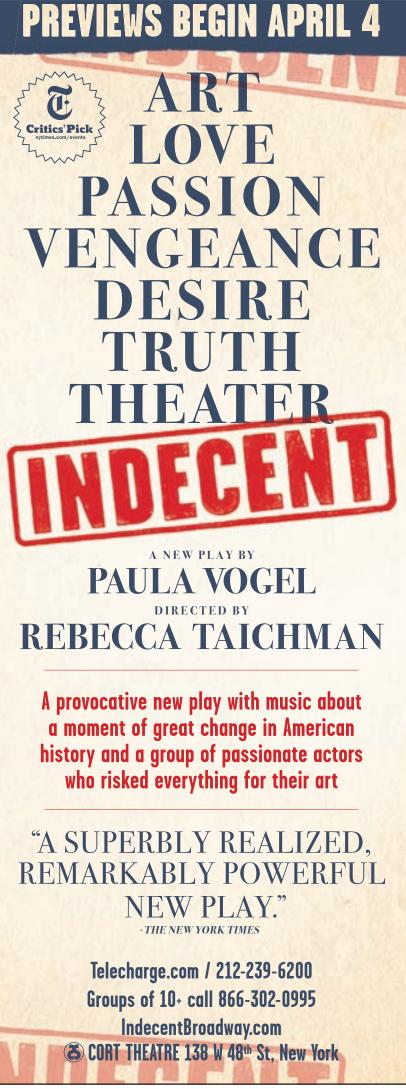
"Give it a few more days," she said. "Because it's been so cold, it takes a little longer to build up carbonation."

So I will be sampling it again on St. Patrick's Day deciding what my next experiment with home-brew is going

Beer Making Kit from Brooklyn Brew Shop (www.









Flipping out: Chris Jericho, upside down, will try to stay on his feet during his tag-team match at Barclays Center on March 20, as part of the Monday Night Raw wrestling event.

Associated Press / Jae S. Lee

COMING SOON TO BARCLAYS CENTER

FRI, MARCH 17

SPORTS, BROOKLYN NETS VS BOSTON CELTICS: \$49–\$3,000. 7:30 pm.

SAT, MARCH 18

SPORTS, NEW YORK IS-LANDERS VS. COLUM-BUS BLUE JACKETS: \$15-\$200. 1 pm.

SAT, MARCH 18

SPORTS, NYPD VS FDNY CHARITY HOCKEY GAME: \$32.50.8 pm.

SUN, MARCH 19

SPORTS, BROOKLYN NETS VS DALLAS MAV-ERICKS: \$45-\$3,000. Noon.

MON, MARCH 20

SPORTS, WWE MONDAY NIGHT RAW: \$25-\$130. 7:30 pm.

TUE, MARCH 20

SPORTS, BROOKLYN NETS VS DETROIT PISTONS: \$35–\$3,000. 7:30 pm.

TUE, MARCH 21

SPORTS, BROOKLYN NETS VS DETROIT PISTONS: \$35-\$3,000. 7:30 pm.

THU, MARCH 23

SPORTS, BROOKLYN NETS VS PHOENIX SUNS: \$15-\$300. 7:30 pm.

SAT, MARCH 25

SPORTS, NEW YORK IS-LANDERS VS. BOSTON BRUINS: \$25-\$200. 7 pm.

MON, MARCH 27

SPORTS, NEW YORK ISLANDERS VS. NASH-VILLE PREDATORS: \$15–\$200.7 pm.

TUE, MARCH 28

SPORTS, BROOKLYN NETS VS PHILADEL-PHIA 76ERS: \$15– \$2,000. 7:30 pm.

WED, MARCH 29

MUSIC, CHARLIE WIL-SON: With Fantasia and Johnny Gill. \$57–\$304. 7:30 pm.

THU, MARCH 30

MUSIC, BASTILLE: With Fantasia and Johnny Gill. \$29–\$49. 8 pm.

FRI, MARCH 31

SPORTS, NEW YORK ISLANDERS VS. NEW JERSEY DEVILS: \$15– \$200. 7:30 pm.

SAT, APRIL 1

SPORTS, BROOKLYN NETS VS ORLANDO MAGIC: \$25–\$3,000. 6 pm.

SUN, APRIL 2

SPORTS, HARLEM GLO-BETROTTERS: \$26-\$63.

SUN, APRIL 2

SPORTS, BROOKLYN NETS VS ATLANTA HAWKS: \$22–\$3,000. 6 pm.

FRI, APRIL 7

MUSIC, ROCK AND ROLL HALL OF FAME IN-DUCTION CEREMONY: \$55-\$505.7 pm.

SAT, APRIL 8

SPORTS, BROOKLYN NETS VS CHICAGO BULLS: \$49–\$3,000. 5 pm.

620 Atlantic Ave. at Pacific Street in Prospect Heights (917) 618-6100, www.barclayscenter.com.

FRI, MARCH 17

NIGHTLIFE, ST. PATRICK'S DAY AT IRISH HAVEN: Celebrate St. Paddy's with free corned beef, cabbage, and potatoes. Free. 2 pm. Irish Haven (5721 Fourth Ave at 58th Street in Sunset Park).

MUSIC, ST. PATRICK'S DAY IRISH MUSIC SESSION: Celebrate St. Patrick's Day with traditional Irish music. Free. 5:30 pm. The Wicked Monk [8415 Fifth Ave. at 84th Street in Bay Ridge, (718) 921–0601].

THEATER, "CURLEW RIVER,"
"DIDO AND AENEAS":
The Mark Morris Dance
Group performs two operas from two distinct
historical periods. Tickets
start at \$25. 7:30 pm. BAM
Howard Gilman Opera
House (30 Lafayette Ave.
between Ashland Place
and St. Felix Street in Fort

Greene), www.bam.org.

THEATER, "THE SKIN OF OUR TEETH": Thornton Wilder's tragic comedy follows the Antrobus family through the Ice Age, the Flood, and war. \$85–\$110. 7:30 pm. Polonsky Shakespeare Center [262 Ashland Pl. between Fulton Street and Lafayette Avenue in Fort Greene, (212) 229–2819], www.tfana.org.

THEATER, "SWEET BIRD OF YOUTH": The Tennessee Williams play about a gigolo and drifter who returns to his home town as the companion of a once-was movie star. \$25 (\$20 seniors and students). 8 pm. Gallery Players [199 14th St. between Fourth and Fifth avenues in Park Slope, (212) 352–3101], www.galleryplayers.com.

COMEDY, AMERICAN
CANDY'S "BACK IN THE
DAY": The sketch comedy
group takes on ridiculous
things from their childhoods. With pre-show
wine reception. \$25. 8 pm.
Actor's Fund Arts Center
[160 Schermerhorn St.
between Smith and Hoyt
streets in Downtown, (718)
622–3655], www.apecialeducator.net.

MUSIC, ROBIN HOLCOMB QUARTET: \$20. 8 pm. Roulette [509 Atlantic Ave. at Third Avenue in Boerum Hill, (917) 267–0363], www. roulette.org.

