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## RAIL ROADED

## City ignores pols' guardrail request even in safety push

#### BY JULIANNE MCSHANE

The city is still ignoring Southern Brooklynites' calls to make the Shore Road and Gravesend Bay promenades safer for pedestrians by installing guard rails along an unprotected stretch of the Belt Parkway that runs parallel to the walkways, even as the mayor announced on Jan. 2 that the city would invest \$50 million to install 1,500 bollards at locations across the five boroughs, according to community leaders and local pols.

Rock-to-Ridge Rep. Dan Donovan (R-Bay Ridge) sent a letter to Police Commissioner James O'Neill on Nov. 13 asking the department to specifically assess the vulnerabilities on the 1.15-mile unprotected strip of the waterside pedestrian path — between exits four and five, from Bay Eighth Street to Bay Parkway. But O'Neill responded — nearly a month later — by saying that he directed the department to install steel bollards at the entrance to the bike path at the troubled 69th Street Pier more than three miles away from the area Donovan asked ahout

The district manager of Community Board 11, which has been lobbying the city to instal guardrails in the area for the past two years, said that the move is largely symbolic and will do little to better protect the space which

she and others worry could become a target for truckdriving terrorists or even distracted drivers.

"While bollards are good for the entrance, cars can easily access the promenade just by driving over the grass — whether accidental or intentional — and that needs to be looked at immediately," said Marnee Elias-Pavia. "It's common sense."

Guardrails are currently in place to separate the promenade from the thoroughfare along the strip west of Bay Eighth Street, but there are no protections for the part that runs east to Bay Parkway. But Commissioner O'Neill said in his response to Donovan that the Parks department conducted a survey of the entire Shore Road pedestrian promenade — from the pier to Bay Parkway — on Nov. 15 with personnel from the 62nd and 68th precincts, which a spokeswoman from the Parks Department confirmed, and that it determined the only need was for bollards at the bike path entryway — which is approximately 3.3 miles away from exit four, where the unprotected part of the promenade begins.

The spokeswoman from the Parks Department said that the site survey determined that the city should also install bollards at the Bay

Continued on page 12



## Frosty frolic

These striking swimmers stood out in colorful unicorn-inspired costumes when they hit the frigid waters for the Coney Island Polar Bear Club's New Year's Day plunge. For more, **see page 3**.

Photo by Paul Martinka

### Senior dies two weeks after hit by car

#### BY ADAM LUCENTE

A Madison man hit by a car on Nostrand Avenue on Dec. 12 has died of his injuries, 19 days after the crash.

Stewart Feldman, 70, was struck just outside his Nostrand Avenue home between Avenues R and S at 6:55 am as he crossed mid-block, police said.

Emergency personnel brought Feldman to Kings County Hospital Center in stable condition, but on Dec. 30 he died from the injuries he sustained in the collision, according to police.

"He wasn't likely to die based on the initial analysis," said a police spokesman. "But he died based on his injuries." Neither the 74-year-old driver nor his front-seat passenger were injured, according to a police spokeswoman.

The diver remained at the scene and there are currently no charges, but the Highway Collision Investigation Squad was still investigating the incident as of Jan. 2, the spokeswoman said.



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## The 18 big stories to watch in 2018

Our dedicated team of Kings County connoisseurs predicts some of the biggest stories you'll be reading about in our pages over the next 12 months:

#### 18. Order in the Courts

After the mayor failed to deliver on his promise to fix all superstorm Sandy-related damage to Sheepshead Bay's "Courts" before the end of 2016, work to repair the belowstreet-level, tightlypacked bungalow homes clustered in sections near the Bay began last July, following the Feds' \$500million bailout of the beleaguered Build It Back program. The city's repairs to 32 houses — which include laying new pipes to fix the area's crumbling "private" sewer system — may have started several years behind schedule, but some previously skeptical residents who regained faith in the process not long after reconstruction kicked-off said a they now believe the job will be done before flowers bloom this spring — a new pledge Hizzoner made to locals last September.

"So far they are doing well. They already got seven homes down, got four homes elevated," said Sheepshead Bay resident Mike Rodriguez. "They have been doing exactly what they said they are doing, and I'm pretty sure we're looking at it being done some time by April."

#### 17. Expect more 'monstrosities' in **Sheepshead Bay**

The gigantic AvalonBay tower on Voorhies Avenue in Sheepshead Bay opened this summer after the city slapped its builders with a stop-work order in April, which was quickly lifted after developers fixed the violations. The 30-



story building at 1 Brooklyn Bay, near Shore Parkway and E. 16th Street, includes 236 units of rentals and luxurious condos, but has been dubbed a "monstrosity" by some locals. It's one of a few high-rises planned for the neighborhood, and will surely be a swanky home for some Brooklynites, but an eyesore for those who continue fighting development in the area.

With one of the nabe's first super-tall towers complete, and a handful of others rising, we'll be watching to see how many more developers seize an opportunity to alter Southern Brooklyn's skyline.

#### 16. Will Marine Park rezoning rear its head again?

Many Marine Parkers threw a fit when this newspaper reported the nabe's Community Board 18 urged the city to look at upzoning the historically low-rise enclave, in which most houses cannot exceed two or three stories. The local district manager, Dottie Turano, called the current zoning "antiquated" when advocating for the proposal, then blasted our reporter for peddling "fake news" when she revealed the board included a budget measure to study upzoning the area for years.



SUBURBAN **RENEWAL:** (Left) Stanton Court resident Mike Rodriguez is waiting to see if Mayor DeBlasio lives up to his promise to have all Build it Back work done in the Courts by spring. (Above) Marine Parkers wonder if Community Board 18 district manager Dottie Turano will revive her unpopular push to upzone the neighborhood.

Turano ultimately murred to the demands of her neighbors, promising in November to strike the zoningexploration request from the next budget. "If that's what the community wants, it will not be in there," she said.

Will the local leader keep her word? Keep your eyes glued to our "fake news" to find out.

#### 15. Cosmos kicked to the curb?

A long list of borough pols including native son Sen. Chuck Schumer — called on the U.S. Soccer Federation to save the New York Cosmos Continued on page 4

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CHILLY DIPPING: (Above) Brooklyn's bravest lunged towards the freezing waters in the century-old tradition of the New Year's Day plunge into icy Coney Island waters. (Right) These fish-out-of-water opted to stick to dry land instead taking the plunge, but came in costume to make the most of the frigid fun on Jan.1.



## COME ON IN, THE WATER'S FRIGID!

### Brave Brooklynites take New Year's Day plunge into icy Coney Island waters

#### BY JULIANNE MCSHANE

There was no room for cold feet on this beach!

converged on Coney Island Beach on the first day of 2018 to take part in a more-thancentury-old tradition of starting the new year with a plunge into the icy January waters. But temperatures in the midteens meant that this year's event wasn't as well attended as years past, according to the president of the Coney Island Polar Bear Club, which organizes the frigid festivities.

"It was cold," said Dennis Thomas. "I think the previous years have been notable be-

cause they've been unusually warm."

Indeed, the 37-degree wa-The bravest of Brooklynites ter temperatures cut the crowd down from last year's 2,500 swimmers — who happily headed for the waters in the 53-degree heat — by about half, to 1,200 this year, according to Thomas. But the splashy swimmers still managed to raise about \$43,000 for local organizations, including the Alliance for Coney Island, Coney Island USA, and the New York Aquarium, according to Thomas.

> A deejay spun tunes to pump up locals before the 1 pm start time, when the horde flailed and dove while trying from the waters unscathed



of brash Brooklynites lunged for the waves, where they



GRIN AND BEAR IT: (Left) This plunger managed a smile even while sprinting out of the frigid waves. (Above) Kel trekked all the way from Bensonhurst to brave the frigid waters in his grizzly suit. Photos by Paul Martinka

to retain some feeling in their limbs. And after they emerged

with some in costume as grizzly bears, fish, lobsters, and even unicorns — they warmed up with hot chocolate provided by local Kitchen 21. Others headed to after parties at the Coney Island Brewing Company and the Steeplechase Bear Garden.

The frigid temperatures ultimately didn't put a chill on the day's party vibe, according to Thomas, who added that the annual event retains a hype all its own.

"Despite the cold, people were excited and energetic," he said. "Even in this kind of weather, it's a big New Year's party, still."

### Coney Island rings in the New Year with Boardwalk fireworks display

#### BY JULIANNE MCSHANE

Call it a Parachute Jump into a new year.

Coney Islanders and Brooklynites from around the borough headed to the Riegelmann Boardwalk on Dec. 31 to ring in 2018 under the light of the colorfully lit Parachute Jump for the fourth-annual celebration and fireworks display organized by the Alliance for Coney Island.

Locals braved the frigid temperatures to listen to musical performances by pop cover band The Priceless



**HAPPY NEW YEAR:** Fireworks and the Parachute Jump lit up the sky. Photo by Stefano Giovannini

Danielle Johnson, as young- free — on the rides at the B&B

Band and hip hop songstress sters whizzed around — for

the Abe Stark Sports Center. Fire act performers from Coney Island USA's famous circus sideshow warmed up the atmosphere and regaled the harder-to-impress attendees.

The Parachute Jump replaced Times Square's ball drop with light-up countdown to midnight. And when the clock struck 12, everyone craned their necks skyward, where resplendent fireworks soared, popped, and cracked through the sky to ring in the New Year.

The executive director

Carousell and on the ice at of the Alliance said that she was glad to host the free event with Borough President Adams, and that it drew a considerable crowd even despite the frigid temps.

"Before this event, there were limited, if any, free festivities for families to celebrate the New Year in South Brooklyn and we're glad to have created a safe and friendly atmosphere," said Alexandra Silversmith. "Despite the low temperature, we still had many people join us for the fireworks and enjoy themselves."

COURIER LIFE, JAN. 5-11, 2018

### 18 TO WATCH

Continued from page 2

and the hundreds of jobs the soccer club allegedly brings to its 7,000-seat home, Coney Island's MCU Park, after the federation denied the team's league second-division status for the 2018 season.

A club spokesman said the Cosmos' owner, Italian cable magnate Rocco Commisso, planned to close the North American Soccer League and the seven teams in it including his own — if the squads were banished to the third division, since that status would bring fewer sponsors, decreased salaries for the players and coaches, and a lower level of competition.

But the league appealed the U.S. Soccer Federation's decision on Nov. 4 in the U.S. Court of Appeals, according to the spokesman, leaving the case — and the Cosmos' fate up in the air. But the ball will likely drop soon.

#### 14. Cleansing Coney **Island Creek**

If locals thought the waterway couldn't go any further up s--- creek after it was reported that 16 Gravesend buildings were dumping 200,000 gallons



**CONEY CAUSES:** (Above) Brooklyn pols called on the U.S. Soccer Federation to save the New York Cosmos. (Right) Local activist Pamela Pettyjohn wants the state to clean up Coney Island Creek after she learned that 16 Gravesend buildings were dumping raw sewage into the waterway.

of raw sewage into it each day — possibly for years — and researchers found unusually high levels of fecal bacteria in it well after those buildings allegedly stopped dumping feces in the water, they thought wrong.

About halfway through 2017, the state Department of Environmental Conservation approved a permit for the city's Economic Development Corporation to pour up to 7.2contaminated groundwater into the creek every day for up to two years while workers upgrade sewers and water mains in Coney's west end. And more recently, the state agency blocked the Billion Oyster Project's proposal to install one million oysters in the channel to improve its water quality, because its honchos were concerned that residents would poach and sell

the poop-infested molluscs.

But the Oyster Project's leaders plan to submit a revised application — which will allegedly contain measures to discourage poaching this spring, so the state may finally green-light a strategy to clean up the murky waters once and for all.

#### 13. All aboard in Canarsie?

0

Members of the Canarsie Improvement Association fi-

nally presented a petition that demands the nabe get a stop on the city-wide ferry service to Mayor DeBlasio last month, after more than 6,000 supporters signed it. Hizzoner promised to explore the option of a ferry stop in the transitstarved area in 2016, but did little to further his pledge, and cancelling a long-sought meeting with the local transit activists did not help. The mayor eventually sat down with

Continued on page 4

Assorted





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### 18 TO WATCH

Continued from page 4

members of the association, however, who argued that an option to sail across the East River would be a boon to L-train riding locals who won't be able to take the subway to Manhattan when its underwater tube closes for an 18-month makeover in April 2019.

Building a ferry dock on the Canarsie Pier is not as straightforward as it seems, however, because the facility is federally run and what the process requires is not entirely clear. But with several thousands of locals pushing the mayor to keep his word, and the L-train shutdown looming, odds are that the next steps may soon come into focus.

## 12. More protections for pedestrian spaces

Local pols intensified demands that the city install protective bollards to shield pedestrian areas that future terrorists could target following the October truck attack in Manhattan that killed eight and injured 11 more. Councilmen Mark Treyger (D-Coney Island) and Chaim Deutsch



PIER PRESSURE!: Canarsie resident Marc Want from the Canarsie Improvement Association has handed Mayor DeBlasio hundreds of signatures calling for a ferry stop at Canarsie Pier. Now it's wait and see.

File photo by Georgine Benvenuto

(D-Sheepshead Bay) sent letters to Mayor DeBlasio, Police Commissioner James O'Neill, Parks Commissioner Mitchell Silver, renewing their calls for the trio's offices to install retractable, fortified bollards at 32 entry points to Coney Island's Riegelmann Boardwalk to restrict access to authorized vehicles, a proposal that the parks department later confirmed it was studying with the police. And Treyger upped the ante in November when he called on the city to install guard rails along a 1.15-mile unprotected stretch of the Belt Parkway that runs parallel to the Shore Road and Gravesend Bay promenades.

The local leaders' requests may get a boost from Manhattan Councilman Ydanis Rodriguez, who last month introduced legislation before Council that would require the parks and transportation departments to annually report on bollard-related statistics including how many are installed, where they are put, and what third parties are authorized to build them. That bill's fate could be a litmus test for how far the calls for more bollards and other protective structures will go.

### 11. Armory's new battle

A city-backed scheme to redevelop Crown Heights' Bedford-Union Armory survived its long and torturous publicapproval process, but just as Council voted to approve the hugely controversial plan which permits a private developer to build luxury rentals along with so-called affordable housing and a community center on the site of the historic military structure attorneys at the Legal Aid Society filed suit against the city in an effort to stop the project,



WAITING GAME: Lawyers on both sides of the Crown Heights' Bedford-Union Armory redevelopment plan expect a state Supreme Court judge to rule before the city officially signs off on the armory's 99-year lease to developers BFC Partners some time this summer, and the verdict will either green-light construction of the project, or send it back to the drawing board.

File photo by Stefano Giovannini

claiming the land-use and environmental-review processes used to asses its impact on residents of the neighborhood are flawed

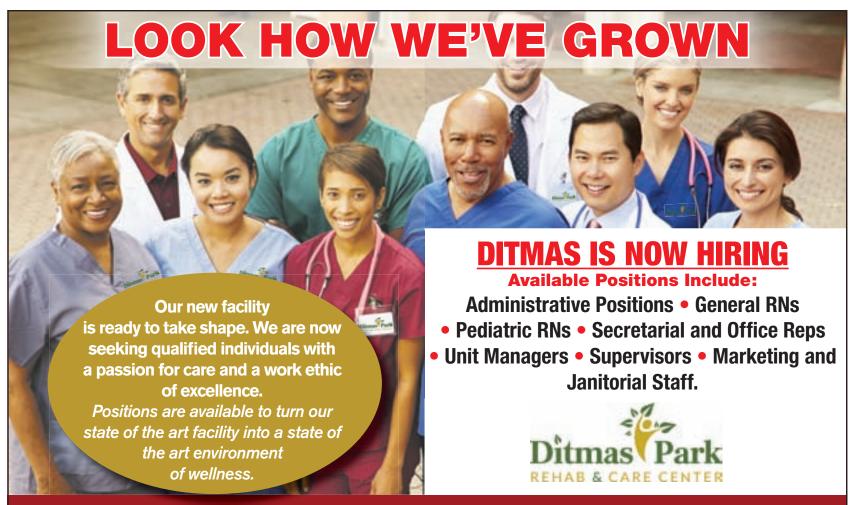
Lawyers on both sides expect a state Supreme Court judge to rule before the city officially signs off on the armory's 99-year lease to developers BFC Partners some time this summer, and the verdict will either green-light construction, or send the project

back to the drawing board.

#### 10. Too big to fail

A proposal to rezone a triangular Boerum Hill block bounded by Flatbush Avenue, Third Avenue, and State Street in order for developers to build super-tall towers of unprecedented density on the plot goes before the City Planning Commission on Jan. 16—and if it is approved, Commu-

Continued on page 4



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#### 63RD PRECINCT

MARINE PARK-MILL BASIN-FLATLANDS-BERGEN BEACH

#### Game on

A shoplifter fled an Avenue U electronic store with a pricey gaming system on Dec. 26.

Cops said the nogoodnik entered the store near Flatbush Avenue around 2:15 pm and exited several minutes later without paying for a video game console, according to the report.

#### Now you see it...

A sneak thief lifted a woman's handbag at an Avenue U department store on Dec. 30.

Authorities said the victim was trying on footwear at the store near E. 54th Street around 4 pm, when she placed her handbag down unattended. When she tried to locate her bag, she could not find and it and told cops that someone took it.

The bag contained her smartphone, a credit card, and an identification card, according to the report.

#### Wheel sweeper

Some pilferer cleared a car of its wheels on Bergen Avenue sometime overnight on Dec. 24.

The car's owner told police that he parked his ride near Ralph Avenue around 8 pm and returned to it the next day at 10:15 am to find his four-wheeler with no tires.

#### Lock your doors

A thief stole a bag from a car parked in a Flatbush Avenue toy department store lot on Dec. 28.

The car's owner told cops that she left her vehicle inside the parking space near the Belt Parkway around 6:30 pm and went inside to shop. After receiving a notification on her phone that her credit card was being used, she returned to her car to discover that the bag containing three credit cards and some cash was gone, according to police. Officers said she had left her vehicle unlocked.

#### Not so fast

Cops arrested a man who they say stole items from a car parked at a Ralph Avenue convenience store parking lot on Dec. 23.

The car's owner told police that he left his car near Avenue M around 11:23 pm and he left it unlocked with the keys inside. According to the police report, when he returned to his car minutes later, the keys — along with several identification cards and a debit card — were missing.

Officers say when the victim remained on scene for police, the suspect returned an hour later and was identified by a witness. Upon questioning, the suspect allegedly told police "I saw the car unlocked so I



took the keys to give to the owner," before he was apprehended.

#### Inside job

A heartless thief stole personal belongings from an E. 56th Street home sometime between Dec. 13 and Dec. 19.

The homeowner told police that someone entered her bedroom and took two designer bags and some jewelry. Police say the victim suspects one or more of the three home care attendants who have access to her home, as the culprit.

#### **Identity theft**

A pilferer stole a wallet containing important documents from a woman at a Ralph Avenue medical clinic on Foster Avenue on Dec. 19.

A woman told cops that she was at the clinic near Glenwood Road around 7 pm and left her money pocket on seat inside the office. When she returned 15 minutes later, she discovered that her wallet, containing her permanent residence card, social security card, and other important identification items were missing, according to the report.

— Alexandra Simon

#### **68TH PRECINCT**

BAY RIDGE-DYKER HEIGHTS

#### Cashed in

A pair of criminals stole about \$8,000 from a Fort Hamilton Parkway market on Dec. 25.

The perps made their way into the store between 67th and 68th streets at about 3:15 am by clipping the padlock and rolling up the security gate at the rear of the building, at Ninth Avenue, and entered. They took the cash from the register and left through the same door they en-

#### **Grocery stealing**

A pair of thieves stole about 10 cartons of cigarettes and \$400 from an Eighth Avenue grocery store on Dec. 25.

The crooks broke into the Bay Ridge Avenue store at 2 am, when they grabbed the goods and cash.

#### **Boost for crooks**

Police arrested a man who allegedly stole about \$300 from a Third Avenue coffee shop on Dec. 26.

The man allegedly entered the shop at 90th Street with a key just

before 3 am and stole the cash from the register.

#### Thieves run on beans

A crook stole about \$450 from a 13th Avenue coffee shop on Dec. 26, according to police.

The thief entered the store at 76th Street through the front door with a key just after 3 am, when he rummaged through the cash register and change box.

#### **62ND PRECINCT**

BENSONHURST-BATH BEACH

#### Safe at home

A would-be thief climbed through a Bay Ridge Parkway bathroom window on Dec. 25 and tried to steal a safe before a witness confronted him and he dropped it and fled.

The man broke into the building between 19th and 20th avenues just after 10:30 am. But when a witness caught the wannabe thief trying to haul the safe away and demanded to know if he lived in the building—and asked him to prove his residence, the man dropped the safe and fled on 19th Avenue toward 74th Street

#### Christmas gifts gone

A thief smashed the front driverside window of a woman's car near her Shore Parkway workplace on Dec. 26 and stole electronics, jewelry, and sneakers from inside.