NIGHTLIFE, WASABASSCO'S ST. PATRICK'S DAY FOR SINNERS: An all-redheads edition of the burlesque show. \$25 (\$15 in advance). 9 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855–3388], www.littlefieldnyc.com.

SAT, MARCH 18

FAMILY, SING-A-LONG SHABBAT: Experience Shabbat morning with singing, guitar, puppetry and musical prayer. Free. 10:45 am. Bay Ridge Jewish Center [8025 Fourth Ave. between 80th and 81st streets in Bay Ridge, (718) 836–3103], brjc.org.

THEATER, "PUSS IN BOOTS": The classic tale of a well-dressed kitty is adapted for the marionette stage. \$10 (\$8 kids). 12:30 pm and 2:30 pm. Pup-



EVENTS



I want to be a gaucho man!: The all-male, all-Argentinian dance company Che Malambo will perform a fiery series of foot-stomping, drumming, and lasso-swinging duels during its performance at Kingsborough Community College on March 25.

petworks [338 Sixth Ave. at Fourth Street in Park Slope, (718) 965–3391], www.puppetworks.org.

DANCE, KINGS ARENA

TOURNAMENT: A 16-man street dance competition. \$20.3 pm. Brooklyn Rocks [2214 Church Ave. between Flatbush and Bedford avenues in Flatbush, (347) 925–7468], Kingsarenanyc.eventbrite.com.

MUSIC, RESIST!: The first in a monthly series of shows raising cash for the New York Civil Liberties Union. With the Crevulators All Star Hootenanny Jam, poetry, live painting, and soul band Empire Beats. \$7. 8:30 pm. Freddy's Bar [627 Fifth Ave. between 17th and 18th streets in Greenwood Heights, (718) 768–0131], www.freddysbar.com.

COMEDY, FIRST COMES

LOVE: Comedians act out adult film scripts solicited from a Craigslist ad. \$10 (\$8 in advance). 8 pm.
Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638–4400], www. unionhallny.com.

OUTDOORS, THE NIGHT

SKY: Urban Park Rangers highlight the history and folklore of the solar system, using the naked eye to locate stars and planets. Free. 8–9:30 pm. Prospect Park Audubon Center [Enter park at Lincoln Road and Ocean Avenue in Prospect Park, (718) 287–3400], www.prospectpark.org/audubon.

SUN, MARCH 19

MUSIC, WEDDING CRASHERS LIVE: The best musicians for your wedding in one marathon showcase. Decide which killer band to book for your big day based on who makes you dance the hardest! \$5.3–6 pm. Bell House [149 Seventh St. at Third Avenue in Gowanus, (718) 643–6510], www.thebellhousenv.com.

MUSIC, ACOUSTIC SUNDAY

MORNINGS: Enjoy Peter Pan Donuts and acoustic music from Bobby and Bucky. Free. 11 am-1 pm. Brooklyn Farmacy & Soda Fountain (513 Henry St. at Sackett Street in Carroll Gardens), brooklynfarmacyandsodafountain.com. TALK, PHILOSOPHY FOR KIDS: New York Times columnist Simon Critchley invites New York's youngest intellectuals to engage in deep conversations about friendships and society. No parents allowed! For kids 5 to 12 years old. Free. 2 pm, 3 pm, and 4 pm at Brooklyn Public Library's Central branch [10 Grand Army Plaza, between Eastern Parkway and Flatbush Avenue in Prospect Heights, (718) 230–2100], www. brooklynpubliclibrary.org.

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Slope), www.brooklynst-

patricksparade.com.

Free. 1 pm. (15th Street at

Prospect Park West in Park

ENTERTAINMENT, MARTIN MCQUADE: The crooner shares songs of spring. Free. 3–6 pm. Gulf Coast [6901 Third Ave. at 70th St. in Bay Ridge, (347–662-6644].

MON, MARCH 20

TALK, TYLER ANBINDER:

The historian discusses how newcomers have helped to define and redefine this city over the past few centuries. \$5. 6:30 pm. Brooklyn Historical Society [128 Pierrepont St. at Clinton Street in Brooklyn Heights, (718) 222–4111], www.brooklynhistory.org.

TALK, "WHY REPARA-

TIONS?": A community discussion on why reparations are important, and how to authentically honor the human experience. Free. 7 pm. Jack (505 Waverly Ave. between Fulton Street and Atlantic Avenue in Clinton Hill), www. jackny.org.

TUES, MARCH 21

READING, LYDIA PEELLE:

The author reading from her debut novel about World War One, "The Midnight Cool," with period music by Ketch Secor, a presentation of propaganda posters, and more. Free. 7 pm. PowerHouse Arena [28 Adams St. at Water Street in Dumbo, (718) 666–3049], www. powerhousearena.com.

NIGHTLIFE, JUKEBOX BINGO: A combination

EGG

Continued from page 48

crowds have turned out in rain, snow, and gloom of night, said Henes.

"Two years ago it was an absolute blizzard and people came, stood up their eggs in the snow," she said. "It was fantastic."

When the event is over, the 30-dozen eggs do not go to waste — Henes donates them to a nearby soup kitchen, where they get cooked up into omelettes and served, she said.

Henes has hosted the event for decades, but this year's political turmoil has people yearning for signs of hope, and makes the upcoming celebration a little more meaningful, she said.

"These times are really trying for a lot of people, the whole political atmosphere, it's been a hard time for a lot of people

and so something as uplifting as this certainly underscores that hope," she said. "The sun is still working, and we are still on this planet and things are okay. It's a very optimistic kind of holiday."

42nd Annual Spring Equinox Egg Balancing Celebration at the Bailey Fountain at Grand Army Plaza [Flatbush Avenue at Eastern Parkway in Prospect Heights]. March 20 at 6 am. Free.

of bingo and music trivia, with a little bit of karaoke. Free. 8 pm. Henri's Backyard (256 Fourth Ave. between President and Carroll streets in Park Slope).
COMEDY, "I DON'T THINK

SO, HONEY!": Fifty comedians take one minute each to go off on culture. With Matt Rogers, Bowen Yang, Kady Ruth Ashcraft, and lots more! \$10 (\$8 in advance). 8 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855-3388], www.littlefieldnyc.com.

WED, MARCH 22

TALK, "WHOSE PARK? EQ-UITY IN NYC'S GREEN SPACES": A panel of local politicians and activists discuss equal access to parks space. \$10. 6:30 pm. Brooklyn Historical Society [128 Pierrepont St. at Clinton Street in Brooklyn Heights, (718) 222-4111], www.brooklynhistory.org

COMEDY, DRUNK SCIENCE: Three intoxicated comedians compete to present the best scientific dissertation to a panel of real scientists. \$8. 8 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855-3388], www.littlefieldnyc.com.

THURS, MARCH 23

TOUR, KINGS THEATRE HAPPY HOUR TOUR:

Get a behind-the-scenes, historic tour of the venue paired with a glass of wine. \$25. 6:30 pm. Kings Theatre (1027 Flatbush Ave. between Beverly Road and Tilden Avenue in Flatbush), www.kingstheatre.com

MUSIC, PATRICK WATSON, THE WESTERLIES: \$15. 7 pm. BRIC Arts Media House [647 Fulton St. at Rockwell Place in Fort Greene, (718) 683-5621],

www.bricartsmedia.org. MUSIC, AN EVENING WITH YASMINE HAMDAN: The musician performs. \$18 (\$15 in advance). 9 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855-3388], www.littlefieldnyc.com.

FRI, MARCH 24

FILM, "KILLING US SOFTLY 4": This 2010 film describes how advertising affects women and the relationship of representation and power. Dr. Wendy Galgan will introduce and lead a discussion afterward. Free. 6:30-9 pm. First Unitarian Chapel [116 Pierrepont St. between Clinton Street and Monroe Place in Brooklyn Heights, (718) 624-5466], www.fuub.org.

MUSIC, JESSICA MEYER: Part of the free performance series. Free. 9 pm. BAM Cafe (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam.

COMEDY, NORTH COAST 8TH ANNIVERSARY SHOW: A hip-hop improv comedy show, stand-up showcase, and dance party rolled into one! \$12 (\$10 in

advance). 9 pm. Littlefield [622 Degraw St. between Fourth and Fifth avenues in Gowanus, (718) 855-3388], www.littlefieldnyc.com.

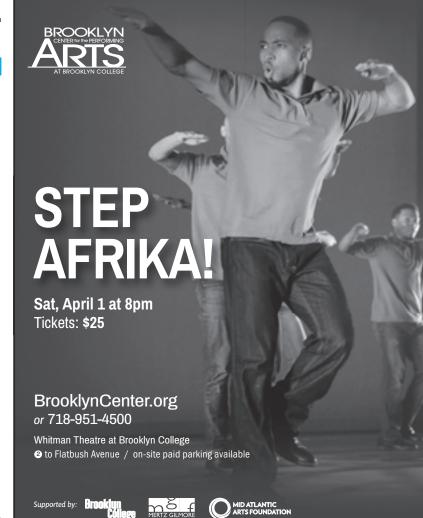
SAT, MARCH 25

MUSIC, EAT, LEARN, PRAY: Partake in breakfast and engaging discussions led by a rabbi. Free. 9 am. Bay Ridge Jewish Center [8025 Fourth Ave. between 80th and 81st streets in Bay Ridge, (718) 836-3103], www.brjc.org.

MUSIC, UKES AND KIDS SOUTH AFRICA: Performances from Sharon Katz and Wendy Quick of The Peace Train, Robbi K, The Ukuladies and Timbila. \$20 suggested donation. 7:30 pm. Jalopy Theatre [315 Columbia St. between Hamilton Avenue and Woodhull Street in Red Hook, (718) 395-3214], www.jalopy.biz.

MUSIC, VIVA DECONCINI: Part of the free performance series. Free. 9 pm. BAM Cafe (30 Lafayette Ave. between Ashland Place and St. Felix Street in Fort Greene), www.bam. org/programs/bamcafelive.

DANCE, CHE MALAMBO: These talented gauchos make their Brooklyn debut with percussive dance and fancy footwork. \$32 to \$37. 8 pm. On Stage at Kingsborough [2001 Oriental Blvd. at Oxford Street in Manhattan Beach, (718) 368-5596], www.onstageatkingsborough.org.



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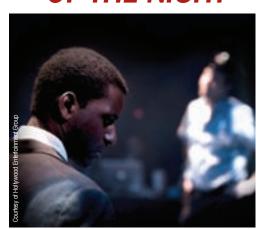
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'We felt that this was ours the whole game, the whole year.'

> - South Shore senior Selena Philoxy on the team's public schools championship win.

• 'It was important that we had to get this win.'

- Lincoln's game MVP Klay Ferguson Brown on taking title from Jefferson.

Tobacco Road hits Atlantic Avenue

The latest installment of the best college basketball rivalry in the country didn't happen at Cameron Indoor Stadium, or the Dean Dome. It happened in Brooklyn.

Duke and North Carolina faced off in the semifinals of the Atlantic Coast Conference tournament on March 10, before a boisterous crowd of diehard fans packed into Barclays

When it was over, Duke's Blue Devils walked off the court with a 93-83 victory and a berth in the NCAA championship series — but the game felt a bit like the title before the title, another postseason clash for the ages.

"Another great game. Holy mackerel," said Duke coach Mike Krzyzewski. "Tonight we beat an outstanding team, obviously a team that can win the national title. Did a great job of winning our regular sea-

Of course, there's plenty of history between the two squads. but the semifinal matchup was particularly special.

It was just the second time Carolina and Duke squared off in New York, and only the fifth time the teams played outside the boundaries of North Carolina. It was a big-time victory for a Blue Devils squad that was playing its third game in three days.

"I mean, it's huge," said Luke Kennard, who finished with 20 points. "Each win is a big win for us, and today was another one. It's time to move on to the next one, and we're excited for it."

Historically, the Tar Heels struggle against Duke in the conference tournament notching a current record of 8-13 against the Blue Devils in March — and the Brooklyn tilt was no different. North Carolina controlled the game out the near-constant boos



PHYSICAL PUSH: Duke star Grayson Allen, center, drew his fair share of cheers and jeers from the jam-packed crowd at Barclays Center on March Photo by Robert Cole

early, jumping out to a 49-42 from Carolina enthusiasts lead at the break, but couldn't maintain momentum down the stretch as the Blue Devils hit their stride as the minutes ticked down.

Duke outscored Carolina 51-34 in the second half and wrapped up the final 12:33 of regulation on a 42-22 run.

"(We) put them on the freethrow line way, way, way too much," Tar Heels coach Roy Williams said. "We had some foul trouble, and some of those were silly fouls. It's my job to make sure that ... we're more disciplined than we were."

By the final whistle, the cheers generated by Blue Devils fans in the crowd drowned

whenever Duke's controversial star Gravson Allen touched the ball. "When I'm coming off the bench, I'm just trying to give energy," said Allen, who hit his first four three-point attempts.

There was never a question that both teams would advance to the NCAA Tournament, but this matchup wasn't about that. This was about pride and bragging rights and bringing a bit of college basketball's best to Brooklyn. Mission accomplished.

"We just said we've got a chance if we can keep winning, with a chance to play against the best in the conference," Krzyzewski said. "It's been the best."



FAN FAVORITE: The Atlantic Coast semifinals, where Notre Dame defeat Virginia in the second game, drew the largest college basketball crowd in Barclays Center history.

Brooklyn hosts best in college hoops

BY LAURA AMATO

To some, it was a curious move; to others, it was a brilliant one.