The crook broke into the woman's car parked between 24th Avenue and Bay 37th Street at 5 am.

#### Pass the gas

Police arrested a man who they say charged \$51.82 worth of gas to a woman's Discover Card at a Bay Parkway gas station on Dec. 26.

The man allegedly charged the gas money to the card at the station between Bath and Cropsey avenues just before midnight.

#### Window of opportunity

A thief broke into the side door entrance of an 18th Avenue restaurant on Dec. 26 and stole \$2,000, electronics, and a wine bottle.

The perp made the steal at 12:30 am between 77th and 78th streets and exited the eatery the same way he entered it.

#### Key to the cash

A crook stole \$420 from the regis-

ter of an 18th Avenue store on Dec. 26.

The perp took the cash from the 72nd Street store just before 3:15 am and then fled on foot. He entered the store through the side door with a key and also used a key to open the register and take the cash.

#### Office heist

A good-for-nothing stole \$5,000 cash and two credit cards from a Bay 28th Street office at some point between Dec. 26 and 27.

The office assistant closed up the space at 86th Street just after 5:15 pm on the 26th, and returned the next day to find one of the two locks unlocked, two cards gone, and \$5,000 missing from an envelope inside a desk.

The thief tried to use the cards online at Target but they were declined.

#### Back to reality

A thief ransacked a W. 10th Street home and stole \$1,500 at some point between Dec. 26 and 28, while the homeowners were on vacation.

The victims returned to their home between Highlawn Avenue and Avenue S at 3:30 pm, when they found their rear door kicked in and the money missing from an envelope.

#### Cash gone in a flash

A no-goodnik stole \$1,400 from a woman's purse while she was shopping at an 86th Street store on Dec. 30.

The woman was shopping between Bay 19th and 20th streets just after noon. — *Julianne McShane* 

#### **61ST PRECINCT**

SHEEPSHEAD BAY-HOMECREST-MANHATTAN BEACH-GRAVESEND

#### **Eighth commandment**

A good-for-nothing robbed a synagogue on Coney Island Avenue on Dec. 29.

Sometime after 5:00 pm, the treif thief broke into the house of worship near Avenue P and took an unknown amount of money. A worker returned the following morning and noticed that a second-floor door was open and its office had been ransacked, according to police.

#### Inspect my ride

A punk stole blank inspection stickers from a garage on Gerritsen Avenue on Dec. 29.

The nogoodnik broke into the garage near Knapp Street sometime after 6 pm and took an unknown number of inspection stickers. The manager noticed they were gone and that the garage had been broken into the following morning, according to police. — Adam Lucente

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## **Councilman Chaim Deutsch**

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**OUT TO PASTURE:** Red Hook concrete magnate John Quadrozzi, Jr. purchased the struggling Kensington Stables at auction, which will need some major help now that the roof is partially collapsed.

File photo by Jordan Rathkopf

#### 18 TO WATCH

Continued from page 6

nity Board 2 will hold a public hearing on the proposed 74 and 38-story 80 Flatbush towers some time in February, kicking off the project's Uniform Land Use Review Procedure.

The plan to bring the two high-rises — which would include 900 apartments with 200 units of so-called affordable housing, retail space, a new 350-seat elementary school, and a new home for the already-on-site Khalil Gibran International Academy — to the brownstone-lined nabe drew the ire of many residents, who argued the massive structures have no place in the historically low-rise enclave. But the real-estate company behind the project, Alloy Development, claimed it will bring needed resources to the area, including the schools and office space.

#### 9. Riding into the future

When news broke early last year that the owners of Prospect Park's only horse barn, Kensington Stables, were bankrupt, locals were rightly concerned that the long-standing tradition of galloping through the green space would become a thing of the past. But after a long and bumpy ride, during which some mystery buyers and the city all considered offers to buy the barn that ultimately failed, this newspaper reported that a dark-horse entity — later revealed to be Red Hook concrete magnate John Quadrozzi, Jr. — purchased the stables at auction in a yet-to-be-finalized deal that would keep the facility and its operators in the horse business for at least five

Weeks after Quadrozzi's purchase, however, the city slapped the stables with an immediate vacate order after inspectors found its roof partially collapsed. But the new owner — who is required to fully renovate the property following a judge's official approval of the sale — said he is already working with the stables' operators to correct the violations so that he can keep the barn upand-running for "as long as possible."

#### 8. Keep off the grass

The last vehicles legally cruised Prospect Park's East Drive on Dec. 29. when a provision allowing Downtownbound motorists to use the thoroughfare on weekdays from 7 to 9 am officially ended to make way for Mayor DeBlasio's permanent ban of cars within Brooklyn's Backyard, effective as of Jan. 2 this year. But a harrowing Dec. 7 early-morning hit-and-run accident on the park's West Drive — which the Hizzoner banned all traffic from in 2015 — served as an ominous warning that it takes more than progressive policies to protect pedestrians in the meadow.

With a full car ban in place, time will tell whether the mayor's beefed-up edict is enough to keep park-goers safe once and for all.

#### 7. We're watching

The framework atop the Jehovah's Witnesses' former Brooklyn Heights headquarters no longer boasts the religious organization's red, 15-foot Watchtower letters, but one of the site's new owners — who purchased the building as part of a collective that also includes President Trump's son-in-law, Jared Kushner — told this newspaper that the scaffolding may soon hold a new sign as the building undergoes its makeover into a massive workspace.

"As the property undergoes its

transformation into a world-class office campus, there is an opportunity to bring a new beacon to the Brooklyn skyline," said Asher Abehsera.

What word or image might decorate the neighborhood's skyline remains to be seen, but knowing who is involved in the building's second act, it's a safe bet that whatever it is, it will be yuuuge.

#### 6. An L of a mess

State and local transit honchos in December released a long-awaited alternative-transporation plan for straphangers who cannot cross the East River on the L train when its underwater Brooklyn-Manhattan tube closes for repairs in April 2019, but the proposal is missing some key pieces that need to be hammered out long before the 18-month closure begins. Chief among them is how to handle what many expect to be a big surge in traffic on Grand Street in Williamsburg, an already heavily traveled commercial thoroughfare that even more buses will cruise during the shutdown.

And some pols are demanding that the city rethink a pending purchase of 200 diesel-fueled people-movers before they implement any plan that calls for more vehicles on the streets, claiming the increase in gas-guzzling buses will bring more pollution to the nabe.

#### 5. Fourth Avenue's changing lanes

Transit officials are asking com-



ANGELIC OR DEVILISH: Dyker Heights locals and leaders are on the edge of their seats about who members of the Sisters of Mercy sold the Angel Guardian Home to, and what plans the developer has for the the city-block sized piece of property.

File photo by Georgine Benvenuto

Slope and Sunset Park to weigh in and some Sunset Parkers who are on a proposed Fourth Avenue redesign that includes the always controversial addition of a protected bike

The plan would eliminate 225 parking spaces within the district of Sunset Park's Community Board 7 alone, provoking mixed reactions from progressive Park Slopers who — surprise, surprise — largely supmunity boards representing Park port the bike-friendly proposal

more apprehensive about how the changes.

If both boards vote in favor of the road's redesign, the city will install the protected bike lanes from 64th to 38th streets this spring, and extend the pedalers' paths from 38th Street to Atlantic Avenue in 2019. But if the community boards pan the proposal, it is possible the project will be de-

#### 4. Who got the **Guardian Home**

Locals and leaders in Dyker Heights have been up in arms since this newspaper revealed in December that the Sisters of Mercy sold its sprawling Angel Guardian Home campus, which takes up an entire city block bounded by 63rd and 64th streets and 12th and 13th avenues, in a secret deal with an alleged \$23 to \$24-million price tag. A pack of concerned residents called for the Sisters to sell the former orphanage - which currently houses area oldsters' club house, the Narrows Senior Center to a developer who would build affordable elder housing, while others called for more classrooms on the site, since the neighborhood's school district is the city's most overcrowded. But a broker who made a failed bid for the property said that the developer that inked the biggest real-estate deal to hit Dyker Heights in a generation would likely apply to rezone the plot in order to build as much as possible.

Who that developer is may remain a mystery, but once the sale officially closes, we do not expect his or her identity to stay shrouded in secrecy

#### 3. Pump the gas on Expressway's repairs

Local leaders continue to demand state lawmakers green-light legislation to speed up the long, messy, and pricey infrastructure scheme to repair

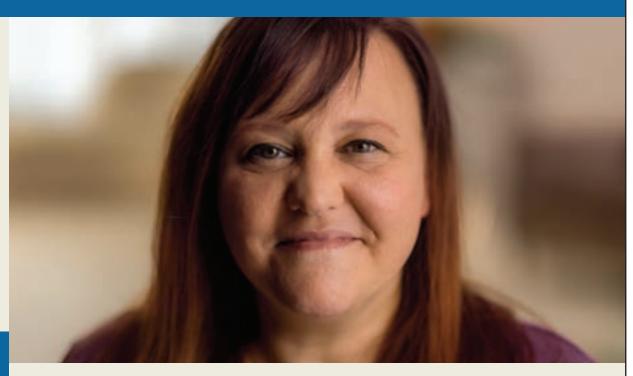
Continued on page 4

## I am living proof that buprenorphine treatment works.

Of all the treatments I've tried. buprenorphine is the only thing that worked for my opioid addiction. Now I'm in school, I go out to eat, to the movies simple stuff-but the greatest joy is having a relationship with my daughters. I got back my life.

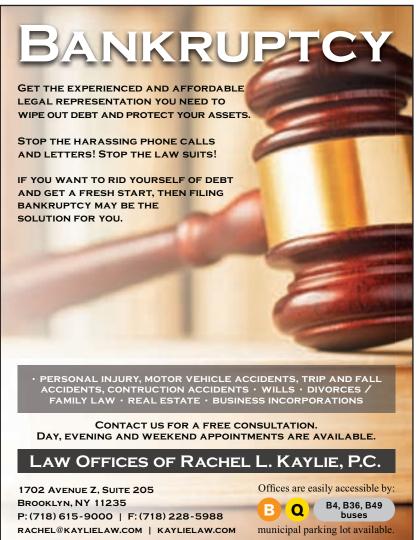
- Chelle

Opioid addiction treatment with methadone and buprenorphine is available in New York City.



If you or someone you know needs help, call 888-NYC-WELL or visit nyc.gov/health/addictiontreatment for more information.







**UNGUARDED:** Local pols are calling for the city to install a guardrail protecting the waterfront promenade from the eastbound lanes of the Belt Parkway between Bay Eighth Street and Bay Parkway. Photo by Georgine Benvenuto

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A spokeswoman for Donovan said that he trusts the police department's anti-terrorism personnel to decide what type of security measures are best for the area given their exper-

**GUARDRAIL** 

Continued from cover

Parkway entrance to the bike path, as

well as at the Belt Parkway on-ramp at

Fourth Avenue, and that the officials

identified places were existing guard

rails could be improved or repaired. But none of those proposed solutions

explicitly protect the strip of the pe-

destrian promenade that runs adja-

cent to the Belt Parkway unprotected

by guardrails — the fix that Donovan

the plans have not even been finalized

yet, so the department does not have a

The Parks spokeswoman said that

explicitly requested in his letter.

timeline on installation.

tise and unique understanding of the steps that have to be taken to address

threats.

Councilman Mark Treyger (D-Coney Island) sent a Nov. 28 letter to the Department of Transportation with former councilman Vincent Gentile (D-Bay Ridge) asking the city to install the guardrails along the unprotected stretch. But Treyger renewed his call for the city to act to protect the promenade — as well as the Riegelmann Boardwalk — with councilmen Chaim Deutsch (D-Sheepshead Bay) and Justin Brannan (D-Bay Ridge) following the city's response to Donovan, and the mayor's Jan. 2 announcement.

"The lack of guardrails along the mile-long stretch of promenade and park running adjacent to the eastbound Belt Parkway leaves visitors dangerously exposed to a heavily trafficked roadway where vehicles travel upwards of 50 miles per hour," Treyger said. "The city must act to ensure safety for all."

Brannan echoed Elias-Pavia's comment that protecting the pedestrian walkways was "common sense."

"It is common sense that anywhere you have a high concentration of pedestrians and cyclists alongside a high-speed roadway there must be some type of protective barrier or guardrail," Brannan said.

A spokesman from the mayor's office said it would not reveal the sites where bollards would be installed until after installation begins in March, and that he did not know how many of the sites were in Brooklyn.

After Gentile and Treyger sent their November letter, a spokesperson from the Department of Transportation told this paper it was reviewing the letter, and directed all questions to the police department. When reached for updated comment, a spokeswoman from the transportation agency again said it would continue reviewing the letter as it consults with the police department to examine safety conditions along that section of the parkway.

The police department did not respond to repeated requests for com-

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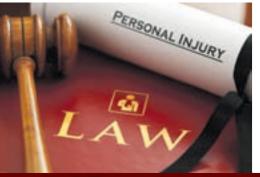


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9 A.M. - 5 P.M.





## First babies make debut

#### BY JULIANNE CUBA

He's an extra-special delivery! Brooklyn welcomed its first newborn, Joshua Miguel Brito, just 25 minutes after the New Year's Eve ball dropped. And the babe, who arrived at Bedford-Stuyvesant's Woodhull Medical Center on Jan. 1 weighing 6 pounds, 14 ounces, is nothing short of a miracle, according to parents Erica Hernandez and Joshua Brito, who said their first child arrived six years after his great-

grandmother died on the very same day.

"I lost my grandmother six years ago on New Year's Day, and with him coming, it was like a blessing," said Hernandez, who lives in Bushwick. "My family and I are super excited. I'm just happy he's here now."

About four hours later, doctors at NYU Langone Hospital–Brooklyn ferried Wilmer De Los Santos Asencio into the world at 4:11 am. Parents Tirsia Maria Asencio De Los Santos and Wilson Andres De Los Santos Guzman were overjoyed to hold their 5-pound-10ounce son, and couldn't wait to bring him home to meet his big 17-year-old brother, according to the Sunset Park mom who spoke through a transla-

The third bundle of joy to arrive in the Borough of Kings on New Year's Day, 7-pound-10 -ounce Aarva Datar, emerged at 6:49 am at Methodist Hos-



BRAND-NEW: (Above) Erica Hernandez and Joshua Brito welcomed their first child, Joshua Miguel Brito, on Jan. 1 at 12:25 am. (Center) Tirsia Maria Asencio De Los Santos's baby Wilmer came at 4:11 am. (Left) Aarya Datar made her debut to mom Vandekode and big sis at 6:49 am.

pital in Park Slope. Her parents Vandekode Kulkarni and Praveen Datar, who live in Crown Heights, are thrilled their daughter will begin each year with her birthday, the newborn's mother said.

"We are so thrilled to welcome Aarva into the world." said Kulkarni, who also has a 1-year-old daughter. "We feel very special to have one of the first babies of the new year."

The first baby to enter New York City this year was born in the Bronx, and came out kicking and screaming just two minutes before Brito did, according to information from the public-hospital system.

## NYU DENTISTRY



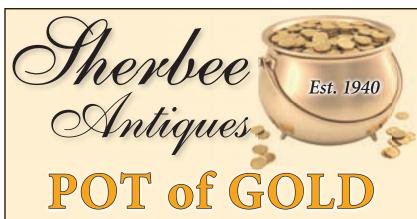
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## Stop hibernating this winter!!!

#### BY CAMILLE SPERRAZZA

When it's time to get serious about losing weight, Elite Health Center offers the tools.

Gennady Krupnikas, coowner of Elite Health Center says, "It's not uncommon for our patients to lose up to one pound per day on our programs, utilizing powerful, yet safe, medical protocols."

This means going beyond providing patients with a diet and exercise plan. Instead, Elite Health Center offers the HCG (human chorionic gonadotropin) diet that involves hormone injections to help weight come off quickly - and keep it off. It's all supervised by a physician to assure safety.

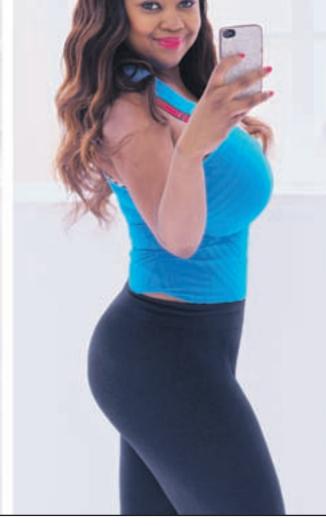
It starts with a free body composition analysis that provides the doctor with insight into each individual's needs. The doctor takes into consideration the lifestyle, weight, fitness levels, and eating habits of each patient. This allows the doctor. together with a nutritionist, to create a customized HCG diet. "By creating a medical weight loss plan suited to your individual needs, we give you the best opportunity to lose weight once and for all," says Krupnikas. "It's a proven approach, based on sound medical principles."

The Phentermine -Appetite Management Protocol is another "life-changing weight loss" plan to con-sider, he says. It's designed to assist patients who are looking to lose weight within a more flexible time frame as it involves appetite suppressants and healthy eating.

If you have had enough of fad diets, supplements, and expensive frozen foods that still leave you hungry, come in for a consultation. Krupnikas says that the plans at Elite Health Center are effective because:

- 1. They release energy from fat cells. The process of breaking down fat into useable calories is called "ketosis". This process works very efficiently at releasing stored energy and food value from your fat
- 2. They reduce cravings and fatigue by breaking the sugar cycle. By elimi-







nating sugars and simple carbohydrates, the body enters the state of ketosis (fat burning). resources.

3. They allow you to eat real food that you can buy at grocery stores. There's no need to buy costly prepackaged meals, or artificial liquid diet products.

4. They prevent hunger, headaches, and irritability.

The plans assure that your body has adequate nutrition and sustained energy

BEFORE

5. Elite Health Center offers one-on-one personal support. This helps you break out of old bad habits faster, while developing your new healthy eating habits, and long-term sustainable lifestyle changes.

6. Medical experts ensure that you lose weight safely and aggressively, and that all body functions are working normally, or are improving.

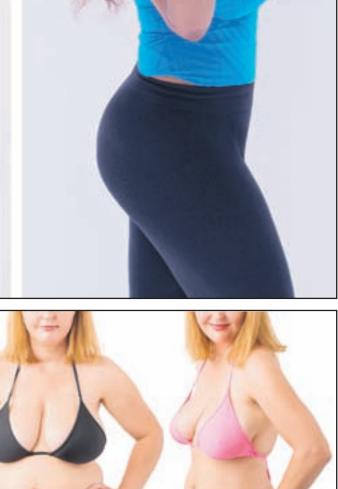
7. The goal is long-term weight loss. They are with you every step of the way, offering support and the tools to maintain a healthy weight loss for life.

8. No exercise is required in order to succeed. You will still lose weight.

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Elite Health Center, [1316 Kings Hwy between E. 12th and E. 13th streets in Midwood, (917) 565-9360, www. elitehealthcenter.com].



## Bienvenue to new board members

**BROOKLYN HEIGHTS** 

Sending welcomes to Elizabeth Ann Stribling-Kivlan and Sanjay Mody. The pair were elected at the Dec. 12 board meeting of the Brooklyn Bridge Park Conservancy.

"We are proud to welcome Elizabeth Ann and Sanjay today," said **Mark Baker**, chairman. "Their expertise across sectors and their dedication to the City will make them valuable additions to our board of directors."

Elizabeth Ann Stribling-Kivlan



was named president of **Stribling** & Associates, Ltd. on Jan. 1, 2013. She worked at the firm, which was founded by her mother, that has grown to include more than 350 agents in four of-

fices across Manhattan and Brooklyn.

Stribling-Kivlan is a graduate of the **Chapin School** and the **College of the Holy Cross**, where she studied Comparative World Religions.

"Brooklyn Bridge Park is part the fabric of my daily life, and I have watched the park grow from its early stages to its current place as an integral park of New York City's land-scape," she said. "I am honored to work with the entire board on the ongoing efforts of the Conservancy."

Sanjay Mody is president of Spec-



tacle Holdings, LLC, a real estate investment firm focusing on urban markets, as well as special counsel to the law firm Windels Marx Lane & Mittendorf LLP.

In his legal practice, Mody advises public authorities and private investors and developers on real estate matters.

He has also served as senior advisor to the chairman of the Port Authority of New York and New Jersey. Prior to that he served as an associate at a law firm and a law clerk for the Chief Judge of the Southern District of New York.

Mody received his B.S. in Foreign Service from Georgetown University, a M.Phil. degree in International Relations from Oxford University, and a J.D. from Stanford Law School. He is a member of the New York State Bar.

"I have enjoyed watching the park grow since its earliest days and I'm honored to join the Conservancy's Board of Directors in helping to expand its programming and events in the years ahead," he said.

Brooklyn Bridge Park Conservancy



**KIND KIDS:** St. Edmund Prep students proudly gather with gifts they gave to youngsters as part of the Hour Children initiative. Community News Group / Joanna DelBuono

### It's the giving hour for children

**SHEEPSHEAD BAY** 

Fa-la-la-la to the students, faculty, and staff at **St. Edmund Preparatory High School** for their generosity and kindness.