For the first time ever, the Atlantic Coast Conference — one of the premier college basketball leagues in the country, boasting the perennial talents of North Carolina, Duke and the University of Virginia — last week held its annual conference tournament in, of all places, Brooklyn, at the Barclays

The league has just one team from New York state former Big East power Syracuse — and the conference offices are based in North Carolina, but the postseason move to Atlantic Avenue was about more than simply flaunting recent on-court success. The conference has history in New York and last week was a return to that.

"It's the first time we've been in New York City, in Brooklyn, in one of the great commissioner John Swofford. "New York City is such a hotbed of basketball."

The Atlantic Coast Conference has long tapped a pipeline of New York City talent; coach Frank McGuire led North Carolina team to an undefeated record and a national championship in 1957. Former Georgia Tech stars Kenny Anderson and Bobby Cremins fine-tuned their skills at New York-area high schools.

Local interest in the hoops league ran high last week at Barclays Center, which was jam-packed for the March 11 championship game between Duke and Notre Dame.

The tournament will return to Barclays once more next season, before moving to Charlotte, N.C., in 2019, and then back to its former home, Greensboro.

Syracuse coach Jim Boeheim criticized that plan, saying: "There's no value in playing in Greensboro, none," he said after the Orange's second-round loss. "Why do you think the Big Ten is coming into New York? It's (makes) good business sense.'

Duke coach Mike Krzyzewski disagreed with Boe-

"There's been great value arenas," said conference having it in Greensboro because this is the tournament that everyone copied," he said. "So if the powers that be want it to eventually go back ... stay in Greensboro or visit or whatever, so be it. I think they deserve that.'

> The return to North Caro-Continued on page 57

COURIER LIFE, MARCH 17-23, 2017 55

Railsplitters rule

Lincoln avenges its 2016 title game loss to Jefferson

BY LAURA AMATO

This revenge was particularly sweet.

The top-seeded Lincoln boys basketball team defeated No. 11 Jefferson 82–64 in the Public Schools Athletic League "AA" title game at Madison Square Garden on March 11, avenging last season's championship loss to the Orange Wave. It's the first city title for the Railsplitters since 2013.

"Going out on top as seniors is a great feeling," said Lincoln point guard Donald Cannon Flores. "Last year we didn't finish the way we wanted, getting to the championship game and losing by over 20 points. This year we wanted to come out strong and get this win."

The game was close in the first quarter, but the Railsplitters went on an 18-point run and outscored Jefferson 25–7 in the second.

"I kept these guys loose," said Lincoln coach Dwayne "Tiny" Morton. "These guys understand. There's no point in changing your strategy, just stay loose."

The key for the Railsplitters, as it's been all season, was defense and pressure. Lincoln forced 15 Jefferson turnovers in the first half and racked up 18 points off the miscues. The Railsplitters also controlled the game on the block, notching 46 points



KNOCKOUT KLAY: Lincoln senior Klay Ferguson Brown was named the championship most-valuable player, racking up a game-high 22 points and 10 rebounds.

Photo by Robert Cole

in the paint throughout the title tilt.

"The defense was awesome," said Lincoln junior Curtis Gordon, who scored 21 points. "We

locked them down and they couldn't score. We talked on the court and we just followed our coach's orders."

Continued on page 57

Jetting on: Law and Tech stays alive

BY BENJAMIN LEIBOWITZ

Survive and advance.

The top-seeded Brooklyn Law and Tech boys basketball team didn't start off well in its Public Schools Athletic League quarterfinal matchup against Frederick Douglass Academy on March 11, but the Jets weren't worried about anything except the final score.

Law and Tech kept its season alive with a dominant second half rally en route to a 49–46 victory over Frederick Douglass.

"We started off disjointed on the defensive end, and offensively we were called for about six charges in the first half," said Jets coach Kenny Pretlow. "I was beginning to feel a little worried about our offense, but I didn't call any early timeouts because I figured we were going to go on a run. I didn't expect a 24–2 run, though."

The Jets' usually high-pow- ership capacity when fellow back-56 COURIER LIFE, MARCH 17-23, 2017 M BR

ered offense was held relatively in check for much of the first half, and the squad faced an 11-point deficit at halftime.

Pretlow said that during the break, he urged his team to refocus its determination and intensity. The Jets looked like a different team in the second half, giving up just three points in the third quarter and moving the ball more quickly on offense.

"Victor [Ogbo] was huge down low in the second half. He locked the paint down for us and came up with important rebounds and blocks," Pretlow said. "And Mikko [Johnson] took care of the ball and played aggressively."

Law and Tech looked to its leaders to spark the comeback down the stretch, and no one was more determined than Johnson. The senior guard scored just seven points, but stepped up in a leadership capacity when fellow back-



STEPPING UP: Mikko Johnson directed the offense throughout the second half, leading the Jets on a 28-20 run in the final 16 minutes of play against Frederick Douglass Academy.

Photo by Caleb Caldwell

court mate Larry Moreno was sidelined with early foul trouble.

Johnson directed the offense throughout the second half, leading the Jets on a 28–20 run in the final 16 minutes of play.

Continued on page 57



CHARGING FORWARD: Bishop Loughlin junior guard Markquis Nowell was whistled for a late-game charge as his team did its best to rally against Cardinal Hayes in the Catholic "AA" semis on March 8. Photo by William Thomas

Loughlin can't sink late shot, falls in semifinals

BY LAURA AMATO

The ball just wouldn't drop.

The Bishop Loughlin boys basketball team had three chances at a game-tying bucket with just seconds on the clock, but couldn't get a shot to fall, suffering a season-ending 65–62 loss to Cardinal Hayes in the Catholic High School Athletic Association "AA" semis on March 8.

It was a disappointing loss for a Lions squad that had set its sights on a city title this year after coming up short in the semis last season.

"They fought until the end and even there at the end, they believed that we'd pull it off," said Loughlin coach Edwin Gonzalez. "We had the last opportunity and we just came up a little short."

It was a game of runs for both squads — Loughlin, sparked by senior guard Tyrese Gafney, finished the first half on a 12-point streak — but neither team could seize any momentum.

The Lions saw a sixpoint halftime cushion dwindle in the early minutes of the third quarter as the Cardinal Hayes backcourt continued to hit jumpshot after jumpshot.

"They made a lot of shots and I thought we would have been better defensively," Gonzalez said. "We lost our assignment sometimes and if you leave them wide-open, they're going to hit their shots. They're a pretty good three-point shooting team."

Hayes jumped out to 10-point leads twice during the fourth quarter, but Loughlin refused to back down, making it a 63-57 game on a pair of Justin Champangie free throws with 48.9 seconds on the clock. The Lions continued to push the tempo, locking in on defense and forcing a handful of late-game Cardinals turnovers. The problem, however, was turning those turnovers into points.

"That's what basketball is, a game of runs," Gonzalez said. "They had theirs at the beginning of the third quarter. We missed a big shot when we were up six and that would have put us up nine; that changed the whole complexity of the game."

Loughlin couldn't capitalize after guard Markquis Nowell was whistled for a charge after picking off a Hayes pass with 29.3 seconds left. The team still had faith in the waning moments, sparked by Adrien Nunez, who drained a corner three to make it a one-point game with 19.7 seconds left. Hayes' Mark Jack-

Continued on page 57

A SHORE THING

Lady Vikings now three-time champions

BY LAURA AMATO

Winning never gets old.