The giving gang donated toys and other essential items to **Hour Children**.

Hour Children, founded in 1986, is a program to end the cycles of intergenerational incarceration.

The initiative, created by Sister Tesa Fitzgerald and four other Sisters of St. Joseph, opened the

doors of a former convent, now called **My Mother's House**, to children of incarcerated women; forming the basis of what would become Hour Children.

This holiday season event was made possible by **The Student Council**, moderated by **Sister Barbara Doyle**, CSJ, who organized the drive and made sure everything was ready for pick-up day.

St. Edmund Preparatory High School [2474 Ocean Ave. at Avenue T in Sheepshead Bay; (718) 743– 6100].

[334 Furman St. at Joralemon St. in Brooklyn Heights; (718) 802–0603].

**DITMAS PARK** 

#### Two become one

It's official — two active, centuryold synagogues, **Progressive Temple Beth Ahavath Sholom** and **Temple Beth Emeth v'Ohr Progressive Shaari Zedek**, have formally consolidated, providing the borough's Reform Jewish community with a diverse congregational home and a wide array of spiritual, cultural and social programming for all ages.

Its new name is **Beth Shalom** v'Emeth Reform Temple—B'ShERT for short.

"This pairing is a natural. Both congregations are diverse and active, and our strengths complement one another beautifully," said co-president **Jeff Levinson.** 

"This is an exciting transformation that will benefit and strengthen the Jewish community," said **Rabbi Heidi Hoover**, co-leader of the congregation

with Cantor **Suzanne Bernstein**. The congregation's cantorial soloist, **Nonie Schuster Donato**, and pianist Maxine Feldman will also continue in their roles.

B'ShERT boasts a religious school, twice-weekly adult Torah study, a wide range of adult-ed classes, "Shalom Shabbat" for kids, book club, women's and men's club activities, members' choir, holiday celebrations, social action projects, performances and cultural events. All are welcome.

B'ShERT [83 Marlborough Rd. in Ditmas Park; (718) 282–1596].

BOROUGHWIDE

#### There's an app for that

Kudos to Burlyn AndallBlake, a student at Brooklyn Technical High School, who was named a winner of the 2017 Congressional App Challenge in the Ninth Congressional District. The event aims to engage students in coding and computer science. Her app HelpMe helps victims of sexual assault, domestic violence, and



**BOERUM HILL** 

#### Thanks for the re-do!

Thanks to **Quadra** and **Habitat for Humanity** for the facelift on **HeartShare St. Vincent's Services' Wyckoff Gardens Community Center.** 

Robert Sablic, chief operating officer at Quadra; Regina Mitchell, director at Heart-Share St. Vincent's Services Wyckoff Gardens Cornerstone Program; Brooke Rosenthal, vice president of Youth Development and Community Programs at HeartShare St. Vincent; Briana Fullwood, manager of Corporate Partnerships at Habitat for Humanity; Nicole Haworth, managing director at Quadra, and Nicole Bootz, designer at Quadra Designer, were all on hand as HeartShare unveiled the renovated space made possible by Quadra and Habitat on Dec. 11.

"Our Wyckoff Gardens Cornerstone Program is now freshly painted, and has two newly furnished classrooms, a computer room and lounge. It looks like a completely different space," said Brooke Rosenthal.

The program, which opened last fall in Boerum Hill, offers after-school and summer camp options for those 5 and older.

"Thank you for creating a safe, beautiful space for all of us," Rosenthal added.

Quadra is a New York-based furniture rental and staging company.

In addition to donating furniture, décor, mobile Swiftspace workstations, and tech enhancements, Quadra partnered with non-profit arts organization **Chashama** to bring original art into the mix

HeartShare St. Vincent's Services (66 Boerum Pl. in Boerum Hill; www.hsvsnyc.org).

human trafficking through every step of the way from legal processing to recovery.

The winnters will have their apps showcased in April at Capitol Hill, and be awarded \$250 in Amazon Web Service credits.

Brooklyn Technical High School [29 Fort Greene Pl. at Dekalb Avenue in Clinton Hill; (718) 804–6400].

## BROOKLYN REAL ESTATE

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Our House of the Week is full of amenities and brimming with enough space for a working fireplace, and an expansive dining area, as well as plenty of room for a est, Marine Park is fast emerg- fully-furnished living room.





ing as a magnet for young, upwardly mobile families because of its abundance of schools - including James Madison and Edward R. Murrow High Schools – and its proximity to the great

The park that shares its name with the neighborhood includes 530 acres of grassland as well as a golf course, bocce courts, cricket fields, and baseball diamonds, multiple playgrounds, biking trails and greenways, a launch and landing site for canoes and kayaks at Gerritsen Inlet — and the precious Salt Marsh Nature Center, home to a multitude of birds and native flora and fauna.

Of course, the area's real estate remains a major attraction, and our House of the Week offers smart buyers a chance to discover what the locals already know. So call to make an appointment for a tour today!

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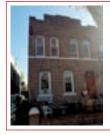
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Semi-Detached 3 Bdr Duplex, Large LR, Formal Open into Kitchen. 1/2 Bath on first floor, large rear vard, full finished basement with bath. PL1747 . \$649K



#### MARINE PARK

Very nice 3 Bdr Co-Op Apartment, Living Room,
Dining Room, Full Bath, Pet-Friendly Building. JT1745 \$299K



#### MARINE PARK

3 Bdr Att. Brk Duplex, 2 Bths, Lg LR, FDR, Fin.Bsmt, Hdwd Fls thruout, Comm Drv, Rear Deck off Kit. Close to shpng, trans and schools. Short walk to Marine Pk. GG 1757... \$728K



#### **GERRITSEN**

Mint! Mint!! 3 BR Det. Duplex, Hdwd Flrs, New Kit, New Bathroom, Rear Deck, Lg Front Yard, Full Fin Bsmt, Close to All! Won't Last!!! PL1653..... \$539K



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Waterfront!! 2 slips or more possible!! Det. 3 BR Duplex, 2% Bthrms, Hdwd Flrs, Lg Kitchen, Large Rear Yard, Deck. PL1750.....\$499K

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Calemine & Co. Real

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#### **BROOKLYN** STORAGE SPACE

MARINE PARK (Quentin Road): Rent Dry, Painted Basement for Storage. 900 sq ft. Good for Contractor. Front sidewalk entrance. \$500/month. CARMINE: 917-951-4494

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#### **BROOKLYN APT UNFURNISHED**

#### **Manhattan Beach** 2 bedrm, 1.5 bath newly

novated apt. Kitch has SS appliances, washer/ dryer & parking included, \$2,500 + utils. No pets. **BRIGHT HORIZONS** 

REALTY 718-615-1441



#### 8416 3rd Avenue RESIDENTIAL DEPARTMENT

#### **Bay Ridge/Dyker Heights**

<b>ວ</b> ເພພາບຽ	∠ 1001115	+ up
3 Rooms	1 bedroom	\$1300 + up
4 Rooms	2 bedroom	\$1500 + up
5 Rooms	2 bedroom	\$1600 + up
5 Rooms	3 bedroom	\$1800 + up
	3 bedroom	
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**BROOKLYN CO-OP** FOR SALE: 1.5 BR Co-Op in Bay Ridge at 6817 Colonial Road, 4A, Brooklyn, NY 11220. Auction is Feb. 1st, 10am at 360 Adams Stt, Room 974, Brooklyn, NY 11201. Reserve is set at \$200k. SOLD AS IS Email Nathan Horne@ Corcoran.com or text 706-255-5657 for

" inquiries."

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**CANARSIE** Remsen Ave 2 Fam split, 40 X 100 lot. 4 Ex-lg beds 4 baths. Hdwd Fls thru-out. Fini base Pvt Dr. Near all transportation, Seaview Park and the Pier from which in the near futurecommuters will travel directly into mid Manhattan. FIN 729052 Fillmore **Real Estate** 718-377-6161

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Large Semi Detach 2 Family Brick. Full Finish Basement 2 Car Garage. Asking: \$975,000
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Mill Basin Welcome the New Year **Det Channel Split** 40 x 100. 4/5 Bed, 3 Baths New central Air/Heat. Pvt Dr. Garage Fin 729030 Asking \$1.150 mil Fillmore **Real Estate** 

#### **BROOKLYN OPEN HOUSE**

718-253-2500

Canarsie Sat 1/6/18 From 1-3pm 1210 E 82 st (Unit 115) 2 Bed Condo new **HW Floors Updated** Kit new app new wash & dry FDR/LR Two Balcony's Common Pool, Gym & Party Rm FIN 729053 Asking \$419K Fillmore Real Estate 718-377-6161

**CANARSIE** Sat 1/6/18 1-3pm 1210 E 82 st (Unit 115) 2 Bed new HW Kit new appl new wash & dry FDR/LR Two Balcony's Common areas Pool, Gym, Party Rm. FIN729053 Asking \$419K Fillmore Real Estate 718-377-6161

#### **BROOKLYN OPEN HOUSE**

**GERRITSEN BEACH OPEN HOUSE** Sunday Jan. 7, 2017 1-3 p.m. 9 Opal Court Water view. Gorgeous, renov, 1 fam, det, walk to pvt beach, 3 br, 1.5 bath, new HW firs, split a.c All SS appliances. Must see. \$529,000 **ALSO 56 Dare Court** Sprawling, 1 fam. det 3 Br Dup. 1 st

fir has open fir plan w/ 1 Br & 1/2 bath, 2nd flr has 2 lg bdrms & full bath. Beautiful HW firs throughout. Asking \$499,999 **Doreen Greenwood Real Estate Licensed Real Estate Broker** 718-769-4448 www.dgbrooklyn.com

#### **Dyker Heights OPEN HOUSE** SUN. 1/07, 12-1:30PM 1483 78th ST.

Gorgeous, Bright, Sunny, Mod, 2 Fam Attached Brick, 20x100, Features 3 Bdrm Owner Duplex, Custom Eat-in-Kit, Granite Counter Tops, Ceramic Tile Flrs, 1.5 Baths, 4 Rm, 2 Bdrm, Walk-In Rental Apt, Gas Heat, Pvt Parking, New Designer Front With Pavers, Near "D" Train. Asking \$1,600,000

Ambassador Realty 718-836-8500

Sat 1/6/18 12-2pm

Sun 1/7/18 12-2pm

1755 Albany

(H & I)

Ex Re-done 1 Fam

Det 3 bed, 2 baths,

Garage Fini Base.

FIN 729055

Asking \$659K

Fillmore

**Real Estate** 

718-253-2500

#### **MARINE PARK** Sunday, 1/7/18 1-3 PM 1541 East 36th St. A MUST SEE!!

1 Fam Semi-Detach Brick, 3 BRs, 2 Full Baths, Living Rm, Formal DR, E.I.K. Full Bsmt, Garage. Asking: \$749,900 **Hunt Real Estate:** 

718-339-8989 347-336-9522

#### **MARINE PARK** FLATLANDS/ Sunday, 1/7/18 **EASTFLATBUSH** 1 PM - 3 PM

Beautiful Detach 1 Family Home feat. 3 Nice sized BRs, 2 Full Baths, Huge EIK w/ Sliders to Prvt Deck & Lrg Yard. Finish Bsmnt w/ Sep Entr. to Yard. Owner Anxious! All Offers Considered!

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**OMB** 

Sat 1/6/18 1-4pm

Sun 1/7/18 1-4pm

1371 E. 46 St

Ex re-done

Det 1 Fam Lg 3

bed Dup pos 4th

bed 3 bath Fini

base Pvt dr garage

FIN 729054

Asking \$659K

**Fillmore** 

**Real Estate** 

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#### **MANHATTAN BEACH OPEN HOUSE** SUN 1/07, 12-3 PM

155 GIRARD ST. 1 fam detached center hall, 3 bedrm, 3.5 bath duplex on 60x100 with prvt drive & garage EIK, master bdrm w/ full bath, fin bsmt w/ summer kitchen & bath. Second floor has a large wrap around terrace. Beaut views of the ocean & bay. \$2,399,000

**Bright Horizons Realty** 718-615-1441

#### SHEEPSHEAD BAY **OPEN HOUSE**

**BROOKLYN** 

**OPEN HOUSE** 

SUN. 1/07, 12-3 PM 1625 EMMONS AVE. #2-G

arge 2 bedrm, Junior 4, Galley kitchen w/ granite counters & SS appliances, hdwd firs, 2 walk-in closets + dbl closet, separate dining area, bldg has outdoor pool & night doorman. Maint \$675 incl gas & heat \$310,000

**BRIGHT HORIZONS** REALTY 718-615-1441

#### **Sheepshead Bay OPEN HOUSE**

SUN. 1/07, 12-3 PM 2330 Voorhies Ave #6D

Large 2 Bedrm, Junior 4 co-op on top floor overlooking a garden & sitting area. EIK with separate dining area. lots of closets. maint \$785 includes heat. \$295,000

**Bright Horizons** Realty 718-615-1441

#### STATEN ISLAND **HOUSE FOR SALE**

#### **TOTTENVILLE**

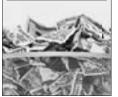
Tree-lined street in desirable Tottenville is home to this 4 bdrm det Colonial. Spacious entertainer's 1st IvI, tons of storage & potential \$749,900

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COURIER LIFE, JANUARY 5-11, 2018

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COMMERCIAL **REAL ESTATE** 

**GERRITSEN BEACH** Commercial space for rent. This 20x47 is perfect for an office or store. Includes Gas. \$1,900 **Doreen Greenwood Real Estate Licensed Real Estate Broker** 718-769-4448 www.dgbrooklyn.com

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**Marine Park Office For Rent** 

Ave S / E.37th St. 500 sq ft. Good for accountant, tax preparer, etc. \$800/mo.

Call 718-265-6107

**STORES FOR RENT** 

MILL BASIN (Ave T) Ren, Store For Rent,

Approx. 700 Sqft. Great Frontage. \$1,850/mo. **BROKER:** 

917-204-0301

MIXED USE PROP. **FOR SALE** 

Great Kills, S.I. Busy Hylan Blvd locn. C1-1, R31, huge store w/ bsmt. 2 Apts, prvt & street parking. \$995,000

VOLPE REALTY 718-356-9200

MIXED USE PROP. **FOR SALE** 

STATEN ISLAND NEAR UP & COMING MOVIE STUDIO Arthur Kill Rd. M-1-1 zone. Mixed use, 8500+ sq ft, great for user, investor or 1031 exchange. \$549K

**VOLPE REALTY** 718-356-9200

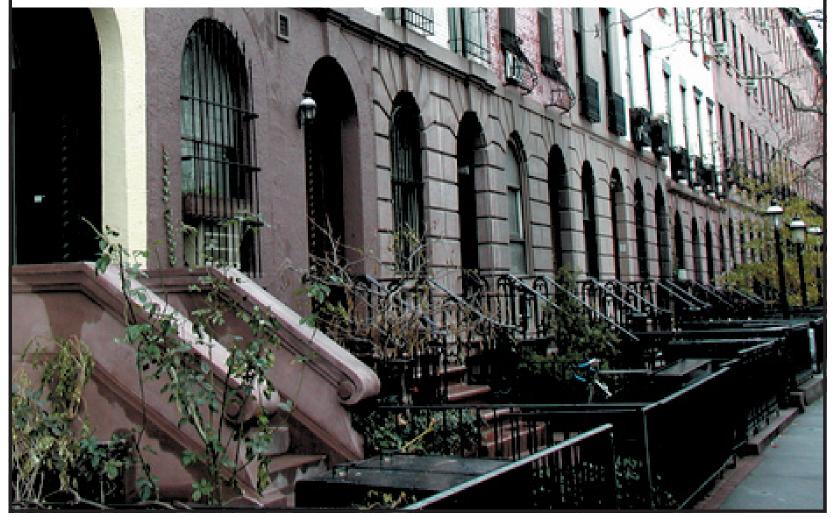
**INVESTMENT PROPERTIES** 

**CLINTON HILL HISTORIC** 

DISTRICT 11205 Mint 10 Family, Huge Basement, Large Yard, Great for 1031 Exchange. \$3.8 Mil.

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**GOLDEN PASSENGER:** As state Sen. Marty Golden works to recover from his latest bout of road rage a cyclist documented on Twitter, watch for other candidates – especially challengers from his own party – to emerge when campaign season kicks into full gear later this year.

Brian Howald

### 18 TO WATCH

Continued from page 11

a 1.5-mile stretch of Brooklyn-Queens Expressway from Atlantic Avenue to Sands Street. Officials began their drumbeat for "design-build" — a process that combines a project's bidding processes for design and construction and would accelerate the job's start date to 2021 instead of 2024 — last year, after state Sen. Marty Golden (R-Bay Ridge) introduced a bill that would grant the city the ability to use the process on the roadway's reconstruction. That measure never passed, but Golden claimed he will reintroduce it as soon as possible, and Brooklyn Heights' newly appointed state Sen. Brian Kavanagh told this newspaper that fast-tracking the project is a "top priority."

Transit honchos upped the urgency in December, when they claimed that trucks may need to be banned from the expressway's triple cantilever — which runs beneath Brooklyn Heights' promenade — if the roadway is not fixed by 2026 (if design-build is allowed, it is projected to end that year; if it is not, the job won't end until 2029). Brooklyn's Albany delegation may be optimistic that the city will finish the reconstruction before big-rigs are sent down local streets, but the designbuild legislation has met roadblocks before, and the clock is ticking as the cantilever crumbles.

#### 2. Golden's last stand?

Republican state Sen. Marty Golden (R-Bay Ridge) ended 2017 caught in the crosshairs of a car-fueled conflict after a cyclist alleged that the lawmaker impersonated a police officer, ran red lights, and ordered him to get out of a bike lane so that he could continue speeding down it in a car driven by his aide. And subsequent reports by the New York Post and the New York Daily News turned

up that Golden accrued more than 30 traffic violations over the last four years; that he paid a \$750,000 settlement to settle a lawsuit after he hit a 74-year-old woman — who remained in a coma and died six months later — in 2005; and that City Hall was investigating the incident.

And in 2018, he'll face another challenge: defending his seat in Albany against Democratic competitors Ross Barkan, a freelance journalist, and Andrew Gounardes, who unsuccessfully tried to unseat the legislator in 2012.

As Golden works to recover from his latest bout of road rage, watch for other candidates — especially challengers from his own party — to emerge when campaign season kicks into full gear later this year.

### 1. The fate of Brooklyn's Frontyard

Workers are busy erecting the two polarizing towers at Brooklyn Bridge Park's Pier 6, even though the fate of the high-rises at the foot of Atlantic Avenue — which now rests in the hands of Justice Carmen Victoria St. George — has yet to be decided.

The Manhattan Supreme Court judge finished hearing arguments from attorneys for civic group the Brooklyn Heights Association — the organization suing to stop construction of the 15 and 28-story towers — and park honchos and their chosen developers in November. And both parties now anxiously await St. George's looming decision on whether the controversial high-rises — one with 100 units of affordable housing — can continue going up, or will have to be torn down.

Many locals and activists who oppose the development have their eyes glued to St. George's chambers, because they claim that if she rules in favor of the project, it will set a legal precedent with nationwide implications that incentivises private development of so-called public land.



## 10 New Year's Resolutions For Caregivers

Taking care of a loved one who is ill is difficult, time-consuming, and often heartbreaking labor. It takes a physical toll on those providing care, and for those caring for someone with memory loss, it also takes an emotional toll. And while many people make plans to eat healthier and be more active in the New Year, caregivers usually skip the resolution.



"More than half of the caregivers we serve report high or very high levels of emotional stress," says Sheila Williams, Program Director for Sunnyside Community Services. The program Ms. Williams' directs, CARE NYC, focuses on caregivers whose loved ones have Alzheimer's or dementia—an estimated 390,000 New Yorkers care for a loved one with these conditions. Caregivers often feel that even taking a little time for themselves is impossible, or selfish. They often forget their own needs, says Ms. Williams.

Caregivers: This year, make a resolution that helps you take control, take care of yourself, and take a breather. Make 2018 better for you and your loved one.

- Enjoy your time with your loved one. Share one fun activity with them each week. Make sure you balance stressful caregiving tasks with enjoyable ones.
- 2 Stop feeling guilty when you take time for yourself. You must practice self-care to ensure you are rested and ready to care for your loved one.
- 3 Learn more about your loved one's disease. Having the facts will make it easier to plan for the long-term. The support staff at Sunnyside Community Services suggest The Thirty-Six Hour Day as one book for caregivers seeking to learn more.
- 4 Join a support group, or seek out other caregivers. Finding others who share similar experiences can provide you with ideas and comfort.
- **5** Prioritize personal interests. Remember to emphasize parts of your life separate from your caregiving role.

- Express yourself. It is understandable for caregivers to get frustrated, disappointed, and even depressed. When those feelings arise, tell someone.
- 7 Listen to your body. Don't ignore signs that you're getting worn down. When you're healthy, you're a better caregiver.
- 8 Do one thing for yourself or your loved one that you've been putting off; you will probably feel accomplished and gratified after you've completed this task.
- **9** Sleep more. Being well-rested keeps caregivers healthy and ready to face new challenges.
- 10 Ask for help. There are organizations across New York City that exist to serve caregivers, including Sunnyside Community Services, which assists caregivers of loved ones with Alzheimer's and other forms of dementia in all five boroughs. You can learn more about this free program by calling 877-577-9337.



## A call to kill the new tax bill

To the editor.

Listen up, Senators Gillibrand and Schumer; you too, Congressman Hakeem Jeffries! We need you to fight, and to fight like a Republican.

We cannot allow HR1, the Republican attempt to hijack our tax system to benefit the rich and powerful, while burdening the middle and ignoring the working class to pass. We cannot allow them to broadly affect everything from small business owners to students paying off loans to health insurance carriers. This unilateral action on the part of the Republicans in the Senate and the House is an affront to regular order, democracy, and the basic tenets of decency. I would like to see you out passionately defending the livelihoods of the American people, but I also encourage you to reach across the aisle to appeal to those reasonable enough on the other side to perhaps see the error of their ways. I was sickened by what has taken place, and am apprehensive [about] the longterm impacts of this legislation. As a young adult, I know that these drastic changes to tax code would unduly affect me for the rest of my working life, and I am livid thinking that some are going to pocket massively from this and then bow out, leaving me and the rest of the American people holding the bag. Please fight for us.

Gerard D. Miller Brownsville

#### **Building bugs him**

To the editor,

One of the many things that the Council should consider is to enact legislation regarding the remodeling of apartments when they become vacant. The constant work with the drilling and banging is annoying to tenants in residence as this occurs day after day and serves to wake up the roach population in these buildings. In the evening, the vermin make their appearance and are observed in apartments, hallways and incinerators.

Many of these apartments are in buildings more than 50 years of age and who knows the damage that is being done to the infrastructure of the building with the constant work being done. This problem has become a

#### LET US HEAR FROM YOU

Submit letters to: Vince DiMiceli, Editor, Community Newspaper Group, 1 MetroTech Center North, Brooklyn, NY 11201, or e-mail to editorial@cnglocal. com. Please include your address and telephone number for so we can confirm you sent the letter. We reserve the right to edit all correspondence, which becomes the property of Courier Life Publications.

### **SOUND OFF TO THE EDITOR**

#### **LETTERS AND COMMENTS FROM OUR READERS**

major one in both co-operative apartments and rent controlled and rent stabilized buildings. In the latter two, landlords, by doing this work, are allowed to further increase their high rents to begin with. In the co-ops, asking prices also become higher as the apartment is now described as "modern." I didn't know that modern includes cockroach infestation.

It has reached the point that the roaches have moved in. We didn't buy or rent our apartments to have these critters live with us. Help!

Ed Greenspan Sheepshead Bay

#### Make scooters scoot!

To the editor,

I would like to bring it to your attention how some people in Bay Ridge are abusing the parking situation. Everyone knows that parking is difficult in Bay Ridge, especially on Shore Road where there are many apartment buildings. Now many people have started reserving their spots (back angle parking) by parking their scooter. I have noticed that all they do is never ride the scooter but use it to reserve the spot for their car. Technically this is not illegal, but is unfair. What will happen when everyone in the neighborhood will start buying a \$400 scooter and reserving a spot for themselves. There are at least four to five people who do this everyday on Shore Road between 91st and Oliver Street. Please address this issue and force the authority to take some ac-Ai Quadros **Bay Ridge** 

#### He's not neutral

To the editor,

Please, Congressman Daniel Donovan, listen to what I have to tell you. We have a problem and need you to be part of the solution.

In the past few weeks, the reaction to the FCC's proposed plan to roll back Net Neutrality rules has been deafening. The public, from all ends of the political spectrum clearly opposes it. I'm asking you to step in and demand that the FCC abandon this terrible plan. Rolling back Net Neutrality will pave the way for paid prioritization of online content, throttling, blocking, and censorship. It will fundamentally end the internet as we know it. Not only will this be damaging to privacy and free communication, it will also deeply wound our still-growing online economy. Small businesses that depend on the internet for growth

will inevitably lose out to larger corporations that can afford to pay for network prioritization. Please take a stand against this singularly bad plan. Call FCC Chairman Ajit Pai, voice your opposition, and demand he abandon this rollback. I will continue to make my voice heard until something is done to stop Chairman Pai and protect Net Neutrality. Thank you for your time.

Mike Egan

Bay Ridge

#### Anti-anti-drug ads

To the editor,

Why bother?

Television, radio, and newspaper advertisement campaigns, touting the anti-drug message has wasted millions of tax dollars. Why bother showing the dangers of drug abuse when state after state is legalizing known gateway drugs such as pot. Today, after seeing yet another anti-drug commercial, the news station segued into a story showing people lining up, by the hundreds, to buy recreational pot once the midnight hour of 2018 struck. States are legalizing drugs, not to end abuse but to line their pockets with tax dollars, which is a crying shame. So anytime I see one of these anti-drug commercials. I'll change the channel. as the call of the almighty tax dollar is more important than saving families and the lives of the addicted.

> Robert Lobenstein Marine Park

#### Whack on tax (bill)

To the editor,

Everything we know about this tax bill — how it was put together in secret, the way it has been rushedforced through, and the unfair, imbalanced advantage it gives to the rich on the backs of the middle and lower classes — is a travesty. If the word on the street is accurate, then shame on all of you. If it is not accurate, then it is your collective responsibility, as elected officials, to help educate the people you represent and allow them to be heard before actingvoting. Not to do so, shows your interest lies not in serving the public you represent, but in serving your own ambitions and acting in alignment with what has become an obviously desperate and foolish GOP.

> James Cunningham Staten Island

#### A tip: Boost wages!

To the editor,

Governor Cuomo is to be com-

mended for taking action to raise restaurant workers' salaries equal to those of other employees. Since waiters, waitresses, busboys, and bus women especially, rely on tips. I have learned when I lived in South Florida [that] those who perform a service for customers have to split their tips with other employees, including their employer. This is where tipping by the public is naive hypocrisy. In Brazil, for example, these workers are paid on salary by their employers, and regard tipping as an insult. Elliott Abosh Brighton Beach

#### **Douse the fireworks!**

To the editor,

In case there was ever any doubt, I want to assure my fellow New Yorkers that fireworks are perfectly legal in Gravesend, Brooklyn, and I have the bags under my eyes to prove it. If you doubt my point, I'll set up a cot for you in the guest room of my house this upcoming Fourth of July and any New Year's Eve. I fully understand and respect that the NYPD gets deployed in large numbers to Times Square because of security concerns but I likewise realize that illegal firework activity in the boroughs assumes a very low priority. Know this: What is not condemned and enforced is sanctioned! Robert Hagen

Gravesend

#### Is it the best 'Buy?'

To the editor,

Gov. Cuomo signing the "NY Buy America Act" legislation mandating the Metropolitan Transportation Authority and other state agencies to "Buy American" is nothing new for the MTA, the New York State Department of Transportation, the Thruway Authority and the Triborough Bridge and Tunnel Authority who receive billions each year from the United States Department of Transportation Federal Transit and Federal Highway Administrations. "Buy America" requirements for transit, bridge, and highway projects are one of many requirements for receipt of federal funding.

This impacts the MTA's ability get the best bang for the buck when spending \$7 billion in direct federal formula grant funds, potentially several billion more in competitive discretionary, New Starts and Hurricane Sandy relief dollars under the MTA's \$32 billion 2015 – 2019 Five Year Capital Program.

Larry Penner

Great Neck

**22** COURIER LIFE, JAN. 5-11, 2018 M BR

## FREE SYNAGOGUE OF FLUSHING



presents International Singer/Songwriter

## ACHINOAM NINI



Achinoam Nini (known as NOA), Israeli born of Yemenite origin, raised in the US, resides in Israel with her husband and 3 children. She is Israel's leading international singer/song-writer, having shared the stage with superstars such as Sting, Pat Methany, Quincy Jones, Stevie Wonder, Andrea Bocelli and many more, and is Israel's first Good Will Ambassador for FAO, the Food and Agriculture Organization of the UN.

Together with her longstanding collaborator Gil Dor, she has released over 15 albums which have sold milions the world over. Noa was the first Jew to perform in the Vatican 20 years ago and has done so many times since. She wrote lyrics to and recorded the hugely successful theme song for the Academy Award winning film "La Vita e Bella." Noa sings in six languages, has collaborated with Symphony Orchestras around the world, and performed in the world's most prestigious venues, including the White House.

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## A fond farewell to Vincent Gentile

his week, for virtually the first time since I returned home to Bay Ridge after attending college upstate in the late 1990s, Vincent Gentile will not be representing residents of Bay Ridge in either the Council or state Senate. Mr. Gentile represented Brooklyn's 23rd state Senate District from Jan. 1, 1997, through Dec. 31, 2002. On March 18, 2003, he became a member of the Council when he narrowly won a special election for the position after he lost his recently re-jiggered Senate seat to Marty Golden. But now, he leaves thanks to term limits.

I did not always agree with the views of the Fort Hamilton High School graduate and son of Bay Ridge. In fact, in 2009 I was the Republican, Conservative, and Independence Party candidate for Council against Mr. Gentile and received about 40 percent of the vote. And during his time in public office, I had a frontrow seat to Mr. Gentile's doing while I worked with former Borough Presidents Howard Golden and Marty Markowitz,



THE RIGHT **VIEW** 

Bob Capano

and former Congressman Vito Fossella.

Like most politicians, Mr. Gentile was not immune to negative headlines, but he capably represented his constituents. Mr. Gentile is a proud Democrat, but understood his district voted for both Republican and Democrats, and certainly was not dominated by the far-left, progressive wing

of his party that is present in many other parts of our city today. He is a common-sense Democrat. I would peg him as a "Blue Dog Democrat" — a term coined in 1995 by Texas Rep. Pete Geren to describe more conservative members from the Democratic Party in Congress.

Mr. Gentile's accomplishments include leading the charge to end Sunday metered parking in our city, a home run issue for his large churchgoing district. Also, he quarterbacked the effort in the Council to down-zone many parts of the district to prevent over-development that would change the character of our neighborhoods. Mr. Gentile made sure this became a reality, and it will be one of his enduring legacies.

Southern Brooklyn strongly supports the NYPD, and Mr. Gentile did not disappoint in this area either. He never participated in the hatred many members of the progressive wing of the Democratic Party seem to have for our men and women in blue. He supported our police, and



Term-limited Councilman Vincent Gentile served Bay Ridge for decades.

even funded an upgrade to bulletproof vests for our cops and auxiliary police officers.

Finally, although some would argue it took too long, Mr. Gentile ushered the Aggravated Illegal Home Conversion law through the Council, which aims to end the subdivision of residential homes that crams as many people as possible into dwellings. Time will tell if this effort will be successful.

It is unfortunate that in our current political times,

many support or denigrate elected officials solely based on their political party status. Many of these officials are to blame because they march in lock step with the extremes of their parties. Mr. Gentile was an exception. He took the term "people's representative" literally by reflecting the majority of his district's views in his policies, priorities, and votes.

I hope his successor, Justin Brannan, follows the example of his mentor

Farewell, Mr. Gentile.



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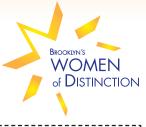
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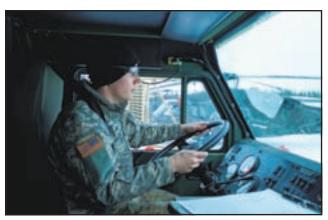
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## New York Harbor Watch



KEEP IT WARM: National Guard Sgt. Cody Foster keeps the flights going with re-fueling. Sqt. David Bedard

### He keeps the flights warm

#### HARBOR WATCH

Alaska Army National Guard Sgt. Cody Foster's time at Basic Combat Training at Fort Jackson, South Carolina, was his first trip to anywhere outside of Alaska.

To fight the unfamiliar stifling heat and humidity, the Kenai native did what the drill sergeants told him to do: he drank lots of water.

Because he succeeded at Fort Jackson, and later during advanced individual training at Fort Lee, Virginia, the petroleum supply specialist with Echo Company, 1st Battalion, 207th Aviation Regiment, said he learned the value of following instructions in the Army.

When it comes to safely pumping fuel into 1st Battalion, 207th Aviation Regiment, UH-60 Black Hawk helicopters, following instructions to the letter is critical to the job, Foster said.

Foster dispenses the fuel from an eight-wheel-drive Heavy Expanded Mobility Tactical Truck tanker parked close to the flight line at Bryant Army Airfield at Joint Base Elmendorf in Richardson, Alaska.

#### Training to fight

During the unit's drill this month, Foster partnered with fellow petroleum supply specialist Spc. Jesse Gray to top off a UH-60 following a sortie. The duo scrambled to the cab of their HEMTT fueler and drove a few hundred Foster's efforts.

yards to the helicopter.

The soldiers' uniforms are different than their ground unit counterparts. They wear a special fire-retardant jacket for obvious reasons; they don fuel-proof gloves to ensure any fuel spilled on them in subzero weather doesn't instantly cover their hands with frostbite. And eye and hearing protection are always a must.

For a "cold" refuel, the Black Hawk is tied down and has ground wires staked into grounding points. Foster and Gray also grounded the HEMTT, to ensure a spark wouldn't ignite the volatile JP-8 fuel onboard.

"Any and all static that comes from the hose, the line and the aircraft all goes straight to ground and stops us from having a [mishap]," Foster said.

Foster and Gray worked with the deliberate speed and precise attention to detail of a NASCAR pit crew.

Foster paid out the refueling hose from a spool on the back of the HEMTT before hooking up to the idle UH-60. Grav controlled a valve at the truck end, giving him the ability to cut fuel flow if he identified an emerging haz-

The operation was quick, limited in speed primarily by the time it takes to fill the fuel tanks of the helicopter. Rapid as it is, refueling is merely the culmination of

## Brothers in arms

### Pair upped together and retired together

#### HARBOR WATCH

Two brothers, Lt. Col. Joseph Claus and Master Sgt. Leonard Claus, who deployed to Iraq together in 2005 marked the end of their service in the New York Army National Guard during a joint retirement ceremony at New York National Guard Headquarters in Latham, NY, on Dec. 2.

The brothers were awarded the Meritorious Service Medal by Army Col. David Martinez, the director of intelligence for the New York National Guard.

Both brothers started their careers in the active Army and worked in military intelligence units during the Cold War before they joined the Army National Guard. In Tikrit, Iraq, both men worked in the intelligence operation of the 42nd Infantry Division.

'We've been through a lot in thirty years," Joe Claus said.

"And it's good to know that no matter what you always have somebody who has got your back," Len Claus added.

The fact that they deployed together caused some worry for their families, but "being there together we were able to lean on each other a little bit and use that to calm not just ourselves but our families as well," Len Claus added.

"This is pretty amazing that between the two of them they have 63 years of service," Martinez said.

It's not that unusual to have family members serving together in the National Guard, Joe Claus said.

"I think the New York Army National Guard is a family business," he said.

The National Guard itself often feels like one big extended family, Joe Claus added.

Len Claus enlisted in the Army in 1984 as a signals intelligence specialist and attended the Defense Language Institute, where he learned



**TOGETHER:** The Claus brothers, Joseph and Leonard, united for their retirement ceremony in Latham, N.Y. The pair has a combined 63 years of service in the New York Army National Guard.

German. After completing his military education he joined the 108th Military Intelligence Battalion in Wildflecken, Germany, where he monitored East German communications.

After leaving active duty in 1989, Len joined the New York Army National Guard in 1991 and was assigned to the intelligence section of the 42nd Infantry Division in Troy, New York. In 2001, after another break in service due to his civilian job, he joined the 642nd Military Intelligence Battalion, which provided intelligence information to the 42nd Division.

He deployed with the 642nd to Iraq as part of the battalion, where he worked as an intelligence analyst in the division's intelligence collection center.

Len Claus remained in the 42nd Infantry Division until 2011 when he was assigned to Bravo Company, 27th Brigade Special Troops Battalion, where he served as the signals

intelligence platoon sergeant. In 2012 he deployed to Af-

ghanistan with the 174th (Forward) Stability Transition Team/Security Force Assistance Team, a New York Army National Guard special unit which worked with the 3rd Brigade of the 2nd Infantry Division to train Afghan security forces.

After returning from Afghanistan he was assigned to the New York National Guard intelligence directorate.

His awards include the Bronze Star, the Army Commendation Medal, the Army Achievement Medal, the Iraq Campaign Medal, the Afghanistan Campaign Medal, the National Defense Service Medal, the Army Overseas Service Ribbon, the Noncommissioned Officer Professional Development Ribbon, and the Global War on Terrorism Expeditionary Medal, the National Defense Service Medal and the NATO Medal.

Len Claus currently works as the Rensselaer County Department of Public Health emergency preparedness coordinator.

COURIER LIFE, JAN. 5-11, 2018 29

## Cancer no obstacle for Army specialist

#### HARBOR WATCH

Described as strong, smart, driven and determined - one would be surprised to find that Army Spc. Courtney Jones doesn't don a Wonder Woman costume, but she displays her red, white and blue human spirit through the Army uniform she wears.

Today she lives a childhood dream and family legacy of serving her country that she was determined to follow.

"Most of my family is made up of police officers. However, my grandfather was in the Army and served in Vietnam. He eventually retired as a captain, and certainly had a lot of great advice for me, so quite naturally getting to be a part of the Army has been a big accomplishment for me," said Jones, who is assigned to the U.S. Army Warrior Care and Transition Program here.

#### 'I have always dared to be different'

"I've always dreamt of entering the Army," she added. "I have always dared to be different and love taking risks. My other dream as a kid was to be a stunt woman.'

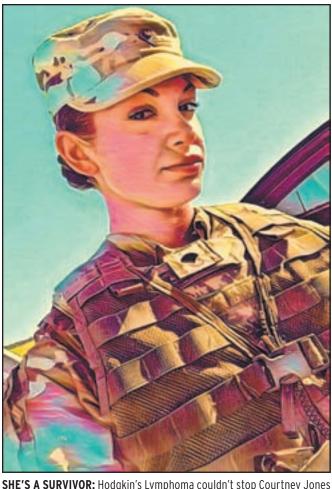
Jones entered the Army in 2016 as a cannon crew member, a field previously closed to women. She was selected to attend the first basic training and advanced individual training classes open to women at Fort Sill, Okla.

"It was definitely an amazing experience. However, there were a lot of obstacles to overcome. When we first arrived there were no female barracks or restrooms. At first everyone was a little unsure about us being there, but it was all about us getting out there and proving we were just as good as anyone else. We're here to stay," Jones said.

It's that fighting spirit the 22-year-old Jones would lean on shortly after being diagnosed with Hodgkin's Lymphoma. After the diagnosis, she was notified she would need radiation treatment.

"Receiving the diagnosis of Hodgkin's Lymphoma was definitely surprising to me, but my main concern was whether they would let me proceed though AIT or give me the boot," she said. "I passed my Army Physical Fitness Test

30 COURIER LIFE, JAN. 5-11, 2018



of seeing her childhood dream come true to serve in the Army.

Army Spc. Courtney Jones

and physical demands test with cancer. I apparently had cancer a few months before starting AIT. After the diagnosis, I got my port put in and started treatment while finishing and graduating as an official [cannon crew member]."

#### **Determined** to succeed

Determined to fight the medical evaluation board review, Jones requested the opportunity to prove she could still perform the duties of a cannon crew member. She began working with the division artillery. On her first day, she completed a four-mile ruck march to the small arms

Despite beginning at the back of the formation, she finished at the front. For the rest of that day, Jones focused on artillery skills proficiency testing. Command officials say she had a faster disassemble and assembly time than a majority of their soldiers.

"My determination just the future.

stems from a very headstrong and positive outlook; I believe anybody can do anything they put their mind to," she said. "This was definitely a dream of mine and I couldn't give up no matter what was thrown in my way."

And just as the fictional superhero Wonder Woman fights for truth. Jones says her success is due to her inner truth and a testament to the human

"I never let someone tell you can't do something or you're not good enough because with the right determination and attitude you can do anything," Jones said. "The human spirit can push someone to do things they never thought possible, and my spirit to drive on with prayer and family, supports me along the way to accomplish my goals."

Jones is in remission and will return to active duty upon completing her chemotherapy treatment. She plans on attending veterinary school in



GEARING UP FOR THE BOUT: U.S. Air Force Tech. Sgt. Andre Penn has been preparing to achieve his dream of becoming a professional Senior Airman Christopher Maldonado

## The squared circle and the Air Force

#### HARBOR WATCH

A Florida native, Air Force Tech. Sgt. Andre Penn, serving with the 20th Civil Engineer Squadron at Shaw Air Force Base, S.C., has been preparing for more than a decade to achieve his dream of becoming a professional

"I started boxing when I was 16 years old," Penn said. "I played basketball, football and track. I did it all, but I loved the individuality of boxing, because in basketball you have a teammate that can miss the ball and it's their fault. In boxing, it's all on you."