Just ask the top-seeded South Shore girls basketball team, which won its third straight Public Schools Athletic League "AA" championship on March 11, taking down No. 2 Murry Bergtraum 68-34 at Madison Square Garden.

In the past few seasons, the Lady Vikings have become accustomed to being champions, but their coach continues to warn them against overconfidence.

"I tell them, 'Don't take it for granted,'" said South Shore coach Anwar Gladden. "I stressed that at the beginning of the season. Two teams are going to be there, but it's not a guarantee that you'll be

But on Saturday, South Shore dominated from the start, holding the Lady Blazers to just four points in the first quarter. Bergtraum committed 15 turnovers in the first on its opponents.

half and the Lady Vikings took advantage of each one, notching 11 points off the miscues.

South Shore settled into a tough zone defense, giving Bergtraum's offense fits, and pushed the tempo on offense, dominating in transition and grabbing the momentum against a Lady Blazers team making its first title game appearance since 2013.

"We felt that this was ours the whole game, the whole year," said South Shore senior Selena Philoxy, who is bound for Seton Hall next season. "The talking and the rebounding helped us a lot."

Not much changed in the second half. South Shore outscored Bergtraum 20-4 in the third quarter — sparked by a 16-0 run midway through the period — and kept the Lady Blazers off the scoreboard for more than six minutes. The Lady Vikings squad took a 52-21 lead, but refused to ease up

"We're never supposed to get comfortable, never understimate any team," said senior guard Valena Hickerson. "Don't get complacent; you've got to keep playing and if you let up, then they come back and you don't want that. So we always try to keep our foot on their throat."

By the final buzzer, South Shore had won just about every statistical battle, outrebounding Bergtraum 54-37 — including 22-10 on the offensive glass — forcing 28 turnovers and notching 13 assists on 27 made field goals. The Lady Vikings were led by senior Tsahai Corbie, who finished with a game-high 12 points and was named the game's most valuable player.

South Shore now advances to the New York State Federation Tournament, taking on Long Island Lutheran in Glens Falls later this month, and the Lady Vikings have their sights

LEADING BY EXAMPLE: South Shore senior standout Selena Philoxy was part of an experienced group of core players who helped lead the Lady Vikings to a third-straight city title on March 11. Photo by Robert Cole

come up short in each of the last two seasons and, unlike winning city titles, that feeling has gotten just a bit old.

"I feel like the model for set on a title. The team has this team is say less and do

more," Corbie said. "We don't like to say what we want to do, we just want to show them. We still got states, so we're just going to focus on that and stay humble."

LINCOLN

Continued from page 56

Lincoln continued to control the game in the second half, but that momentum skidded to a halt as foul trouble plagued both squads down the stretch.

The Railsplitters and the Orange Wave combined for just nine free throw attempts in the first half, but shot 31 times from the foul line in the final 16 minutes as both squads struggled to maintain a rhythm amid near-constant whistles.

"We just listened to said game MVP Klay Ferguson Brown, who finished with a game-high 22 points. "It was important that we had to get this win."

The whistles, however, didn't stop Lincoln's offense from hitting its late-game shots — or its free throws. The Railsplitters went 14-of-27 from the floor in the second half and shot 75 percent from the line.

Jefferson did its best to get back into the game, cutting the deficit to 18 points with just over seven minutes left, but couldn't quite turn the tide. Emotions reached a boil with 1:32 left after Jefferson coach Lawrence "Bud" Pollard was ejected following his second technical foul, but Lincoln kept its focus down the stretch.

"We went undefeated in the city and it was our fourth time playing Jeffer-

son," said senior Michael Reid. "So we just came out and wanted to pound them. We wanted to kill them by, like, 50."

The victory advanced the Railsplitters to the State Federation Tournament in Glens Falls later this month, where the team will take on Catholic League champion Cardinal Hayes. Now that they've conquered their public schools adversaries, Lincoln's players are determined to return to Coney Island with another state title. Revenge tastes good, but winning, they say, tastes even better.

"We're getting back in the gym and get ready for states," Reid said. "That's pretty much it."

LAW

Continued from page 56

"Coach Kenny P told us that the only reason we were down was because they were playing tougher than us," said Johnson, who also chipped in eight rebounds and 10 assists. "And in the second half we toughened up and took the lead back."

Johnson embraced the physicality of the game late, pushing the ball into the zone and drawing contact. He managed to sink the shot anyway and his teammates took notice, rallying around his play to stave off a fourth-quarter push by Frederick Douglass.

Ogbo's presence in the post was also crucial to the Jets' come-

back victory. The junior padded his stat line with eight points and 12 rebounds — including six on the offensive glass - giving Law and Tech a handful of secondchance looks that would prove vital in the waning minutes of play. His size down low set the defensive tone, and kept Frederick Douglass from regaining any of its early offensive momentum.

"Our game plan was centered on defense." Ogbo said. "Defense is how we win games, coach P tells us that all the time and tonight that was key.'

Law and Tech kept its season alive, and now is eyeing something much bigger — a run at a title. The squad is still perfect against city competition and, right now, anxious to stay that way.

HOOPS

Continued from page 55

lina, however, has been jeopardized by the state's House Bill 2, commonly called HB2, a law that affects the lesbian, gay bisexual and transgender people by legislating that in government buildings, individuals may only use restrooms and ing short of dominant over changing facilities that correspond to the sex on their birth certificates. Backlash against the law cost the state this year's NBA All-Star game.

And as far as Swofford is concerned, there's no place like Brooklyn for basketball — particularly when the conference has been noththe last few years.

"I don't think there's any question that over the course of the entire season this year, that we're the strongest collegiate basketball conference in the country, top to bottom," he said. "It's been really gratifying to see that our league is enjoying the kind of success."

LOUGHLIN

Continued from page 56

son couldn't connect on either free throw on the ensuing possession and the Cardinals left the Lions just enough time to stage a final-second look at the

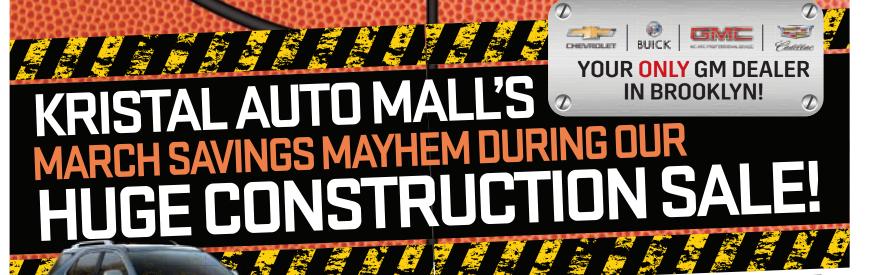
Simply put, the shot didn't fall. Three Loughlin players had a chance to tip it in, but the ball rimmed out and, for the second

straight season, the Lions ended a title run on the outside looking

When it was over, the Lions couldn't mask how much this loss hurt.