Excited by the thought of controlling his own destiny, Penn carried his passion for the sport to his first amateur boxing match at the age of 17.

"My very first fight was almost 17 years ago in Alabama," Penn said. "I was really nervous and didn't know what to expect."

Fortunately, he said, listening to his coach's insight helped him to be successful in that match, ensuring every command was executed flawlessly.

With the newfound confidence acquired after winning his first match, Penn joined the Air Force.

"After a year of being out of high school, I finally joined," he said. "My dad was in the Air Force and that was a big reason why I joined the military."

The Air Force opened up a lot of opportunities for me, Penn said.

In 2006, just two years after enlisting in the Air Force, he joined the Air Force box-

"Joining the team was a goal that I had coming in to the Air Force," Penn said. "There were a couple of guys at my gym that were on the team, so I knew about the Air Force boxing team prior to joining the military.'

#### Three-time champion

Penn quickly established himself as a formidable force, becoming a three-time Air Force Boxing Team middleweight class champion from 2006 to 2008. Penn, however, had his sights even higher and decided to apply his victories to a professional boxing career.

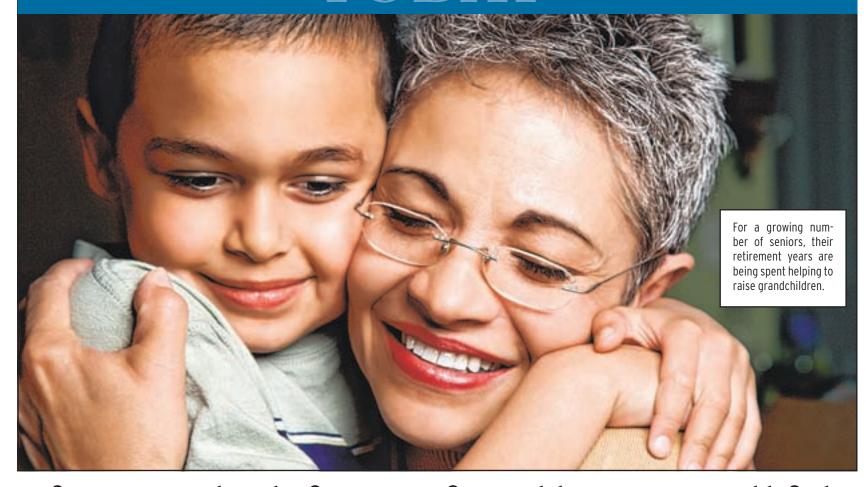
In order to perform his job as an unaccompanied housing manager and find time to train. Penn knew he had to make sacrifices and push his body to the limit and prepare for the first fight of his professional boxing career.

"If you have a passion for something, you will find a way to make it happen," Penn said. "Sometimes I stay up late at the gym until about 11, sometimes I get up early or, if it's necessary, I'll sometimes even have to train during my lunch break. The training leading up to the fight is the hardest part, the running, the sparring — it takes a toll after working eight or nine hours a day, but once it's fight night, it's time to show everyone what all this training was for."

On top of all the training, Penn needed to lose more than 10 pounds in order to reach the middleweight class of 168 pounds.

# Eldercare





## Tips on helping raise the grandkids

s retirement age approaches, many older adults envision themselves downsizing and moving to a quaint community to enjoy their golden years in as relaxing a fashion as possible. However, for a growing number of seniors, their retirement years are being spent helping to raise grandchildren.

United States Census data from 2010 indicates 4.9 million American children are being raised solely by their grandparents. CanGrads, a National Kinship Support organization, says approximately 62,500 children are being raised by grandparents and other family in Canada. Many grandparents provide part-time care when their older children have to move back home with their families, as roughly 13 million children are now living in homes with their grandparents.

ents may not be the ideal situation for all parties involved, but such situations are a necessity for many families. Seniors who are once again thrown into the caregiver arena may need a crash course in childcare or a few pointers on parenting in the modern age:

Get the right equipment. Children certainly require a lot of gear, more than grandparents likely used when raising their own children. Certain safety requirements are in place to safeguard young children, and that often means investing in new cribs, car seats, high chairs, and other items. Grandparents should resist the temptation to use old items they may have kept in storage, as such items may no longer be safe and could put grandchildren at risk for injury.

Gather important documents. Grandparents should Being raised by grandpar- keep pertinent documents in who find themselves caring

one easily accessible place in their homes should an emergency arise. These include birth certificates, health immunization records, death certificates (if the child's parents are deceased), dental records, school papers, citizenship papers, and proof of income and

Speak with an attorney. Lawyers can help grandparents wade through legal arrangements, such as filing for custody, guardianship or adoption. Options vary depending on where petitioners live, but lawyers can provide peace of mind to grandparents concerned about their grandkids'

Investigate financial assistance. Seniors may not earn the income they once did and may be on assistance programs or living off of retirement savings. Grandparents for a child may be eligible for financial assistance. The Temporary Assistance for Needy Families is a joint federal and state program that can provide need-based financial assistance. The AARP or the organization GrandFamilies may be able to put grandparents in touch with financial advisors in their areas.

Contact schools and daycare centers. School-aged children will need to be enrolled in school. Grandparents should contact the department of education where they live to learn about local school systems, especially when grandkids are moving in with their grandparents. Some grandparents can qualify for free or low-cost daycare, and such programs can be discussed with local Social Services offices. Enrollment in school or daycare can provide grandparents with much-needed free time during the day.

Find emotional support. Taking care of grandchildren is a full-time job. At times, grandparents may feel stressed or out of sorts. Having a strong support system available can help grandparents work through the peaks and valleys of this new and unexpected stage in life. Church- or community center-based counseling services may be available. Grandparents also can check with their healthcare providers to determine if counseling or therapy sessions are covered under their plans.

Caring for grandchildren is a life-changing event. It can be fulfilling, but it also requires a lot of energy and commitment. But grandparents needn't go it alone, as there are numerous resources available to seniors who suddenly find themselves caring for their grandchildren.

COURIER LIFE, JAN. 5-11, 2018

## New year, new plan

### Moving forward with Alzheimer's

he new year should be all about fresh starts and new beginnings, so the last thing anyone wants to face is a diagnosis of Alzheimer's or dementia. At CaringKind, we want individuals and families facing a dementia diagnosis to know that this new year, you can rely on us to provide resources to help you make decisions and move forward - and you won't have to do it alone.

What's the first thing you should do if you're facing a new (or not so new) diagnosis of Alzheimer's or dementia? First, call CaringKind's free, 24-hour helpline at (646) 744-2900 to be connected to a trained specialist who will provide emotional support while she learns more about what you need. She will answer your questions before connecting you to a social worker. The Helpline is the first line of defense, providing information in 200 languages. Callers can remain anonymous if they choose and all information is kept 100 percent confidential.

Once the Helpline specialist understands your needs and your challenges, you may be referred to a social worker who will provide a free, in-depth, personalized consultation. CaringKind social workers meet in person, by phone, or via e-mail. They address questions ranging from the practical realities of caregiving, to legal and financial planning, evolve throughout the progres-



CaringKind can help family and friends cope and move forward with a loved one's Alzheimer's diagnosis.

to emotional support, and to navigating healthcare and insurance complexities. The goal is to develop a care plan for the person with dementia and for the caregiver. The care plan will address, among other things, medical and legal resources, caregiving issues, and family responsibilities, including schedules. The care plan is a "living" document that will

sion of the illness.

Both Helpline specialists and social workers will connect you to a wide range of CaringKind's free education and training programs that help you understand and navigate the challenges of Alzheimer's disease and caregiving. These programs equip caregivers with the knowledge and skills that are critical to successfully caring for someone with dementia and, just as important, taking care of yourself.

You will also have the opportunity to connect with other caregivers and families going through the same experience in a CaringKind support group. Support groups help caregivers share ideas and lessen the emotional burden of caregiving. They are often described as lifesaving experiences.

## **Living Free of Dry Mouth**

rescription medication is the leading cause of xerostomia—or chronic dry mouth-marked by significantly reduced amounts of saliva in the mouth. Dry mouth affects 30 percent of people older than 65 and up to 40 percent of people older than 80, but seniors can take steps to prevent or alleviate it.

"There are over 500 prescription medications that cause xerostomia," says Emil Baccash, M.D., attending physician in internal and geriatric medicine at NewYork-Presbyterian Brooklyn Methodist Hospital. "It is more likely to occur in patients who take more than four daily medications, and a high percentage of older people are in this category.'

Medications that may cause xerostomia include diuretics like metolazone or ethacrynate as well as calcium channel blockers, such as amlodipine or nicardipine, which are used to lower blood

Other causes of xerostomia

include chronic health conditions like diabetes or Alzheimer's disease. Some cancer treatments, such as chemotherapy drugs and radiation for cancers of the head and neck, can thicken saliva or damage salivary glands, both of which contribute to dry mouth.

Smoking tobacco drinking alcoholic or sugary caffeinated beveragessuch as soda, juice, tea or coffee-can also contribute to the condition.

Signs of xerostomia may include mouth discomfort, thirst, bad breath, hoarseness and cracked lips. Dry mouth can cause difficulty tasting, chewing and swallowing, as well as oral health issues.

"When the mouth lacks essential moisture, a fissured tongue—shallow or grooves on the surface of the tongue-and oral mucositispainful ulcers or sores in the mouth—are possible," says James Sconzo, D.M.D., chief of the Division of Dental Medicine at NYP Brooklyn Methodist. "One of the more dam-

aging effects of dry mouth is that it contributes to greater amounts of bacteria-trapping plaque that stick to the teeth and gums because there's little or no saliva to help rinse the plaque away."

Plaque and bacteria on the teeth ultimately cause cavities. In addition, plaque calcifies into tartar, which irritates the gums, making them swell and become tender while producing a tissue-damaging immune system response. Inflammation of the gums, also known as gingivitis, is the first phase of periodontitis, or periodontal disease.

"If left untreated, periodontal disease eventually causes the gums to recede so much that teeth become loose or susceptible to root cavities under the gumline, and they may need to be removed," says Dr. Sconzo. "Deep dental cleanings, bone grafts and gum surgery can help stabilize teeth if periodontal disease becomes advanced. When teeth are lost, partial or full dentures may be needed."

People who wear dentures also need to be informed about xerostomia symptoms because dry mouth can prevent dentures from fitting properly and they then become painful to wear. Dry mouth can also put denture wearers at a greater risk of developing oropharyngeal candidiasis. This fungal infection, commonly referred to as oral thrush, is caused by the development of yeast. which shows as white patches on the tongue or other areas of the mouth.

"If people suspect that their medications may be contributing to dry mouth, they should speak with their prescribing doctor about lowering their dose or switching medications," says Dr. Baccash. "This may help clear up the symptoms.'

If medication cannot be changed or when health conditions are the cause of dry mouth, using saliva substitutes, chewing sugar-free gum and drinking water throughout the day can alleviate symp-

"In addition, people with dry mouth should see their dentist more frequently for cleanings, maybe even more often than twice a year." Dr. Sconzo says. "Regular dental cleanings help prevent tooth decay, gingivitis and periodontal disease."

Brushing teeth at least twice a day, followed by flossing and rinsing the mouth with a fluoridated mouthwash that does not contain alcohol can also help minimize the plaque and tartar deposits that dry mouth promotes.

"It's especially important that people with dry mouth take care of their teeth or dentures and keep them clean," Dr. Baccash says. "They should also avoid caffeine and sugar because these substances can increase dryness and invite more tooth- and gum-damaging bacteria to flourish in the mouth."

To schedule an appointment, please call 718-499-2273 or visit www.nyp.org/brooklyn.

-New York-Presbyterian Brooklyn Methodist Hospital

COURIER LIFE, JAN. 5-11, 2018

## It's not your grandma's nursing home.... but it might be yours.

#### **CENTERS HEALTH CARE**

You probably haven't given a lot of thought to what your life would be like if you moved to a nursing home. Most people don't. Likewise, we don't spend a lot of time thinking of what we'd do if we suddenly found ourselves needing some sort of postsurgical rehabilitation, or a health care provider to come to our house each day to see to our care. But the likelihood that more and more of us are going to be faced with a situation like that is grow-Consider that multiple sources predict that the number of Americans needing paid long-term care will more than double in less than 30 years. Or that the coming explosion of baby boomers entering their 80s could mean that there simply won't be enough nursing home rooms to go around.

And then there's the issue of money. For most people in nursing homes today, the cost is paid in part or in full by Medicare or Medicaid. In other words, the cost is covered by taxpayers, and that had generated increasing pressure from lawmakers for health care providers at every level to offer the best possible care at the lowest possible cost. That generally means that as people age and their need for care increases, that care will be provided in incremental stages, with the most advanced level of care being a skilled nursing facility. But not to worry. Nursing homes today offer far more enlightened care than they did in decades past, and few groups exemplify that more than Centers Health

Centers Health Care is one of the first post-acute care continuums in New York. They are by far the largest, and the most complete and according to Kenny Rozenberg, CEO, their expansion from one nursing home to complete care continuum was driven by a desire to keep people out of a nursing home. In a wide ranging interview, Rozenberg explained the growth of Centers and the role they play in the care of New York's aging population.

"It's interesting that the trend in health care today in some ways mimics the way





tions ago. Long before nursing homes were commonplace, people aged in place. They stayed at home and were cared for as well as could be their family members. Then came nursing homes that often became the home of last resort for residents needing significant long-term care. Today, we're returning to the idea of providing care at home, but we're doing it so differently; we're recognizing that health care needs can and should be met in stages, and that proper care involves more than just doctor and patient". That was the foundation for Rozenberg's description of what Centers Health Care had become.

The company began with

Bronx in 1996. Today the Centers family includes more than 40 skilled nursing and rehabilitation facilites in 4 states, 3 assisted living facilities, 8 Adult Day Health Care programs, 4 home companies, a medical transportation operation, Managed Long Term Care insurance and more. Over 20,000 employees care for more than 7,000 people and Centers touches the lives of more than 400,000 people every year.

"If you need help, it may just be for a day or two a week" said Rozenberg. "Attending one of our Adult Day Health Care programs can provide the socialization so important to a quality lifestyle, along with heath care

at the same time, it can offer some respite to a care giver at home. That might be coupled with a certain amount of home care so that people can age gracefully in their own homes without compromising their care and safety. That level of care can go on for years".

So with all this emphasis on not going to a nursing home, why is Centers still in the business? Rozenberg had the answer. "Eventually, certain people need the kind of long term care and round-the-clock attention that can only be provided in a dedicated facility like one of ours. But a big part of our population are people who visit us for only a few weeks we cared for people genera- a single nursing home in the and physical therapy. And at a time. They come to us to www.CentersHealthCare.com.

complete their recovery for a surgical procedure, stroke or other medical event, and no one does a better job than the team at Centers Health Care. Our facilities are all built to reflect a balance between the needs and lifestyles of our short-term residents and our long term residents. In fact, the short-term population in some of our facilities can be as high as 30%. Having a level of turnover like that is important. It keeps the population vibrant, with new personalities and new styles constantly keeping the atmosphere and lifestyle fresh. And the lifestyle is critical."

A visit to a Centers facility in Boro Park, Brooklyn, confirmed what we'd been told. The entry felt like walking into a trendy hotel, with someone playing a baby grand piano in the lobby and residents and guests chatting amiably in small conversation areas. The therapy suite was upbeat and buzzed with an enthusiastic, healing energy. Several languages could be heard and the stages of recovery were evident, from people who were obviously just getting started to those who were planning for their imminent return home. Among those getting to return was an evident feeling of accomplishment tinged with the sadness of leaving new friends behind and a determination to come back often for a visit.

"I'm going to miss the activities. They never seem to end. And I'll miss my friends" said one recovering rehab resident. "I'm happy to be staying to be staying right here", responded another, long term resident."

"That isn't what most people expect to hear in a nursing home" said Rozenberg. "Stay at home as long as your care needs can be safely met" he added "but if the time comes for something more, don't think of it as moving to a nursing home. Think of it as moving to a new community, because that's exactly what it is. You're moving to new community, with new friends, lots to do, and a whole lot less to worry about".

For our readers who have further questions, Centers Health Care has additional information on their website at

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## Appointment companions a smart move

Visits to a physician are just one step people make in an effort to improve their well-being. It's important that everyone visit their physicians at least once a year for a checkup, but seniors may need to see their physicians more frequently than other age groups.

When visiting the doctor, it is easy for anyone to miss important components of what the doctor is saying, and it's just as easy to misunderstand certain instructions or medication information. Seniors who bring companions along to appointments with their physicians can reduce the risk of misunderstanding advice or diagnoses given by their doctors.

Data from U.S. News and World Report states that about one-third of seniors still living on their own take a companion with them to their routine doctor's office visits. Companions are typically spouses, but they can include children or other family members as well.

Patients may find there are many advantages to bringing someone along to an appointment. And companions may want to learn more about patients' goals at each appointment prior to going along so they can prepare and know how to help during the appointment.

#### Listen

People tend to forget at least half of what they hear in the doctor's office, says the Archives of Internal Medicine. This tendency may be increased when patients are nervous about the potential outcome of their visits.

Bringing a companion along means that both people are actively listening. Together, the information they've heard can combine to provide a full account of the visit.

#### Taking notes

Companions can jot down important notes about the appointment, such as dates and times for follow-up visits,



Seniors who bring companions along to appointments with their physicians can reduce the risk of misunderstanding advice or diagnoses given by their doctors.

medication advice, and any other instructions that may be forgotten once the patient leaves the office.

Companions can later

translate the jargon-heavy language of a physician into an understandable language the patient can fully understand.

#### Medical history

Sometimes a companion can be a useful resource, calling a doctor's attention to a patient's prior hospitalizations and illnesses. Companions can even call attention to any medications the patient is currently taking.

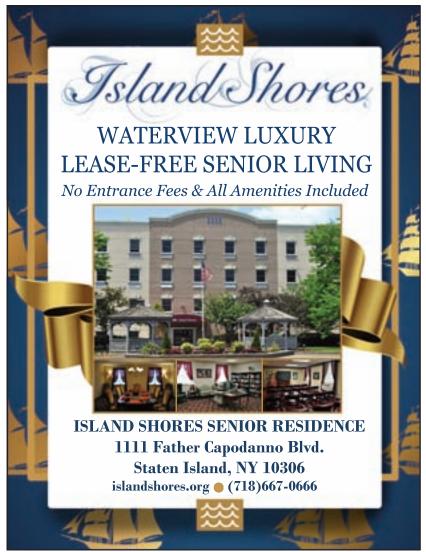
#### Being an advocate

Very often a companion can operate as a patient advocate, clarifying questions or getting further information out of a doctor if the patient is hesitant to ask. If the information isn't clear, the companion can raise red flags or ask to have the instructions put in a different light.

#### Translation

Sometimes patients need companions who speak their native languages when their physicians do not.

People are learning that bringing a family member or friend along to doctors' appointments can be a smart way to make the most of doctor and patient interactions.



## Devices to help mobility

pisabilities affect people from all walks of life. The Centers for Disease Control and Prevention estimates that around 55 million Americans have a disability of some kind. Of these people, 33 million have a disability that makes it difficult for them to carry out some daily activities.

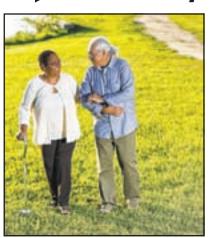
People with disabilities may need assistive devices to reclaim some measure of their independence. For example, millions of people rely on wheelchairs or walking aids to get around. These are called assistive technology and rehabilitative devices, which include tools, equipment, or products that can help people with disabilities get around more easily.

The following are some of the common types of mobility devices available for purchase:

Canes: Canes are handheld devices that provide a little extra stability or support to weakened limbs. Canes are easily transported and can assist those who need only a little help.

**Standard walkers:** Also known as medical walkers, standard walkers offer substantial support and must be lifted to move. That requires upper body strength, which can be difficult for some to maintain on long trips.

**Rolling walkers:** Rolling walkers have wheels, either on the front only or on both sets of legs. They are some-



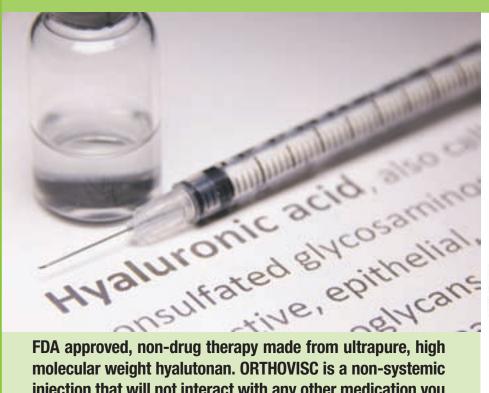
Canes are handheld devices that provide a little extra stability or support to weakened limbs. iStock

what less stable than standard walkers. Rolling walkers with wheel-locking devices may offer stability when needed.