"I told the young kids, 'Hey, we're going in the right direction," Gonzalez said. "We can't get over the hump, but at some point the basketball gods are going to be on our side. All we can do is just continue to play and play hard."

COURIER LIFE, MARCH 17-23, 2017 57



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MILLER and URSULA MILLER, et al., Defendant(s) Pursuant to a Judgment of Foreclosure and Sale duly dated May 27, 2015 undersigned Referee will sell at public auction at the Room 224 of Kings County Supreme Court, 360 Adams Street, Brooklyn, New York 11201, on April 13, 2:30PM, 2017 at premises known as 226 STREET. FAST 95TH BROOKLYN, NY 11212. All that certain plot piece or parcel of land, with the buildings and improvements erected, situate, lying and being in the Borough of Brooklyn, County of Kings, City and State of New York. BLOCK 4630, LOT 26. Approximate amount of iudament \$731,487.84 plus interest and costs. Premises will be sold subject to provisions of filed Judgment for Index# 3854/10.

Helene E. Blank Esq., Referee Gross Polowy, LLC Attorney for Plaintiff 1775 Wehrle Drive, Suite 100 Williamsville, NY 14221

LEGAL NOTICE

165 12 STREET OWNER LLC. Arts. of Org. filed with the SSNY 02/07/2017. Office Kings County. SSNY loc: has been designated as upon whom agent process against the LLC be served. SSNY shall mail process to: 126 Harel Edery, 4th Avenue, 2G, NY 11217. Brooklyn, Purpose: Any Lawful Purpose.

LEGAL NOTICE

Newtown Development LLC, App. Of Auth. filed with Sec. of State of NY SSNY desig. as Kinas. whom agent nogu process against may be served shall & mail process to c/o Largavista 275 Companies. 37th Fl., Madison Ave.. NY, NY 10016. General Purpose.

LEGAL NOTICE

2216 Kimball St LLC, Arts of Org. filed with of State of NY (SSNY) on 12/19/16. Cty: SSNY desig. Kings. as whom agent nogu process against may be shall served & mail process to 3423 Guider Ave. Brooklyn, NY 11235. General Purpose.

LEGAL NOTICE

56 Bogart Street LLC Arts. of Org. filed w/ 2/8/02. Off. Kings Co. SSNY desig. as of LLC whom process may be served. SSNY shall mail process to Rothstein & Weinstein, LLP, 445 Broad Hollow Rd, Ste. 204, Melville NY 11747-4787. Purpose: any lawful activity.

LEGAL NOTICE

81 Broad Street LLC. Arts of Org filed with SSNY on 01/25/17. Office Location: Kings County, SSNY designated as agent of LLC upon whom process against it may be served. SSNY mail a copy of shall process to: The LLC, 1814 W. 6 th St., 2 nd /FL, Brooklyn, NY 11223. Purpose: to engage in any lawful act.

LEGAL NOTICE

845 Eastern Avenue LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 2/13/17. Cty: Kings. SSNY desig. as whom agent upon against may be process & shall served to 1079 Bay process Ridge Ave., Ste. ŃY Brooklyn. 11219. General Purpose.

LEGAL NOTICE

Black Fish CRE LLC, App. Of Auth. filed with Sec. of State of NY (SSNY) on 2/17/17. Cty: SSNY desig. as Kings. whom agent upon process against may be served & shall mail 2648 process to Gulfstream Ln., Fort 33312. Lauderdale, FL General Purpose.

LEGAL NOTICE

Clarkford **Pharmacy** (SSNY) on 2/9/17. Cty: LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 1/18/17. Cty: SSNY desig. as Kings. whom agent upon process against may be served & shall mail process to 2036 Bedford NY Ave. Brooklyn. 11226. General Purpose.

LEGAL NOTICE

Creative Tech Solutions LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 12/27/16. Cty: Kings. SSNY desig. as whom agent nogu against may be process & served shall mail process to 2770 E. 64th St., Brooklyn, NY 11234. General Purpose.

LEGAL NOTICE

Cristianna Capital LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 2/6/17. Cty: SSNY desig. Kinas. as agent upon whom process against may be served & shall mail process to 8723 4th Ave., 2nd Fl., Brooklyn, NY 11209. General Purpose.

LEGAL NOTICE

FRABELI, LLC Articles of Org. filed NY Sec. of State (SSNY) 01/30/2017. Office County. SSNY Kings desig. agent of LLC upon whom process may be served. SSNY shall mail copy of process to: 1231 **EAST** 35TH STREET BROOKLYN, NY 11234. Purpose: any lawful purpose.

LEGAL NOTICE

GOGOTORO LLC Articles of Org. filed NY Sec. of State (SSNY) 2/3/2017. Office in Kings Co. SSNY agent of LLC desig. whom process may be served. SSNY shall mail copy of process to 60 10M. Broadway, Brooklyn, NY 11249, which also the principal business location. Purpose: Any lawful purpose.

LEGAL NOTICE

H & E Invest Co LLC. App. Of Auth. filed with Sec. of State of NY (SSNY) on 1/24/17. Cty: Kings. SSNY desig. as agent of LLC upon whom process against may be served & shall mail process to Corporate Creations Network Inc. Silverside Rd., Rodney Building, #104 Wilmington, DE 19810. General Purpose.

LEGAL NOTICE

Ithaka Pictures, LLC, Arts of Org. filed with of State of NY Sec. (SSNY) on 2/13/17. Cty: SSNY desig. Kings. as agent upon whom process against may be Purpose: any lawful act.

LEGAL NOTICE

served & shall mail process to c/o Mark Friedman, 59 E. 4th St., #2, Brooklyn, NY 11218. General Purpose.

LEGAL NOTICE

Johnson Charlie Management LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on Kings. 2/14/17. Cty: SSNY desig. as agent upon whom process against may be served & shall mail process to c/o Mr. Ka Yu Chan, 313 Bay 20th St., Brooklyn, NY 11214. General Purpose.

LEGAL NOTICE

K & M Brooklyn Realty, LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 1/6/17. Cty: SSNY desig. Kinas. as whom agent nogu process against may be & shall mail served Mitchell process to 30 West End Mindlin. #8, Brooklyn, NY Ave 11235. General Purpose.

LEGAL NOTICE

Lieberman **Holdings** LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 10/18/16. Cty: Kings. SSNY desig. as upon whom agent process against may be served & shall mail process to 67 Guernsey St., Brooklyn, NY 11222. General Purpose.

LEGAL NOTICE

Mesinia Realty Arts of Org. filed with Sec. of State of NY (SSNY) on 11/3/16. Cty: SSNY desig. Kings. as agent upon whom against may be process served & shall mail process to 6706 Brooklyn. Ave NY 11219. General Purpose.