Wheelchairs: Standard wheelchairs must be powered by the person in the chair or by someone pushing it from behind. This can be difficult for people with minimal upper body strength. Mechanical wheelchairs are powered with a lever or button. Some people may opt for motorized scooters over bulkier wheelchairs when possible.

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- Can be effecting treatment beyond the first series of injections. Data supports safe re-treatment, but the number of injections right for you is a decision you and your doctor can make together. Consult your insurance provider to learn about coverage for any additional treatments you may receive.



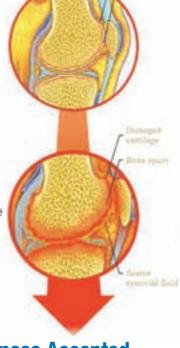
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## IS IT REALLY ALZHEIMER'S?

#### BY JOANNA R. LEEFER

Many people assume that if an older person starts showing signs of memory loss that he is in the beginning stages of Alzheimer's disease. In some cases they are correct, but in many cases they are misidentifying the condition and in the process doing their loved one a disservice.

Alzheimer's is only one of many conditions included in the broad category called dementia.

Dementia is defined as any condition characterized by memory loss, confusion, and in some cases, personality changes. Dementia can be the result of a stroke, brain trauma, and diseases such as Parkinson's disease. Some dementias are characterized by steady mental deterioration, while others can remain stable for long periods of time. Moreover, some dementia-like conditions can be reversed if they are correctly diagnosed.

Many forms of dementia begin with symptoms similar to Alzheimer's but can progress differently. Alzheimer's is a progressive disease. It begins by affecting the memory, then goes on to destroy other brain functions. In the mid stages of the disease, a person begins to lose his ability to communicate, recognize family, and to handle objects like a fork or spoon. In the final stages the individual loses the ability to balance, has trouble swallowing, and finally stops breathing.

Vascular dementia is the second largest category of dementia and accounts for approximately 10 percent of all dementia diagnoses. It is often caused by strokes, diabetes, or traumatic brain injuries. The symptoms start with memory loss, impaired judgment, and confusion, but can progress more slowly than Alzheimer's disease. Its victims often remain stable for long periods, then decline suddenly and level off again. Like Alzheimer's, there is no know cure, but



Alzheimer's is only one of many conditions included in the broad category called dementia.

be controlled by reducing the likelihood of a stroke.

Dementia with Lewy bodies is another condition that is often confused with Alzheimer's. It is considered the third most pervasive form of dementia, and like Alzheimer's and vascular dementia, there is no known cure. Lewy bodies are abnormal clumps of the protein alpha-syncleine that form in the cortex of the brain and cause memory loss and thinking problems. Unlike Alzheimer's, people with dementia with Lewy bodies often exhibit early signs of muscle rigidity and vivid hallucinations. Some patients visualize aliens or monsters standing near them then van-

Parkinson's disease can include progressive dementia. Many people identify Parkinson's as a movement disorder, but it also affects the brain and impairs thinking and reasoning. It can include delusions accompanied by paranoia such as assuming a spouse is having an affair or is stealing food or belongings. Like dementia with Lewy bodies, Parkinson's is caused by deposits of alpha-synuclein that degenerate nerve cells. The condition starts with tremors in the hands, fingers, feet, and jaws, and then causes muscle rigidity and at times dementia.

There are some conditions that mimic dementiathe condition can sometimes like symptoms, but can be re-visit www.joannaleefer.com.

versed if diagnosed correctly. Dehydration can cause a person to become disoriented and confused. In this instance, insuring the individual drinks plenty of water and other fluids can reverse the dementia. Other conditions that create mental confusion are vitamin deficiencies, urinary track infections, and in some cases, and the side effects of some prescription drugs. If these conditions are recognized they can be treated and cured.

This is not to negate the seriousness and pervasiveness of Alzheimer's disease. According to 2015 statistics published by the Alzheimer's Association, an estimated 5.3 million Americans have it, and the number is increasing. Scientists predict that with baby boomers reaching their 60s and 70s, the number of people with Alzheimer's will grow to 7.1 million by 2025.

All of these examples indicate the importance of identifying the causes of mental changes and the urgency of getting the condition diagnosed as early as possible. The difference between a progressive mental condition and a reversible one can make all the difference in a loved one's life.

Joanna R. Leefer is a senior care advisor, advocate, and founder of ElderCareGiving, a service that helps families make difficult care decision for aging loved ones. For more,



Routine denture care is necessary to keep the dentures intact and

## Care for dentures for oral health

roper dental care and oral hygiene is essential at all stages in life, even for people who have dentures, partials, or implants. People with dentures must recognize that oral hygiene protects their dentures as well as their

According to the American College of Prosthodontists, 35 million Americans do not have any teeth, while 11 percent of the population requires the use of a complete denture. In addition. five percent of the U.S. population wears a partial denture. The Canadian Denture & Implant Centres says that 16 percent of the population wear dentures.

Removable dentures require care to keep them clean and in good repair. Servicing dentures also helps ensure wearers' mouths stay healthy. Follow these guidelines to keep dentures clean:

Handle with care. Dentures are strong, but they are not impervious to damage. Treat them with care while handling, being sure not to bend or damage any clasps when cleaning, and try not to drop them. When handling dentures, Colgate recommends standing over a folded towel or basin of water for added protection.

Brush daily. False teeth need to be brushed, so don't trade in your toothbrush just yet. Brushing will help remove food deposits and prevent staining.

Take a break. Remove dentures before going to and mouths healthy.

bed and soak the dentures in warm water or special denture cleansers. Removing dentures for six to eight hours allows tissue inside the mouth to recover. Soaking helps to remove stains, bacteria, and tartar. The Mayo Clinic notes that most dentures need to remain moist to keep their shape, so do not allow them to dry

Clean your mouth. While dentures are removed, use gauze or a soft toothbrush to clean the tongue, palate, and cheeks. If you still have any natural teeth, use a soft-bristled brush to cleanse. Always rinse dentures before returning them to your mouth.

Schedule regular dental visits. Dentists can advise how frequently to have dentures checked for fit and professional cleaning. Loose dentures can cause sores and infection, so it's best to address any issues regarding fitting promptly. Dentists also will inspect the inside of the mouth for signs of disease or irritation.

Eat healthy foods. Make sure to eat a well-balanced diet to keep the body and mouth healthy. Cut up hard foods like fresh fruits and vegetables if dentures are impacting your ability to eat these foods.

People of all ages rely on partial or complete dentures to maintain their smiles. Routine care is necessary to keep the dentures intact



# Play gives beauty tips to women with hijabs

By Alexandra Simon uslim or not, she's got you cov-

A Williamsburg playwright will launch her new show about history, religion, and eyeshadow at the Five Myles Gallery in Crown Heights on Jan. 11. The writer of "The Art of Hijab, Kohl Black, and the Right Way to Pray" was inspired by Muslim YouTube beauty gurus who wear hijabs — modest veils that cover the hair and neck — and her show juxtaposes their online beauty rituals with their reallife religious rituals.

"A lot of women out there who are making these hijab-styling tutorials are showing the duality of rituals with beauty, and I was curious to how they fit this into their daily lives compared to their religious

rituals," said Sarah Badiyah Sakaan.

Sakaan said that she stumbled across one of these tutorial videos three years ago, and instantly became curious about its creator.

"I found this amazing world of YouTube beauty rituals and I fell down a rabbit hole on hijab styling for Muslim women," she said.

Sakaan, who is of Syrian descent, said that she was also inspired by her experiences growing up in a mixed Muslim and Christian household in the Bible Belt.

"My dad is from Syria and my mom is from Memphis and is also Christian, so I went to the mosque and Christian church and I had a lot of Jewish friends,"

The 90-minute play follows two young

but interposes their lives with scenes from the Koran, the Torah, and the Bible, depicting the founding of each religion. But despite the subject matter, the show does not take itself too seriously, said Sakaan.

"I think it's remarkable how funny this play is," she said.

Some of the show's makeup tips can be useful for either gender. Kohl black eyeliner, for instance, was often worn by men in the Middle East, including the Prophet Muhammad. The six-member cast includes male, female, and transgender actors wearing the hijab, but Sakaan says that she is not courting controversy, just using actors in the best way she can.

"I don't think it's problematic to play

women based on Sakaan and her sister, it up. We have male characters playing women, and women playing men, and one transgender actor playing both," said Sakaan.

> She wants her play to show the common ground between people of different religious groups, she said.

> "I hope people have an understanding of the similarities and see that we have a lot in common instead of things that tear us apart," said Sakaan.

> "The Art of Hijab, Kohl Black and the Right Way to Pray," at Five Myles Gallery [558 St. Johns Pl. between Franklin and Classon avenues in Crown Heights. (718) 783-4438, www.fivemyles. org]. Jan. 11-14 and Jan. 17-21 at 8 pm. Matinee shows at 2 pm on Jan. 12 and Jan. 20. \$18.

#### **24 SEVEN**

# **SPRING AHEAD**

### The best arts events in the new year

By the Features of the Future Division

his newspaper's prognostication department has determined the best places to go for the next few months, whether you are looking for art, theater, nightlife, or just an excellent slice of pizza. Here are the things to watch out for in 2018:

#### **Stardust memories**

The death of rock star David Bowie in early 2016 was the devastating blow to music lovers, and you can expect plenty of mistyeyed fans at 2018's biggest art show: "David Bowie is" opening at Brooklyn Museum on March 2. The exhibit will incorporate music, art, film, and theatrical spectacle, showcasing more than 300 artifacts from the rock icon's career, including hand-written lyrics, rare photos from his teenage years, album art, concept drawings, and music video installations, along with more than 60 of Bowie's stage costumes, including his turns as Ziggy Stardust and the Thin White Duke.

The show has been touring the world for the last five years, but the Brooklyn Museum installment will add a few never-before-seen elements to the collection that explore Bowie's relationship with America, where he lived for the last 20 years of his life. Advance tickets are strongly recommended for this show — the \$35 "Lightning Bolt" tickets have already sold out for the opening weekend.

"David Bowie is" at Brooklyn Museum [200 Eastern Pkwy. at Washington Avenue in Prospect Heights, (718) 638-5000, www. brooklynmuseum.org]. March 2–July 15. \$20-\$2.500.

#### A Starr is back

The black-box theater Bushwick Starr has been knocking it out of the park lately, with recent productions "Animal Wisdom" extending its run twice, and "Porto" about to open Off-Broadway. So we have high hopes for "Cute Activist," a political fable from Brooklyn playwright Milo Cramer, which follows a young woman from a self-consciously "spooky" little town as she tries to fit activism into her daily life. The show, which opens Jan. 10, will feature some theatrical flourishes, including videos, puppets, and musical numbers, along with a performance from the king of Off-Broadway, David Greenspan.



Bolt bust: The "David Bowie is" exhibit at Brooklyn Museum will feature many images of the rock icon, including this photo from the cover shoot for his album "Aladdin Sane." **Duffy Archive and the David Bowie Archive** 

"Cute Activist" at the Bushwick Starr (207 Starr St. between Wyckoff and Irving avenues in Bushwick, www.thebushwickstarr.org). Jan. 10-27 at 8 pm. \$20-\$25.

#### Point of order

It seems that a new brewery and taproom opens every week, but one of Brooklyn's oldest breweries, Sixpoint, still doesn't have a dedicated space to serve its beers. That will change in 2018 — the former Rocky Sullivan's tavern, adjacent to the brewery, will become a Sixpoint taproom in the near future, where you can sample the freshest brews, and then take a tour of the facilities. No date has been set, but we hope to throw down some Sweet Action ale at the brewery soon.

Sixpoint taproom (34 Van Dyke St. at Dwight Street in Red Hook, www. sixpoint.com). Some time in 2018.

#### Nite's out

When renovations are complete this spring, the second outpost of the Nitehawk movie theater chain — in the Prospect Park-adjacent space formerly occupied by the Pavilion theater — will be more than three times the size of its Williamsburg incarnation, with seven cinemas holding up to 650 people. A bar on the top floor will cater to the non-movie going public, and the new space will allow the mini-theater chain to show bigger, blockbuster summer

shows, in addition to its usual indie fare.

Nitehawk Prospect Park (188 Prospect Park West at 14th Street in Park Slope, www.nitehawkcinema.com/prospectpark). Coming in spring, 2018.

#### Gee whiz!

Beloved wood-fired pizza spot Paulie Gee's has been planning its casual spin-off Paulie Gee's Slice Shop for more than a year, but the final bits of construction seem to finally be underway, according to tweets from Paul himself. The new spot, catty-corner from the Brooklyn Expo Center, will offer single slices of classic New Yorkstyle pizzas, along with carry-out options and a bar featuring beer, wine, and cider.

Paulie Gee's Slice Shop (110 Franklin St. at Noble Street in Greenpoint). Coming in mid-March,

#### Black to the future

Ever since we saw the thrillpacked trailer for Marvel's "Black Panther," we have been quivering with anticipation for the Afrofuturistic flick. But before it opens on Feb. 16, the Brooklyn Academy of Music's film division, BAMcinematek will celebrate with 28 of Panther's filmic forerunners, in the series "Fight the Power: Black Superheroes on Film," starting on Feb. 2.

Continued on page 41



Listening to a legend: A concert-goer pays attention to Jimi Hendrix's New Year's Eve concert in 1969, as part of director Roger Guenveur Smith's "The Hendrix Project," debuting at Fort Greene's Bric House

## An Experience

#### 'The Hendrix Project' recreates 1969 concert

**By Julianne Cuba** arty like it's 1969! Audiences travel back in time to rock out at the Jimi Hendrix's New Year's Eve concert that marked the end of the '60s in "The Hendrix Project," debuting at Fort Greene's Bric House on Jan. 11. The musical legend never makes a physical appearance in the play, but the audience hears his music as a dozen young fans jam out, said the show's director, who is putting on the as part of the Public Theater's "Under the Radar" Festival.

"The piece takes place in the balcony of the auditorium where 12 concert-goers are experiencing the concert, and we experience the conlives in California. "We never into play," he said. see Jimi, but we hear him."

Smith uses an actual recording of the Hendrix show — released as the live album "Band of Gypsys" from the Fillmore East venue in Manhattan's Lower East Side. The audio is a steady focal point in the ever-changing play, which features a dozen performers from a California arts university who invent their own choreography as their characters listen to the music, said Smith.

"The piece is largely shows are ever alike. The music stays the same, but improvisation," said Smith. "The play is very movement- 4:30 pm and 7:30 pm. \$25.

driven, and I describe the movement as a kind of 'Soul Train' kabuki thing — it's a combination of those forms of dance."

The thespians researched the time period, which marked the end of the tumultuous 1960s — when activists protested against the Vietnam War, when there were raids against the Black Panthers, and when the United States sent a man to walk on the moon — and the start of the 1970s, said Smith, who also put on the one-man show "Rodney King" at Bric in 2014

"The students prepared themselves digging into the archives, watching lots of documentary films — 1969 was a crucial year in American cert through their eyes," said history. We attempt to bring Roger Guenveur Smith, who all of that archival material

> Smith said he is excited to share the concert experience — which he never got to experience while the guitar hero was still alive - with audiences in the borough of

> "We're really happy to be in Brooklyn and it's a great opportunity to share this work — and it's particularly compelling to do this piece just across the river from where it actually took place," he said.

"The Hendrix Project" at Bric House [647 Fulton improvised and no two St. at Rockwell Place in Fort Greene, (877) 987-6487, www.bricartsmedia.org].Jan. the movements are open to 11 at 7:30 pm; Jan. 12-13 at 7 pm and 9:30 pm, Jan. 14 at

#### FRI, JAN. 5

ART, "SOULFUL CREA-TURES": An exhibit of animal mummies from ancient Egypt. \$16 suggested donation. 11 am-6 pm Brooklyn Museum [200 Eastern Pkwy. at Washington Avenue in Prospect Heights, (718) 638-5000], www.brooklynmuseum. org.

ART, "EVERYTHING YOU DO IS PERFECT" OPEN-ING RECEPTION: New abstract paintings by Nina Meledandri. Free. 5-8 pm. FiveMyles [558 St. John's Place between Classon and Franklin avenues in Crown Heights, (718) 783-4438], www.fivemyles.org.

ART, "CURRENTS - ABOR-TION" OPENING RECEP-TION: An exhibition spotlighting artists' responses to the theme of abortion from a range of perspectives and in a wide spectrum of media. Free. 6 pm. A.I.R. Gallery [155 Plymouth St. between Pearl and Jay streets in Dumbo, (212) 255-6651], www.airgallery.org.

#### MUSIC, THE HARVARD KROKODILOES BROOK-LYN BENEFIT CONCERT:

A warm-up concert in the Doubles Squash Court, with drinks and hors d'ouevres, followed by more music in the Governors Room, more drinks and nibbles. \$100-\$200. 6:30 pm. Heights Casino (75 Montague St. between Hicks St. and Pierrepont Pl. in Brooklyn Heights), www. heightscasino.com

DINING. SIXPOINT SAM-PLING EVENT: Challenge your taste buds with the latest SixPoint beers. Free. 7–10 pm. Prospect Heights Beer Works [648 Washington Ave. between Dean and Bergen streets in Prospect Heights, (718) 623-2337], www.phbeerworksny.com.

#### NIGHTLIFE, NASTY CA-NASTA'S PAJAMA PARTY:

The Wasabassco burlesque show hosts a sexy sleepover. \$15-\$30. 8 pm. . Littlefield (635 Sackett St. between Third and Fourth avenues in Gowanus), www.littlefieldnyc.com.

THEATER, "A HANKY AND A T-T-TOP HAT": A new autobiographical solo show from magician Bobby Torkova, about his journey from a stuttering little boy who stutters to becoming a professional magician. \$15, 8 pm. Coney Island USA [1208 Surf Ave. at W. 12th Street in Coney Island, (718) 372-5159], www.coneyisland.com.

#### SAT, JAN. 6

#### MUSIC, LIZA STEPANOVA:

Pianist Liza Stepanova celebrates the release of her album "Tones & Colors." \$30 (\$25 in advance). 7 pm. National Sawdust [80 N. Sixth St. at Wythe Avenue in Williamsburg, (646) 779-8455], www.nationalsawdust.org.

MUSIC, HAPPY BIRTHDAY DOLLY PARTON!: A celebration of the singer, with Dolly Parton cover band Doll Parts, FantasyGrandma, burlesque



# **EVENTS**



Burn, baby burn!: In his new exhibit "Everything In the Universe is My Brother," opening Jan. 13 at Smack Mellon Gallery in Dumbo, Rudy Shepherd paints violent images from the evening news, criminals, and celebrities.

performer Darlinda Just Darlinda, and more. \$10. 8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638-4400], www.unionhallnv.com.

#### MARKET, WINTER FLEA AND HOLIDAY MARKET:

The Brooklyn Flea moves to Industry City for the winter, with 50 retail vendors and 10 Smorgasburg food stalls, plus a bar with wine, beer, and coctails. Free. 11 am-6 pm. Industry City (241 37th St., second floor, between Second and Third avenues in Sunset Park).

ART, "SOULFUL CREA-TURES": 11 am-6 pm. See Friday, Jan. 5.

#### FAMILY, HOLDING HISTORY:

What makes an object "historical?" Why does the museum keep objects behind glass? Children will learn about the history of artifacts through this tactical investigation and by relating them to their own lives. Free with museum admission. 11 am to 1 pm. Brooklyn Children's Museum [145 Brooklyn Ave. at St. Marks Avenue in Crown Heights, (718) 735-4400], www.brooklynkids.org

TOUCH TANK: Meet and touch live sea creatures including starfish and sea urchins. Free with museum admission. 12:30 pm. Brooklyn Children's Museum [145 Brooklyn Ave. at St. Marks Avenue in Crown Heights, (718) 735-4400], www.brooklynkids.org.

#### ART, "THE BEGINNING

CHOICE": A performance by Parastoo Ahoon, as part of A.I.R.'s Currents: Abortion exhibition. Free. 1 pm. A.I.R. Gallery [155 Plymouth St. between Pearl and Jay streets in Dumbo, (212) 255–6651], www.airgallery.org.

#### ART, OPENING RECEP-

TION: "Fake News: Art and Artifice" is an exhibition of works inspired by the mundane ubiquity of newspapers and the reciprocal relationship of truth and fiction. Free. 2:30 pm. Tabla Rasa Gallery [224 48th St. between Second and Third avenues in Sunset Park, (718) 833-9100],

www.TablaRasaGallery. com.

#### ART, BROOKLYN MUSEUM'S TARGET FIRST SATUR-

DAY: Celebrate the new year with a free curator tour of the Rodin exhibit. music performances by Sinkane, New Kingston, and Bearcat, a screening of "I Am Not Your Negro," and comedy sets by Nimesh Patel, Emma Willmann, Jordan Carlos, and Sasheer Zamata, and more. Free. 5-11 pm. Brooklyn Museum [200 Eastern Pkwy. at Washington Avenue in Prospect Heights, (718) 638-5000], www. brooklynmuseum.org.

MUSIC, SINKANE: A mix of Sudanese pop, electronica, funk, and free jazz. Presented by the Carnegie Hall Neighborhodhood Concert Series. Free. 5 pm. Brooklyn Museum [200 Eastern Pkwy. at Washington Avenue in Prospect Heights, (718) 638-5000], www.brooklynmuseum. org.

**DINING, CERPA SAMPLING EVENT:** Drop by Prospect Height Beer Works for a taste of what Cerpa is brewing for the new year! Free, 8-10 pm, Prospect Heights Beer Works [648 Washington Ave. between Dean and Bergen streets in Prospect Heights, (718) 623-2337], www.phbeerworksny.com.

#### SUN, JAN. 7

#### **OUTDOORS, FIRST SUN-**

DAYS: Experience the serenity and wonder of the Garden with programs for the entire family! Featuring Family Discovery Stations and Storytime Winter Nature Walk with Bradley Klein; Chase Away the Winter Blues tour; and Conservatory Seasonal Highlights tour. Free with admission to the gardens. 10 am to 2 pm. Brooklyn Botanic Garden [1000 Washington Ave., at Eastern Parkway in Crown Heights, (718) 623-7220], www.bba.ora

OUTDOORS, BIRD WALK: Join Prospect Park Alliance to explore the Park's nature trails and discover the beautiful plumage and fascinating behavior of the Park's wintering ducks. Led by the Brooklyn Bird Club. Free. 10 am. Prospect Park Audubon Center Enter park at Lincoln Road and Ocean Avenue in Prospect Park, (718) 287-3400], www.prospectpark.org/ audubon.

MARKET, WINTER FLEA AND HOLIDAY MARKET: 11 am-6 pm. See Saturday, Jan. 6.

#### FUND-RAISER, THREE KINGS DAY CELEBRA-TION AND FUNDRAISER:

Enjoy a festive afternoon of drum and dance demonstrations, mini-workshops and conversation with Cumbe, which teaches African and Diaspora dance. \$25. 1-4 pm. Restoration Plaza [1368 Fulton St. at Marcy Avenue in Bedford-Stuyvesant, (718) 636-6996], www.restorationplaza.org.

**CRAFT ROOM:** Get creative with a variety of Jewish themed crafts to choose from! Free with musum admission. 1 pm to 3 pm. Jewish Children's Museum [792 Eastern Pkwy. at . Kingston Avenue in Crown Heights, (718) 907-8833], www.jcm.museum.

TALK, REPRODUCTIVE SELF DETERMINATION AND AUTONOMOUS WOMEN'S HEALTH-CARE WORKSHOP: With Maureen Connor and others. Free. 2 pm. A.I.R. Gallery 1155 Plymouth St. between Pearl and Jay streets in Dumbo, (212) 255-6651], www.airgallery.org.

#### MON, JAN. 8

FILM, "THE JOURNEY": A screening of director Peter Watkins's 1987 experiment with form: a documentary, a dystopian science fiction film, a handbook for media analysis, and a linking of activist groups throughout the world. \$10 suggested donation. 2 pm, 5 pm, 8:30 pm. Light Industry (155 Freeman St. at Manhattan Avenue in Greenpoint),

#### www.lightindustry.org. READING, JOSH GREEN-

**FIELD:** The author reads from his novel "Full of Wonderment," an adventure story of Alaskan travel and the onset of mental illness. Free. 7 pm. Unname-able Books [600 Vanderbilt Ave. between St. Marks Avenue and Prospect Place in Prospect Heights, (718) 789-15341

COMEDY, BUTTERBOY: The weekly comedy night wel-comes Hari Kondabolu, Kate Willet, Chanel Ali, and more. \$10 (\$8 in advance). 8 pm. Littlefield (635 Sackett St. between Third and Fourth avenues in Gowanus), www.littlefieldnyc.com.

#### MUSIC, BALKAN MON-

DAYS: The Balkan monthly music series welcomes the Souren Baronian Quartet and the band Dolunayis. \$10 suggested donation. 8 pm. Sisters (900 Fulton St. between Waverly and Washington avenues in Clinton Hill), www.sistersbklvn.com.

COMEDY, SIDE PONYTAIL Continued on page 41



Looking on the Mr. Brightside: They're coming out on the stage, on January 9, the Killers gonna be down, 'cause Barclays wants Associated Press / Chris Pizzello

#### **COMING SOON TO** BARCLAYS CENTER

#### FRI, JAN. 5

SPORTS, NEW YORK IS-LANDERS V PITTS-**BURGH PENGUINS:** \$29-\$241.7 pm

#### SAT, JAN. 6

SPORTS, BROOKLYN **NETS V BOSTON CELT-**ICS: \$41-\$356. 6 pm.

#### SUN, JAN. 7

SPORTS, NEW YORK IS-LANDERS V NEW JER-SEY DEVILS: \$16-\$160.

#### MON, JAN. 8

SPORTS, BROOKLYN **NETS V TORONTO** RAPTORS: \$13-\$196. 7:30 pm.

#### TUE, JAN. 9

MUSIC, THE KILLERS: \$29-\$95. 8 pm.

#### WED, JAN. 10

SPORTS, BROOKLYN **NETS V DETROIT PIS-**TONS: \$9-\$176. 7:30

#### FRI, JAN. 12

THE COMEDY GET **DOWN:** With Cedric The Entertainer Eddie Griffin, and George Lopez. \$50-\$180. 8 pm.

#### MON, JAN. 15

SPORTS, BROOKLYN **NETS V NEW YORK** KNICKS: \$41-\$355.

#### TUE, JAN. 16

SPORTS, NEW YORK IS-LANDERS V NEW JER-SEY DEVILS: \$15-\$147.

#### **WED, JAN. 17**

SPORTS, BROOKLYN NETS V SAN ANTO-NIO SPURS: \$34-\$313.

#### **THU, JAN. 18**

SPORTS, NEW YORK IS-LANDERS V BOSTON BRUINS: \$16-\$165.7

#### **FRI, JAN. 19**

SPORTS, BROOKLYN **NETS V MIAMI HEAT:** \$18-\$242. 7:30 pm.

#### **SAT, JAN. 20**

SPORTS, ERROL SPENCE JR V LAMONT PETER-SON WELTERWEIGHT CHAMPIONSHIP: \$57-\$607. Time tba

#### **MON, JAN. 22**

SPORTS, MONDAY **NIGHT RAW 25TH AN-**NIVERSARY: \$235-\$456. 7:30 pm.

#### SAT, JAN. 27

MUSIC. ABOVE AND BE-YOND: \$38-\$89, 8 pm.

#### TUE, JAN. 30

SPORTS, NEW YORK IS-LANDERS V FLORIDA PANTHERS: \$15-\$399.

#### WED, JAN. 31

SPORTS, BROOKLYN **NETS V PHILADEL-**PHIA 76ERS: \$19-\$384. 7:30 pm.

#### FRI, FEB 2

SPORTS, BROOKLYN **NETS V LOS ANGELES** LAKERS: \$40-\$2,778 7:30 pm.

#### SAT, FEB 3

SPORTS, NEW YORK IS-LANDERS V COLUM-**BUS BLUE JACKETS:** \$15-\$450.7 pm.

#### SUN, FEB 4

SPORTS, BROOKLYN **NETS V MILWAUKEE** BUCKS: \$21-\$818.

620 Atlantic Ave. at Pacific Street in Prospect Heights (917) 618-6100, www.barclayscenter.com.

#### **24 SEVEN**

# PAINTING POWER

#### Black Panther portraits at 'Fake News' show

By Julianne McShane

he paints these prisoners free. A Brooklyn artist who paints images of imprisoned members of the Black Power Movement on sheets of newspaper will exhibit one of her giant images in the show "Fake News," opening at the Tabla Rasa Gallery in Sunset Park on Jan. 6. Painter Sophia Dawson says that she uses newspapers as her canvas so that her work can correct the oftenincomplete news printed about her

"'Fake news' relates to the fact that when I see what was printed about each individual, each case, whether it's their wanted picture or how they describe a house bombing versus how people who experienced it firsthand talk about it, I think there's a great discrepancy, and I'm constantly trying to combat that with my work," Dawson said.

subjects.

In the show, Dawson will exhibit an oversized portrait of the hand of the late Mondo we Langa, also known as David Rice, a member of the Black Panther Party who was controversially charged and convicted of the 1970 murder of an Omaha, Nebraska police officer. Dawson exchanged letters with we Langa for two years before he died in prison in 2016. He maintained his innocence throughout his 44-year incarceration.

We Langa's portrait is one of a series in Dawson's "To Be Free" project, which portrays imprisoned members of the Black Panther movement from the 1970s. Dawson considers them to be political prisoners, and began writing to them in order to get



Painting power: Local artist Sophia Dawson will exhibit her portrait of the hand of Mondo we Langa, a member of the Black Panther party who was incarcerated for murder for 44 years until he died in 2016.

their firsthand accounts of what happened, and to educate younger generations before it is too late, she said.

"The project is pretty urgent because they're elders, it's an aging population, and most of the political prisoners have serious health issues," she said. "The purpose of the work that I'm doing is for people to learn the names of the individuals in my paintings who care about their stories and their plight, and to become advocates for their freedom."

In addition to newspapers, Dawson adds copies of her handwritten letters with each prisoner to their canvas portraits. Her work aims to remind today's activists that the political strife and struggle of the present is rooted in the past, she said.

"The stuff that we're up against Free.

is not a new struggle, and there are examples where you can go back and take from the past. It's important to know that this is not the first time that this has happened," she said. "Their struggle is so relevant. How can we be in the streets protesting and contributing to activism in any issue without fully understanding the stories of people who came before us?"

The Sunset Park exhibit will also feature a dozen other artists, many of which incorporate newspapers into their work.

"Fake News" at the Tabla Rasa Gallery (224 48th St. between Second and Third avenues in Sunset Park, www.tablarasagallery.com). Opening reception Jan. 6, 2:30-4:30 pm. Open through March 4, Thu-Sat, 1-5 pm.

# Get your groove on in the Ridge!

By Julianne McShane

t is a brand new year in Bay Ridge — 1967! We've got a bunch of groovy tunes from the 1960s for you this weekend, man!

Kick off the weekend by dancing on down to the Greenhouse Café (7717 Third Ave. between 77th and 78th streets) on Friday night to enjoy tunes from the band Gearth Wind & Fireman. The quartet plays '60s hits from crooners including Sam Cooke, Bob Dylan, and Crosby, Stills, and Nash. The free show starts at 10 pm.

On Saturday, rock on over to Red, White, and Brew (8910 Fifth Ave. between 89th and 90th streets) for an afternoon of classic rock 'n' roll songs from Lunatix. The foursome favors tunes from the '60s, '70s, and '80s, but counts the Beatles, the Animals, and the Rolling Stones among the '60s stalwarts of its repertoire. The free four-hour set kicks off at 3:30 pm.



Once that show is over, you have half an hour to stroll down to the Leif Bar (6725 Fifth Ave. between 67th and Senator streets) to hear Back to the

Fillmore play hard rock from the late '60s. The five-man group specializes in playing the tunes that used to fill the air at the Fillmore East, the storied rock concert venue on the distant isle of Manhattan's Lower East Side, which closed in 1971 after a fouryear stint. The crew takes the stage for a four-hour set - during which they will play tunes from the band Mountain, the Allman Brothers, and Jimi Hendrix — at 4 pm.

Finally, it is time to turn from music to that other fad of the 1960s jogging! If your New Year's resolution includes logging more miles to work off the holiday treats, jog on over to the entrance of the Fort Hamilton High School track (85th Street between Narrows Avenue and Colonial Road) Sunday morning to meet the Shore Road Striders for a walk or run - your choice - along the road's scenic prom-

enade. The group departs at 8 am.



Beauty is only skin deep: The Wombats will play Brooklyn Steel on Jan. 10 in support of their upcoming album "Beautiful People

# Going to 'bat

#### Rock band the Wombats headlines Brooklyn Steel

By Bill Kopp

his band makes lemonade out of lemons.

named after an Australian marsupial has spent the last decade building a following in the American scene - and now its efforts are bearing fruit! The Wombats, who just launched the single "Lemon to a Knife Fight," from its upcoming fourth album "Beautiful People Will Ruin Your Life," will headline the giant rock venue Brooklyn Steel in Williamsburg on Jan. 10, and this summer the band will tour with both Weezer and the Pixies.

The Liverpool group has previously scored in the United Kingdom and Europe, and though success in the U.S. took longer to materialize, the band's guitarist, lead vocalist and lyricist Matthew "Murph" Murphy says that the group now "plays similar size venues on both sides of the pond."

Murph suspects that breaking through in America took a bit longer because his lyrics "are not easily digestible." But he believes that good things come to those who are patient.

"There's something more rewarding about that than having it all come to you at once," said Murph.

The Wombats's latest album showcases a modern sound that seems to draw upon both the A British rock trio jagged vibe of punk and the dance-oriented 1990s sounds of nearby Manchester. But Murph dismisses comparisons to the Brit-pop scene.

"I do love that era of guitar music," he said, "but I just try to write stuff that resonates with me personally."

After releasing three albums on Warner imprint 14th Floor Records. the Wombats moved to Kobalt Music Group for the latest record.

"We weren't exactly a priority artist at Warner," Murph said. But he is not bitter — he understands the market forces that led to the change.

"You can squeeze a lot more Michelin stars out of Ed Sheeran than you can the Wombats," he said.

The lyrics of tunes like "Lemon to a Knife Fight" might be inscrutable to American audiences, but the band's groove especially onstage, where Murph believes the band is at its best — is undeni-

The Wombats with Blaenavon and Courtship at Brooklyn Steel (319 Frost St. at Debevoise Avenue in Williamsburg, www.bowerypresents. com/brooklyn-steel). Jan. 10 at 8 pm. \$25.



# **EVENTS**

Continued from page 39

**COMEDY:** The Monday night comedy show welcomes Baratunde Thurston, Liz Barrett, Caitlin Feeney, Jake Head, and more. Free. 8 pm. Friends and Lovers (641 Classon Ave. between Dean and Pacific streets in Crown Heights).

COMEDY, COMEDY MON-DAY: Open Mic and Stand -Up. Free. 9pm. Freddy's Bar [627 Fifth Ave. between 17th and 18th streets in Greenwood Heights, (718) 768-0131], www.freddysbar.com.

#### TUES, JAN. 9

READING, "LOVE": Newbery Medal-winning author Matt de la Peña and bestselling illustrator Loren Long read from their new picture book. Free. 6 to 7 , pm. Books are Magic [225 Smith Street at Smith and Butler streets in Carroll Gardners. (718) 246-26651. www.booksaremagic.net.

TALK, "SACRED DISOBEDI-ENCE IN 'PENDA'S FEN'": A class from the Miskatonic Institute of Horror Studies, taught by Sukhdev Sandhu. \$15 (\$12 in advance, \$55 season pass). 7 pm. Film Noir Cinema [122 Meserole Ave. at Leonard Street in Greenpoint, (718) 389–5773], www.miskatonic-nyc.com.

COMEDY, THE ROAST OF YOUR 15 YEAR OLD SELF:

Comedians use photos, old diary entries, and the occasional angst-filled musical number to roast their teenage selves. Featuring Dylan Marron, Akilah Hughes, Marcia Belsky, and Alise Morales. \$10. 8 pm. Baby's All Right [146 Broadway between Bedford and Driggs avenues in Williamsburg, (718) 599-5800], www.babysallright.com.

#### WED, JAN. 10

MUSIC, THE WOMBATS: The British band tours in support of its new album

"Beautiful People Will Ruin Your Life." With Blaenavon and Courtship. \$25. 8 pm. Brooklyn Steel (319 Frost St. at Debevoise Avenue in Williamsburg), www.bowerypresents.com/brooklvn-steel.

THEATER, "CUTE ACTIV-IST": A playfully fabulist,

wildly satirical, anti-ro-mantic comedy that asks questions about the way activism fits — or doesn't fit — into our daily lives. \$20 – \$25. 8 pm. Bushwick Starr (207 Starr St. between Irving and Wykoff avenues in Bushwick), www.thebushwickstarr.org

COMEDY, DRUNK SCIENCE PRESENTS CLIMATE

CHANGE: Intoxicated comedians try to explain climate change to a panel of scientists. With Baratunde Thurston, Sonia Denis, and Matt Rogers. \$8 (\$5 in advance). 8 pm. Littlefield (635 Sackett St. between Third and Fourth avenues in Gowanus), www.littlefieldnyc.com.

#### THURS, JAN. 11

COMEDY, THE NEW COM-**EDY PROJECT!:** A night of comedy and booze in Williamsburg, with Casey James Salengo, Billy Prinsell. Karolena Theresa, and more. Admission includes two free beers. \$10 (\$5 in advance). 7:30 pm. The New Work Project [97 N. 10th St. 2A, between Berry Street and Wythe Avenue in Williamsburg, (718) 963-3968], www.thenewworkproject.com

THEATER, "CUTE ACTIVIST": 8 pm. See Wednesday, Jan. 10.

#### **FRI, JAN. 12**

ART, "SOULFUL CREA-TURES": 11 am-6 pm. See Friday, Jan. 5.

FAMILY, SWING AND SWAY: Kids dance and sing along

with music provided by Tkiya. Free. 11:30 am. Bay Ridge Library (7223 Ridge Blvd. at 73rd Street in Bay READING, "YOUR STORY": Readers will read from personal abortion stories submitted to A.I.R. Gallery in connection with the Currents: Abortion exhibition. Free. 2 pm. A.I.R. Gallery [155 Plymouth St. between Pearl and Jay streets in Dumbo, (212) 255-6651], www.airgallery.org.

MUSIC, ZLATNE USTE

**GOLDEN FESTIVAL: More** than 60 brass bands will fill up four stages of the glamorous Grand Prospect Hall during this joyous Balkan music festival. \$55-\$80. 7:30 pm. Grand Prospect Hall [263 Prospect Ave. be-tween Fifth and Sixth avenues in Park Slope, (718) 788-0777], www.goldenfest.org.

THEATER, "A HANKY AND A T-T-T-TOP HAT": 8 pm. See Friday, Jan. 5.

MUSIC, BLUE MOON FEVER: A celebration of the music of Tom Petty and the Heartbreakers, with performances from the Undone Sweaters and Mark After Dark. \$10. 9 pm. Littlefield (635 Sackett St. between Third and Fourth avenues in Gowanus). www.littlefieldnyc.com.

#### **SAT, JAN. 13**

MUSIC, ZLATNE USTE GOLDEN FESTIVAL: 6 pm. See Friday, Jan. 12.

THEATER, "STOOPDREAM-ERS": A staged reading about gentrification, set in Farrell's Bar and Grill in 1945. This event will raise cash for a documentary about the history of Farrell's. \$30. 8 pm. Shep-herds Hall (245 Prospect Park West at Ninth Avenue in Windsor Terrace).

MUSIC, TWISTED PINE, HONEYSUCKLE: A night of progressive folk acts \$10. 8 pm. Union Hall [702 Union St. at Fifth Avenue in Park Slope, (718) 638-4400], unionhallny.com.

ART, "EVERYTHING IN THE UNIVERSE IS MY **BROTHER" OPENING RE-CEPTION:** A new exhibit of paintings and sculptures that examine the interconnectedness of all things, from Rudy Shepherd. Also opening is the multimedia installation "Wave Room." Free. 6–8 pm. Smack Mellon [92 Plymouth St. at Washington Street in Dumbo (718) 834-8761], www.smackmellon.org.

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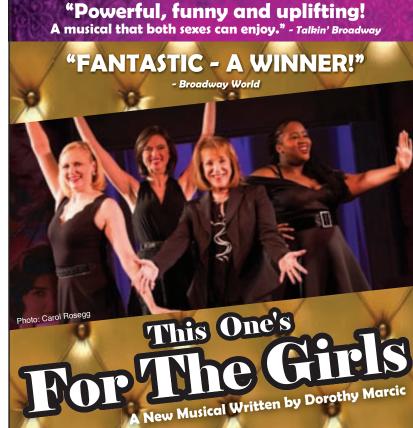
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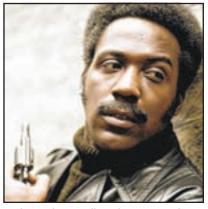
Kingsborough Community College, 2001 Oriental Blvd., Brooklyn

## **2018 ARTS**

Continued from page 38

The bad-ass festival will open with 1977's "Abar, the First Black Superman" and continue with films starring overthe-top blaxploitation heroes, including "Shaft" and "Foxy Brown," supernatural tales such as "Candyman" and "Blade," traditional superheroics, including "Catwoman," starring Halle Berry, and goofy comedies like "Meteor Man" and "Brother from Another Planet."

"Fight the Power: Black Superheroes on Film" at the BAM Rose Cinema [30 Lafayette Ave. at Ashland Place in Fort Greene, (718) 636-4100], www.bam.org]. Feb. 2-18. \$15.



You know what I'm talking about: BAM's February festival of black superhero films will include that bad mother "Shaft."