LEGAL NOTICE

Name of LLC: J & B Home Stock LLC. Arts. of Org. filed with NY State Dept. of 1/27/17. Office location: Sec. of Kings County. State designated agent of LLC upon whom process against it may be served and shall mail process to: Weiss. 420 c/o Jav Ave., Lexington Ste. 2310, NY, NY 10170.

LEGAL NOTICE

3127 Ft Hamilton LLC Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 11/29/2016. Office location, County of SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail process to: 82 Bowery, NY NY 10013. Purpose: any lawful act.

LEGAL NOTICE

Notice of Formation of BIG Investors Schaefer, Arts. of Org. filed with NY Dept. of State on 3/2/16. Office location: County. Princ. Kings 240 Kent bus. addr.: Ave.. Brooklyn, NY Sec. of State 11249. designated agent of LLC upon whom process against it may be served and shall mail process to: PO Box 67, NY, NY Purpose: all 10159. lawful purposes.

LEGAL NOTICE

Notice of Formation of Camden LLC. Arts. of Org. filed with NY Dept. State on 6/17/16. Office location: Kings County. Princ. bus. addr.: c/o Sullivan & 125 Cromwell HP Broad Street, Suite 3921, New York, NY Sec. of 10004-2498. State designated agent of LLC upon whom process against it may be served and shall mail process to: c/n CT Corporation System, 111 8th Ave., NY, NY 10011, regd. agent upon whom process may be served. all lawful Purpose: purposes.

LEGAL NOTICE

Notice of formation of First Principle, LLC filed with the Secy. of State of NY (SSNY) on 2/14/17. Office Kings SSNY County. İS designated as agent of the LLC upon whom process against it may be served. The address SSNY shall mail copy of nrocess to is Travis Schmeisser, 175 Kent Ave., #713, Brooklyn, NY 11249 Purpose: Any lawful activity.

LEGAL NOTICE

Notice of Formation of LSL, GLENDALE LLC. Arts. of Org. filed with of State of NY Secy. (SSNY) on Office

LEGAL NOTICE

Notice of formation of County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process to: The Company, c/o Brian Lin, 423 7 th St., Apt #2, Brooklyn, NY 11215 Purpose: lawful anv activities.

LEGAL NOTICE

Notice of Formation of Gorden LLC, Art. of Org. filed with Sec'y of State (SSNY) on 12/23/16. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy process to Corp Filings, 90 State St., Albany, NY 12207. Purpose: lawful activities.

LEGAL NOTICE

Hobart Paving LLC. Arts. of Org. filed with NY State Dept. of on 02/21/17. Office location: Kings County. Princ. bus. addr.: c/o Sullivan & Cromwell LLP, 125 Broad Street, Suite 3921, New York, NY 10004-2498. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave., 10011, NY, NY read. whom agent upon process may be served. Purpose: lawful purposes.

LEGAL NOTICE NOTICE OF FORMATION

limited liability of (HC)Name: company BREAKING THE BEE FILM LLC. Articles 01 Organization filed with Secretary of State of New York (SSNY) on 01/12/2017. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 186 E 5TH STREET BROOKLYN, NY 11218 Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION limited liability 0f (LLC). company Name: FIVE SQUARE MILES LLC. Articles of Organization filed with Secretary of State of New York (SSNY) 02/22/17. on 01/03/2017. Office location: Kings location: Kings County. lawful purposes.

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LEGAL NOTICE

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process against it may be

served. SSNY shall mail

TAMARA AMYAN

BROOKLYN, NY

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Purpose:

purpose.

NOTICE OF FORMATION limited company (LLC) Name: AWAKEN SENIORS LLC Articles of Organization filed with Secretary of State of New York (SSNY) on 02/17/2017. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 110 CATON AVENUE BROOKLYN. Notice of Formation of 11218. Purpose: anv lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: MIKE WARZIN, LLC Articles of Organization filed with Secretary of State of New York (SSNY) on 10/11/2016. Office County. location: Kings SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: MIKE WARZIN, LLC 3 DEAN ST BROOKLYN, 11201. Purpose: any lawful purpose.

LEGAL NOTICE

Notice of Qualification of Sunrun Bravo Manager 2017, LLC. Authority filed with NY Dept. of State on 2/13/17. Office location: Kings County. Princ. bus. addr.: 595 Market St., 29th Fl., San Francisco, CA 94105. LLC formed in DE on 11/30/16. NY Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: CT Corporation System, 111 8th Ave., NY, NY 10011, regd. agent upon whom process may be served. DE addr. of LLC: 1209 Orange Wilmington, DE 19801. Cert. of Form. filed with DE Sec. of State, 401 Federal St., Dover, DE 19901. Purpose:

LEGAL NOTICE

NOTICE OF FORMATION UNITED limited liability (LLC). Name: company MYRTLE LEONARD PROPERTY MANAGEMENT, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 12/02/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O STATES LIMITED CORPORATION AGENTS INC 7014 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any

LEGAL NOTICE

lawful purpose.

NOTICE OF FORMATION limited liability (LLC). company Name: D Ν ENTERTAINMENT, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 12/02/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O STATES UNITED CORPORATION AGENTS INC 7014 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION liability limited company (LLC). Name: AWGR CONSULTING LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 01/30/2017. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: ERIK RENHEIM 313 23RD STREET APT 2B BROOKLYN, NY 11215. Purpose: lawful anv purpose.

LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: **EDWARD** SCOTT STUDIO, LLC. Articles of with Organization filed Secretary of State of New (SSNY) on 12/30/2016 Office County. designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O lawful purposes.

LEGAL NOTICE

CORPORATION AGENTS, INC 7014 13TH AVENUE, SUITE 202 BROOKLYN, NY 11228. lawful Purpose: any purpose. LEGAL NOTICE

NOTICE OF FORMATION Ωf limited liability company (LLC). Name: SOUNDTIDE, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/28/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED STATES CORPORATIONS INC. AGENTS, 7014 AVENUE, 13TH SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: SUPERNATURAL VARIETY, LLC. Articles of Organization filed with Secretary of State of New (SSNY) York Λn 11/08/16. Office location: Kings County. designated SSNY as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED **STATES** CORPORATION AGENTS, INC 7014 13TH SUITE AVENUE. 202 BROOKLYN, NY 11228. lawful Purpose: any purpose.

LEGAL NOTICE

Notice of Qualification of Sunrun Bravo Owner 2017, LLC. Authority filed with NY Dept. of State on 2/13/17. Office location: Kings County. Princ. bus. addr.: 595 Market St., 29th Fl., San Francisco, CA 94105. LLC formed in DE on 11/30/16 NY Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to: CT Corporation System, 111 8th Ave., NY, NY 10011, regd. agent upon whom process may be served. DE addr. of LLC: 1209 Orange St. 19801. Wilmington, DE Cert. of Form. filed with DE Sec. of State, 401

Federal St., Dover, DE

19901.