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APART-MENT BY VIRTUE OF DE-FAULT in a certain proprietary lease executed bv 1710 CARROLL OWN-(the "Cooperative Corporation") as and THOMAS COBB, as lessees for the Cooperative Unit F10 located at 1710 Carroll Street, Brooklyn New York 11213 (the "Apartment"), the Cooperative Corporation, by William Mannion, Auctioneer. DCA #796322 or Matthew D. Mannion, Auctioneer, DCA # 1434494 will sell the 153 Shares allocated to said Apartment at a public auction on the 18th day of January, 2018 at 12:00 P.M. at the Offices of Hagan, Coury &; Associates, 908 Fourth Avenue, Brooklyn, NY 11232. This sale is subject to all persons in possession of the unit including any tenants or sub-tenants, to the terms of the Proprietary Lease. the by-laws, offering plan amendments thereto and to any other rules and regulations of the Cooperative Corporation. A down payment, payable by certified or bank check drawn on a Pursuant to a Judgment member bank of the New of Foreclosure and Sale York Clearing House and payable to the order of "Hagan, Coury & Associates, as Attorneys" of at least Ten Percent (10%) of the purchase price is required with the successful bid at the time and place of sale. Cash will not be accepted. Any successful bidder will reapproval Cooperative the Corporation. The board of the Cooperative Corporation will not approve investors. The balance of the purchase price, and any additional payments required hereunder, shall be payable within 30 days of the auction. The approximate amount of the lien is \$16,000.00 as of November 1, 2017. The debtor is entitled to an accounting of the un-subject to provisions of indebtedness provided the debtor provides a \$150.00 accounting SUCCESSFUL BID MAY \*NOT\* BE AS-SIGNED WITHOUT THE PRIOR WRITTEN CON-SENT OF THE COOPERA-CORPORATION, MAY BE WITH-HELD FOR ANY OR NO REASON. IF THE BID IS ASSIGNED WITHOUT THE Dated:

#### LEGAL NOTICE

TIVE CORPORATION, OR THF COOPERATIVE CORPORATION DETER-MINES THAT THE SUC-CESSFUL AUCTION BID-DER IS NOT A BONA FIDE PURCHASER FOR OCCUlessor PANCY, (E.G. AN INVES-DEPOSIT TOR) THE SHALL BE FORFEITED. Date: November 2017 William J. Coury, Esq. Hagan, Coury & Asso-Attorneys ciates for Cooperative Corporation Fourth 908 Avenue Brooklyn. New York 11232 (718) 788-5052

> LEGAL NOTICE REFEREE'S NOTICE OF SALE IN FORECLOSURE SUPREME COURT COUNTY OF KINGS BANK NATIONAL ASSOCIATION. AS TRUSTEE FOR CREDIT SUISSE FIRST **BOSTON** MORTGAGE SECURITIES CORP., HOME **EQUITY ASSFT** TRUST 2006-7. HOME **EQUITY** PASS-THROUGH CERTIFICATES. SERIES your failure to appear. 2006-7, Plaintiff judgment will be taken EUGENNIE against against you by default for DANIFI S. et the relief demanded in al Defendant(s). entered December 2015. I. the GROUP, undersigned Referee will sell at public auction, in Room 224 of Kings SCOTT H. MANDEL. ESQ. County Supreme Court, 1461 Franklin Ave., Ste. 360 Adams Street, LL-S, Brooklyn, NY 11201 on the 18th Day of January, 2018 at 2:30 p.m. All that certain plot, piece or parcel of land with the buildings and improvements thereon erected, situate, lying and being in the Borough of Brooklyn, City and State of New York. Premises known as 575 28th Street, East Brooklyn, NY 11210. (Block: 5230, Lot: 114) Approximate amount of lien \$583,061.46 plus interest and costs. Premises will be sold filed judgment and terms of sale. 2629/2008. Index No. Helene E. Blank, Esq., Referee. Davidson Fink LLP Attorney(s) for Plaintiff 28 Fast Main Street. Million, Suite 1700 Rochester, (1,001,000.00)

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Tel. 585/760-8218

November

LEGAL NOTICE SALE OF SENT OF THE COOPERA- SUPREME COURT OF action, THE CITY OF NEW YORK COUNTY OF KINGS Index No.: 518979/2016 SUMMONS WITH NOTICE Plaintiff designates Kings County as the place of trial. The basis of the venue is Defendant's Defendant residence. resides at: 2241 West 1st Street. 2nd Floor Brooklyn, NY 11223 VOLVO RIDGE RAY AMERICAN, INC. d/b/a BAY RIDGE HONDA, Plaintiff(s),-CHUNG LOUIE against-Defendant ACTION FOR SLANDER & THEFT OF PROPERTY the above-named Tο Defendant: YOH ARE HEREBY SUMMONED to serve а notice ٥f appearance on Plaintiff within twenty the (20)days after service of this summons, exclusive of the day of service (or within thirty (30) days after the service is complete if this summons is personally delivered to you within the State of New York): and in case of

> the notice set forth helow. December 12. Dated: 2017, Garden City, New York LABONTE LAW PLLC, Ву:

> > Garden City, NY

11530. (516) 280-8580, Attorney for Plaintiff NOTICE: The nature of this action is tο permanently enjoin the Defendant from soliciting or making disparaging the comments to Plaintiff's customers utilizing Plaintiff's proprietary information, and compensate Plaintiff damages resultina Defendant's from slanderous statements. The relief sought is a judgment in favor of the Plaintiff. The nature of the relief demanded is a permanent injunction against Defendant, enjoining the use of Plaintiff's confidential customer lists and information, and for all causes of actions, а monetary judgment totaling no less than One

One

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#### LEGAL NOTICE

including attorney's fees; and such other and further relief the Court deems just and proper.

#### LEGAL NOTICE

119A Calyer LLC, Arts of Org. filed with Sec. of State ٥f NY (SSNY) 11/21/2017. Cty: Kings SSNY desig. as agent whom process nogu against may be served & shall mail process to Rosengarten, Solomon Esq., 1704 Ave. M, Ste. Brooklyn, 11230-5349. General Purpose.

#### LEGAL NOTICE

150 Calyer LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 11/21/2017. Cty: Kings SSNY desig. as agent whom process against may be served & shall mail process to Solomon Rosengarten. Esq., 1704 Ave. M, Ste. 2, Brooklyn, NY 11230. General Purpose.

#### LEGAL NOTICE

695 UNION STREET, LLC Art. Of Org. Filed of State of NY 7/25/2002. Off. Loc.: Co. SSNY Kings designated as agent whom upon process against it may be served. SSNY to mail copy of process to The LLC, 695 Union Street, Brooklyn, NY 11215, Purpose: Anv lawful act or activity.

#### LEGAL NOTICE

888Eight LLC, Arts of Org. filed with Sec. of State NY (SSNY) ٥f 11/17/2017. Cty: Kings. SSNY desig. as agent whom upon process against may be served & shall mail process to 604 Pkwy., Fastern #2. 11225. Brooklyn, NY General Purpose.

#### LEGAL NOTICE

**ACADEMY** of Restorative Technologies LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 11/29/2017. Cty: Kings. SSNY desig. as agent whom upon process against may be served & shall mail process to 7424 Ridge Ramirez, Brooklyn, Blvd.. NY 11209. General Purpose.

#### LEGAL NOTICE FLATS,

LLC,

CEDAR

Arts. of Org. filed with the SSNY on 08/16/2017 Office loc: Kings County. SSNY has been designated as agent whom nogu process against the LLC may be served. SSNY shall mail process to: United States Corporation Agents, Inc., 13th Ave., 7014 Ste 202 Brooklyn, Reg 11228 Agent: United States Corporation Agents, Inc., 7014 13th Ave., Ste 202, Brooklyn, NY 11228. Purpose: Any Lawful Purpose.

#### LEGAL NOTICE

Civic Contracting LLC Arts of Org. filed with of State of NY Sec. (SSNY) 11/22/2017. Cty: SSNY desig. as Kinas. agent nogu whom process against may be served & shall mail process to 5717 2nd Ave.. Brooklyn, 11220. General Purpose.

#### LEGAL NOTICE

**DJL Family Properties** LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 10/01/2012. Cty: Kings. SSNY desig. as upon whom agent process against may be served shall mail ጼ process to 816 Avenue I, Brooklyn, NY 11230. General Purpose.

#### LEGAL NOTICE

Dub Fit LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 10/20/2017. Cty: Kings. SSNY desig. as agent upon whom process against may be served shall mail & process to Jason Weiss, 300 Grove St., Apt. 1R, Brooklyn, NY 11237. General Purpose.

#### LEGAL NOTICE

EM 453 BR Ave LLC, Arts of Org. filed with of State of NY Sec. (SSNY) 11/28/2017. Cty: Kings. SSNY desig. as agent upon process against may be served & shall mail process to 7826 Colonial Rd., Brooklyn, NY 11209. General Purpose.

#### LEGAL NOTICE

Felipe Properties LLC, Arts of Org. filed with Sec. State of NY (SSNY) 11/16/2017. Cty: Kings. SSNY desig. as upon agent process against may be ED STATES CORPORA-

#### LEGAL NOTICE

served shall mail process 320 to Albermarle Rd., Brooklyn, NY 11218. General Purpose.

#### LEGAL NOTICE

Notice of formation of BrooklynStonez LLC Arts. of Org. filed with the Sect'y of State of NY (SSNY) on 11/15/2017. Office location, County of Kings. SSNY has been designated as agent of the LLC upon whom process against it may be served. SSNY shall mail 1655 process to: Flatbush Ave, Unit B607, Brooklyn NY 11210. Purpose: any lawful act.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability 0f company (LLC). Name: 58-60 THROOP, HC. Articles of Organization filed with Secretary of on 01/30/2017. Office location: Kings County. designated as SSNY agent of LLC upon whom process against it may be served. SSNY shall mail process to: 58-60 THROOP, LLC 199 LLE AVE SUITE # 893 BROOKLYN, NY 11211. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability of company (LLC). Name: ERICA ROSS, Articles of Organization filed with Secretary of State of New York (SSNY) on 10/24/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: ERICA ROSS 193 WASHINGTON AVENUE #3 BROOKLYN. NY 11205. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: VANITY SOLUTIONS NYC. LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/30/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail whom copy of process to: UNIT-

#### LEGAL NOTICE

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NOTICE OF FORMATION of limited liability compa-(LLC). Name: 187 DEAN ST. LLC. Articles of Organization filed with Secretary of State of New (SSNY) on 11/14/2017 Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 187 DEAN ST. LLC 187 DEAN ST. BROOKLYN, NY 11217. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION of limited liability company (LLC). Name: MARQ DEVELOPMENT LLC. Arti-State of New York (SSNY) cles of Organization filed with Secretary of State of New York (SSNY) on 04/21/2016. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: AMANI MUR-PHY 2152 RALPH AVE SUITE 456 BROOKLYN, NY 11234. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited company (LLC). Name: EDEL JEWELRY HC Articles of Organization filed with Secretary of State of New York (SSNY) on 07/06/2016. Office location: Kings County. SSNY designated agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: YOUNG GANG KIM 395 MAPI F ST, APT B4 BROOKLYN, NY 11225 Purpose: any lawful purpose.

#### LEGAL NOTICE

Notice is hereby given that an on-premise license. #TBA has been applied for by Legends Hospitality LLC to sell beer, wine and liquor at retail in an on premises establishment with twenty-six additional bars. For on premises consumption under the ABC law at 3052-3078 West Street Brooklyn 11224.

#### LEGAL NOTICE

NOTICE OF FORMATION NOTICE OF FORMATION liability of Name: (LLC). company **JSTAR MECHANICAL** Articles of Organization filed with Secretary of State of New (SSNY) York on 11/13/2017. Office County. location: Kings designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process 2272 BRENDA PUNG 23RD STREET FAST BROOKLYN, NY 11229. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: MICHAEL WU 6C92 LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/22/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail of process to: MICHAEL WU 6C92 LLC FAST 2547 19TH **STREET** BROOKLYN, NY 11235. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION liability limited company (LLC). Name: 9107 4TH AVENUE, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 11/16/2017. Office location: Kings County. designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: 1999 SHEPARD ROAD, ST. PAUL, MN 55116. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: BROOKLYN OPEN HOUSE NUTRITION, LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 10/24/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail of process SAMANTHA MILLER 175 CLINTON STREET APT 1 BROOKLYN, NY 11201. Purpose: lawful any purpose.

#### LEGAL NOTICE

limited liability (LLC). Name: company THE WASHINGTON **AVENUE REALTY** COLLECTIVE LLC. Articles of Organization filed with Secretary of State of New York (SSNY) on 09/27/2017. location: Kings County. designated SSNY agent of LLC upon whom process against it may be served. SSNY shall mail of process to: CODV SPIEGEL & UTRERA P.A, MAIDEN LANE 5TH FLOOR NEW YORK. NY 10038. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: FREETOWN MULTIMEDIA Articles Organization filed with Secretary of State of New (SSNY) 10/27/2017. Office location: Kings County. designated agent of LLC upon whom process against it may be served. SSNY shall mail of process to: DONELL NEWKIRK, 216 ROCKAWAY APT 24J BROOKLYN, NY 11233. Purpose: lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: ELIZABETH TAVAREZ, Articles Organization filed with Secretary of State of New on 10/02/2017. Office location: Kings County. designated as agent of LLC upon whom process against it may be served. SSNY shall mail of process to: UNITED **STATES** CORPORATION AGENTS, 7014 13TH SUITE AVENUE, 202 BROOKLYN, NY 11228. Purpose: any lawful purpose.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: BROOKLYN GRFFN BRAND, LLC. Articles of Organization filed with Secretary of State of New (SSNY) on 08/02/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom served. SSNY shall mail General Purpose.

#### LEGAL NOTICE

copy of process STATES CORPORATION AGENTS, INC. 7014 13TH SUITE AVENUE, 202 BROOKLYN, NY 11228. any lawful Purpose: purpose.

#### LEGAL NOTICE

**Notice of Qualification** of 5539 - 181 AND 182 PROSPECT PARK WEST BROOKLYN LLC Appl. for Auth. filed with Secy. of State of NY (SSNY) on 11/20/17. Office location: Kings County. LLC formed in Delaware (DE) on 11/13/17. Princ. office of LLC: 110 William St., Ste. 2402. NY, NY 10038. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail process c/o Corporation Service Co., 80 State St., Albany, NY 12207-2543. DE addr. of LLC: 251 Falls Wilmington, DE 19808. Cert. of Form. filed with of State, 401 Federal St., 4. Ste. Dover, DE 19901. Purpose: Real estate.

#### LEGAL NOTICE

Notice of Qualification of Normal VR, LLC. Authority filed with NY Dept. of State on Office 10/13/2017. location: Kings County. Princ. bus. addr.: ATTN: Max Weisel 69 Maujer St. Floor 2 Brooklyn, NY 11206. LLC formed in Delaware on 1/11/2-16. Sec. designated agent of LLC whom process against it may be served and shall mail process to Sec 805 of the Limited Liability Company Law. 251 Little Falls Drive Wilmington, DE 19808 Cert. of Form. filed with Delaware Secretary of State 401 Federal St. #4 19901 Dover. DF Purpose: lawful purposes.

#### LEGAL NOTICE

Send Ribbon, LLC, Arts of Org. filed with Sec. of State of NY (SSNY) 11/28/2017. Cty: Kings. SSNY desig. as agent whom process upon against may be served & shall mail process to Kelly Parker, 68 Beacon process against it may be Ct., Brooklyn, NY 11229.

#### LEGAL NOTICE

Zheng Estates LLC, Arts of Org. filed with Sec. of of NY State 12/18/2017. Cty: Kings. SSNY desig. as agent whom process upon against may be served & shall mail process to 1342 67th St., Brooklyn, 11219. Purpose.

#### LEGAL NOTICE

Blue Nile Medical PLLC Arts. of Org. filed w/ SSNY 11/28/17. Off. in Kings Co. SSNY desig. as of LLC whom process may be served. SSNY shall mail process the LLC, 9408 Flatlands Ave., Brooklyn, NY 11236. Purpose: any lawful activity.

#### LEGAL NOTICE

NOTICE OF FORMATION limited liability company (LLC). Name: TOKTAY HEALTH CARE SERVICES NP IN FAMILY HEALTH PLLC. Articles of Organization filed with Secretary of State of New (SSNY) 11/21/2017. Office location: Kings County. SSNY designated as agent of LLC upon whom process against it may be served. SSNY shall mail copy of process to: THE LLC 1176 EAST 86TH STREET BROOKLYN, NY Purpose: any 11236. lawful purpose.

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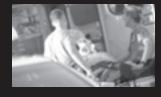
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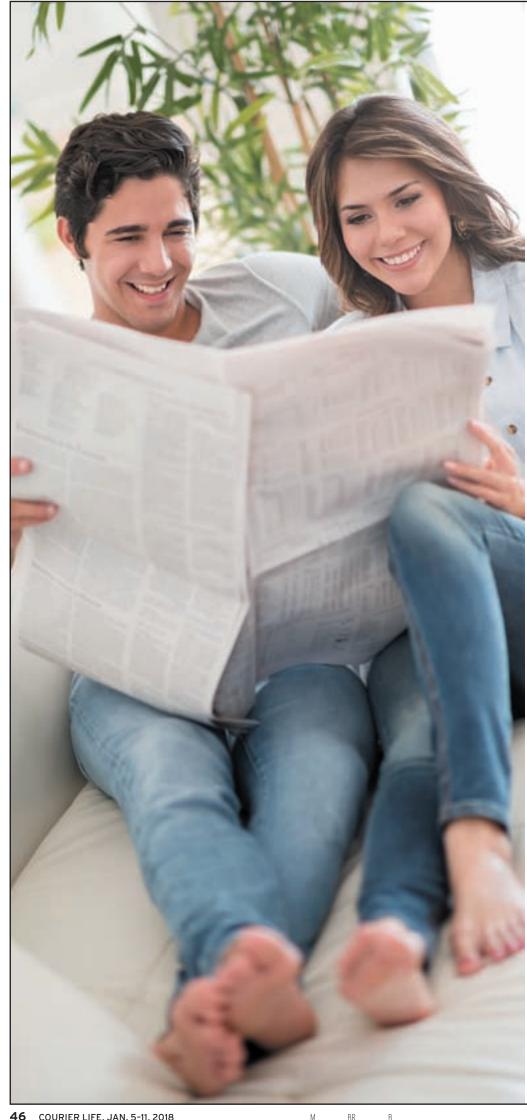
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to help people by facilitatcommunication and advertising available services; however, some of the hotlines & service numbers in classifieds actually hurt the people who rely on them by cheating them of their hard-earned dollars. "Most newspapers print a disclaimer in their classified ad section to warn readers about numbers that are a direct line to trouble. Any number starting with 900, 540, 595 or 871 charges a fee beyond a local call. In some instances, ads initially advertise calls to a local number, but then direct callers to a second number starting with one of the paid exchanges. "Consumers must also question the legitimacy of vague classifieds because they too could be a scam. Before responding to an ad, consumers should verify the source of all information & always be wary about sending money or signing a contract with an unknown party."

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#### **TOP DRIVER DISTRACTIONS**

#### **Using mobile phones**

Leading the list of the top distractions behind the wheel are mobile phones. Phones now do more than just place calls, and drivers often cannot pull away from their phones, even when driving. According to the California Department of Motor Vehicles, studies have shown that driving performance is lowered and the level of distraction is higher for drivers who are heavily engaged in cell

phone conversations. The use of a hands-free device does not lower distraction levels. The percentage of vehicle crashes and near-crashes attributed to dialing is nearly identical to the number associated with talking or listening.

#### **Daydreaming**

Many people will admit to daydreaming behind the wheel or looking at a person or object outside of the car for too long. Perhaps they're checking out a house in a new neighborhood or thought they saw someone they knew on the street corner. It can be easy to veer into the direction your eyes are focused, causing an accident. In addition to trying to stay focused on the road, some drivers prefer the help of lane departure warning systems.

#### **Eating**

Those who haven't quite mastered walking and

chewing gum at the same time may want to avoid eating while driving. The majority of foods require a person's hands to be taken off of the wheel and their eyes to be diverted from the road. Reaching in the back seat to share some French fries with the kids is also distracting.

Try to eat meals before getting in the car. For those who must snack while en route, take a moment to pull over at a rest area and spend 10 minutes snacking there before resuming the trip.

#### Reading

Glancing at an advertisement, updating a Facebook status or reading a book are all activities that should be avoided when driving. Even pouring over a traffic map or consulting the digital display of a GPS system can be distracting.

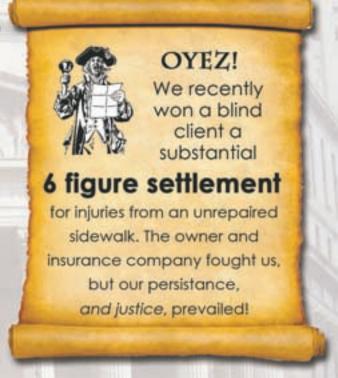
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