LEGAL NOTICE

of limited liability company (LLC). Name: N&D MUSIC GROUP, HC. Articles of Organization filed with Secretary of State of New (SSNY) York on 12/09/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED **STATES** CORPORATION AGENTS, 7014 13TH INC AVENUE. SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE NOTICE OF FORMATION

٥f

limited liability company (LLC). Name: MORIT **SUMMERS PERSONAL** TRAINING, LLC. Articles ٥f Organization filed with Secretary of State of New York (SSNY) on 08/30/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O STATES LIMITED CORPORATION AGENTS, INC. 7014 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: LUCIUS PARFUMS, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 12/19/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: C/O UNITED STATES CORPORATION **AGENTS** INC 7014 13TH AVENUE SUITE 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

LEGAL NOTICE

NOTICE OF FORMATION liability οf limited company (LLC). Name: IVYTL, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on Office 01/13/2017. location: Kings County. SSNY designated as agent of LLC upon whom

LEGAL NOTICE

LLC 1515 65TH STREET

BROOKLYN, NY 11219.

LEGAL NOTICE

NOTICE OF FORMATION

969 55TH STREET LLC.

Articles of Organization

filed with Secretary of

State of New York (SSNY)

on 02/08/2017. Office

location: Kings County.

agent of LLC upon whom

process against it may be

served. SSNY shall mail

copy of process to: 969

55TH STREET LLC 969

any

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NOTICE OF FORMATION

(LLC).

Articles

3815 SEAGATÉ AVENUE

Secretary of State of New

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location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 3815 ILC SEAGATE AVENUE 3815 SEAGATE AVENUE BROOKLYN, NY 11224. Purpose: any lawful purpose. LEGAL NOTICE limited (LLC). TRAFFICSAMS

NOTICE OF FORMATION liability company Name: LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/04/2016. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: LLEWELLYN R BENN 10114 **AVENUE** M BROOKLYN, NY 11236. Purpose: any lawful purpose.

LEGAL NOTICE

Notice of Formation of MABY BRANDS, HC Arts. of Org. filed with Secy. of State of NY (SSNY) on Office location: Kings County. Princ. office of LLC: 1896 E. 4th St., Brooklyn, NY 11223. served. SSNY shall mail agent of LLC upon whom lawful act.

LEGAL NOTICE

STATES NOTICE OF FORMATION copy of process to: THE process against it may be Notice of Qualification served. SSNY shall mail process to the LLC at the addr. of its princ. office. Purpose: Any lawful activity.

LEGAL NOTICE

Notice of Formation of Metro Menomonee Falls Arts. of Org. filed with NY Dept. of State on 12/6/16. Office location: Kings County. Sec. of State designated agent of LLC upon whom process against it may be served and shall mail process to the principal business address: 1249 E. 26th St., Brooklyn, NY 11210, Attn: David Weiss, regd. agent upon whom process may be served. all lawful Purpose: purposes.

LEGAL NOTICE

Notice of Formation of Ridge Boulevard (Brenda), LLC, Art. of Org. filed with Sec'y of State (SSNY) on 2/19/08. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY mail copy shall of process to Brenda Fisher, 225 Liberty St., Ste. 1020A, NY, NY 10281. Purpose: any lawful activities.

LEGAL NOTICE

Notice of Formation of RVP Labs LLC Arts. of Org. filed with Secy. of State of NY (SSNY) on 01/26/17. Office County. location: Kings Princ. office of LLC: 22 N. 6th St., Apt. #3D, Brooklyn, NY 11249. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail process to Attn: Mr. Saki Georgiadis at the princ. office of the H.C. Purpose: Any lawful activity.

LEGAL NOTICE

Notice of formation of SUNSET **EVENTS** Arts. of Org. filed with the Sect'v of State of NY (SSNY) on 12/21/2016. Office location, County of Kings. SSNY has been designated as agent of 01/30/17. the LLC upon whom process against it may be served. SSNY shall mail process to: 170 53rd St., Ste. 304, Brooklyn, NY Purpose: all process against it may be SSNY designated as 11232. Purpose: any

LEGAL NOTICE

of Sunrun Ulysses Owner

2017, LLC.

Authority

filed with NY Dept. of State on 11/8/16. Office location: Kings County. Princ. bus. addr.: 595 Market St., 29th Fl., San Francisco. CA 94105. LLC formed in DE on NY Sec. of 10/12/16. State designated agent of LLC upon whom process against it may be served and shall mail process to: c/o CT Corporation System, 111 8th Ave. NY, NY 10011, regd. agent unon whom process may be served. DE addr. of LLC: 1209 Orange St., Wilmington, DE 19801. Cert. of Form. filed with DE Sec. of State, 401 Federal St., Dover, DE 19901. Purpose: all lawful purposes.

LEGAL NOTICE

OZ Market LLC. Arts. of Org. filed with SSNY on 01/27/17. Off. Loc.: Kings Co. SSNY desig. as agt. upon whom process may be served. SSNY shall mail process to: The LLC, 145 Court St., Brooklyn, NY 11201. General Purposes.

LEGAL NOTICE

THE NOISE FACTORY LLC Articles of Org. filed NY Sec. of State (SSNY) 2/9/17. Office in Kings Co. SSNY desig. agent of LLC upon whom process may be served. SSNY shall mail copy 0f process to 20 Meadow St., Brooklyn, NY 11206, which is also principal business location. Purpose: Any lawful purpose.

LEGAL NOTICE

Vast Spectra, LLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 11/25/16. Cty: Kings. SSNY desig. as agent unon whom process against may be served & shall mail process to 180 Bainbridge, St., #408, NY Brooklyn, 11233 General Purpose.

LEGAL NOTICE

VINI HEALTH CONSULTING LLC, Arts. of Org. filed with the SSNY on 02/02/2017. Office loc: Kings County. SSNY has been designated as agent whom upon process against the LLC may be served. SSNY shall mail 14221. process to: The LLC, lawful purpose.

LEGAL NOTICE

7322 Avenue. Brooklyn, NY 11209. Reg Agent: Divanshu Bansal. 7322 5th Avenue Brooklyn, 11209 Purpose: Any Lawful Purpose

LEGAL NOTICE

LK Dental PLLC, Arts of Org. filed with Sec. of State of NY (SSNY) on 2/22/17. Cty: Kinas. SSNY desig. as agent upon whom process against may be served & shall mail process to Igor Levin DDS, 1706 Ave. M, Brooklyn, NY 11230. Purpose: Dentistry.

LEGAL NOTICE NOTICE OF FORMATION

٥f limited liability company (LLC). **HEADLEY** AND SHAW LAW GROUP, PLLC Articles of Organization filed with Secretary of State of New York (SSNY) on 12/28/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 714 SARATOGA AVE BROOKLYN, NY 11212. Purnose: anv lawful purpose.

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NOTICE OF FORMATION limited Λf liability company (LLC). Name: IDEX OBJÈCT LIMITED LIABILITY COMPANY. Articles of Organization filed with Secretary of State of New York (SSNY) on 01/09/2017. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail CODV of process to: LEGALINC CORPORATE **SFRVICES** 1967 WFHRI F DRIVE STE #086 BUFFALO, Purpose: any

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